



WE ARE ROSEVILLE SOCCER CLUB

2024 Coaches Meeting

27 July, 2024

MEETING AGENDA

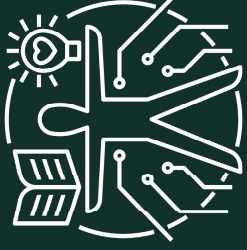
- Roseville Soccer Club
- Timeline
- Requirements
- What You Receive
- Using Playmetrics
- Age Group Goals
- Game Day Expectations
- ZERO TOLERANCE
- Resources



ROSEVILLE
SOCCER CLUB

MEETING - JULY 2024

The Roseville Soccer Club Philosophy



- Foster a love of the game within each player
- Create community within each team and throughout the club
- Establish a reputation as intelligent, hard-working, and successful teams
- Provide coaches with the resources to accomplish the above

CLUB LEADERS



Ryan Foster

VP / Technical Director

vicepresident@rosevillesoccer.com



Kevin Stringer

President

president@rosevillesoccer.com



Evin Nader

Chief Operating Officer

coo@rosevillesoccer.com

Program Managers



Vanessa Poppino

Director of 4v4 Boys Program

4v4boys@rosevillesoccer.com



Mike Morris

Director of Rec Program

rec@rosevillesoccer.com



Benjamin Gonzalez

Director of 4v4 Girls Program

4v4girls@rosevillesoccer.com



Mauricio Cavero

U9-U14 Boys Program Director

U9-U14boys@rosevillesoccer.com



Jai Uppal

U9-U14 Girls Program Director

U9-U14girls@rosevillesoccer.com

Club Operations 2024



Thin Nguyen

Director of Referees

Referee@rosevillesoccer.com



Robert Werner

Director of Tournaments & Camps

tournamentdirector@rosevillesoccer.com

camps@rosevillesoccer.com



Nicole Foster

Club Registrar & Scheduler

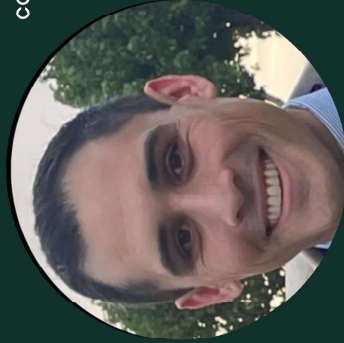
Registrar@rosevillesoccer.com



Mattia Cora

Business Development Manager

mattia@rosevillesoccer.com



Dom Pruitt

Club Operations Coordinator

Dom@rosevillesoccer.com

Administrative Management 2024



Victor Nava
Secretary

Secretary@rosevillesoccer.com



Scott Millsap
Treasurer

Treasurer@rosevillesoccer.com



Nazra Halverson
Human Resources

Hrdirector@rosevillesoccer.com



Momo Kimura
**Director of Community Outreach,
Sponsorship and Public Relations**

Cospr@rosevillesoccer.com

Technical Staff/Coaches Education



Kevin Stringer
Club Team Trainer



Max Alvarez
11v11 Girls DOC



Andrew Ziemer
RYSC Technical Director



Javi Munoz
4v4 Director/Trainer



Andrew Bailey
Youngsters DOC (U9-U12)



