



OUTREACH



Volume 30, Issue 9

First United Methodist Church

September 20, 2018

Greetings in the Name of the Christ Who Cares!

The Apostle Paul, in his letter long ago to the early church in Galatia, wrote...“So then, while we have opportunity, let us do good to all people, and especially to those who are of the household of the faith. Let us not lose heart in doing good, for in due time we will reap at harvest time, if we do not grow weary.” (Galatians 6:9-10)

Echoing the Apostle Paul, our founder, John Wesley, wrote to the people called Methodists, then and now, “Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.”

In our effort to ‘do good to all people’ or as our Mission Statement affirms, to ‘share the Word of God with all people, through spiritual growth, worship, fellowship, and service’, we do so with great joy. This church displays a caring-heart attitude in so much of what we do through the many caring ministries needs of the church. Last year, the SPPRC Committee determined that we could best meet those needs with a full-time Youth Director to care for our youth. Stephen Ministry was re-established to help develop one-on-one lay caring ministry, and both our Youth Director and our Stephen Ministers have provided hundreds of hours of care for our church and community. Additionally, our Prayer Shawl Ministry continues to be a blessing of care for those who undergo difficult times. These special shawls are hand knitted by our Loving Hands, Loving Hearts Team, and are an outward and visible sign of an inward spirit of care.

I continue, of course, to joyfully work in pastoral care ministry, but as a few of my colleagues might say, “It’s been like drinking from a fire hose.” In a church of our size, when it comes to congregational and community care, ‘the harvest is plentiful, but the workers are few.’

That’s why I’m pleased to announce to you that a new worker in the harvest, Troy Miller, has been hired as the new Director of Congregational and Community Care for Hays 1st UMC. He was introduced during worship on September 16th and began his first ‘office day’ on September 17th. Troy will work with me, the Stephen Ministers, the Nursing Homes, and many of you in the areas of care ministry for the church and community. Troy will also help with funerals and weddings and provide care through home visitation.

By the way, you can get personally involved in the care ministry of home visitation in this church by becoming a part of our ‘Home Visitor Team’. Troy and I are working with our Church and Society Committee to form a team of trained and supervised ‘Home Visitors’ to visit and care for our homebound and hospitalized members. So, if you’d like to make a difference in the life of someone who is lonely and would enjoy bringing a little joy into their life, I’d encourage you to be a part of the “Home Visitor Team”. Additional information on how you can be a part of this important ministry will be coming soon!

Troy’s picture is on both our Facebook page and our web site. However, I would encourage you to call and schedule a time to visit with Troy. He grew up in Hays, was in pastoral ministry for 17 years before becoming an assistant Funeral Director in Plainville for the last 5 years, and now is looking forward to being a part of our church-family. He is warm, personable, and caring and would love to get to know as many folks as soon as possible.

Let us continue to ‘Do all the good we can, by all the means we can, in all the ways we can, in all the places we can, at all the times we

can, to all the people we can, as long as ever we can”, as we welcome our new Director of Congregational and Community Care, Troy Miller!

Please email your **OUTREACH** item to haysumc@hotmail.com before **Sunday, October 21, 2018**. Please place the name “*Outreach*” in the subject line...or place your item, clearly labeled **for the Outreach**, in the office by **Sunday, October 21, 2018**. The next Outreach should be received by October 25.
Grace and Peace,
Pastor Mike

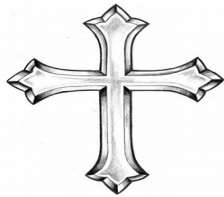
Thank You

The Kiev Symphony Orchestra and Chorus will perform at FUMC on September 25 at 7:00 p.m. If you could host a pair of musicians in your home and provide breakfast and a sack lunch, please call the church office or Johnny Matlock.



The Staff Parish Relations Committee will host a "meet the church staff" reception on Wednesday, September 26th from 7:15-8:15 in the parlor.

