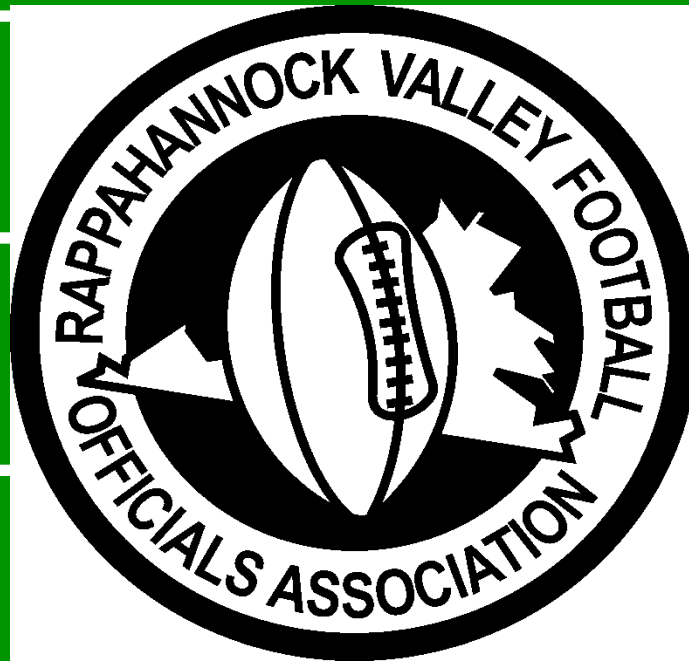


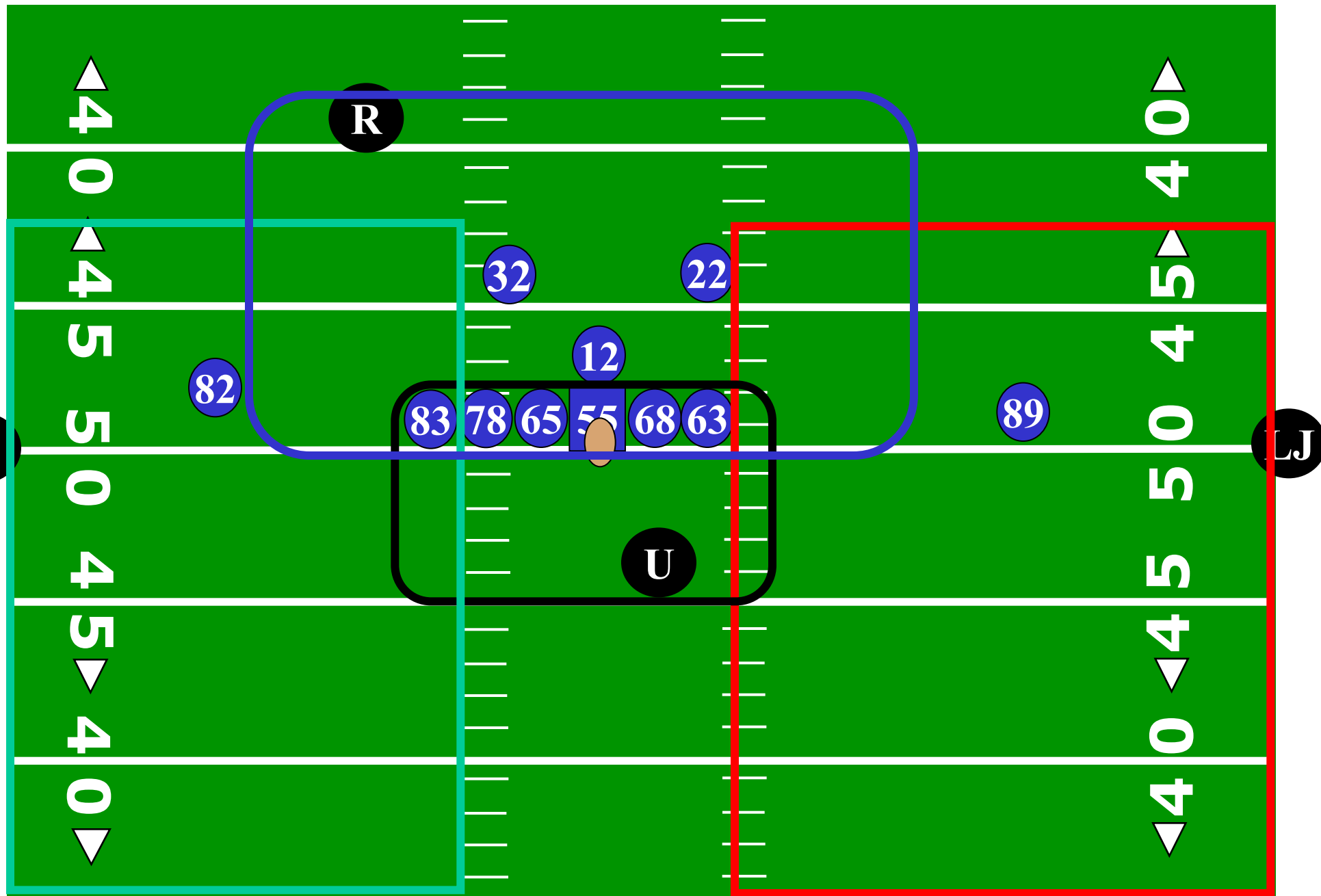
# Rappahannock Valley