Daniel Seriuk
GK Director & Trainer

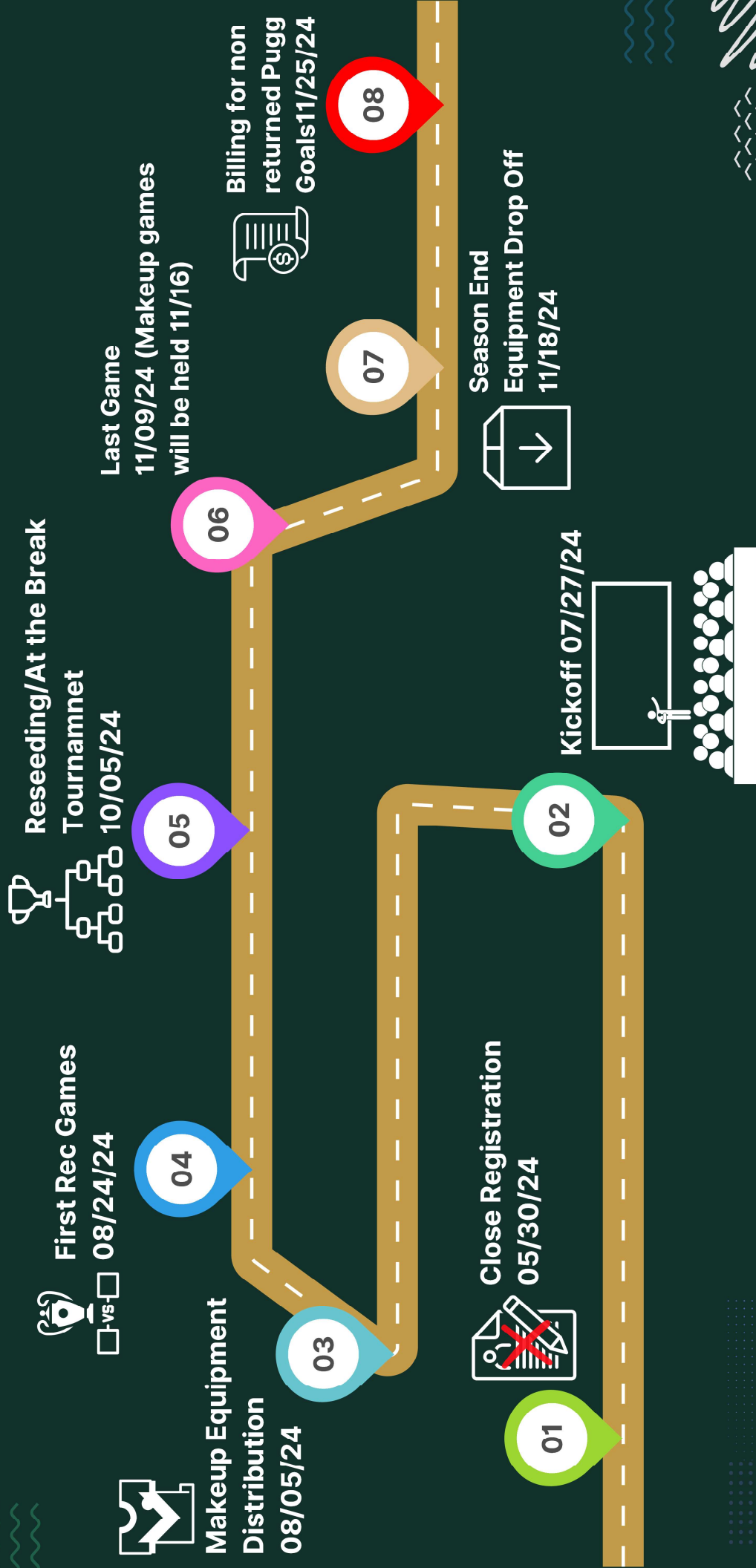


Mickey Daly
Team Trainer



Axel Duarte
Team Trainer

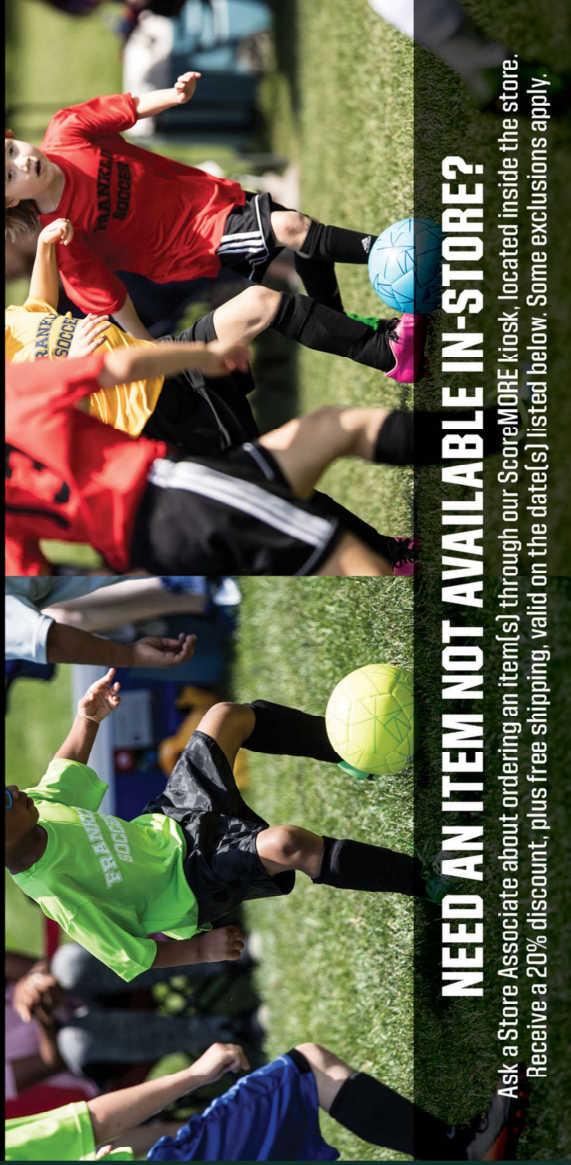
Timeline



July 26th - July 28th Fri-Mon: 20% off at Dick's Sporting Goods



EXCLUSIVE SHOP EVENT
20% OFF YOUR ENTIRE PURCHASE



NEED AN ITEM NOT AVAILABLE IN-STORE?

