

Laurel Joy Forsberg

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Pullman, WA 99163

EDUCATION

Master of Fine Arts in Theatre Arts	December 2021
University of Idaho, Moscow, Idaho	GPA: 4.0
Applicable Courses:	
MFA Acting Studio (Stanislavski, Chekov)	Acting for the Camera
MFA Acting Studio, Eric Morris	Alexander Technique
MFA Acting Studio, Animals	Verbatim Theatre
Foundations of Stage Intimacy	Voiceover Acting
Foundations of American Theatre	Voice Studio (Dialects, IPA)
Basics of Performance Teaching Methods	MFA Directing Studio
Women Playwrights of the Royal Court	Theatre & Film of the Holocaust
Non-Thesis Master's Research (Simulated Client)	Special Topics: Sawmill Project
Scholarships:	
Collette, Jean Grad Theatre	Fall 2020, Spring 2021, Fall 2021
Kuehn, Charlotte & Tony	Fall 2020, Spring 2021, Fall 2021
Marshall, H. James Theatre	Fall 2020, Spring 2021, Fall 2021
Cooper, Thomas L. Theatre Arts	Fall 2019, Spring 2020
Athletic Aux GIA Agreement	Fall 2019, Spring 2020
Graduate Teaching Assistantship:	
Costume Shop	Fall 2020, Spring 2021, Fall 2021
Graduate Assistant	
Track and Field	Fall 2019, Spring 2020
Bachelor of Science in University Studies	April 2008
Minor in Psychology	
Custom Cluster in Art, Marriage and Family Studies	
Brigham Young University-Idaho, Rexburg, Idaho	GPA: 3.821
Applicable Courses:	
Psychology.: Motivation & Emotion	Psychology: Personality
Psychology: Adult Development	Dance, Clogging
Psychological Assessment	Performance & Visual Art
Associate of Science in Psychology	May 2003
College of Lake County, Grayslake, IL	GPA: 3.031
Applicable Courses:	
Introduction To Psychology	Abnormal Psychology
Social Psychology	Principles of Acting
Child Psychology	Fundamentals of Speech

Warren Township High School, Gurnee IL

June 2000

Applicable Courses:

Acting I
Acting II

Forensics/Oral Interpretation
Choir (4 years)

RESEARCH EXPERIENCE

MFA Non-Thesis Research:

Fall 2021

“Art, Advocacy, & Authenticity”

- Review, analysis, and citation of projects and courses completed during the MFA program at the University of Idaho
- A historical study of Lady Macbeth and cross-analysis of fact vs. fiction
- A critical response to Stanislavski’s approach to acting

MFA Directed Research:

Spring 2020–Fall 2020

“Sucker Lives Here”

- Development of a verbatim play based on true events, told from varying, sometimes contracting perspectives
- Conducted over 14 hours of interviews
- Transcription into written text
- Compilation, cutting, splicing, and layering into logical sequence and conversation

“Uncle Tom and I”

- Exploration of the impact of Harriet Beecher Stowe’s novel “Uncle Tom’s Cabin,” and how it was a catalyst for change, where it erred, and how it was misrepresented and became derogatory over time
- Evaluation of the influence of the novel in other cultures, particularly Siam and how it inspired *The King and I*, which was based off true events

“The Rise of the Childhood Star”

- A critical analysis of the impact of stardom on child actors throughout early American theatre
- An evaluation of “The Coogan Law,” how and why it was created
- Historical review and documentation of notable early child actors in America

“Reflections of Theatre & Film of the Holocaust”

Fall 2019

- Analysis of life in the barracks of Auschwitz through the study of the play *Who Will Carry the Word*, by Charlotte Delbo
- Examination of accounts of actual historical figures within the holocaust, through the work of playwright Hal Lieberman in *Throne of Straw* and Roy Kift’s *Camp Comedy*, as well as through the analysis of the film “Schindler’s List,” produced by Steven Spielberg and written by Steven Zaillian
- Review of fictionalized works about the holocaust, such as *H.I.D.* (Hess is Dead) by Howard Brenton, *The Portage to San Cristobal of A.H.* by Christopher Hampton, and Roberto Benign’s film *Life is Beautiful*.