Festival of Faith will be Wednesday, October 3 at 6:30 p.m. at Beach Schmidt.



INTRODUCING OUR STAFF PROGRAM STAFF

Pastor: Pastor Mike Rose
Congregational Care Pastor, Troy Miller
Director of Music: Johnny Matlock
Special Music Coordinator: Meredith Cory
Organist:: Charlotte Rathke
Pianist: Alexis Robinson
Handbell Choir Director: Shawn Henderson
Children's Ministry Director: Jo Swayne
Asst. Children's Director: Melissa Pyle
Youth Ministry Director: Matt Dumler
Outreach Editor: Wendy Beougher

SUPPORT STAFF:

Administrative Secretary: Beverly Bearley
Administrative Assistant: Wendy Beougher
Financial Secretary: Don Forssberg
Childcare Director: Sandy Henningsen
Building Supervisor: Aaron Van Der Wege

Sympathy

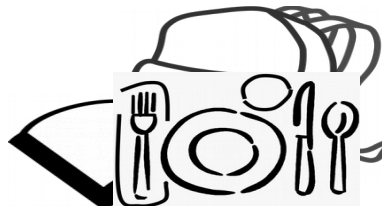
Our sincere sympathy is extended to the family & friends of Bill and Ronda Hayden on the death of Bill's mother, Shirley, on 9-11-18.

Congratulations

*to Kathy Clark and Bob Albers who were married September 5.
to Peggy & Lary Stull who celebrated their 50th wedding anniversary September 1.
to Vicki & Armin Kelly who celebrated their 50th wedding anniversary on September 5.*

Welcome, the Director, Troy w me, hospital and nu itations, as well as rening with ship and teaching Sunday school classes.

"Reflections" is the theme for the 23rd Annual "Day of Caring" brunch and fashion show at FHSU Memorial Union on October 6, 2018 beginning at 9 a.m. Come celebrate a day of Breast Cancer Awareness and Survivorship. Models are breast cancer survivors. Tickets available for \$20 a person until October 1st. For more information call the Cancer Council of Ellis County, 625-6653.



Circle News

Thirteen members of Naomi Circle met on Wednesday, September 12 in the home of Nancy Jones with Becky Johnson as co-hostess. Devotions were given by Mary Alice Brent and prayer was offered by Deb McDonald. Roll call of members consisted of back to school memories. Preparations for the salad luncheon for UMW fall general meeting and the upcoming Peddler's Fair were the focus during this September meeting. October 10th will be our next meeting which will be held at the church.

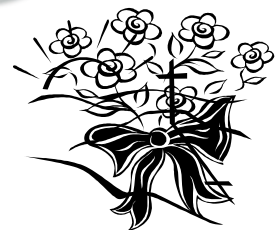
September Recipe for Fruit and Almond Smoothie from Healthy Congregations

Start your morning off with this refreshing smoothie. Almond milk is lower in carbs than regular milk and is great for people with milk or lactose intolerance.

Prep time 5 min.
Servings 2
Serving size 1 cup

Ingredients
1 cup Frozen strawberries & peaches
1 Berry Chobani Greek Yogurt (3.5 oz.)
1 cup almond milk
Combine all ingredients in a blender and puree until smooth and thick.

Calories 100
Total Fat 2.5 g
Sodium 110 mg
Total Carb 15 g
Protein 5 g



KIDS CORNER
 We kicked off WOW September 5 with hot dogs, a lot of energy during worship, and silliness and excitement in Kids Club! This year we are learning all about family through our Deep Blue Curriculum. If you get a chance, take a walk through the second floor hallway and view the kids' family portraits with craft sticks. Melissa has also been working on a Faith Family Tree with the kids' handprints as leaves. Can you say adorable?!?!