Ask a Store Associate about ordering an item(s) through our ScoreMORE kiosk, located inside the store. Receive a 20% discount, plus free shipping, valid on the date(s) listed below. Some exclusions apply.



P0005090241DC2C

 Join us from July 26th to July 28th at DICK'S Sporting Goods!

 Don't miss out on our special event! Start preparing your shopping list and ensure to use the exclusive coupon linked below, specifically designed for our organization. This coupon is valid in-store throughout the mentioned dates and must be presented at the register during checkout. 🎉

[Click Here for Coupon](#)

Coach Development Dates

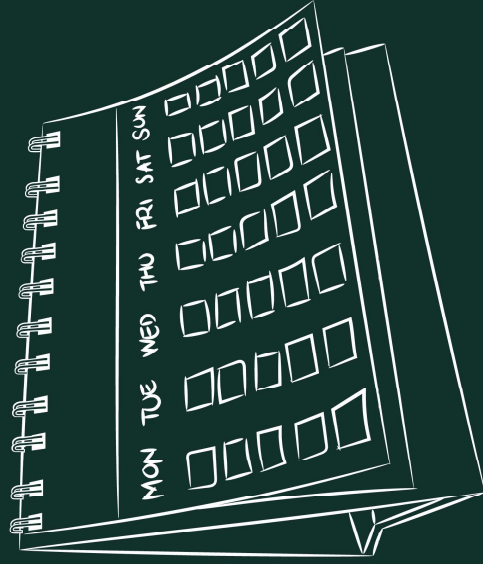
 Maidu Regional Park

 August 5, 2024

 October 7, 2024

 September 3, 2024

 November 3, 2024





At The Break Tournament

The "At the Break Soccer Tournament," scheduled for October 5th, 2024, aims to enhance player skills and promote fun, dynamic gameplay while fostering community bonds. Featuring a 5v5 plus a keeper format and unchanged 4v4 rules, the event includes goal bonuses for coaches' equipment, food vendors, a carnival atmosphere, and prizes like medals, t-shirts, and team dinners.

The tournament offers entry fees of \$200/team or \$30/individual for 4v4, \$350/team or \$40/individual for U9-U12, and \$400/team or \$45/individual for U13-U14. More details can be found here: <https://rosevillesoccer.com/at-the-break-tournament>





FULFILLING YOUR GOTSPORT REQUIREMENT

Click here to
access the
GotSport checklist



What You Receive

Playmetrics



GotSports
(U15+ Only)



Online Training Plans



Game Equipment
7v7+



Balls For Each Player



Training Shirt for Each Player



Practice Field Dates



Game Schedule



Year Round Coaches Education





Using Playmetrics

- Messaging your team
- Adding an Event
- Resources



Player Development

Goals

- 4v4
- 7v7
- 9v9
- 11v11



4v4 (Under 8)

My Ball and ME

Javi Munoz



FUN
Ball Mastery
Creativity

Play for FUN

General Practice & Game Policies



Temperature: Reduce intensity above 100 degrees; no activity allowed above 105

- [Click Here to Read More](#)

Air Quality: Reduce intensity if Breezometer registers 100-150; no activity if AQI exceeds 150

- [Click Here to Read More](#)

Heading & Concussions: Coaches to follow age-appropriate heading as well as concussion protocol at all ages Fields: Coaches are expected to ensure a safe playing environment and comply with City regulations

Important Guidelines for Field Usage and Safety: Practice and game venues often have multiple fields; ensure you confirm your location to avoid conflicts. "Field Maps" are available [HERE](#). Goals should be anchored, and players should not climb on them. During the rainy season, avoid playing on overly wet or waterlogged fields. For more details click [HERE](#).

Scoring: If a team has a score differential of 7 or more, the game will be reviewed with the coach to ensure appropriate measures were taken with the players. Additionally, for Super Rec, a review is triggered by a differential of 10 or more.

