

Practice Planner

Receiver Routes



Receiver Routes – Different Routes

Wide Receiver

Basic Pass Routes

- All players should know and understand all of the pass routes.
- To identify pass routes, a coach can use numbers, names or both.
- Pass routes can be grouped in a "passing tree."

Short Passing Tree

19 of 35

POSITIONS AND RESPONSIBILITIES

Wide Receiver

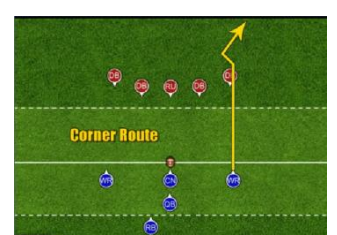
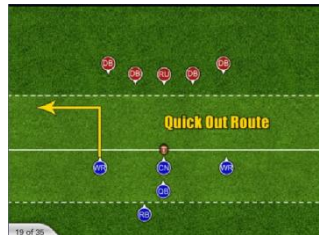
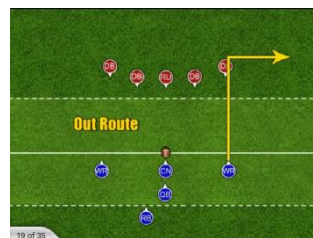
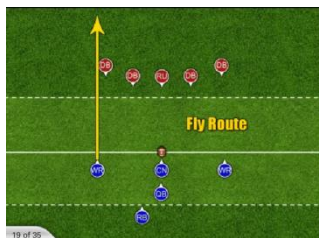
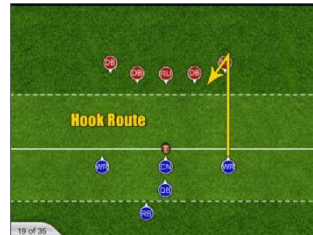
Basic Pass Routes

- All players should know and understand all of the pass routes.
- To identify pass routes, a coach can use numbers, names or both.
- Pass routes can be grouped in a "passing tree."

Medium Deep Passing Tree

19 of 35

POSITIONS AND RESPONSIBILITIES



Use a limited amount of Routes (2-3) for Freshman and Junior Divisions.

Practice Planner

Receiver Routes



Receiver Routes – Breaking & Reception Points

Wide Receiver
Understanding Running Pass Routes

- As a WR, know your "breaking point" -- how many yards you run from LOS before making your break.
- After making your break, turn your head to see the QB and the pass.
- After making the catch, secure the ball.

20 of 35

Print

Wide Receiver
Understanding Running Pass Routes

- As a WR, know your "breaking point" -- how many yards you run from LOS before making your break.
- After making your break, turn your head to see the QB and the pass.
- After making the catch, secure the ball.

20 of 35

Print

Instruct players on the different types of Receiver Routes, Breaking Point and Reception point and have them repeat running with routes without a ball thrown and then with a ball thrown.

Practice Planner

Receiver Routes



● Drill - Short & Medium Routes

Passing Tree Inside Short Routes

Set-up/Action

- Divide WRs into 2 even lines, one as left split ends and other on the right.
- Coach assigns different medium and short routes to each line
- Rotate players to each side and vary routes.

Split WRs Into 2 Lines

Continue

Print

DRILLS

● Drill – Deep Routes

Passing Tree Deep Routes

Set-up/Action

- Coach assigns different deep routes to each line
- Rotate players to each side and vary routes.

Split WRs Into 2 Lines

Print

DRILLS