



OUTREACH



Volume 30, Issue 10

First United Methodist Church

October 25, 2018

Greetings in the Name of Christ!

Long ago the Psalmist wrote “God is our refuge and our strength, a very present help in trouble. Therefore we will not fear though the earth should change, though the mountains shake in the heart of the sea...” (Psalm 46:1-2). It was a time of great change and challenge in the world. The Psalmist wrote about six of these Psalms and they are known as the Songs of Zion. The psalm proclaims and celebrates that in a world full of injustice, fear, and change, Jerusalem, the city of God, is where the just, goodness, and stability- the hope of God- could be found. Martin Luther, in 1529, penned the great hymn Ein’ Feste Berg (trans: A Safe Stronghold our God is Still) based on the 46th Psalm. Luther wrote Ein’ Feste Berg as the Turkish army was turned back from breaching the walls of Vienna. The 46th Psalm is often considered during times of national and international tragedies such as World War II and 9/11.

I look to the 46th Psalm as I consider all that is happening in the world. It seems as if the ‘mountains in the heart of the sea’ of humanity is being shaken, and some of those leading our governments and institutions have forgone the justice, goodness, and stability in lieu of personal gain and gain for the wealthiest among us.

This nation is not immune, nor is the institution known as United Methodism. It shouldn’t be a surprise as the two grew up together- America and Methodism- and often suffer and gain in similar ways and means. Historically, both were born of the American Revolutionary War outcome: The American British Colonies becoming the United States of America and the Methodist Movement of the Church of England becoming the Methodist Episcopal Church. As the country moved westward, so did the church. And when issues such as the Civil War split the nation, the church split, too. Historically, more recently, during the battles of Civil Rights, Women’s Suffrage (Women’s right to vote), Equal Rights, and now the rights and relationships of the LGBTQ community, both the nation and the church have struggled similarly.

That leads us to the important upcoming Bishop’s Town Hall Meeting on the Council of Bishops’ recommendations from the Commission on the Way Forward for the United Methodist Church- that will be held here at Hays 1st UMC for the Hays District on Sunday, October 28 from 3:30 to 5:30 p.m. It will be an informational meeting about the three plans for moving forward as a church as we regard the United Methodist Church’s response to human sexuality. Like the issue of slavery, the issue could split the United Methodist Church, and these three proposals are ways that are considered to be viable ways forward as a United Methodist Church. A Specially-Called General Church Conference will be held on February 23, 2019 in St. Louis, Missouri, to discuss and decide the future of the church.

For me personally, the outcome of the 2019 Specially-Called General Church Conference is one that could be life changing. I have made a covenant with God and the United Methodist Church to uphold the mandates of the United Methodist Book of Discipline and have dedicated my life to its principles and way of life. It could vastly change and challenge (in positive or in negative ways, depending on the outcome), who we are as United Methodists. I have no doubt that most of you are reflecting of that love for our Church, both locally and internationally.

Please email your OUTREACH item to haysumc@hotmail.com before Sunday, November 25, 2018. Therefore, I invite you to do three important things: 1.) Pray for the church and the General Conference; and 2.) attend the Town Hall Meeting on October 28; and 3.) remember that Psalm 46 ends this way...” Be still and know that I am God. I am exalted among the nations, I am exalted in the earth. The Lord of hosts is with us, the God of Jacob is our refuge.

Grace & Peace, Pastor Mike

Thank You

Dear Staff,
I want to thank you and the church as a whole for your care and concern for Marie Grover over the many years. Bev, thank you for sending the bulletin-she looked forward to it and your notes. I remember Mom walking her three little girls to church every Sunday, and where we always sat. We have many fond memories of the church and thank her for making sure we grew up knowing God. You helped her do that.

With love,
Peg Abbey, Pat Kolb, and Barbara Bootman

A sincere thank you to Linda & Phil Stahlman for delivering Meals on Wheels in October. Your service is appreciated.