Playing Time: Playing time is equal for everyone. **NO EXCEPTIONS!**

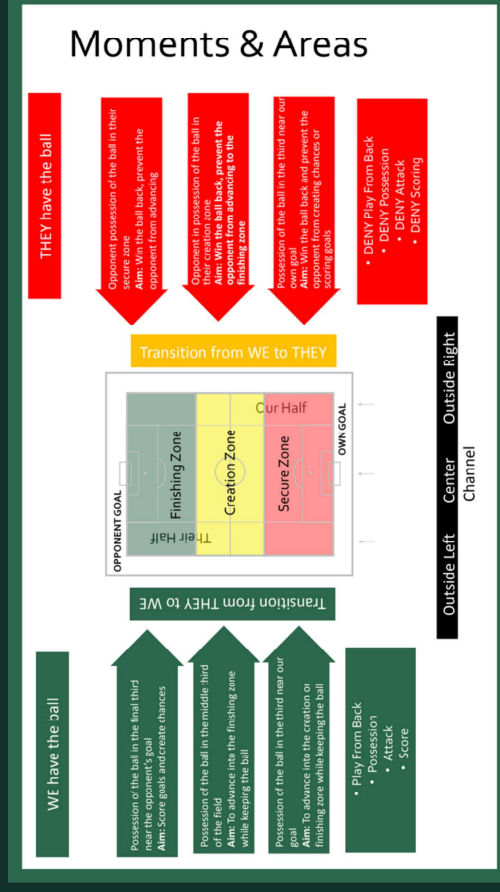
General Practice & Training Outline



We Are Roseville Soccer

Soccer done the right way

Club Philosophy, Style of Play &
Coaching Principles

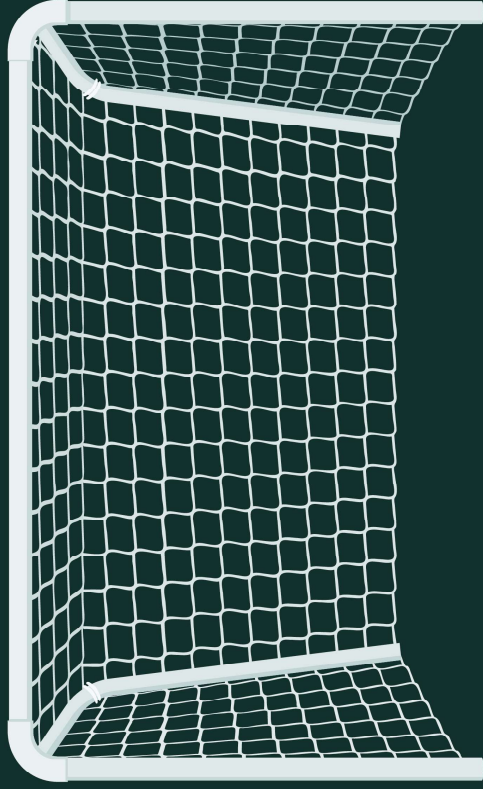


[Click Here to access PDF](#)

Before Each Game: Field Equipment



**Home Team Will Provide Goals and Game
Balls for Every Home Game**



Game Schedules



U9-U14	U15 and Up
Schedules will be publicly available via https://rosevillesoccer.com/game-schedule	Schedules privately published to coach's GotSport account
Coaches are highly encouraged to enter all information into PlayMetrics	Coaches are highly encouraged to enter all information into PlayMetrics
U9-U14 and above-home coach must print game card from Coaches Corner or using this link here (Pro Tip print roster out on sticky label and apply to gamecard)	Home coach must print game card from GotSport.

Game Day Expectations



PRE-GAME

- Be on time
- Wear RSC Hummel gear
 - No Nike Gear
- Review of practice
- Structured warm up
- Understanding of roles & expectations
- Bring player passes & game cards

DURING THE GAME

- Coach “off” the ball, not on the ball
- Developing decision makers, not “joy- sticking”
- Think about when to coach
- Coaching demeanor
- Treat officials with respect
- The louder you are, the less confidence your team has.

HALF-TIME

- Give players a few moments on their own
- Our issues vs their issues
- Max 3 coaching points/ adjustments
- Individual vs. team

POST-GAME

- Performance first (over result)
- Remain positive
- Have perspective
- Be humble in victory and classy in defeat
- Save your speech until the next practice.

GENERAL

- Use positive reinforcement, be honest, have belief in your team, and use your knowledge of the game.

