



OUTREACH



Volume 31, Issue 5

First United Methodist Church

May 23, 2019

Greetings in the Name of the Risen Christ!

When I think of the Risen Christ, I often think of the wonderful way we honor him on Easter at Hays 1st United Methodist Church, by releasing hundreds of white helium balloons in our Sanctuary, while affirming him with the Easter greeting, "Christ has risen! Christ has risen, indeed!" It is awesome, and I love looking at the video of the Easter balloon release on my phone and computer screen.

As we approach Pentecost Sunday on June 9th, we will experience two very important Sundays in the life of the Church that are awesome, as well. The last Sunday of May is Memorial Sunday. It is a solemn, but joyful time, as we remember and name the Hays 1st United Methodist Church members who have died since last Memorial Sunday. This year, we will not only light candles at both the 8:30 and 10:45 a.m. worship services as we name and remember them, we will also have a picture of each that will be put on the screens in the Sanctuary and on our 10:45 a.m. Facebook live service. The Good News of Easter is never so clear as when we remember those faithful folks who have given a part of their lives to this church and church family (not to mention to this community) who are now in their heavenly home because of the hard work that Jesus did for each of us on the cross and the salvific act of God at the resurrection. We will also have red roses on the altar that will symbolize that salvific work of grace and assurance. The families who are present who have lost loved ones can take a red rose from the altar at the culmination of the services.

The second special Sunday prior to Pentecost is Ascension and Heritage Sunday. Held this year on June 2nd, it is a day that we celebrate first the ascension of the Risen Christ to his heavenly home with his Father and ours. It is a day we will consider what it means to have the Risen Christ ascend to heaven, and then appropriately, we will honor those who have been here as members of this church, sharing their gifts, graces, and talents and supporting our mission for decades. We call it Heritage Sunday, because they are a wonderful part of the heritage of this great church. Ascension and Heritage Sunday really connect together as we remember the final words of the Risen Christ from Matthew's gospel: "Go, therefore, and make disciples of all nations, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I AM with you always, to the end of the age." (Matthew 28:19-20) Those faithful members we will honor as Heritage Members have supported the Great Commission for decades here at Hays 1st UMC, and we are honored by their faithfulness to the Risen Christ's mission.

Finally, I mentioned that Pentecost Sunday follows Ascension/Heritage Sunday on June 9th. Pentecost is the birthday of the Christian Church, but most importantly, it is the acknowledgement of the Holy Spirit, that please read your OUTREACH items, haysumc@hotmail.com before Sunday, June 16, 2019 time of please place the same "Outreach" most days, subject: God's love, grace, and mercy fully labeled for the Outreach, in his office by **Sunday, June 16, 2019**. The next Outreach should be received by **June 23** this hopeful time of the year!

Grace and Peace, Pastor Mike

and Peace, Pastor Mike

Thank You

A BIG thank you to Phil Stahlman for all his work with the 100 issues in the building.



Ray Youman's memorial of \$555 was given to Rachel Palmberg for her ministry.

Thanks to all who contributed to the Nebraska Flood Disaster. Contributions to date are \$5,092.

Community Wide Garage Sale. May 31, 8 a.m. - dark

June 1, 8 a.m.-2 p.m. Post the date, time and address on HaysPost.com's and Nex-Tech Classified garage sales.

Stop by the parlor and see the beautiful Intarsia wood work by Bob Fairbank in the curio cabinet.

INTRODUCING OUR STAFF

PROGRAM STAFF

Pastor: Pastor Mike Rose
Congregational Care Director, Troy Miller
Director of Music: Johnny Matlock
Special Music Coordinator: Meredith Cory
Organist:: Charlotte Rathke
Pianist: Alexis Robinson
Handbell Choir Director: Shawn Henderson
Children's Ministry Director: Jo Swayne
Asst. Children's Director: Melissa Pyle
Youth Ministry Director: Matt Dumler
Outreach Editor: Wendy Beougher

SUPPORT STAFF:

Administrative Secretary: Beverly Bearley
Administrative Assistant: Wendy Beougher
Financial Secretary: Don Forssberg
Childcare Director: Sandy Henningsen
Building Supervisor: Aaron Van Der Wege

Sympathy

Our sincere sympathy is extended to the family & friends of **John Kruse** who died April 23.

