



WE ARE ROSEVILLE SOCCER CLUB

2024 Coaches Meeting

27 July, 2024

MEETING AGENDA

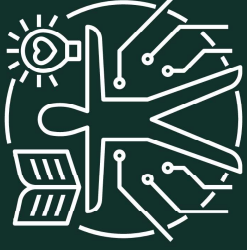
- Roseville Soccer Club
- Timeline
- Requirements
- What You Receive
- Using Playmetrics
- Age Group Goals
- Game Day Expectations
- ZERO TOLERANCE
- Resources



ROSEVILLE
SOCCER CLUB

MEETING - JULY 2024

The Roseville Soccer Club Philosophy



- Foster a love of the game within each player
- Create community within each team and throughout the club
- Establish a reputation as intelligent, hard-working, and successful teams
- Provide coaches with the resources to accomplish the above

CLUB LEADERS



Ryan Foster

VP / Technical Director

vicepresident@rosevillesoccer.com



Kevin Stringer

President

president@rosevillesoccer.com



Evin Nader

Chief Operating Officer

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Program Managers



Vanessa Poppino

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Benjamin Gonzalez

Director of 4v4 Girls Program

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Mauricio Cavero

U9-U14 Boys Program Director

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Jai Uppal

U9-U14 Girls Program Director

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Carlos Ledesma

U15+ Program Director

U15-U19@rosevillesoccer.com

Club Operations 2024



Thin Nguyen

Director of Referees

Referee@rosevillesoccer.com



Robert Werner

Director of Tournaments & Camps

tournamentdirector@rosevillesoccer.com

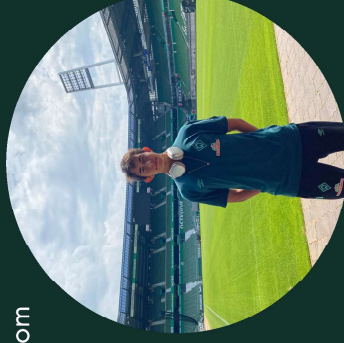
camps@rosevillesoccer.com



Nicole Foster

Club Registrar & Scheduler

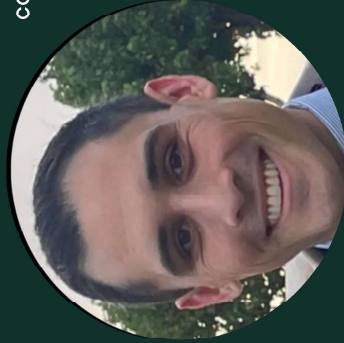
Registrar@rosevillesoccer.com



Mattia Cora

Business Development Manager

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Dom Pruitt

Club Operations Coordinator

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Administrative Management 2024



Victor Nava
Secretary

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Scott Millsap
Treasurer

Treasurer@rosevillesoccer.com



Nazra Halverson
Human Resources

Hrdirector@rosevillesoccer.com



Momo Kimura
**Director of Community Outreach,
Sponsorship and Public Relations**

Cospr@rosevillesoccer.com

Technical Staff/Coaches Education



Kevin Stringer
Club Team Trainer



Max Alvarez
11v11 Girls DOC



Andrew Ziemer
RYSC Technical Director



Javi Munoz
4v4 Director/Trainer



Andrew Bailey
Youngsters DOC (U9-U12)