Please use the blue bag wastebaskets for paper, plastic & soda cans NOT for food waste

INTRODUCING OUR STAFF PROGRAM STAFF

Pastor: Pastor Mike Rose
Congregational Care Director, Troy Miller
Director of Music: Johnny Matlock
Special Music Coordinator: Meredith Cory
Organist:: Charlotte Rathke
Pianist: Alexis Robinson
Handbell Choir Director: Shawn Henderson
Children's Ministry Director: Jo Swayne
Asst. Children's Director: Melissa Pyle
Youth Ministry Director: Matt Dumler
Outreach Editor: Wendy Beougher

SUPPORT STAFF:

Administrative Secretary: Beverly Bearley
Administrative Assistant: Wendy Beougher
Financial Secretary: Don Forssberg
Childcare Director: Sandy Henningsen
Building Supervisor: Aaron Van Der Wege

Sympathy

*Our sincere sympathy is extended to the family & friends of Rev. Ezekiel & Rev. Alice Koech on the death of Alice's brother, **Joseph Kebenei**, on September 16th.*

***Kathryn Miller** who died September 26.*

***Mary Lou Blum**, who died September 27th.*

***Marie Grover**, who died October 1. Marie was a member for 67 years.*

*Gerard, Tammy & Garrett Wellbrock on the death of Gerard's father, **Gene**, on October 2.*

*Michael & Jessica Cutting on the death of Michael's father, **Douglas**.*

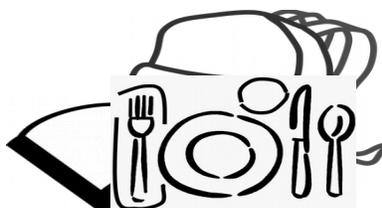
*Tony, Dakota & Colton on the death of **Shirley Adams**, who died October 12th.*

*Delbert Stanton on the death of his brother, **Doyle "Tony"**, on October 10. to Florence, Pam & family on the death of **Don Fellers**, on October 14.*

Congratulations

*to Devin & Kristin Reed on the birth of **Ivan**, born September 26th. Ivan is also welcomed by siblings, Eli, Theodore and Anderson.*

*to James & Caylan Harris on the birth of **Chance Matthew**, born October 14th. Chance has a sister, Bethany. Marsha Swanson is the grandmother and Betty Swanson is the great-grandmother.*



Circle News

Thirteen members of Naomi Circle met at the church for brunch on Wednesday, October 10th with Ruth Briney and Melody Davidson hostessing. Debra McDonald conducted the meeting with Evelyn Zellmer providing devotions. Preparations for the upcoming Peddler's Fair on November 3 was the focus. Our next meeting will be held November 14 in the home of Traci Kennemer with Debra McDonald assisting.

Marsha Swanson and Debra McDonald attended the Hays District UMW meeting in Hill City on September 29. Our Hays UMW unit received the 7-Star Award for 2017. The Dedicated Light Ceremony recognized our 2017 donation in memory of Joan Henry. The Program was presented by Julie Wright, CEO of Genesis Family Health in Garden City. District officers were installed by Pastor Mike Rose, in the absence of the District Superintendent.

Peddler's Fair

Saturday, November 3
9 a.m.—1:30 p.m.

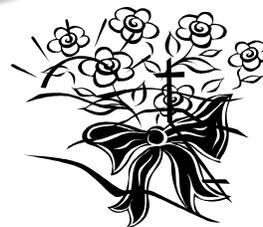
Lunch—11:00-1:00

Homemade chili or vegetable soup, pie, relishes and a beverage
Adults—\$8, 10 & under—\$3

Shops: Pastry, Fall & Christmas, Frozen Casserole & Bierock, Nimble Thimble, Kitchen, Nuts & Cutlery, Jewelry

Hospitality Area, Peddler's Pack, Silent Auction, Quilt Drawing

Everyone can help by baking or making something to sell.



October is such a fun month in Children's Ministry!

KIDS CORNER

For WOW on October 17, the entire church family was invited to Pa's Pumpkin Patch, owned by Jeff & Marla Copper. We Had. A. Blast! We estimate that 175 Methodists were there to enjoy the gorgeous weather, awesome atmosphere and fun activities as a church family. Look for this to become an annual event!

October 24 the Education team is hosting our annual Trunk or Treat from 5:30-7:00 in the North parking lot. There is still time to bring a trunk with goodies or donate candy/goodies for refills! If the good Lord blesses us with good weather, which He has every single year we've hosted this event, we will have another great time as a church family.

Children/Youth Sabbath will be November 18. This is one of my favorite Sundays because the youth take over for the day and plan the entire worship service. Kids Prayze will chime in with special music and have been hard at work making decorations for the Sanctuary! Do not miss this service!