Football Officials Association

Scrimmage Mechanics – Review 2018

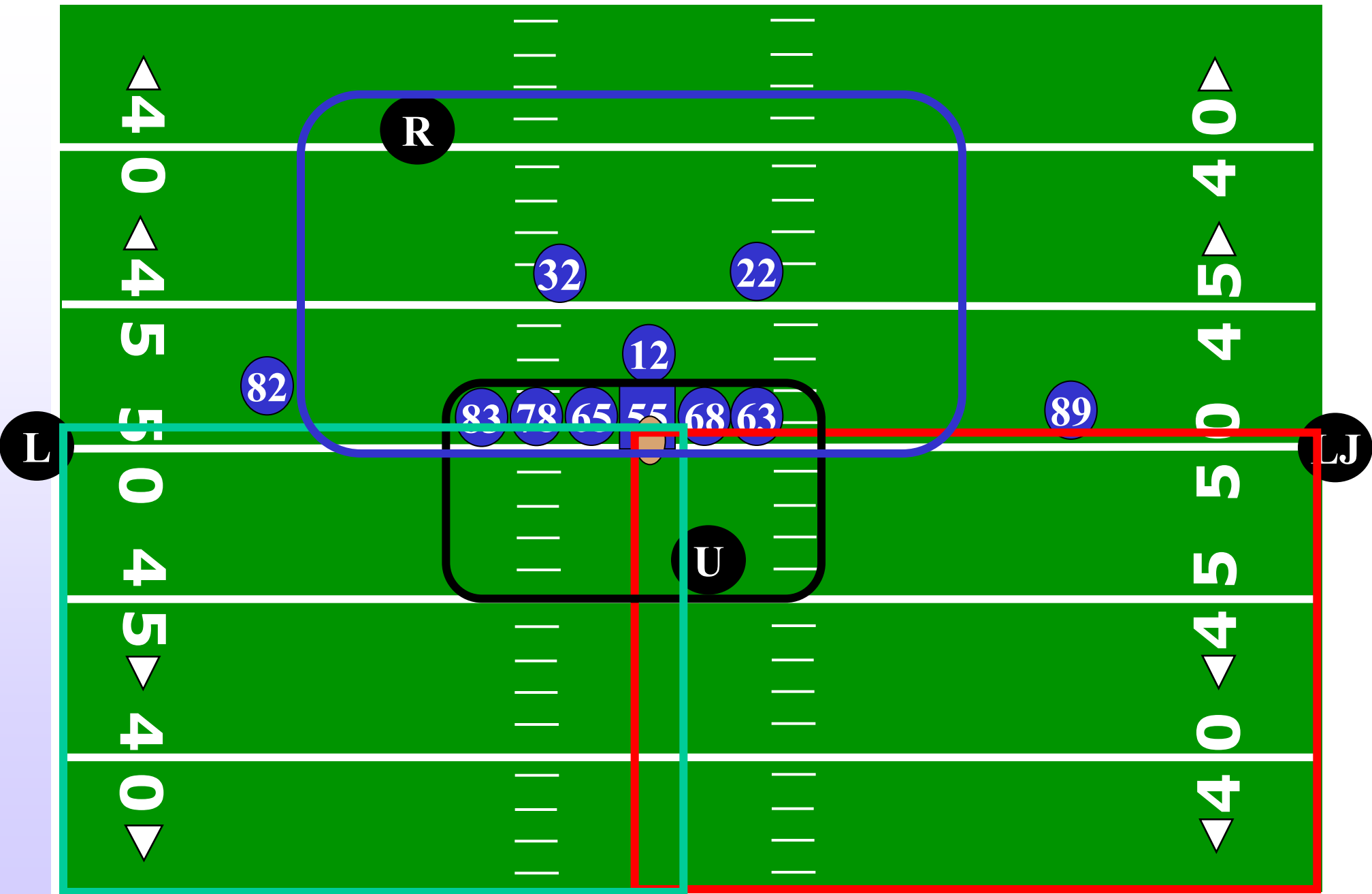