Daniel Seriuk
GK Director & Trainer

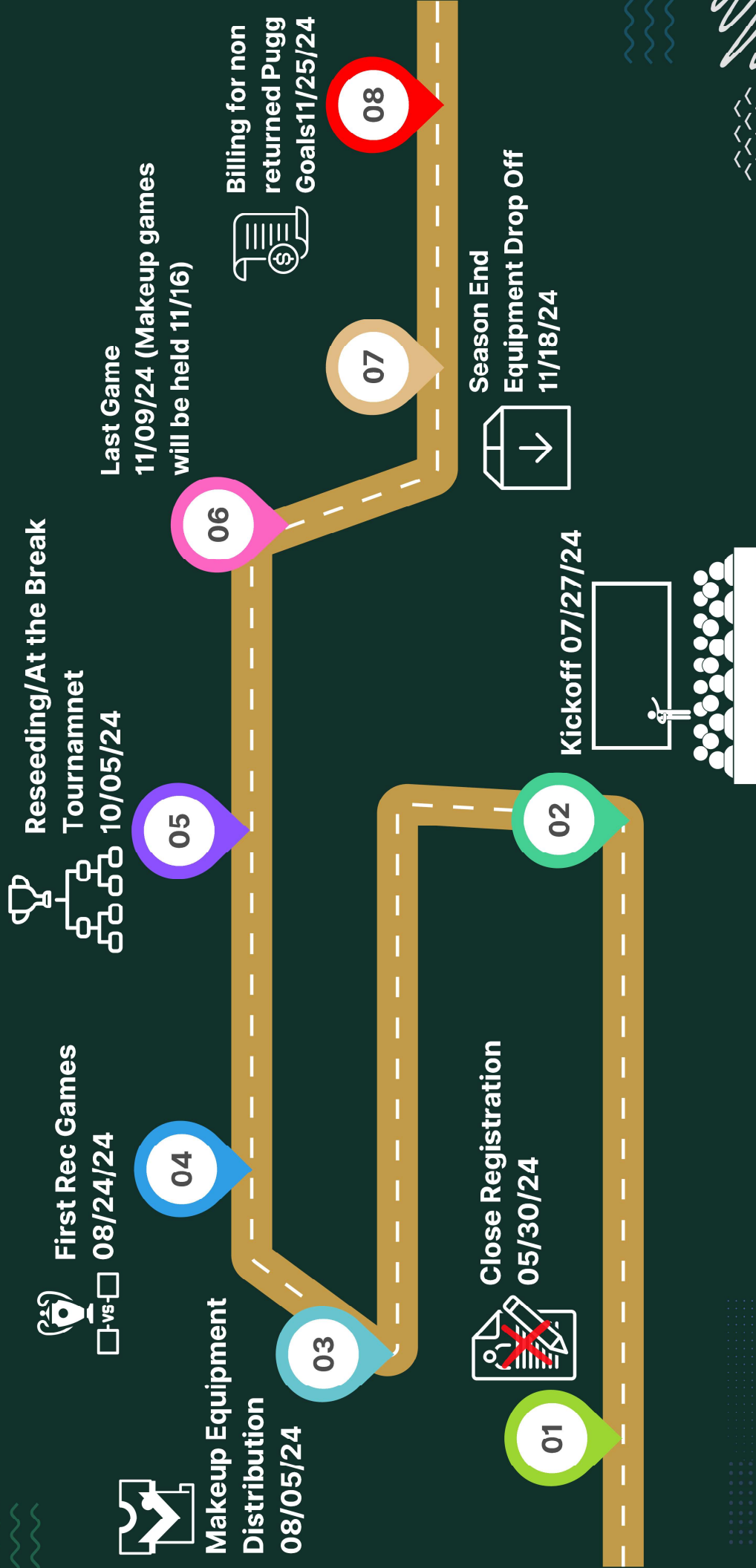


Mickey Daly
Team Trainer



Axel Duarte
Team Trainer

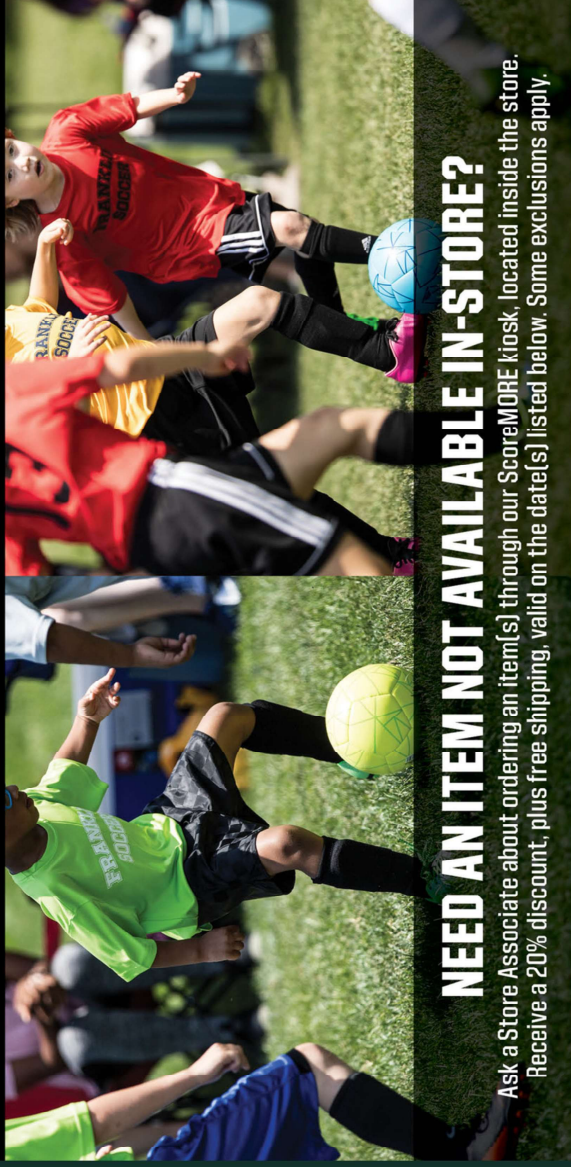
Timeline



July 26th - July 28th Fri-Mon: 20% off at Dick's Sporting Goods



EXCLUSIVE SHOP EVENT
20% OFF YOUR ENTIRE PURCHASE



NEED AN ITEM NOT AVAILABLE IN-STORE?

Ask a Store Associate about ordering an item(s) through our ScoreMORE kiosk, located inside the store. Receive a 20% discount, plus free shipping, valid on the date(s) listed below. Some exclusions apply.



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Join us from July 26th to July 28th at DICK'S Sporting Goods!