Rosemary Kraus on the death of her husband, **Warren**, on April 24th. Condolences also to Harold & Virginia Kraus, Ken & Dottie Kraus and Lance & Kathy Russell.

Jean Ward on the death of her husband, **Earl**, on April 25th.

Faye & Lyn Klein on the death of Faye's mother, **Charlotte Becker**, on May 15th.

Jody Betts on the death of her husband, **Herschel**, on May 15.

Congratulations

to **Jill Arensdorf** on being named Provost and Vice President for Academic Affairs at FHSU.



to **Keith Harper** for 40 years of coaching baseball at FHSU High.

to our newest members, **Alan and Regina Borthwick** and **Steve, Maert and family** **Ms. Jo, Shelby, Macy and Christian.**

to **Mike & Sharolyn Legleiter** who became grandparents to **Colin Andrew Legleiter** on May 7. Parents are **Lee and Sarah Legleiter, Salina**. Colin was welcomed home by his siblings, **Everett and Harper.**



Circle News

Naomi Circle met Wednesday, May 8 in the home of Debra McDonald with Virginia Lehman co-hostessing. Joys and concerns were shared and prayer was offered by Debra. Ten members answered roll call, "A favorite Bible verse". Devotions were shared by Evelyn Zellmer.

The program, "The 23rd Psalm" was presented by Virginia Kraus. The next meeting will be held on the 11th of September in the home of Mary Alice Brent with Ruth Briney serving as co-hostess. The program will be "Fall Fellowship". Roll call will be "Name your all-time favorite teacher and why". Debra McDonald will share the prayer and Linda Stahlman will have devotions. Debra suggested a coffee time sometime this summer.

Shalom Circle met May 13 in the alcove with 6 members and a guest, Liz Harper, present. Summer plans were shared for roll call. Linda Beech presented the program "Responding and Serving in Christ's Name". Linda will soon be moving to Manhattan and an azalea plant was given to her in appreciation of her participation in our circle. UMW Sunday, May 5, was a great day with Rev. Shelly Cox Petz as guest minister. Thanks to all who participated in the service.

Members signed a get well card for Lois Lutz who is recuperating from surgery. The next meeting will be September 9 with Virginia Johnson presenting the program. Refreshments were provided by Karen Wilson and Marguerite Stewart at the close of the meeting.

Schools are starting to close! What?!?!? It's true! By the time most of you receive this newsletter, our kids in USD 489 will be freed from the classroom to pursue summer activities!

As of last count, we have nineteen kiddos already signed up for church camp this summer – yay!! Please be sure you are attending camp and submit your half of the camp registration fee to FUMC and the other half to the church office.

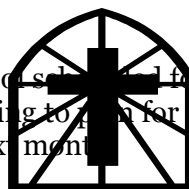


From Monday to Sunday mornings this summer, Melissa and I will be teaching a fun curriculum “Shake it Up...Cooking with Jesus.” This will be open to all Preschool-4th graders during the Sunday School hour beginning in June. All of us will meet in the 2/3 Grade Classroom 204 in order to give our regular Sunday School teachers a well-deserved break. We will find that if we look to Jesus and follow His recipe for success, we are sure to cook up something amazing!

A special invitation to all volunteers who consistently work with our kids (preschool - 5th grade) during Sunday School, Kids Club, or Vacation Bible School! Please join us for an Appreciation & Training Breakfast on Sunday, June 2 at 9:30 in the 4/5 Grade Classroom 201. We will use the hour to reward you for your year of service, as well as share some training on safety procedures and a new classroom rules/rewards program. Questions, just ask!

The Youth will be leading the Sunday School hour June 2 for all children Preschool-4th grade in the 2/3 Grade Classroom 204. We will have a special craft project, games and snacks for all our children as a kick-off to summer!