Kids and teachers have settled into teaching Sunday School with the Preschoolers, Kindergarteners and First Graders studying the *At Home with God* Deep Blue Curriculum. The Second and Third Graders have started a new Deep Blue companion curriculum, "Learning to Use My Bible" to help them really get into their own Bibles. The Fourth and Fifth Graders have decorated their room and started a "Bible Cookies" curriculum.

Kids Prayze started back up on September 9 with Shawn Henderson and new helpers, Alyssa Dees and Addison Brening. Look for us to sing in church for Children/Youth Sabbath on October 14! Kids Prayze meets every Sunday morning in the 2/3 Grade classroom from 9:30-9:45.

Our new KidCheck system seems to be working great for check in and when I don't jinx the system....for check out as well. The check in process for Sunday morning is to use the kiosk on the 2nd floor to check in kids and volunteers. Preschool children can go to their classroom while all elementary kids go into the 2/3 Grade classroom for Kids Prayze. A preschool teacher will bring the preschoolers to Kids Prayze. After KP, teachers and kids move to their own classrooms. Check out at the same kiosk. Parents can then enter the secured area and wait for teachers to release their children to them. You are also very welcome to walk OUT the fire doors to help with flow. These doors are only locked so no one can get into our secured area, anyone can get out.

On Wednesdays for WOW, we have a check in kiosk in the Fellowship Hall/Dining Room by the big TV until 6:10 pm. For anyone coming after this time, please use the kiosk on the 2nd floor to check in your kids to Kids Club. Parents can check out their children using the 2nd floor kiosk and wait in that hallway. We end KC with a giant circle prayer in the 2/3 Grade Classroom so all children will be released from this space when we're finished around 7:15.

October is just weeks away, so be on the lookout for information soon about:

- * T-shirt order forms due September 30
- * Children/Youth Sabbath October 14
- * WOW @ Pa's Pumpkin Patch October 17
- * Trunk or Treat October 24
- * No WOW October 31 – Happy Halloween!



Thank you for caring about the children of our church. If you ever have question to contact either Melissa or I at (pyle_melissa@hotmail.com or jswayne33@gmail.com).

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Dear friends,

I can hardly believe it's already August, and 2018 is well over halfway finished! I pray all is well for each and every one of you, and that summer has been full of blessings and adventures.

The past three months have been eventful! In May, I was blessed with the opportunity to return to eSwatini and visit my friends and former ministry. It was a short trip (roughly 10 days, plus travel), but a much needed respite from the chaos of Bangkok. I spent quality time debriefing my time so far in Thailand with friends and my mentor, and reconnected with many familiar faces. As much as I love my current position with NightLight in Bangkok, eSwatini is still home to me.


A few short weeks after I returned to Bangkok from Africa, Africa came to me! In June, my dear friend and former director, Mary-Kate, and her brother Garrett spent a week in Bangkok for a conference, and I was so blessed to spend time with them and show them around my current city. Also in June, our outreach team prayerfully decided to resume focus on one particular brothel in our area, which we had started to lose touch with earlier this year. We've started returning regularly to that particular hotel, and refreshed relationships with the management and women working there.


July proved to be a particularly challenging month, which has bled over into August. At the beginning of July, I began my online graduate program through Liberty University. It has been an incredible experience so far, but very stretching in many ways, especially with the workload (on top of everything I already do with NightLight). July also saw many heavy cases and situations in the outreach center, including some severe mental breakdowns, abandoned babies, and housing shortage for our trafficked clients, which weighed on us all working there. We need your continued support through prayer as we persevere in this season.

Thank you all so much, once again. Please let me know how I can be praying for you. If you are interested in supporting me financially, checks can be made out to Hays First United Methodist Church and mailed to me at 1111 Noose Road, Hays, KS 67601. Donations can also be sent via PayPal to racheldanell@gmail.com. Let me know if you have any questions!

Thank you!