“My Simulated Client Experience”

Fall 2019

- Trained under the direction of Daniel Haley at Washington State University’s College of Veterinary Medicine to develop skills in simulated client work and education
- Studied and applied scenarios pertaining to the veterinary-client relationship from the perspective of the client in order to help train and educate veterinary students
- Primarily worked on the “Postbox” case where I performed as if I were the client and provided feedback to the student following the scenario using a method for conflict-free communication

- Participated in the filming of a training video for upcoming simulated client employees and students to educate them on the proper practices for simulated client work

TEACHING EXPERIENCE

Graduate Teaching Assistant Fall 2020–Fall 2021

Costume Shop, Department of Theatre Arts, University of Idaho, Moscow, Idaho

- Assisted the Costume Director with the work and safety of THE 104 and THE 390, students assigned to costume construction
- Assisted in teaching sewing techniques and clothing construction
- Assisted with costume construction for Theatre Arts Department productions; including sewing, patterning, fitting, and other duties
- Maintained the cleanliness and organization of the Hartung Theatre costume shop and all other costume storage spaces, dressing rooms, and makeup room
- Assisted with load-ins and striking of productions
- Communicated openly with students to facilitate learning and personal growth

Teaching Assistant Fall 2021

MFA Acting Studio (Stanislavski), Kelly Quinnett, University of Idaho, Moscow, Idaho

- Observed and contributed to class discussions and the analysis of the work
- Filled in and held classes where needed, leading discussions, providing feedback, and support to students and the instructor
- Introduced and led 4-Dimensional Breathing
- Provided feedback on monologues and utilized Uta Hagen’s 6-Step process of analysis
- Corresponded with students and the instructor via email
- Helped facilitate zoom meetings with distance students and created and monitored break-out rooms when the class met online
- Helped create and post class agreements
- Performed other duties as requested
- Provided additional support and insight where requested

Teaching Assistant Spring 2021

MFA Acting Studio (Stanislavski II, Chekov), Kelly Quinnett, University of Idaho, Moscow, ID

- Observed, guided, and gave feedback to students
- Assisted in the evaluation, thoughtful response, and grading of Stanislavski questions
- Managed and directed half of the class when the class would split to work on scenes
- Helped create and post class agreements
- Assisted in reaching out to students who were struggling or of concern

Teaching Assistant Fall 2020

MFA Acting Studio (Animals), David Lee-Painter, University of Idaho, Moscow, Idaho

- Created goals to support and advocate for other
- Helped guide students on their journey as animals in the arboretum, encouraging and supporting them through difficulties in order to help them experience maximum growth
- Sat with students and helped them to fully process their experience
- Helped maintain a safe environment
- Communicated on whereabouts of students and activities
- Constructed and provided individual animal tails and harnesses
- Lead by example in presentation and commitment

Teaching Assistant Spring 2020

Basics of Performance, David Lee-Painter, University of Idaho, Moscow, Idaho

- Worked with and gave helpful feedback to undergraduate theatre students in and out of class
- Helped to transition the class into a zoom setting when we were forced to move online due to the COVID-19 pandemic
- Took copious notes of all monologue work, which I emailed individually to all students to support them in their work and help them grow and develop their skills as theatre artists
- Contributed to class discussions and gave insight where requested
- Provided support and took on additional responsibilities as requested by the instructor

Classified Substitute

Nov. 2016–Jan. 2019

Special Education/Paraprofessional, Pullman School District, Pullman, WA

- Implemented an individual program for students with a wide range of disabilities (behavior and social/emotional)
- Facilitated student work, exams, and projects and evaluated learning outcomes
- Collaborated with teachers, paraprofessionals, psychologists, and school administrators
- Evaluated safety measures and worked to de-escalate students in strained circumstances

NON-TEACHING EDUCATIONAL EXPERIENCE

Graduate Assistant

Fall 2019–Spring 2020

Track and Field, University of Idaho, Moscow, Idaho

- Manage the budget by tracking and documenting expenditures on Excel
- Operated and oversaw the use of the under-water treadmill to ensure safety for athletes
- Completed training for university vehicle operation, first aid, and working with minors
- Assisted with recruitment through the tracking and evaluation of national competition scores and outreach to potential student athletes
- Assisted with the setup, take down, and operation of track meets