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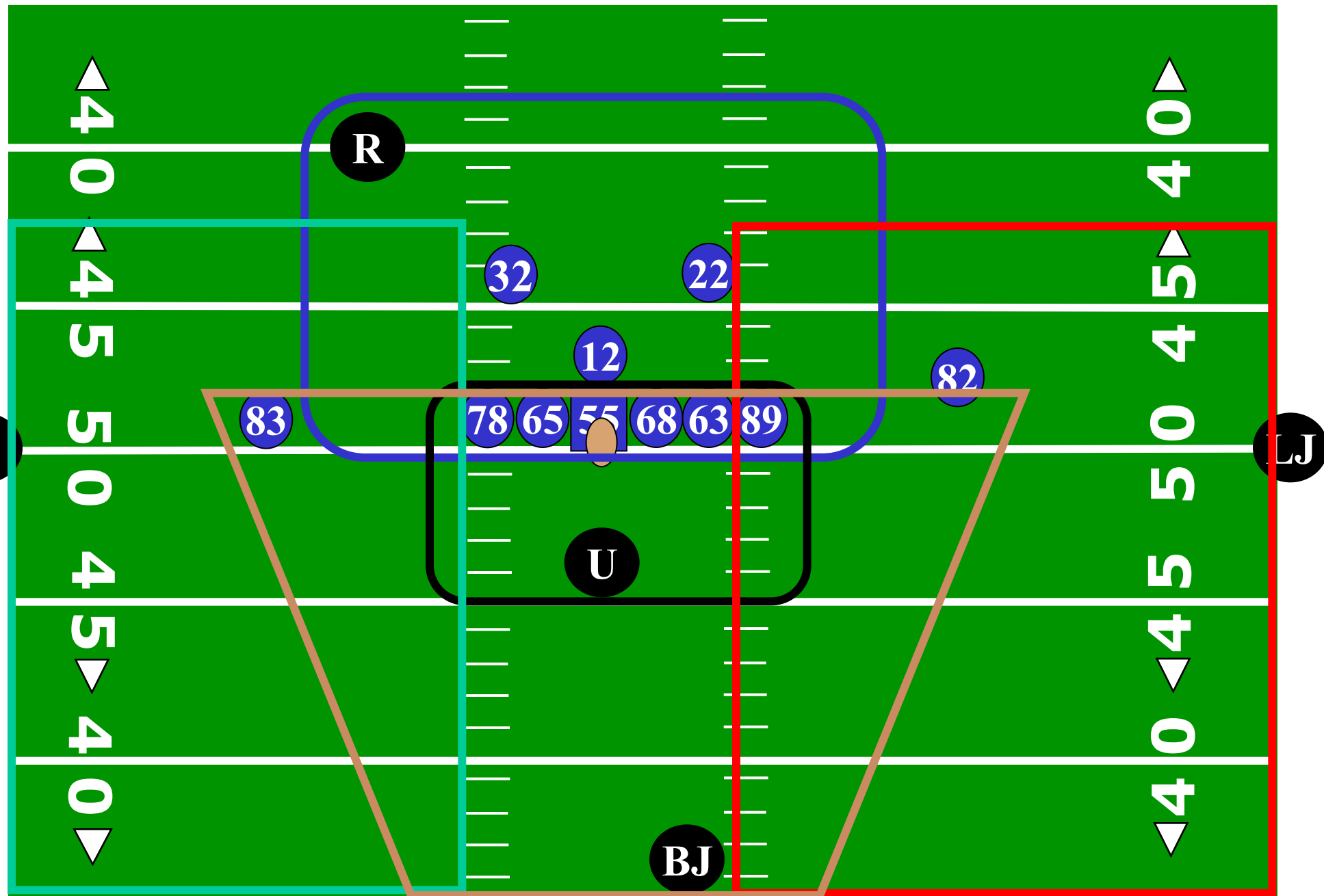