Don't miss out on our special event! Start preparing your shopping list and ensure to use the exclusive coupon linked below, specifically designed for our organization. This coupon is valid in-store throughout the mentioned dates and must be presented at the register during checkout. 🎉

[Click Here for Coupon](#)

Coach Development Dates

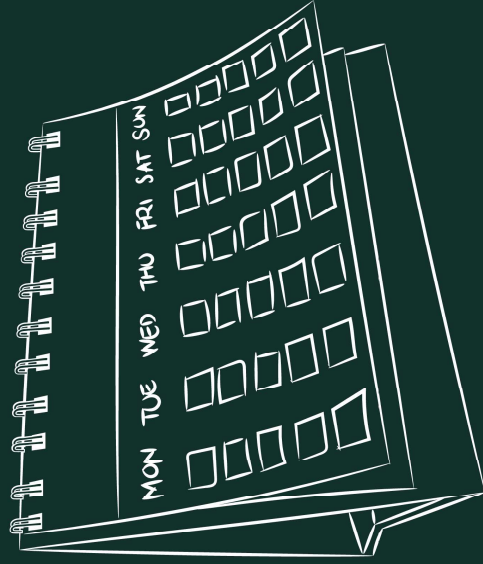
 Maidu Regional Park

 August 5, 2024

 October 7, 2024

 September 3, 2024

 November 3, 2024





At The Break Tournament

The "At the Break Soccer Tournament," scheduled for October 5th, 2024, aims to enhance player skills and promote fun, dynamic gameplay while fostering community bonds. Featuring a 5v5 plus a keeper format and unchanged 4v4 rules, the event includes goal bonuses for coaches' equipment, food vendors, a carnival atmosphere, and prizes like medals, t-shirts, and team dinners.