We will have our annual Christmas Pageant and Catherine Miller has graciously agreed to write and direct again this year. Mark your calendars for Sunday, November 25 from 3-4:30 for casting.

* No WOW October 31 – Happy Halloween!

Thank you for caring about the children of our church. If you ever have questions or c to contact either Melissa or myself at (pyle_melissa@hotmail.com or jswayne33@gmail.com)



To those of you whom I have not yet had the privilege of meeting, "Greetings in the Maxwell Miller. I was born the eldest of three children to Timothy and Linda Miller in Russell, Kansas. I grew up in Hays, graduated from Hays High School, and later attended Fort Hays State University. I have two adult children, Ashley and Tim, and four grandchildren. I am engaged to Sarah Broman (The wedding date is August 1, 2019). She is a native of Russell as well, is a professor at Fort Hays, and has two children of her own, Lizzy and Bobby.

In my early professional career I worked in retail as a department manager for Sears, Roebuck and Company before becoming a store manager for Wal-Mart in Ohio. After moving back to Kansas, I eventually found my way to the church and began serving as a Sunday school teacher, member of the Christmas choir, several boards and committees, and eventually as an elder. I was then called to serve as Senior Pastor for a Wesleyan Holiness church known as WaKeeney Church of God, in WaKeeney, Kansas, for about 17 years.

For the last five years I have worked as an assistant funeral director in the Plainville and Stockton, Kansas area. I recently made the acquaintance of Pastor Mike and was very excited for the opportunity to be called to serve and work here with all of you at Hays First United Methodist Church as Director of Congregational and Community Care. We have been warmly welcomed and made to feel at home from the very beginning. Everyone we have met has been nothing but loving, encouraging, and accepting. This speaks very highly of each person in this congregation, and both Sarah and I cannot think of any better place to be in body of Christ than here. We have sensed God's hand in this calling and look forward with great anticipation, together with all of you, as we seek to love and serve one another and our community in the name of Jesus.

Thank you for your grace towards us. You are loved.

Sincerely,
Troy Miller



ral youth from not only our church but from our community, are preparing to
 orth, Texas. This journey will conclude at the Texas Motor Speedway at an event
 8. This event started two years ago in Washington D.C. There, 100,000 (yes you read
 id) youth gathered in the name of Jesus to encourage and inspire each other to walk
 lidn't gather to simply get an emotional high. They gathered to inspire a life change
 selves, but everyone they come in contact with. They gathered to light a lamp, to
 hidden. Now its time to gather again.

This time, however, there won't be 100,000. No, there will be 250,000. That's a quarter of a million youth from
 around our nation that are going to come together in the name of Jesus. That's a quarter of a million kids that are
 going to hear what Jesus did for them. That's a quarter of a million kids that are going to walk away from that event
 inspired to live a life of servitude, love, mercy and grace. That's a quarter of a million lives that will spread the love of
 Christ to everyone around them. Soon that 250,000 number will pale in comparison to the number of lives that will
 be changed because of this one weekend.

The youth of our church have heard the call to step up and be leaders of this movement. The youth of our church
 have answered that call and can't wait to start this journey. The youth of our church are going to be on the frontline
 of a change that we desperately need. Our youth are taking time out of their busy lives, and they are busier then any
 generation that has come before them, to be still and spend time in the presence of God and his people.

My hope is that you can follow their lead. Take time out of your busy schedule and spend it with the church. Not the
 building, but the true church, the people. Invite others over for dinner. Go to coffee with a friend. Start a small
 group. Volunteer. Take time out for each other. Come together and share each other's lives. Share each other's joys.
 Share each other's burdens. I know life is busy, but it's not too busy for each other. Our kids are willing to ravel 1000
 miles to come together, are you willing to do it within just a few?

October Healthy Congregations

The Healthy Congregations committee will be hosting a healthy cooking class on Saturday October 27th at 10:00 am
 in the Dining Hall. Come and participate in making a healthy recipe, taste test a few healthy snacks, and learn

st
 of
 t will be healthier for you and your loved ones! This is something that we will plan to
) look for a healthy recipe in each month of the Outreach Newsletter!



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 ho
 ommittee will be purchasing an AED for the church with the grant that we received
 7 Foundation. After that, we will offer some training sessions so that you will know
 t someone at a church-hosted event goes into cardiac arrest.