It is not the win that counts, it is the JOURNEY and the EXPERIENCE!!



Game Day

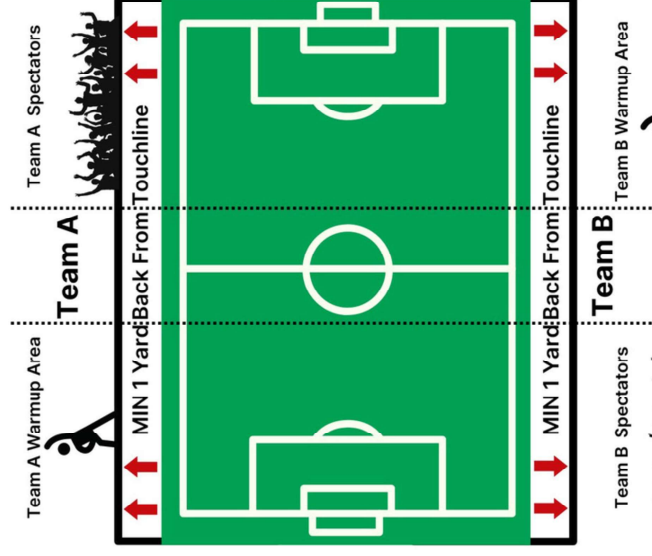
Note:

The warm-up area may be used for spectators. The home team has the preference for field side if they arrive at least 30 minutes before the game; otherwise, it is on a first-come, first-served basis.



Home Games Seating Plan

4v4 & 7v7 Games With a Solo Referee



- Teams sit on opposite side of the field from each other
- Spectators sit on the same side as their team
 - Min 1 Yard back from touchline
- Coaches have option to designate one half as a player warm up area without spectators
- On away games, other clubs may have their own policy
- Home team is the first listen on match card

Game Day



Who Schedules?	RSC
Where are Schedules?	See RSC Site
Game Card Procedures	N/A
Player Passes	N/A
Ejection Procedure	N/A
Game Scoring	Both Coaches: Click link in email and score game

Rules



Min # of Players	4
Approx Field Size	25-35 yds x 15-25
Approx Goal Size	4'x6' yds
Goalkeeper?	No
# of Refs	None
Game Length	4x10Min
Ball Size?	3
Offsides?	No

Build Out Line	No
Free Kick Clearance	10 Feet
Heading?	No
Penalty Kicks?	None
Throw-Ins	Dribble in Only
Fouls (Type of Kick)	Indirect Kicks Only
Substitutions	Any stoppage at refs discretion



ZERO TOLLERANCE



RSC Zero Tolerance Policy: Referee Abuse



- Each coach, player, and spectator shall at all times support the Referee and assistant Referees. Negative or critical comments directed to any member of the Referee crew will not be tolerated.
- It is the responsibility of ALL coaches to maintain the highest standards of conduct for themselves, their players, and supporters in all matches.
- Abusive and obscene language, violent play, violent conduct, fighting, and other behavior detrimental to the game will not be tolerated and lead to suspension or removal
- A coach's responsibility for Referee support and spectator control includes the times prior to, during, and after the game at the field and surrounding areas.



RSC Zero Tolerance Policy: Referee Abuse

- Coaches, players, and sideline spectators may NOT address any member of the Referee crew before, during, or after play except for:
 - Responding to a Referee-initiated communication
 - Making a request for substitutions
 - Pointing out emergencies or safety issues, such as an injured player on the field
 - To request clarification of any call, provided the request is courteous and non-argumentative
- A Referee may caution or send off any coach for his/her failure to abide by this Zero-Tolerance Policy, including conduct of parents and players.
- Any and all incidents will be reviewed by a PAD committee (Protest, Appeals, and Discipline) and logged for future program consideration

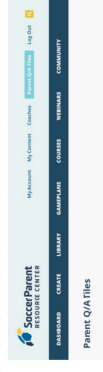
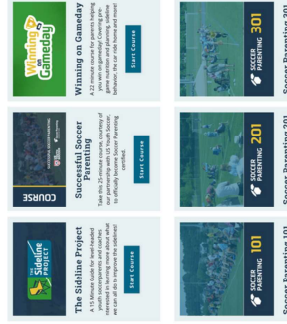
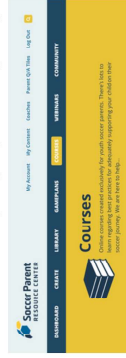


