



2022-2023 Class Schedule

Monday

Studio 1	Studio 2	Studio 3	Studio 4
11:00-11:30am Mommy & Me	10:15-11:00am Adult Tap		
5:00-5:30pm Mommy & Me	4:45-5:30pm Ballet, Tap, & Jazz 3-5 year old	5:00-5:30pm Competition Technique* (T, S)	5:30-6:15pm Competition Team 13*
5:30-6:15pm Tumbling Level 2/3/4*	5:30-6:15pm Ballet, Tap, & Jazz 5-7 year old	5:30-6:15pm Competition Ballet* (T, S)	6:15-7:00pm Competition Team 6*
6:15-7:00pm Competition Ballet* (P, J, PT)		6:15-7:00pm Competition Team 22*	7:00-7:45pm Competition Technique* (SM, M)
7:00-7:45pm Competition Ballet* (T, S)	7:00-7:45pm Competition Team 2*	7:00-7:45pm Competition Team 12*	7:45-8:30pm Competition Team 20*
7:45-8:45pm Tumbling Level 6/7/8*	7:45-8:30pm Adult Barre & Jazz	7:45-8:30pm Competition Team 19*	8:30-9:15pm Pre-Pointe/Pointe
	8:30-9:15pm Competition Team 7*		

Tuesday

Studio 1	Studio 2	Studio 3	Studio 4
10:00-10:30am Mommy & Me	10:30-11:15am Pre-School Ballet, Tap, & Jazz		
11:15-12:00pm Tiny Tumblers			
4:45-5:30pm Tumbling Level 1*	4:45-5:30pm Ballet, Tap, & Jazz 5-7 year old	5:15-6:00pm Competition Team 17*	6:00-6:45pm Tumbling 3/4*
5:30-6:15pm Hip Hop & Bop 5-7 year old	5:30-6:15pm Ballet, Tap, & Jazz 3-5 year old	6:00-6:45pm Competition Team 24*	6:45-7:30pm Competition Team 11*
6:15-7:00 Intermediate Hip Hop	6:15-7:05pm Zumba	6:45-7:30pm Conditioning (T, S)	7:30-8:15pm Competition Ballet* (P, J, PT)
	7:00-7:45pm Intermediate Jazz	7:30-8:15pm Competition Team 23*	8:30-9:15pm Competition Technique & Turns* (P, J, PT)
7:30-8:15pm Tumbling 5/6*		8:15-9:00pm Competition Team 1*	

Wednesday

Studio 1	Studio 2	Studio 3	Studio 4
	10:00-10:45am Pre-School Ballet, Tap, & Jazz		
4:30-5:15 Tumbling Level 1*	4:30-5:15pm Ballet, Tap, & Jazz 3-5 year old	5:15-6:00pm Competition Ballet* (SM, M)	5:15-6:00pm Competition Team 10*
5:15-6:00 Adult Tap	5:15-6:00pm Ballet, Tap, & Jazz 5-7 year old	6:00-6:45pm Competition Team 4*	6:00-6:45pm Competition Ballet* (P, J, PT)
6:00-7:30pm Competition Ballet* (T, S)	6:00-6:45pm Intermediate Tap	6:45-7:30pm Competition Team 14*	6:45-7:30pm Competition Technique* (P, J, PT)
	6:45-7:30pm Competition Team 15*	7:30-8:15pm Competition Team 21*	
7:30-8:15pm Competition Turns* (T, S)		8:15-9:00pm Competition Team 3*	
8:15-9:00pm Pre-Pointe/Pointe			

Thursday

Studio 1	Studio 2	Studio 3	Studio 4
4:45-5:30pm Tiny Tumblers			
5:30-6:15pm Tumbling Level 2*	5:30-6:15pm Ballet, Tap, & Jazz 3-5 year old		5:30-6:15pm Beginner/Intermediate Hip Hop
6:15-7:00pm Beginner/Intermediate Jazz	6:15-7:00pm Ballet, Tap, & Jazz 5-7 year old	6:30-7:20pm Zumba	
	7:00-7:45pm Beginner/Intermediate Ballet/Lyrical		

Friday

Studio 1	Studio 2	Studio 3	Studio 4
10:15-11:00am Tiny Tumblers	11:00-11:45am Pre-School Ballet, Tap, & Jazz		

Saturday

Studio 1	Studio 2	Studio 3	Studio 4
9:00-9:45am Tumbling Level 6/8*	9:30-10:00am Mommy & Me	9:45-10:00pm Stretch*	
10:00-10:45am Tumbling Level 1*	10:00-10:45am Ballet, Tap, & Jazz 3-5 year old	10:00-10:45am Competition Team 8*	
10:45-11:30am Tumbling 3-5 year old	10:45-11:30am Ballet, Tap, & Jazz 5-7 year old	10:45-11:45am Competition Ballet (T, S)	
	11:30-12:15pm Beginner/Intermediate Ballet* (SM, M, P)	11:45-1:00pm Competition Technique & Turns* (T, S)	
12:15-1:00pm Competition Team 9*	12:15-1:00pm Beginner/Intermediate Tap	1:00-1:45pm Competition Team 5*	
1:00-1:45pm Competition Team 16*			
1:45-2:30pm Competition Team 18*			
2:30-3:15pm Competition Team 25*			

** SM - Super Mini M - Mini P - Petite J - Junior PT - Pre-Teen T - Teen S - Senior