We will be working with Matt Dumler to develop a Healthy Congregations link on our church website. If you would
 like to be involved with this, please let the church office know. We would welcome your talents and ideas with this
 goal!

If you would like to be a part of the Healthy Congregations committee, whose goal is to improve the physical, mental,
 social, and spiritual health of our church, then join us for our next meeting on November 14th at 7:30 pm in the
 church parlor!

The **Mission Committee** will have a mitten tree in the parlor and at the back of the sanctuary from Nov. 1-30.
 Please bring mittens, scarves, hats & gloves which will be donated to students of USD 489. Donations are continuing
 for the Hays High food pantry. Bring non-perishable food items and hygiene items to the display in the parlor.



Enough

Discovering Joy Through Simplicity and Generosity



...explained some of the financial challenges facing our
ts...tical principles of financial management were
er 21st & 11th, all will have the opportunity to consecrate

Become a Family, Couple, Big Brother, or Big Sister Match. Share your life with a child! Meet 2-4 times per month for just a couple of hours, including them in your everyday activities. Make a difference today—47 children are waiting for a Big Brother or Big Sister in Ellis County. Call 785-625-6672 or www.kansasbigs.org/be-a-mentor.

* * * * *

Habitat for Humanity of Ellis County is sponsoring the second annual **Vine & Dine** at Big Creek Crossing on **October 28 from 12-4 p.m.**

Sample tasty treats from 16 participating Hay's restaurants (Applebee's, Freddy's, Gella's, Golden Griddle, Hickok's, Jalisco, Jimmy John's, Old Chicago, Pasta Jay's, Pizza Hut, Professor's, Starbucks, Taco Shop, Thirsty's & Whiskey Creek).

Tickets are \$20 per adult, \$20 for 2 children, aged 4-12, children 3 and under are free.

Tickets can be purchased on-line at Eventbrite.com (go to Find an Event), through Facebook (facebook.com/HFHEC), the Habitat ReStore, or at the door. Tickets for raffle items are also available at the event. All proceeds go to Habitat for Humanity of Ellis County to help build homes for our neighbors in need.

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Our very own Lisa McGrath has written a book, *"The JOurneY Between Us"*. The book is available on Amazon. The JOurneY Between Us tells the amazing and inspiring story of how the author's faith not only helped her overcome the trials and tragedy in her life, but also grew tremendously as she learned to trust God's plan and perfect timing. She shares how her faith, family, and friends blessed her with the support and strength to persevere and find hope, peace, love, and especially joy in her JOurneY.

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No-Bake Protein Energy Balls

Chocolate Peanut Butter Protein Energy Balls:

In a large bowl or food processor, stir together:

- 2 cups Rolled Oats
- 1 cup Natural Peanut Butter
- 3/4 cup Honey
- 1/2 cup Chocolate Protein Powder
- 1 Tablespoon Unsweetened Cocoa Powder
- 2 teaspoons Vanilla
- 1/3 cup Chocolate Chips

Roll into balls and place on wax paper-lined baking sheet.

Chill in refrigerator for 30 minutes to set.

Keep tightly covered or in a Ziploc bag.

Almond Joy Protein Energy Balls

- 2 cups Rolled Oats
- 1 cup Natural Almond Butter
- 3/4 cup honey
- 1/2 cup Chocolate Protein Powder
- 1 Tbsp. unsweetened cocoa powder
- 2 tsp. vanilla or 1/2 tsp. almond extract
- 1/3 cup chocolate chips
- 1/3 cup toasted coconut flakes
- 1/4 cup sliced almonds

October OUTREACH

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Upcoming Events

Oct. 27, 10:00 a.m.

Oct. 28, 12-4 p.m.

Oct. 28, 3:30-5:30 p.m.

Oct. 31

Nov. 3, 9:00-1:30

Nov. 4

Nov. 4, 2:00 p.m.

Nov. 6, 4:00 p.m.

Nov. 9 & 10

Nov. 11

Nov. 25, 3-4:30 p.m.

Healthy Congregations

HFHEC Vine & Dine

Bishop's Town Hall Meeting

No WOW

Peddler's Fair

Consecration Sunday #1

Annual Church Conference

Loving Hands/Loving Hearts

Course of Study

Consecration Sunday #2

Children's Pageant Casting



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