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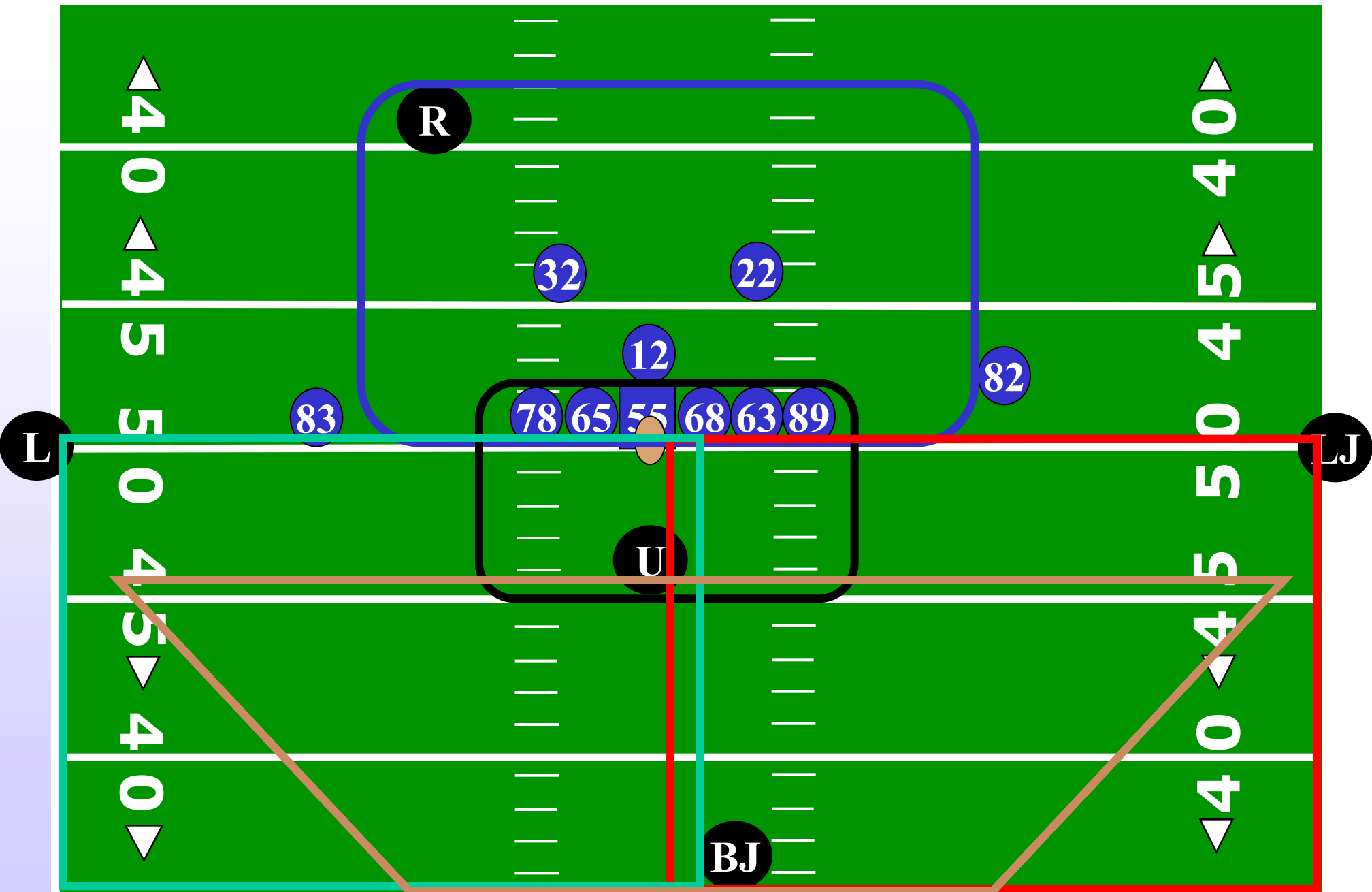
**Four Man Mechanics**