The tournament offers entry fees of \$200/team or \$30/individual for 4v4, \$350/team or \$40/individual for U9-U12, and \$400/team or \$45/individual for U13-U14. More details can be found here: <https://rosevillesoccer.com/at-the-break-tournament>





FULFILLING YOUR GOTSPORT REQUIREMENT

Click here to
access the
GotSport checklist



What You Receive



Playmetrics



GotSports
(U15+ Only)



Online
Training Plans



Game Equipment
7v7+



Balls For Each
Player



Training Shirt
for Each Player



Practice Field
Dates



Game
Schedule



Year Round
Coaches Education



Using Playmetrics

- Messaging your team
- Adding an Event
- Resources



Player Development

Goals

- 4v4
- 7v7
- 9v9
- 11v11



U11 & U12 / 9v9 – Boys & Girls: Season Plan

Playing Together – working with 2-3 players towards a line



- Move to 9v9 / Continued mastery of the ball – may need to encourage outside of training
- Play and understand the system 9v9 (structure, shape, movement = how to play together – creating and using space, scanning/shaping). Encourage, reinforce player communication
- Use small-sided games to develop basic attacking and defensive principles, more emphasis on Insight
- Tactical training focus with possession, combination play, transition and finishing in the final third, as well as zonal defending.
- Players should rotate in two or three different positions to avoid early specialization.
- Speed, coordination, balance and agility are the main physical aspects to improve at this stage.
- When WE have the ball WE get BIG – team shape, Main emphasis for U11/12 is still WE have the ball
- Begin to train in THEY – WE get SMALL, shape, pressure, cover
- WE to THEY – get it back where we lost it, defensive shape, setting a defensive line

Learn to TRAIN

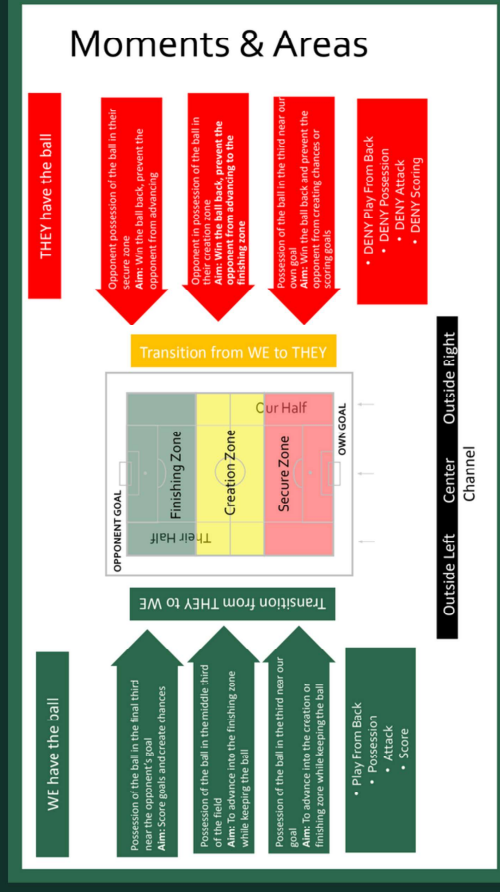
General Practice & Training Outline



We Are Roseville Soccer

Soccer done the right way

Club Philosophy, Style of Play &
Coaching Principles



[Click Here to access PDF](#)

Before 1st Game: Player Passes



- **Not applicable for U6-U8 coaches and teams**
- **U9-and-up coaches:** Use the digital player pass option available via PlayMetrics. This can be accessed via "Team Resources" in the PlayMetrics app
- If you don't have access to rosters, contact **registrar@rosevillesoccer.com**.