CONFERENCES

Professional Theatre Conference

February 2021

Kennedy Center American College Theatre Festival (KCACTF), Region 7, Virtual Conference

- Competed as an Irene Ryan Candidate for the Ryan Acting scholarship and was selected as a finalist for my monologues *Appropriate* by Branden Jacobs-Jenkins and *You're My Favorite* by Jenny King
- Participated in the “Next step auditions” with a monologue from *Doppelganger* by Victoria Z Daly and was called back for the Relative Theatrics Apprentice Program, the Study Abroad Programme at The Gaiety School of Acting, the National Theatre School of Ireland, and the Commonwealth Shakespeare Company in Boston

Professional Theatre Conference

February 2020

Kennedy Center American College Theatre Festival (KCACTF), Region 7, Fort Collins, CO

- Participated as an Irene Ryan partner with *Go, Please Go*, by Emily Feldman
- Performed in the staged reading of *1893: Aloha, Hawaii*, by Keola Simpson & Melisa Orozco Vargas and *Members of 好 / Peligro!* for the University of Hawaii
- Participated in the “Next step auditions” with a monologue from *when a Whale Falls*, by Jay Chavez and was called back for The National Theatre Institute & the University of Hawaii

Professional Theatre Conference

February 2019

Kennedy Center American College Theatre Festival (KCACTF), Region 7, Eugene, OR

- Auditioned for and was selected to participate in *When a Whale Falls*, written by Jay Chavez and directed by Josh Rippey, which resulted in the play being nominated for *The National Gary Garrison Play Awards* in Washington D.C.
- Attended workshops and short courses to increase knowledge and expand my network

Para-Educator Professional Development Conference

June 2017

Sponsored by Cheney Public Schools, Cheney, WA

- Received training in paraprofessional education
- Attended workshops to increase knowledge

PERFORMANCE EXPERIENCE

Film/Commercial

TV Spot, by Sasquatch and Co. as Renaissance Sword-Fighter, University of Idaho	2021
<i>Remotely</i> by David Harlan as Woman, Acting for the Camera, University of Idaho	2021
<i>Rushmore</i> by Oliver Blumenstein as Miss Cross, Film Department., University of Idaho	2021
<i>Knives Out</i> by Tucker Holland as Fran, Film Department, University of Idaho	2021
<i>English Made Simple</i> by Luke Holt, as Jill, Directing Studio, University of Idaho	2020
TV Spot, by Sasquatch and Co. as Astronomy Professor, University of Idaho	2019
<i>To Hunt</i> by Katrina Arellano, as Animal/Mother Film Department, University of Idaho	2019
<i>4.48 Psychosis</i> as the principle role, self-directed, Theatre & Film of the Holocaust, UI	2019
<i>Clinical Communication Orientation</i> by Daniel Haley, Amma Productions, WSU	2019
<i>New Port South</i> , as student, Touchstone Pictures & Hughes Entertainment	2000

Theatre

<i>Macbeth: Alba Gu Brath</i> by KT Turner, as Lady Macbeth, University of Idaho	2021
<i>How I Learned to Drive</i> by Travis Gray, as L'il Bit, Pullman Civic Theatre	2019
<i>Bury the Rest</i> by Emma VonTill, as Laura, Directing Studio, University of Idaho	2019
<i>The Pillowman</i> by Ricky Kimball, as Mother/Foster Mother, Moscow art Theatre (Too)	2019
<i>Present Laughter</i> by Craig Miller, as Miss Erikson, University of Idaho	2019
<i>The Sawmill Project</i> by Marco Magoa, as Joy, University of Idaho	2019
<i>It's a Wonderful Life</i> by Dean Bourland, as Violet Peterson, Pullman Civic Theatre	2018
<i>Gaslight</i> by Travis Gray, as Bella Manningham, Pullman Civic Theatre	2018
<i>Wit</i> by Gary Thoren, as E.M. Ashford, Pullman Civic Theatre	2018
<i>And Then There Were None</i> by Kristin Lincoln, as Vera Claythorne, Pullman Civic Theatre	2017
<i>The Merry Wives of Windsor</i> by Travis Gray, as Justice Shallow, Pullman Civic Theatre	2017
<i>James and the Giant Peach</i> by Dean Bourland, as Aunt Spiker, Pullman Civic Theatre	2017
<i>Bitter Sauce</i> by Mike Butterworth, as Rengin, CLC, Nationals, Jacksonville, FL	2001
<i>Auntie Mame</i> by Kathleen Burton, as Agnes Gooch, Warren Township High School	2000
<i>A Twisted Carol</i> by Dr. Woodard, as Mrs. Crachit, Warren Township High School	1999
<i>The Wizard of Oz</i> by Dr. Woodard, as Head Winkie, Warren Township High School	1998
<i>Oklahoma</i> by Dr. Woodard, as Ensemble, Warren Township High School	1997
<i>The Effect of Gamma Rays on Man-in-the-Moon Marigolds</i> , Kathy Burton, as Tillie, WTHS	1996
<i>The Hobbit</i> as Elf Rita, the Elf Queen, Woodland Middle School	1995

