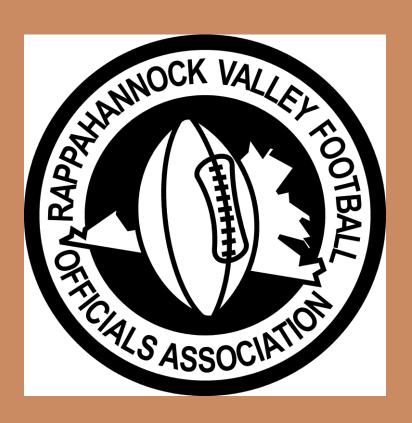
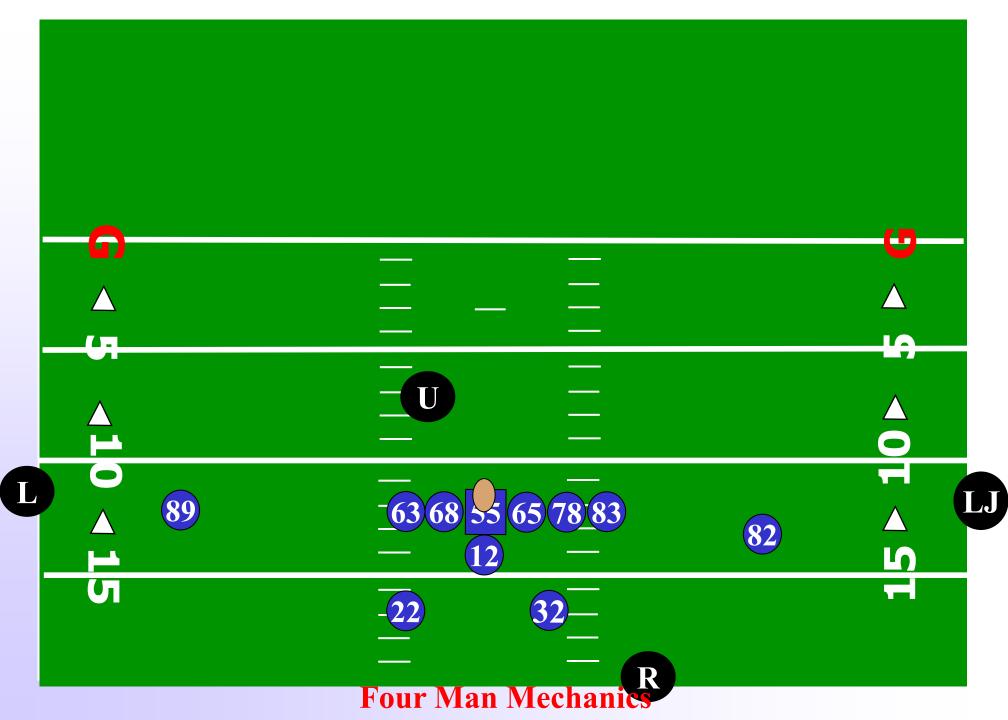
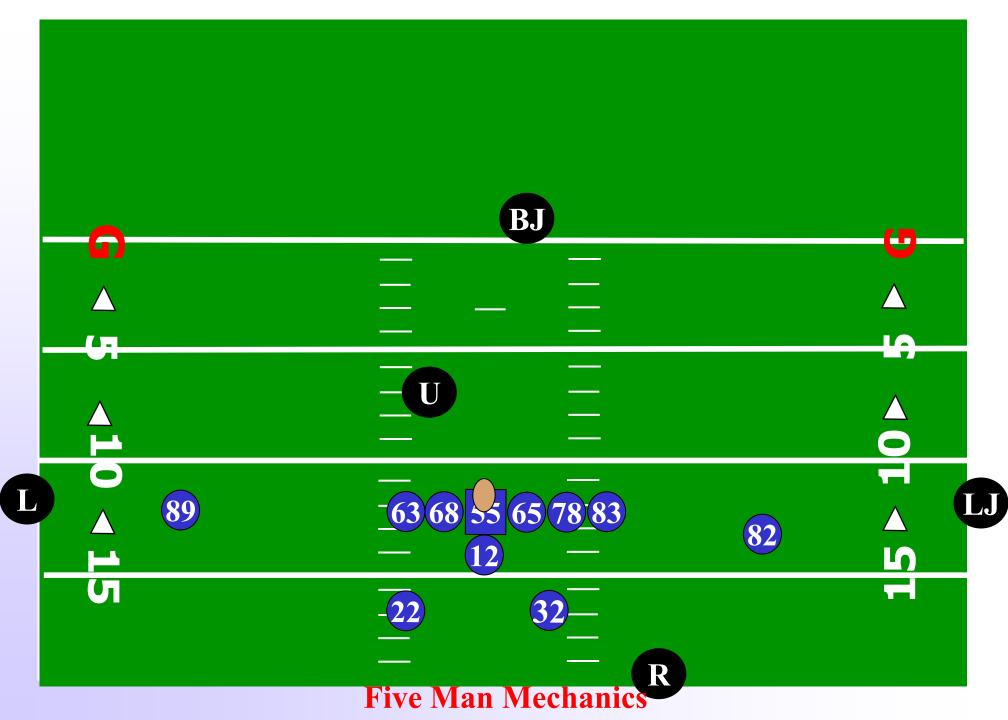
Rappahannock Valley Football Officials Association