Understanding Playmetrics

Be sure to familiarize yourself with Playmetrics. Watch this tutorial to understand the different parts of Playmetrics

Head to 10:00 to learn how to set up training session plans

Click this here to access the video



The screenshot displays the Playmetrics mobile application interface. At the top, the browser address bar shows the URL "https://staging.playmetrics.io/teams/9950/calendar". The app's header includes a "Coach" profile for "Elite Soccer Academy" and a "CALENDAR" section with a "MY TEAMS" list containing "10 Boys Youth Academy", "14 Boys Pre-Youth Academy", and "14 Boys Pre-Youth Academy Reserves". The main content area shows a calendar for February 2022, with a selected date of February 5th (Saturday). The event details for "10 Boys Youth Academy vs Raptors" are displayed, including a "Home Game" tag, arrival time of 9:15 AM, start time of 10:00 AM, and location of "Pleasant View ZA". The event type is set to "Practice". Below this, the details for the next event on February 8th (Tuesday), "10 Boys Youth Academy Practice", are shown, with a start time of 4:00 PM and location of "Aurora Sports Park 14". The event type is set to "Practice". The bottom navigation bar includes links for "Help", "Account", and "PLAYMETRICS". The footer contains the copyright notice "© 2020-2022 Playmetrics, LLC. All Rights Reserved".

Game Schedules



U6-U14	U15 and Up
Schedules will be publicly available via https://rosevillesoccer.com/game-schedule	Schedules privately published to coach's GotSport account
Coaches are highly encouraged to enter all information into PlayMetrics	Coaches are highly encouraged to enter all information into PlayMetrics
U9-U14 and above-home coach must print game card from Coaches Corner or using this link here <i>(Pro Tip print roster out on sticky label and apply to gamecard)</i>	Home coach must print game card from GotSport .

Before Each Game: Field Equipment



- For 7v7 and up, pickup will be 6-8pm on Thursdays and drop off at 5-7pm on Sundays in west Roseville
- U9-U14 Teams: On the schedule you will see either an up arrow or a down arrow beside your team's name. This represents whether or not you have field set up or tear down.
- Implemented last year: If your team fails to pickup or drop off field Equipment at the allotted time, the head coach will be suspended from coaching the following game.

Game Day Expectations



PRE-GAME

- Be on time
- Wear RSC Hummel gear
 - No Nike Gear
- Review of practice
- Structured warm up
- Understanding of roles & expectations
- Bring player passes & game cards

DURING THE GAME

- Coach “off” the ball, not on the ball
- Developing decision makers, not “joy- sticking”
- Think about when to coach
- Coaching demeanor
- Treat officials with respect
- The louder you are, the less confidence your team has.

HALF-TIME

- Give players a few moments on their own
- Our issues vs their issues
- Max 3 coaching points/ adjustments
- Individual vs. team

POST-GAME

- Performance first (over result)
- Remain positive
- Have perspective
- Be humble in victory and classy in defeat
- Save your speech until the next practice.

GENERAL

- Use positive reinforcement, be honest, have belief in your team, and use your knowledge of the game.

It is not the win that counts, it is the JOURNEY and the EXPERIENCE!!

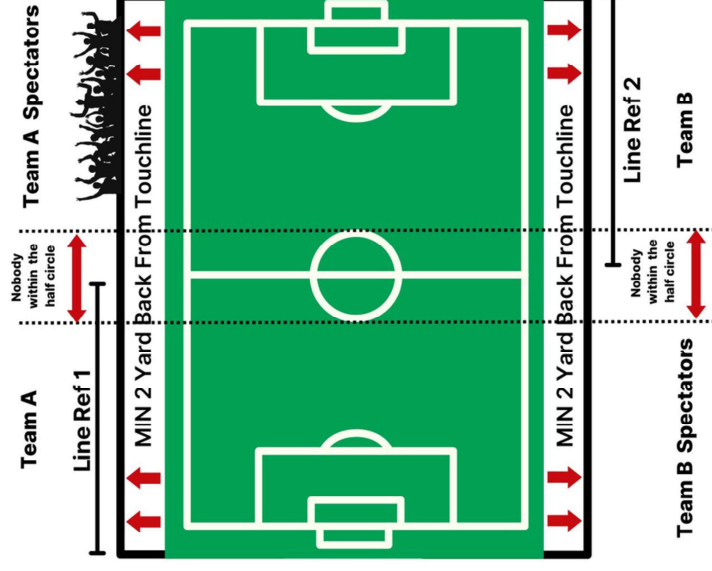


Game Day

Note:

