

Shopping List for 11/23/19



SATURDAYS
Nov 16 - MAY 8
10 AM - 1 PM
2331 COMMERCIAL BLVD.
STATE COLLEGE, PA

Meats (frozen)

- ☐ Bacon
- ☐ Beef - Grassfed Steaks, Roasts, Ground Beef
- ☐ Beef Sticks
- ☐ Bone Broth
- ☐ Chicken- Whole - **ON SALE!**
- ☐ Lard
- ☐ Pork Chops, Roasts, Cubes
- ☐ Salami
- ☐ Sausage
- ☐ Turkey

Fresh Vegetables

- ☐ Bibb Lettuce
- ☐ Broccoli
- ☐ Brussel Sprouts
- ☐ Cabbage
- ☐ Carrots
- ☐ Cauliflower
- ☐ Cucumbers
- ☐ Garlic
- ☐ Kale
- ☐ Leaf Lettuce
- ☐ Onions
- ☐ Peppers
- ☐ Potatoes
- ☐ Pie Pumpkins
- ☐ Rutabaga
- ☐ Scallions
- ☐ Spinach
- ☐ Sweet Potatoes
- ☐ Turnips
- ☐ Winter Squash

Fruits

- ☐ Blueberries (frozen)

Canned Goods

- ☐ Applesauce
- ☐ Chow Chow
- ☐ Hot Pepper Butter
- ☐ Jams & Jellies
- ☐ Ketchup
- ☐ Kosher Dill Pickles
- ☐ Mild Pepper Butter
- ☐ Peaches
- ☐ Pickled Green Tomatoes
- ☐ Red Beets
- ☐ Salsa

Seafood

- ☐ ~~Wild Alaskan Salmon~~
- ☐ ~~Smoked Salmon~~
- ☐ ~~Fresh Trout~~

Eggs

- ☐ Free-range eggs

Baked Goods

- ☐ Cakes by the slice
- ☐ Cupcakes
- ☐ Gluten-Free Baked Goods
- ☐ Gluten-Free Brownies
- ☐ Pies by the slice
- ☐ Potato Chips
- ☐ Pre-Order Whole Pies & Cakes

Herbs & Spices

- ☐ Rosemary
- ☐ Thyme

Beverages

- ☐ Hard Cider
- ☐ Kombucha
- ☐ Kefir
- ☐ Red Wine
- ☐ Rose Wine
- ☐ White Wine

Other Goodies

- ☐ Free Cup of Coffee
- ☐ Hot Soup - Cup Dine-In
- ☐ Hot Soup - Quarts To Go
- ☐ Alpaca Gloves
- ☐ Alpaca Hats
- ☐ Alpaca Socks

Skin Care

- ☐ Organic Lotions
- ☐ Organic Moisturizers
- ☐ Organic Shampoo
- ☐ Organic Conditioners
- ☐ Organic Body Wash
- ☐ Organic Soaps
- ☐ Organic Deodorants
- ☐ Organic Facial Creams
- ☐ Organic Essential Oils
- ☐ Soap Nuts
- ☐ Aromatherapy Sprays
- ☐ Soy Candles & Melts