

AL-ANON Family Groups
District 29 - Tri City Area - Michigan Meetings
1-989-941-8569

SUNDAY

Pinconning

United Methodist Church- 314 Whyte St. 7:00pm**

MONDAY

Auburn

Tri-County Worship Center – 609 W. Midland Rd. 7:00pm

Freeland

United Methodist Church – 205 E. Washington 7:00pm*

Saginaw

First Presbyterian Church – 121 S. Harrison 9:30am

TUESDAY

Bay City

Our Lady of Peace Catholic Church - 607 E South Union 11:00am

Midland

Memorial Presbyterian Church – 1310 Ashman St. 7:00pm

Saginaw

Holy Spirit Catholic Church – 1035 N River Rd. 8:00pm*

WEDNESDAY

Bay City

Grace Church-510 Fremont Ave. 7:00pm**

Saginaw

St. Thomas Aquinas Catholic Church – 5380 State 7:00pm*

THURSDAY

Midland

First Baptist Church-915 E. Sugnet Rd 11:30am

Bay City

Our Lady of Peace Catholic Church - 607 E South Union 7:00pm

FRIDAY

Auburn

Tri-County Worship Center – 609 W. Midland Rd. 7:00pm**

Midland

Messiah Lutheran Church– 1550 S. Poseyville Rd. 7:00pm***

SATURDAY

Midland

St. Brigid Catholic Church – 207 Ashman 8:00pm*

OPEN SPEAKER Meetings

Auburn

Tri-County Worship Center – 609 W. Midland Rd. 6:30pm***
2nd Monday of Month: January, April, July, & October

*Closed AA Meetings held at the same time but in another room

**Open AA Meeting with Al-Anon Participation

***Open Speaker Meeting any one can attend these talks

Closed & Open Meetings defined:

Closed Meetings are for all Al-Anon members, anyone whose personal life is or has been deeply affected by close contact with a problem drinker.

Open Meetings may be attended by anyone interested in Al-anon /Alateen.

For help or to verify meeting information contact:

1-989-941-8569 or www.alanon-tricity.org

Al-Anon & Alateen State & National Information:

www.miafg.org and www.al-anon.alateen.org

National Phone: 1-888-4AL-ANON

AA Meeting Information Online: www.baycountyyaa.org

www.midlandaa.org www.saginawaa.org

AL-ANON PURPOSE & WELCOME

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family disease and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses nor opposes any causes. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement to the alcoholics.

THE TWELVE STEPS

- 1) We admitted we were powerless over alcohol - that our lives had become unmanageable
- 2) Came to believe that a Power greater than ourselves could restore us to sanity
- 3) Made a decision to turn our will and our lives over to the care of God *as we understood Him*
- 4) Made a searching and fearless moral inventory of ourselves
- 5) Admitted to God, to our selves and to another human being the exact nature of our wrongs
- 6) Were entirely ready to have God remove all these defects of character
- 7) Humbly asked Him to remove our shortcomings
- 8) Made a list of all persons we had harmed, and became willing to make amends to them all
- 9) Made direct amends to such people wherever possible, except when to do so would injure them or others
- 10) Continued to take personal inventory and when we were wrong promptly admitted it
- 11) Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out
- 12) Having had a spiritual awakening as the result of these Steps, we tried to carry this message to others, and to practice these principles in all our affairs

SERENITY PRAYER

*God, grant me the **serenity** to accept the things I cannot change, the **courage** to change the things I can, and the **wisdom** to know the difference.*

For More help or information please call: 1-989-941-8569

Updated: Aug 2026

Call if you need to talk: _____