Mark your calendars for our high energy, action packed Vacation Bible School scheduled for July 15-18, Monday-Thursday, from 5:00-7:30. Our Station Leaders are already beginning to gear up for our Voyagers as we go “To Mars and Beyond.” More details about registration will be shared next month.



Thank you for caring about the children of our church. If you ever have questions or concerns, don't hesitate to contact either Melissa Pyle (pyle_melissa@hotmail.com) or Jo Swayne (jswayne33@gmail.com).



Sandy Aldrich
Jill Arensdorf
Erica Berges
Meghan Brown
Austin Chart
Jodi Coker
Mike Cooper
Marla Copper
Alyssa Dees
Matt Dumler
Susan Dumler

Breanna Garcia
Deb Gross
Mark Hantla
Marie Henderson
Shawn Henderson
Sandy Henningsen
Michelle Holdeman
Kevin Johnson
Stacey Jones
Kristi Lang
Jessica Luck
Lisa McGrath

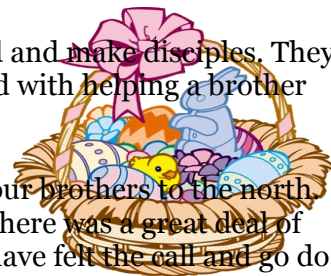
Molly McMurtrie
Carl Miller
Heather Musil
Melissa Pyle
Joey Roth
Sue Rouse
Sarah Schwarzer
Brad Schumacher
Carla Thomas
Josh Zweifel
Shauna Zweifel



Going Forth

Matt Dumler, Youth Ministry Director

With his last words to his disciples, Jesus commissioned them to go forth into the world and make disciples. They were instructed to care for the sick, the lame, the poor and the needy. They were charged with helping a brother when they were down.



This summer the youth of our church will be following the call of Jesus and heading to our brothers to the north. Much of Nebraska was devastated by massive flooding over the last couple of months. There was a great deal of destruction left in its path. The clean up will take months, if not years to complete. We have felt the call and go do our small part to help in this effort. We have been in contact with the conference to help set up arraignments and we will be able to announce final plans very soon. What we ask of you is for prayers. We ask for prayers for safety, for guidance and that God would reveal himself to our team in great and mighty ways.

Lastly, if you feel compelled to join us, we welcome you. If you would like information or to sign up, call up to the church and ask for Matt. I will give you all the information that I have and see if this is an opportunity that you would like to participate in.

Dear First UMC Family,

United Methodist Campus Ministry at FHSU is deeply grateful to God for you, our brothers and sisters in Christ, and for all the ways that you support our outreach and ministry to students throughout the year. We are thankful for the many kind people that have contributed food to our Thursday meals, we are thankful for persons mentoring students, we are thankful for opportunities to serve at the church, we are thankful for the gifts and support of the United Methodist Women, and we are thankful for all of your generosity toward our mission fundraising. In so many ways, you help make our ministry possible.

United Methodist Campus Ministry at FHSU is a special community growing in God's grace and seeking to live our faith in the world. We worship together, study together, fellowship together, and hold each other up in what can often be a challenging environment. It is a great privilege to walk with students in this pivotal time in life and it is critical for the church to encourage their leadership and faith development. Thank you for being a part of that mission.

*Grace and peace,
Rev. Kathy Bannister and UMCM at FHSU*



Congratulations Graduates



Jacob Thorell, son of Brian & Patsy, graduates from FHSU with a BS in Agri-Business.

Cody Lewis, son of Steve & Carey, graduates from FHSU with a BS in Agriculture with an emphasis in Agronomy.

Alexander Crowley, son of Tim & Ann, graduates from the University of Nebraska with a degree in Music Education.

Madison Schultz, daughter of Charles & Kari, graduates from Portland State University with a Masters degree in Book Publishing.

Amber Clark, wife of Brad and daughter-in-law of Kathy, graduates from KU with a Doctorate Degree in Midwifery.

Kevin Stump, grandson of Harl & Levena, graduates from KU with a BS & MS in Accounting and BA in Political Science. He will begin a Juris Doctorate Degree at NYU in the fall.

