

PROSTATE BIOPSY INSTRUCTIONS

Before your biopsy:

- Tell your doctor if you are taking Aspirin, Plavix, Coumadin, Eliquis, Pradaxa, Xarelto, Aggrenox, Motrin, Ibuprofen, Advil, Excedrin or any NSAID type medication or any Vitamins as you MUST STOP THEM 7 DAYS BEFORE YOUR BIOPSY
- Continue all other medications unless you are told otherwise
- Tell your doctor if you are not feeling well the day of your biopsy, or you have blood in your urine or pain when you urinate
- Pick up your antibiotic prescription to be ready for your biopsy

The day of the biopsy:

- Start taking the antibiotic: the first pill the morning of your biopsy and the second the night of your biopsy
- Make sure you eat breakfast or lunch. Do not fast. It is a good idea to bring juice/ snack afterwards
- It is suggested someone drives you back, but it is not necessary

After the biopsy:

- Take the antibiotic at night
- You can take Tylenol 500 mg every 4 hours if you need it for pain
- Do not restart your blood thinners until YOU NO LONGER SEE BLOOD ANYWHERE
- Do not do any heavy lifting/ exercise/ sexual activity for 2-3 days
- It is normal to have blood in the stool for up to a week, blood in the urine for 1-2 weeks, blood in the semen for 4-6 weeks, some mild irritation when you urinate
- We will have your results in 1-2 weeks and we will have a follow up appointment then to discuss in detail

It is not normal if you have any of this. If so, please contact us:

- If you have fever > 101, nausea, vomiting, you cannot urinate, the urine looks like ketchup, you feel dizzy or have pain in your chest, the burning/ pain or blood does not improve, you have a lot of blood clots in the urine and it is difficult to urinate
- Call (626) 218 0921 if you have any of the above symptoms or go to emergency room

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