The warm-up area may be used for spectators. The home team has the preference for field side if they arrive at least 30 minutes before the game; otherwise, it is on a first-come, first-served basis.

 ROSEVILLE SC
Home Games Seating Plan
9v9 & 11v11 Games With a 3 Person Referee Crew



- Teams sit on opposite side of the field from each other
- Teams set up 10 yards back from the midline on the half of the field with the assistant referee
- Spectators sit on the same side as their team but not on other side of the midline from the team (i.e. not behind the Line Ref of the team)
 - Min 2 yards back from touchline
- On away games other clubs may have their own policy
- Home team is the first listed on matchcard

Game Day



Who Schedules?	RSC
Where are Schedules?	<u>See RSC Site</u>
Game Card Procedures	TBD. Home Coach will either (1) bring blank game card to ref or (2) print game card from <u>RSC</u>
Player Passes	Both Coaches: digitally display GotSport roster to ref at check-in time; save screenshots to phone!
Ejection Procedure	Ref notes name/number on game
Game Scoring	Both Coaches: Click link in email and score game

Rules



Min # of Players	6
Approx Field Size	55-65 yds x 35-45
Approx Goal Size	6.5'x18' yds
Goalkeeper?	Yes
# of Refs	1
Game Length	2x25Min
Ball Size?	Yes
Offsides?	Yes(Build out Line)

Build Out Line	Yes
Free Kick Clearance	8 Yards
Heading?	No
Penalty Kicks?	Yes (mark at 10 yards)
Throw-Ins	Normal
Fouls (Type of Kick)	Indirect or Direct Kicks Only
Substitutions	Any stoppage at refs discretion



ZERO TOLLERANCE



RSC Zero Tolerance Policy: Referee Abuse



- Each coach, player, and spectator shall at all times support the Referee and assistant Referees. Negative or critical comments directed to any member of the Referee crew will not be tolerated.
- It is the responsibility of ALL coaches to maintain the highest standards of conduct for themselves, their players, and supporters in all matches.
- Abusive and obscene language, violent play, violent conduct, fighting, and other behavior detrimental to the game will not be tolerated and lead to suspension or removal
- A coach's responsibility for Referee support and spectator control includes the times prior to, during, and after the game at the field and surrounding areas.



RSC Zero Tolerance Policy: Referee Abuse

- Coaches, players, and sideline spectators may NOT address any member of the Referee crew before, during, or after play except for:
 - Responding to a Referee-initiated communication
 - Making a request for substitutions
 - Pointing out emergencies or safety issues, such as an injured player on the field
 - To request clarification of any call, provided the request is courteous and non-argumentative
- A Referee may caution or send off any coach for his/her failure to abide by this Zero-Tolerance Policy, including conduct of parents and players.
- Any and all incidents will be reviewed by a PAD committee (Protest, Appeals, and Discipline) and logged for future program consideration

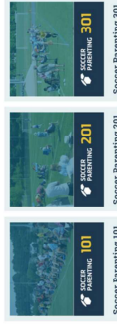
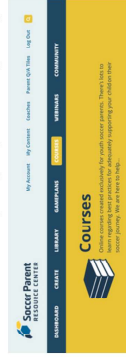


FAMILY RESOURCES

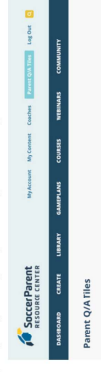




We are proud to be a Club Member of the Soccer Parenting Association. We believe that youth soccer parents are crucial to improving the game and fostering a collaborative environment among coaches, parents, clubs, and players for optimal player development. Soccer Parenting offers a wealth of valuable resources to help you positively impact your child's enjoyment of soccer. Be sure to activate your free membership to take full advantage of these benefits.