Rachel

The FUMC Healthy Congregations Committee continues work on this year's 2018-2019 action plan. Financial Peace University is up and running this semester on Monday evenings. This course takes you through the basics of budgeting, reducing  the future. If you missed out on this opportunity, then prepare now for another class that w

In October, the com  a healthy cooking class on a Saturday morning. Watch for updates in the Outreach, on the website and on social media. We will be offering classes on healthy cooking substitutions, nutrition, exercise, and current topics in health! The first class will be healthy cooking substitutions and choosing carbs wisely, great for the upcoming holidays and New Year's resolutions. Keep your eyes open for the dates!

September is National Suicide Prevention Awareness Month. Life is hard. Bad things happen. Being a Christian does not make us immune to the trials and challenges of life. What sets us apart is knowing that God loves us unconditionally and that God brings people into our lives to walk beside us when we are hurting and who will share our burdens and griefs. If you think about suicide, please reach out to a friend, a Church pastor, or the free suicide prevention lifeline at 1-800-273-8255 or text 741741 to CONNECT to talk to a crisis counselor.

The next Healthy Congregations Committee meeting will be on Wednesday October 17th at 7:30 pm in the church parlor. Please join us if you have a passion for helping FUMC with spiritual, physical, social, and mental wellness!



Enough

Discovering Joy Through Simplicity and Generosity



One of Jesus' great teaching parables involves a sower who cast seed along the ground. The sower hoped the seeds would sprout, grow, and bear good fruit. Some seeds did just that, producing a great harvest. But others, Jesus said, fell among thorns and, though they began to grow, these good plants were quickly choked out. Jesus said the thorns were "the cares of the world and the lure of wealth" (Matthew 13:22).

In a culture where having "enough" seems to have become a never-ending pursuit, Jesus' parable remains incredibly relevant. Many of us are chasing the American dream in ways that lead to stress, anxiety, and fear—thorns that can rob us of the ability to enjoy the abundant lives of purpose that God intended for us.

All of us have struggled with these issues at one time or another. They are important issues that we cannot ignore. This is why, over 4 weeks in October, we will be having a church wide study and worship emphasis called Enough: Discovering Joy Through Simplicity and Generosity. During this time we will explore what the Bible teaches us about financial management through worship and small group study. We'll hear expert advice and stories about what others have learned by working through financial challenges. Each week we will provide you with some practical tools you can use to assess your financial situation and develop a financial plan with a biblical foundation.

At the conclusion of the emphasis, we will have the opportunity to make personal commitments of our offerings to God through our church in the coming year. We will consecrate these commitments in the worship service on two consecutive Sundays. (See the schedule that follows.)

I hope you will join us in the coming weeks as we look at how we can manage our financial resources and truly experience simplicity, generosity, and joy.

Schedule of Events

October 07, 2018 "When Dreams Become Nightmares"

October 14, 2018 "Wisdom and Finance"

October 21, 2018 "Cultivating Contentment"

October 28, 2018 "Defined by Generosity"

October 28, 2018 Small Group Study Ends

November 04, 2018 Consecration Sunday 1

November 11, 2018 Consecration Sunday 2

December 02, 2018 Celebration Sunday (Church Potluck)

September OUTREACH

First United Methodist Church

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www.kaysradio.com

www.HaysFirstUnitedMethodistChurch.com

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Upcoming Events

Wed. Sept. 19, noon

Tues. Sept. 25, 7:00 p.m.

Wed. Sept. 26, 9:30 a.m.

Wed. Sept. 26, 7:15 p.m.

Tues. Oct. 2, 4:00 p.m.

Wed. Oct. 3, 10:00 a.m.

Wed. Oct. 3, 6:30 p.m.

Thurs. Oct. 11, 9:00 a.m.

Wed. Oct. 17

UMW Luncheon

Kiev Symphony Concert

UMW Reading Group

Meet the Church Staff Reception

Loving Hands/Loving Hearts

UMW Executive

Festival of Faith

Crafters

WOW to Pa's Pumpkin Patch