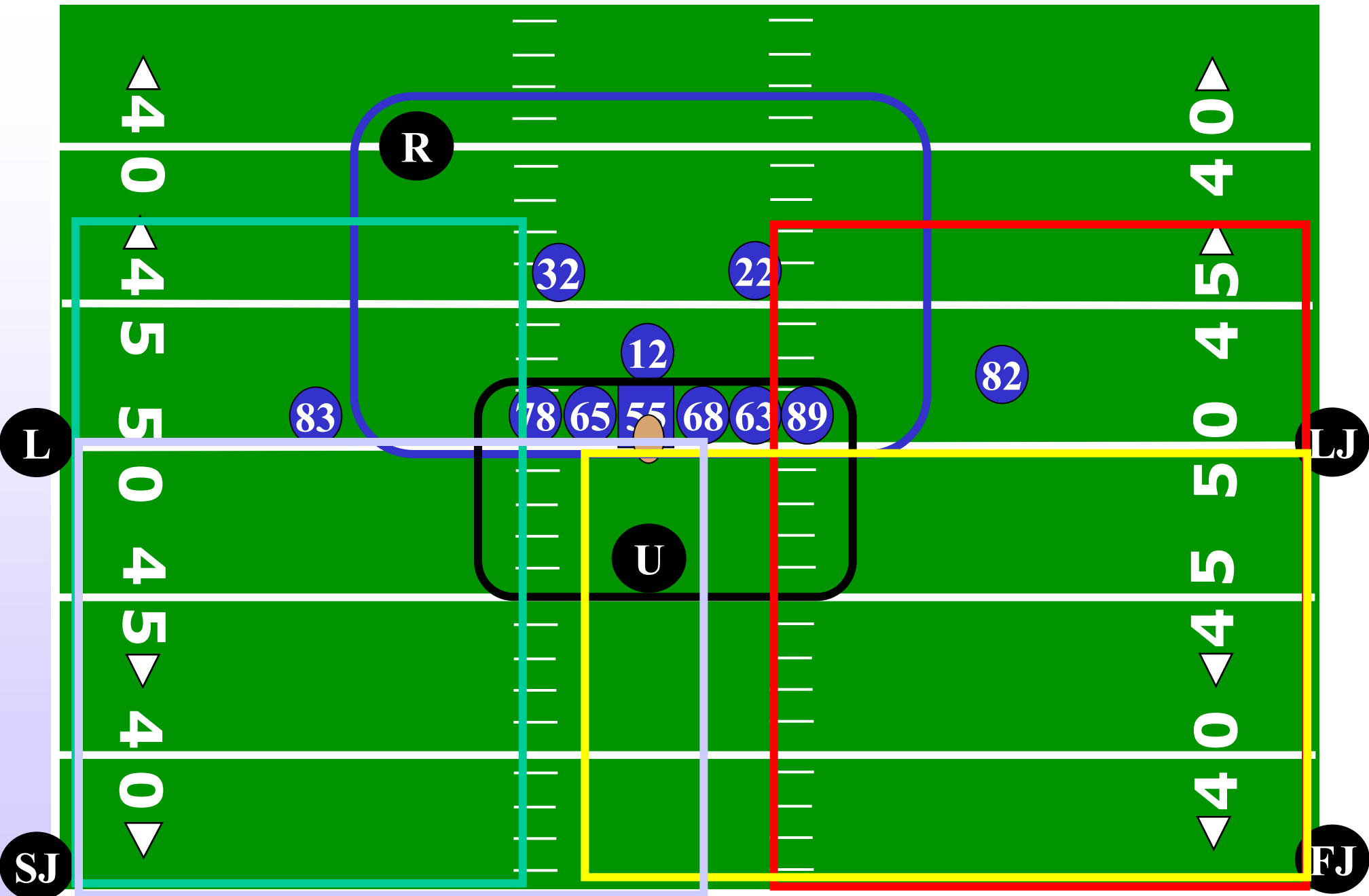
**Four Man Mechanics – Downfield**



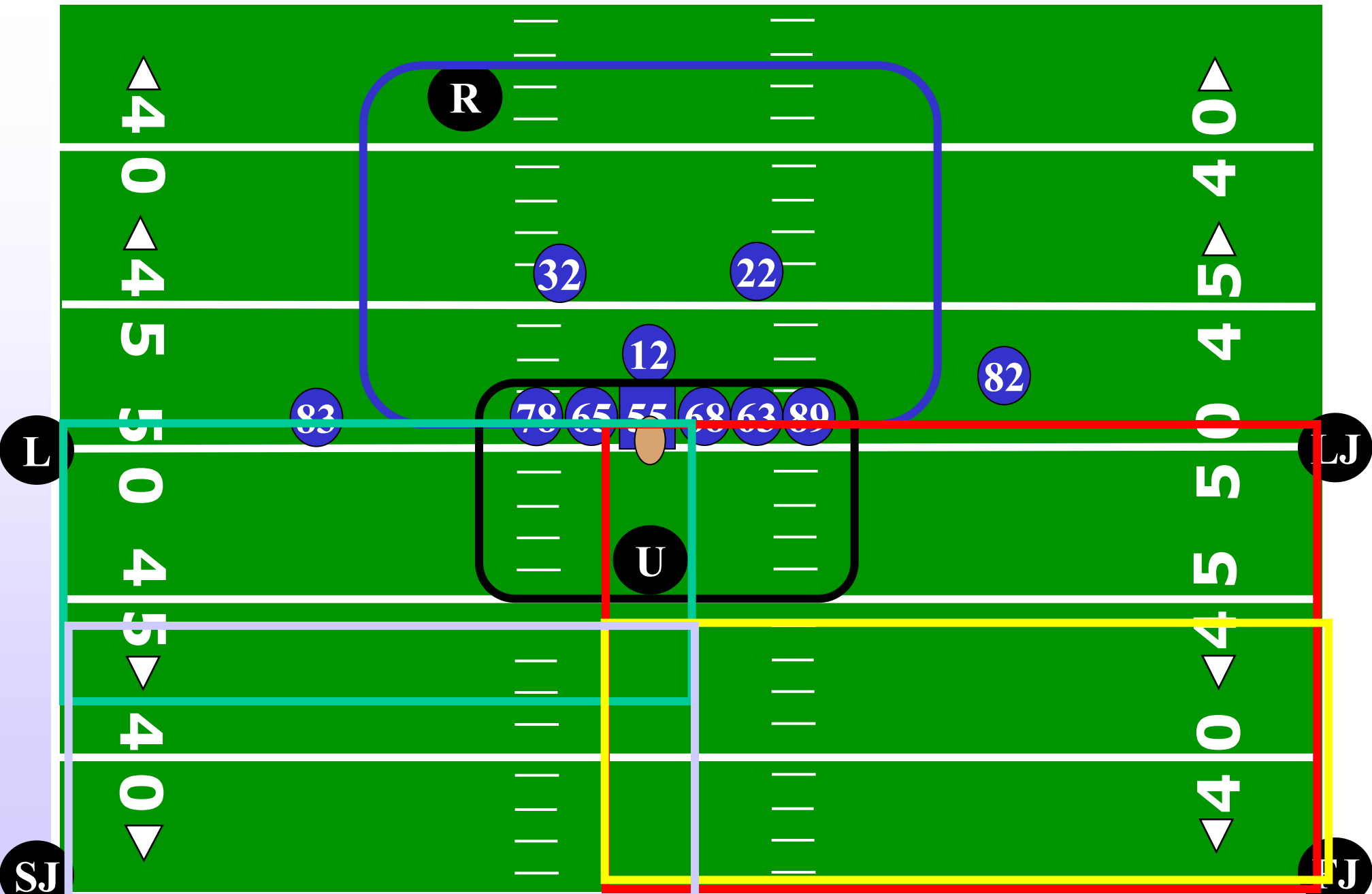