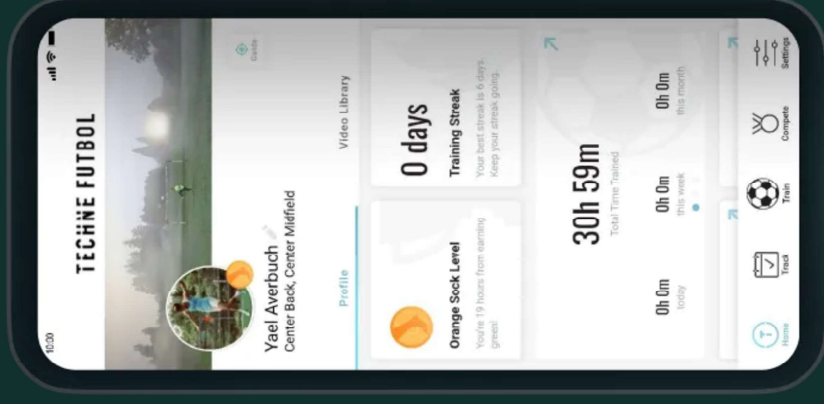
Activate Your Free Membership



Techne Futbol

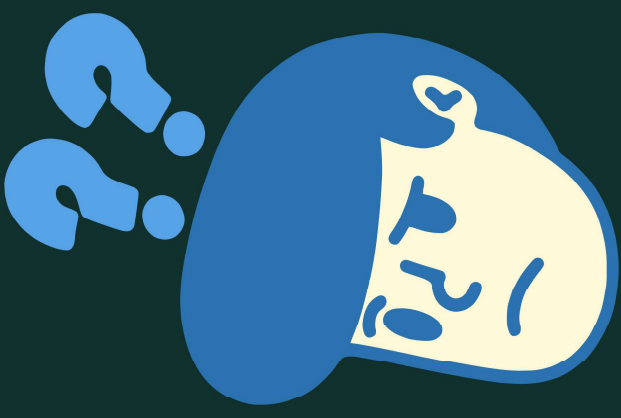


Techne Futbol is a soccer training app that provides players with guided practice sessions to improve their skills. It features a variety of drills, exercises, and training plans designed for different skill levels and goals. The app offers personalized feedback and tracks players' progress, making it a valuable resource for both individual and team training.





WHAT'S NEXT?





Rec2Comp

Many of our Roseville competitive program players began their soccer journey with an Roseville recreational team. It's common for top recreational players to show interest in advancing to the competitive level once the recreational season ends. To facilitate this transition, Roseville Soccer Club has introduced the R2C (Rec-to-Comp) program for players born between 2010 and 2017.

This program is tailored for players aiming to join our competitive program and work with our excellent training staff.





Comp Program

Roseville's Competitive Program is designed for experienced or talented players who want to play year-round while maintaining the fun of the game and the flexibility to play another sport.

Open to U9-U19 boys and girls in Placer County, the program offers an affordable yet competitive experience.

New for 2024, the season includes Fall/Spring League and State Cup, with costs of \$300 for registration, \$1,225 for U9-U12 program/club fees, \$1,400 for U13-U19 program/club fees, and \$200 for uniforms. Teams are coached by licensed volunteers and compete in the NorCal Premier league throughout the season.





Valiant Coffee

Thank you for being a part of the Roseville family. We're excited to announce that Valiant Coffee has joined us here today. We're proud to welcome them and look forward to many fun events together. Keep an eye out for their presence, and hopefully you picked up a good drink to get you through this presentation!





THANK YOU QUESTIONS?

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COO@ROSEVILLESOCCER.COM