Zoom Theatre

<i>The Spoils</i> by Nina Slesinger, as Candace, iO Theater, Chicago, IL	2021
<i>Everybody</i> by KT Turner, as Everybody/Somebody, University of Idaho	2021
<i>A Christmas Carol</i> by Craig Miller, as Mrs. Long/Mrs. Fezziwig/Old Sally, Univ. of Idaho	2020

Staged Readings

<i>Appropriate</i> directed by Carly McMinn, as Toni, Cornerstone, University of Idaho	2020
<i>Cheap Atomic Romance</i> by Ariana Burns, as Edna, University of Idaho	2020
<i>1893: Aloha, Hawaii</i> by Keola Simpson & Melisa Orozco Vargas as Hawaiian Woman, University of Hawaii, KCACTF	2020
<i>The Man Who Came to Dinner</i> by Rebecca Haley, as Mrs. Stanley/Expressman/Westcott Moscow Community Theatre	2019
<i>Splash in the Pan</i> by Kendra Phillips, as Shelley, University of Idaho	2019
<i>Violent Delights</i> by Christian Pankoft, as Blanche, University of Idaho	2019
<i>When a Whale Falls</i> by Josh Rippey, as Gale, KCACTF, Region VII, Eugene, OR	2019

Simulated Client Performance

<i>Ranger</i> by Daniel Haley, as Arlo Thompson, Veterinary College of Medicine, WSU	2021
<i>Vandal Manufacturing</i> by Daniel Haley, as Leslie Eberlin, Applied Ethics, Univ. of Idaho	2021
<i>Hunter Duparc</i> by Daniel Haley, as the patient, Hunter Duparc, WWAMI, Univ. of Idaho	2021
<i>Postbox</i> by Daniel Haley, as Paula Dunlop, Veterinary College of Medicine, WSU	2021
<i>Backyard Chickens</i> by Daniel Haley, as Cary Gordon, Vet. College of Medicine, WSU	2021
<i>Burnie</i> by Daniel Haley, as Maria Lewis Veterinary College of Medicine, WSU	2020
<i>Shoulder Evaluation</i> , by Daniel Haley, as Danny Schwarz, Athletic Training, WSU	2020
<i>Euthanasia Sim.</i> , by Daniel Haley, as Kalen Meloy, Veterinary College of Medicine, WSU	2020
<i>Barney</i> , by Daniel Haley, as Simulated Client, Veterinary College of Medicine, WSU	2019
<i>Postbox</i> by Daniel Haley, as Paula Dunlop, Veterinary College of Medicine, WSU	2019

New Play Workshop

<i>Deep Calls</i> by Kendra Phillips, as Judith, University of Idaho	2019
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DIRECTING/COACHING EXPERIENCE

<i>The Improv Class</i> , written by John Connon, produced independently via zoom	2021
<i>Lone Star</i> , written by James McLure, Pullman Civic Theatre	2019
<i>Jerry Finnegans Sister</i> , written by Jack Neary, Warren Township High School	2000
Speech Team Coach, Verse Reading, Warren Township High School	2000

PRACTICAL THEATRE EXPERIENCE

Artistic Director

April 2019–Jan. 2020

Pullman Civic Theatre, Pullman, WA

- Selected the shows for the season and created the schedule for production
- Worked to improve the quality of theatre productions through training, educational workshops, and crucial conversations
- Provided clarification of staff duties and responsibilities
- Hired Production Manager, Producer, Technical Director, Business Manager, House Manager, Marketing Director, and Costume Designer
- Assisted the business manager in managing the theatre's budget
- Created relationships and opened conversations with other theatres in the community
- Attended board meetings and acted as a liaison between the board and staff
- Held regular staff meetings and brought a tremendous amount of organization, structure, and accountability to the staff
- Evaluated shows and offered additional feedback