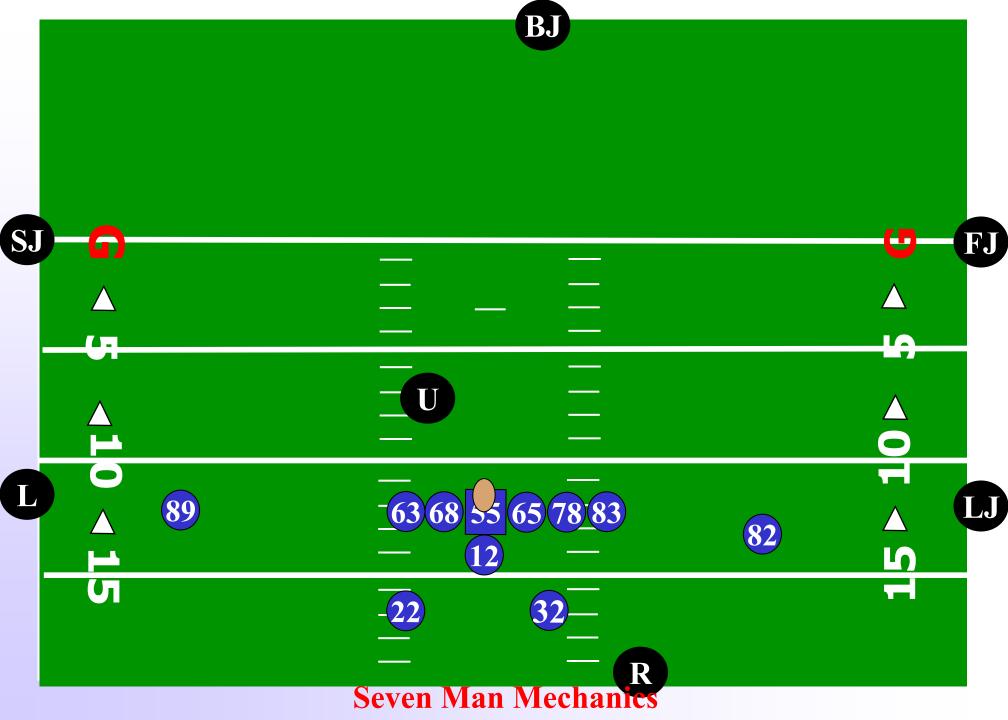
Goal Line Mechanics 2018

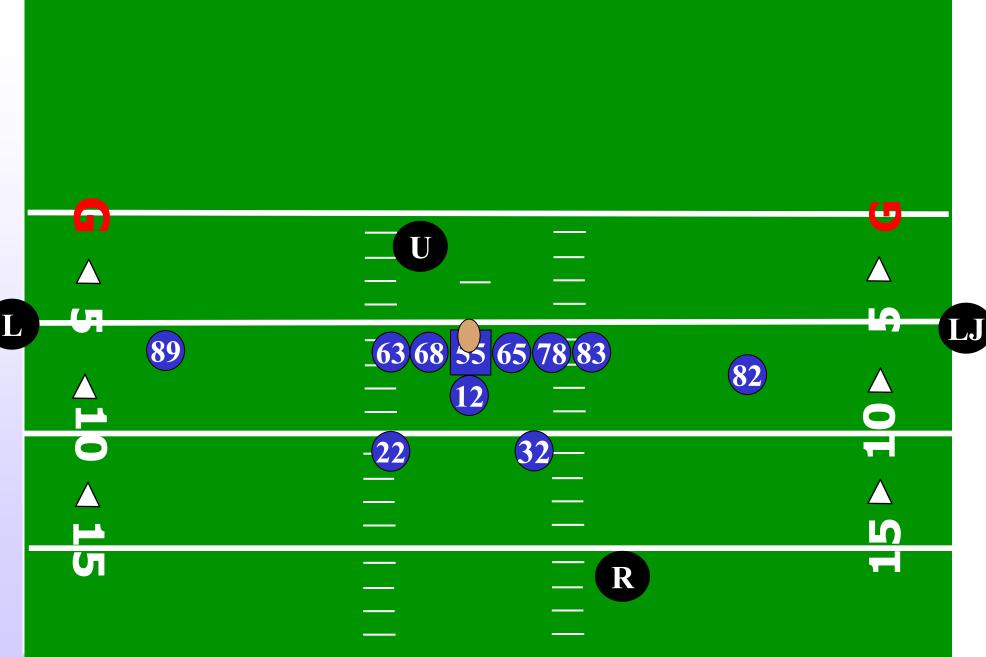