FAMILY RESOURCES



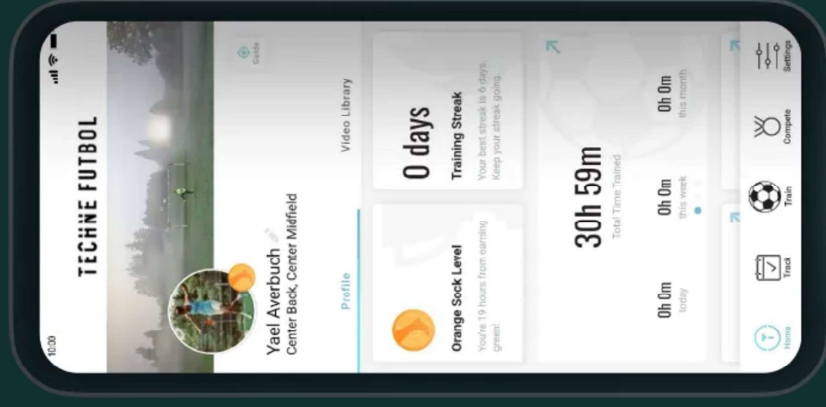


We are proud to be a Club Member of the Soccer Parenting Association. We believe that youth soccer parents are crucial to improving the game and fostering a collaborative environment among coaches, parents, clubs, and players for optimal player development. Soccer Parenting offers a wealth of valuable resources to help you positively impact your child's enjoyment of soccer. Be sure to activate your free membership to take full advantage of these benefits.



Activate Your Free
Membership

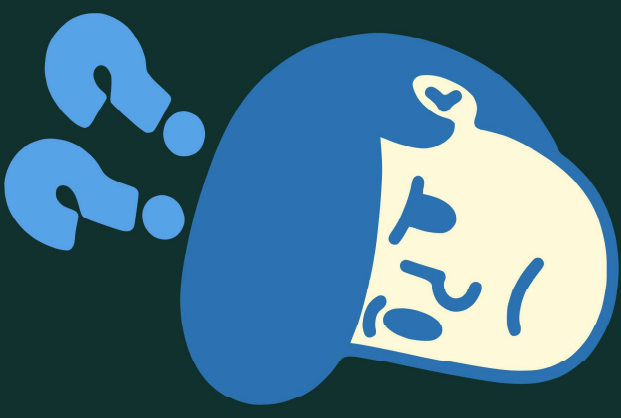
Techne Futbol



Techne Futbol is a soccer training app that provides players with guided practice sessions to improve their skills. It features a variety of drills, exercises, and training plans designed for different skill levels and goals. The app offers personalized feedback and tracks players' progress, making it a valuable resource for both individual and team training.



WHAT'S NEXT?





Iron Rose was founded to be more than just a soccer team; it aims to be a community movement. Through Roseville SC, Iron Rose runs their Player Development Academy, a comprehensive youth program focused on nurturing local talent.

Comp players ages U13-U19 will join the official Iron Rose Academy, training in a competitive environment with professional coaching staff and gaining exposure to the senior Iron Rose WPSL team.

Now, a pathway from U6 to WPSL exists right here in Roseville.





Roseville Futures

The Roseville Futures program is designed for young players born in 2017, 2018, and 2019, providing a fun and engaging introduction to soccer. It focuses on developing motor, cognitive, and social skills through playful activities.

The program includes two five-month sessions (Winter and Spring) with two weekly training sessions and scrimmages.

The cost is \$250 per session, including training tops. Excelling players may be selected for the U8 Academy. Sessions are held at Maidu Indoor Arena and occasionally on grass fields in West Roseville.





U8 Academy

The Roseville Premier U8 Academy is a specialized program for players born in 2016, designed to prepare them for competitive soccer by transitioning from 4v4 to 7v7 games. Running from January to May 2024, it includes 3-4 weekly training sessions, participation in a spring league, and professional coaching.

The focus is on technical skills and game understanding, ensuring a balanced approach to development and enjoyment. The program emphasizes structured training and competitive experience, aiming to foster young talent and prepare them for higher levels of play





Valiant Coffee

Thank you for being a part of the Roseville family. We're excited to announce that Valiant Coffee has joined us here today. We're proud to welcome them and look forward to many fun events together. Keep an eye out for their presence, and hopefully you picked up a good drink to get you through this presentation!





THANK YOU QUESTIONS?

4V4BOYS@ROSEVILLESOCCER.COM

4V4GIRLS@ROSEVILLESOCCER.COM

REGISTRAR@ROSEVILLESOCCER.COM

COO@ROSEVILLESOCCER.COM