Board Member Aug. 2017–Jan. 2020
Pullman Civic Theatre, Pullman, WA

- Participated in the recruitment of members and voting on various issues
- Spearheaded fundraising and organizing a community-wide murder mystery dinner, silent auction, and various other activities, earning the theatre upwards of \$10,000
- Volunteered to assist with set building and striking of all productions
- Maintained a volunteer presence at all events, parades, and community functions to help promote the theatre
- Volunteered to assist the front of house with ticket sales, ushering, and additional needs during shows
- Discussed opportunities for outreach and advocacy in the community

Costume Design August 2019
Alice in Wonderland, Pullman Civic Theatre, Pullman, WA

Production Manager/Producer June 2018–April 2019
Pullman Civic Theatre, Pullman, WA

- Oversaw the production of all shows
- Coordinated all production activities and operations
- Delegated duties and followed-up with assignments during production
- Held production meetings and kept and reported detailed minutes of each meeting to the Artistic Director
- Facilitated the audition process and made sure staff members were on track and prepared
- Assisted in the hiring of designers for productions
- Oversaw budgeting, scheduling, planning, and marketing

Scenic Design June 2018
Winnie the Pooh, Pullman Civic Theatre, Pullman, WA

Assistant Technical Director Aug. 2017–June 2018
Pullman Civic Theatre, Pullman, WA

- Assisted the Technical Director in directing and participating in the loading in and striking of all productions
- Assisted in the building and construction of all sets
- Helped produce technical drawings and communicate with scenic design to determine the safety and effectiveness of the process
- Assisted with the overhaul and redesign of the theatre space, including the acquirement and installation of new seating
- Helped put in place better organization and security of theatre equipment

PROFESSIONAL DEVELOPMENT

Workshops

“Foundations in Race and Intimacy” taught by Kaju Dunn	2021
Kennedy Center American College Theatre Festival, Region VII (KCACTF)	
“Theatrical Intimacy Education” taught by Chelsea Pace (KCACTF)	2021
“The Art of Stage Kissing” taught by Kelly Quinnett (KCACTF)	2020
“The Art of Stage Kissing” taught by Kelly Quinnett (KCACTF)	2019
“Visceral Viewpoints” taught by Stefan Espinosa (KCACTF)	2019
“Rasa aesthetics—engaging the whole performer” taught by Ricky Kimball (KCACTF)	2019

“The Art of Stage Kissing” taught by Kelly Quinnett (KCACTF)	2019
“Acting for Film: Tactic training for Vulnerability” taught by Stephen Seder (KCACTF)	2019
“Keeping Score: A Strategic Approach to Acting” taught by Vanessa Ballam (KCACTF)	2019
Director’s Workshop taught by Travis Gray, Pullman Civic Theatre, Pullman, WA	2018
Actor’s workshop, taught by Travis Gray, Pullman Civic theatre, Pullman, WA	2018
“Para-Educator Professional Development,” Cheney Public Schools	2017

Greenroom Chats

“Affinity Spaces and Healing” Joe Wilson, Jr., Jonathan Nichols and Maureen Marchant	2021
“Disability Aesthetics in Theatre” Gregg Mozgala, A.A. Brenner, and Ben Raanan	2021
Chelsea Hackett, Professor of Leadership & Theatre & Co-Founder of SPEAK	2020
Idris Goodwin, Award-Winning Playwright, Arts Leader and Community Builder	2020
Jonathan Infante, Award-Winning Designer: Television, Professional Theatre, & Disney	2020
Patrick Du Laney from the Broadway Cast of Harry Potter & The Cursed Child	2020
Jeff Davis, Producer at BBDO Advertising	2019
Stephan Wolfert, Esteemed Writer & Performer, AEA/SAG Member, U.S. Army Veteran	2019
Deborah Hertzberg, NYC-Based Puppeteer, Costumers and Theater Maker	2019
Marco Magoa, International Theatre Artist	2019
Stepanie Gularte, Artistic Director of American Stage Co. & Julie Jensen, Playwright	2019
Lojo Simon, Playwright, Dramaturg & Christy Montour-Larson, Director, Producer	2019
Lyndsay Burch, Assoc. Artistic Director of B Street Theatre & Playwright Caridad Svich	2019