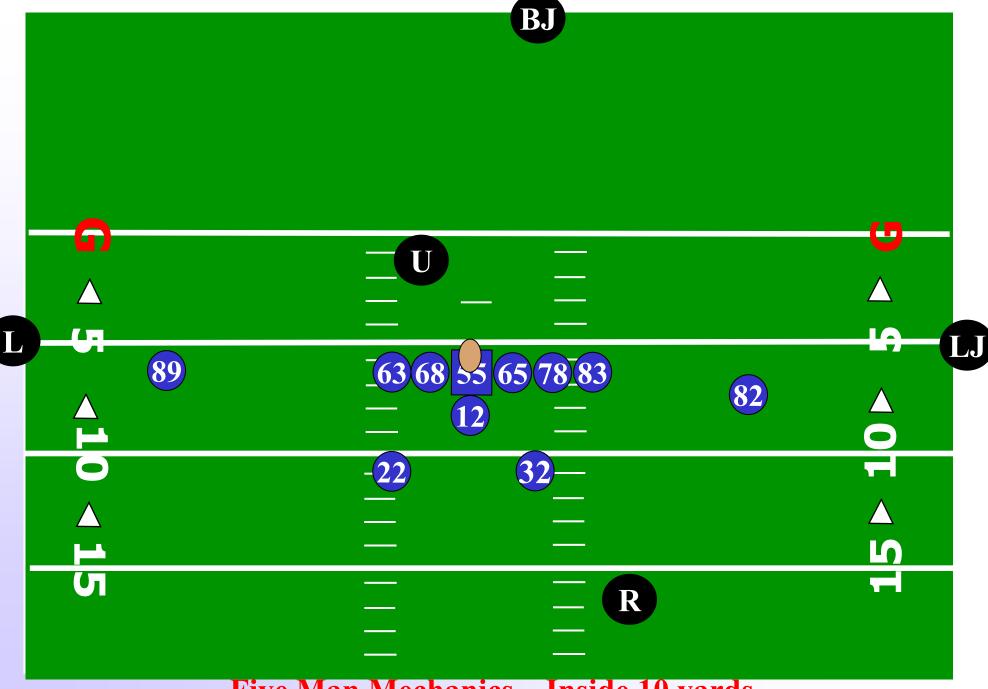








Four Man Mechanics - Inside 10 yards



Five Man Mechanics – Inside 10 yards