**Five Man Mechanics**



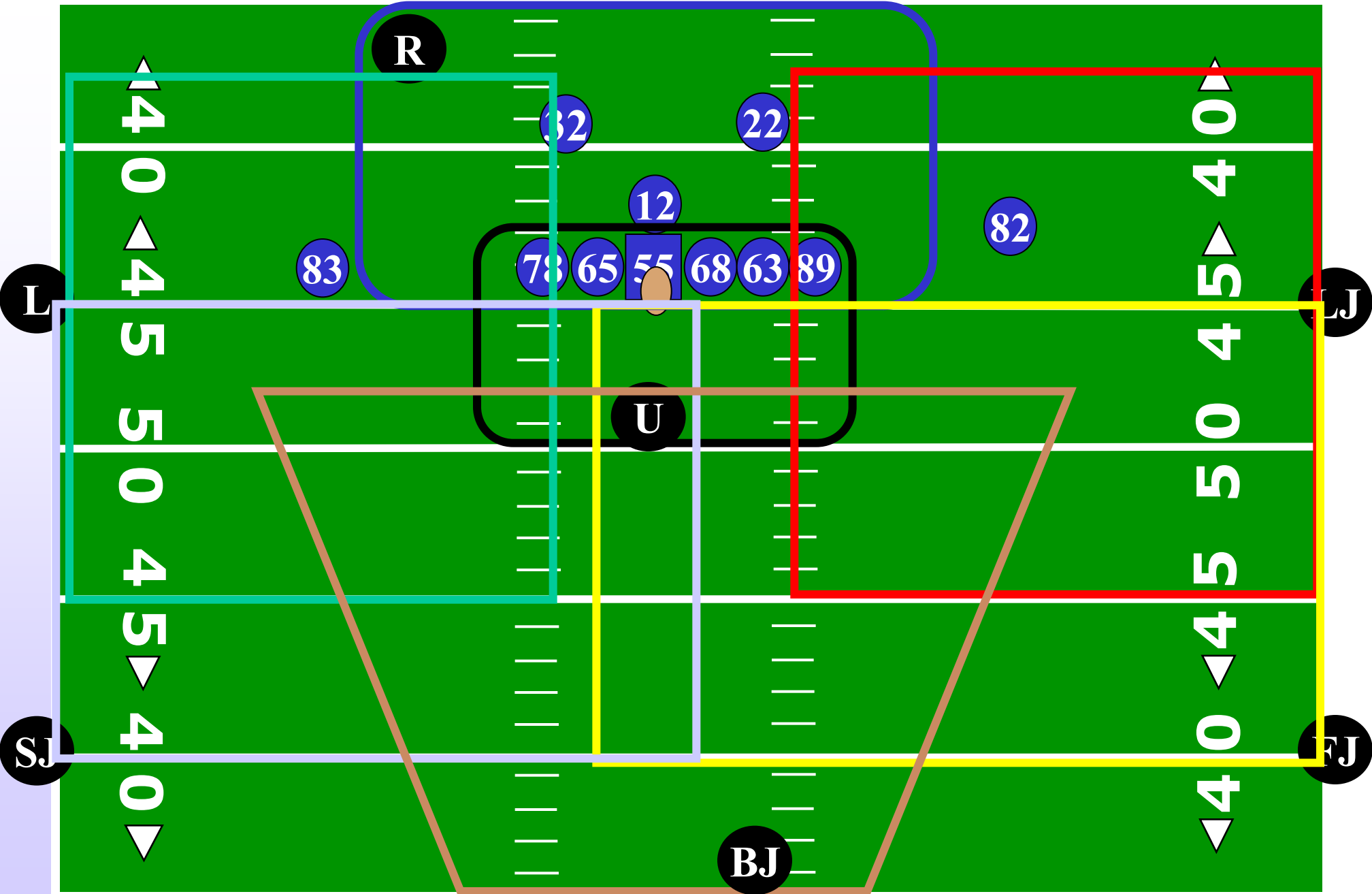
**Five Man Mechanics – Downfield**



**Six Man Mechanics**



**Six Man Mechanics - Downfield**



# Seven Man Mechanics



