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## You Need To Calm Down (cha cha)

Choreographer: Annemaree Sleeth  
2 Wall • 32 Count • Beginner Line Dance  
Songs: Taylor Swift – You Need To Calm Down

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**Intro 16 Counts - Start on vocal - No Tags Or Restarts!!!**

**S 1 [1 -8] PRISSY WALKS , ROCKING CHAIR, PRISSY WALKS, CHA CHA FORWARD**

1-2 Walk Right Forward, Walk Left Forward, Crossing Over Slightly  
3&4& Rock Right Forward, Recover Left, Rock Right Back, Recover Left  
5-6 Walk Right Forward, Walk Left Forward, Crossing Over Slightly  
7&8 Step Right Forward, Step Left Together, Step Right Forward (Small Steps)

**S 2 [9 -16] SWAY HIPS DIAG FORWARD, RECOVER, TRIPLE, TRIPLE, BACK, TOUCH**

1-2 Sway Hips Diag Left Forward , Sway Right Hips Back (wgt R)  
3&4 Step Left Back, Step Right Together, Step Left Back  
5&6 Step Right Back, Step Left Together, Step Right Back  
7- 8 Step Left Back , Touch Right Together,

**Styling Option: Use Your Hips On Triples , Move Your Arms With Your Body**  
**Styling Option angle the back triple and look to the sides**

**S 3 [17 – 24] SIDE, TOGETHER, CHA CHA SIDE, KNEE POP, SIDE, TOGETHER, CHA CHA, SIDE KNEE POP**

1- 2 Step Right Side , Step Left Together,  
3& Step Right Side, Step Left Together  
4& Step Right Side, Bend Left Knee Towards Floor & Punch Hands In The Air  
5-6 Step Left Side, Step Right Together  
7& Step Left Side, Step Right Together,  
8& Step Left Side, Bend Right Knee Towards Floor & Punch Hands In The Air

**Easier Option Touch On Knee Bends AND Drop The & Count**

**S 4 [25-32] FORWARD, CROSS, ¼ L SIDE, REPEAT**

1- 2 Step Right Forward, Cross Left Over Right  
3-4 Turn 1/4 Left Step Right Back , Step Left Side 9.00  
5-6 Step Right Forward, Cross Left Over Right  
7-8 Turn 1/4 Left Step Right Back , Step Left Side 6.00

**Styling On The Oh Oh Ohs Wave Hands In The Air**