Guest Artist Zoom Seminars

Bill Fagerbakke, Professional Actor	2021
Martyna Majok, Professional Playwright	2021
Margaret Travolta, Professional Voiceover Actor	2021
Tim Dadabo, Professional Voiceover Actor	2021
Sheila Daugherty, Stewart Talent agency, Voiceover Agent	2021
Colin O’Tool, Creative Director, Energy BBDO	2021
Steven Aguilar, Producer, Audio Engineer, Music Mixer, and Audio Consultant	2021

AWARDS

Voiceover Professional Development Recipient, University of Idaho	2021
Finalist, Irene Ryan Candidate, KCACTF Region 7	2021
Semifinalist, Special Occasion Speaking, Maine Invitational Speech Tournament	2000
3 rd Place, Verse Reading, NCHS Speech Tournament	1999
4 th Place, Dramatic Duet Acting, NCHS Speech Tournament	1999
2 nd Place, Verse Reading, Leyden HS Invitational	1998
Semifinalist, Special Occasion Speaking, Maine Invitational Speech Tournament	1998
4 th Place, Verse Reading, IHSA Speech Tournament	1998
Finalist, Verse Reading, Crystal Lake South Speech Tournament	1997
1 st Place, Verse Reading, Crystal Lake South	1996
1 st Place, Verse Reading, Crystal Lake South Speech Tournament	1996
1 st Place, Verse Reading, Rochelle Novice Tournament	1996

Additional Awards received 1996-2000:

2 nd Place, Verse Reading, Lake Forest High School Speech Tournament
3 rd Place, Verse Reading, Hoffman Estates D211 Turkey Invitational
3 rd Place, Verse Reading, Lake Forest High School Speech Tournament
3 rd Place, Verse Reading, Stevenson Speech Invitational
4 th Place, Verse Reading, Maine West HS, IHSA Regional Tournament

5th Place, Verse Reading, Hoffman Estates D211 Turkey Invitational
 Semifinalist, Verse Reading, Downers Grove South
 5th Place, Verse reading, Conant HS Speech Tournament
 Finalist, Humorous Duet Acting, Warren Invitational
 6th Place, Special Occasion Speaking, AESHS Speech Invitational

CERTIFICATION

“Protecting Children: Hiring Staff Who Work With Minors,” University of Idaho	2021
“Protecting Children: Shine A Light,” University of Idaho	2021
“Protecting Children: Identifying and Reporting Sexual Misconduct,” University of Idaho	2021
“Title IX,” University of Idaho	2021
“Adult First Aid/CPR/AED,” University of Idaho	2019
“Defensive Driving Course” for the transportation of students, University of Idaho	2019

COMMUNITY SERVICE

Committee Coordinator, Women’s Organization Oct 2017–Aug 2019
 Relief Society, Church of Jesus Christ of Latter-Day Saints

- Planned and carried out activities, classes, and service projects on a monthly basis
- Delegated to and assisted committee members with the execution of responsibilities
- Created an environment of inclusiveness

Personal Progress Advisor, Youth Organization May 2014–June 2016
 Young Women, Church of Jesus Christ of Latter-Day Saints

- Counseled with youth to help them to develop and set goals
- Provided assistance in working to achieve goals

Community Outreach, Gifts of the Heart April 2015–Aug 2015
 Volunteer Coordinator, Church of Jesus Christ of Latter-Day Saints

- Recruited volunteers for an extensive service project for needy individuals in the community
- Helped organize, collect donations, setup, and run a community-wide event to provide gently used items at no cost to individuals in need
- Managed and maintained sections of the event

Counselor, Women & Children Organizations Jan 2012–April 2014
 Relief Society & Primary, Church of Jesus Christ of Latter-Day Saints

- Counseled with women and children in need and helped determine solutions to provide relief in the form of food assistance, housing assistance, Christmas gifts, etc.
- Helped provide activities, generate discussion, and facilitate learning