

Practice Planner

Receiver Routes



Receiver Routes – Different Routes

Wide Receiver

Basic Pass Routes

- All players should know and understand all of the pass routes.
- To identify pass routes, a coach can use numbers, names or both.
- Pass routes can be grouped in a "passing tree."

Short Passing Tree

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POSITIONS AND RESPONSIBILITIES

Wide Receiver

Basic Pass Routes

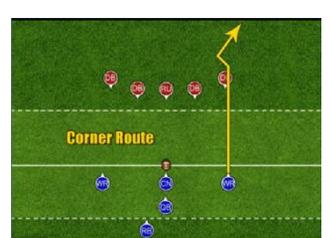
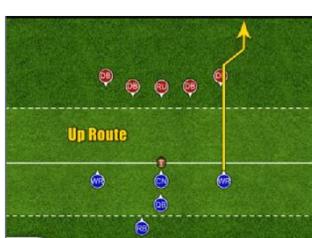
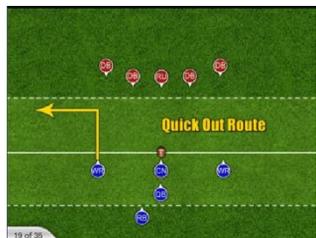
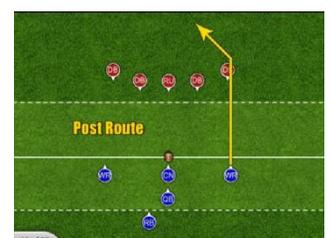
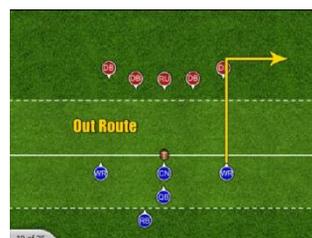
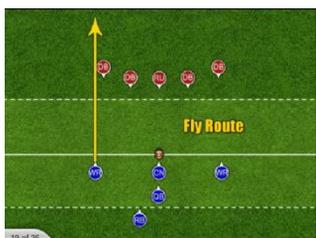
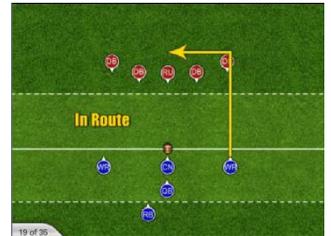
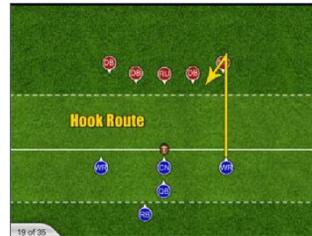
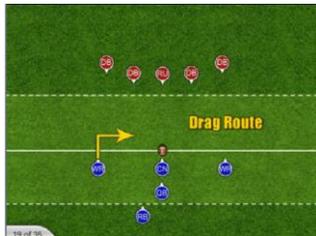
- All players should know and understand all of the pass routes.
- To identify pass routes, a coach can use numbers, names or both.
- Pass routes can be grouped in a "passing tree."

Medium Deep Passing Tree

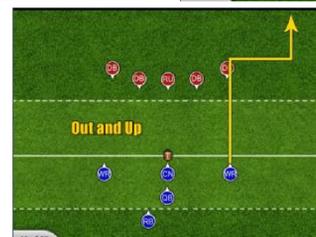
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POSITIONS AND RESPONSIBILITIES



Use a limited amount of Routes (2-3) for Freshman and Junior Divisions.



Practice Planner

Receiver Routes



Receiver Routes – Breaking & Reception Points

Wide Receiver

Understanding Running Pass Routes

- As a WR, know your "breaking point" -- how many yards you run from LOS before making your break.
- After making your break, turn your head to see the QB and the pass.
- After making the catch, secure the ball.

POSITIONS AND RESPONSIBILITIES

The Breaking Point

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Wide Receiver

Understanding Running Pass Routes

- As a WR, know your "breaking point" -- how many yards you run from LOS before making your break.
- After making your break, turn your head to see the QB and the pass.
- After making the catch, secure the ball.

POSITIONS AND RESPONSIBILITIES

The Reception Point

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Instruct players on the different types of Receiver Routes, Breaking Point and Reception point and have them repeat running with routes without a ball thrown and then with a ball thrown.

Practice Planner

Receiver Routes



● Drill - Short & Medium Routes

Passing Tree Inside Short Routes

Set-up/Action

- Divide WRs into 2 even lines, one as left split ends and other on the right.
- Coach assigns different medium and short routes to each line
- Rotate players to each side and vary routes.

Split WRs Into 2 Lines

The diagram shows a football field with a passing tree. The wide receivers (WRs) are split into two lines, one on the left and one on the right. The routes are labeled "Split WRs Into 2 Lines". The diagram includes a "Continue" button in the top right corner and a "Print" button at the bottom.

DRILLS

● Drill – Deep Routes

Passing Tree Deep Routes

Set-up/Action

- Coach assigns different deep routes to each line
- Rotate players to each side and vary routes.

Split WRs Into 2 Lines

The diagram shows a football field with a passing tree. The wide receivers (WRs) are split into two lines, one on the left and one on the right. The routes are labeled "Split WRs Into 2 Lines". The diagram includes a "Print" button at the bottom.

DRILLS