Max Stieben, son of Darren & Angie, graduates from Kansas State with a BA in Criminology and a minor in Aerospace Studies.

Jenny Rider, granddaughter of Ruth Rider-ImMasche and Don ImMasche, graduates from Southern College of Optometry in Memphis, Tennessee will an O.D. Degree in Optometry.



“Life doesn’t require that we be the best, only that we try our best.”

H. Jackson Brown, Jr.



nal Defibrillator) is here!!

urch Office in the hallway across from the elevator. The Healthy Congregations with the Ellis County EMS to offer AED & CPR training at Hays FUMC.

lay, **May 22nd at 6:30 p.m.** or **Saturday, June 15th at 10:00 a.m.** and you can be trained or Certified CPR. Both options will be available at each training session with Non-Certified training lasting 1.5 hours and Certified training lasting 2 hours. Training will be in the church hall. Please call the church office at 625-3408 or email Bev at haysfumc@hotmail.com

to register so that we can have an appropriate number of instructors at each session. If you are a member of the church who is here frequently for meetings or work, consider becoming certified!

Potato Salad

Ingredients

- 4 cups cubed peeled potatoes
- 1 celery rib, thinly sliced
- min.
- 1/3 cup finely chopped onion
- 1/3 cup sweet pickle relish
- 3/4 cup fat-free mayonnaise
- seed
- 1 teaspoon ground mustard
- 1/2 teaspoon salt
- sprinkle
- 1/4 teaspoon celery seed
- 1/8 teaspoon pepper
- 2 hard-boiled large eggs, sliced
- 1/8 teaspoon paprika

Directions

1. Place potatoes in a large saucepan and cover with water. Bring to a boil. Reduce heat; cover and simmer for 10-15 minutes. Drain & cool to room temperature.
2. In a large bowl, combine the potatoes, celery, onion & relish. In a small bowl, combine the mayo, mustard, salt, celery seed and pepper. Pour over potato mixture and toss to coat.
3. Cover and refrigerate until chilled. Top with eggs and paprika.



I had the opportunity to attend the Healthy Congregations Retreat at the end of April on a Friday and Saturday morning in the beautiful location of the 4H Camp of Rock Springs, south of Junction City. I can't begin to tell you how impressed I was with the quality of speakers and programming. This year's presentations revolved around the theme that health is more than just what happens at the doctor's office. As a Family Medicine physician, I can tell you that statement rings true. Every day, people are deciding between buying prescriptions versus buying groceries and paying a utility or rent bill. People may lack reliable transportation or live in a food desert. We reviewed county health rankings (countyhealthrankings.org). Ellis County is lucky to be in the top quarter of Kansas Counties. This is due to our grocery stores, workout facilities, and access to medical, mental health, and dental care. We learned about mental first aid training that is available for the lay public to take in order to better help our friends and family who may be experiencing depression and anxiety. We heard about the neighboring movement in the UMC that focuses on really getting to know and understand the people who live around you and your church. We had breakout sessions that involved such topics as Yoga, Prayer Walks, Advanced Directives, Feeding the Hungry, and Affordable Child care in church. This opportunity is free to attend every year due to grants from the United Methodist Health Fund. Nurses can even get CEUs at this event!

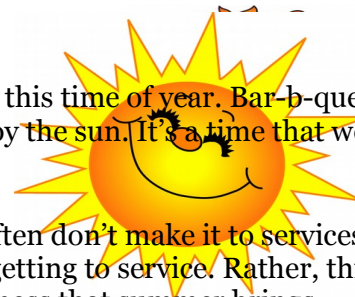
In the coming month the Healthy Congregations committee will be reaching out with a survey to the church. Please take a moment to fill this out so that we can find out what is important to you. Do you want us to focus more on physical health, spiritual health, mental health, or social/emotional health? Do you have an interest in joining the committee? We meet once a month throughout the year for about an hour, so the time commitment is doable. Or would you be willing to lend your expertise in one of these areas? If so, let us know on the survey!

We hope that you have enjoyed the recipes throughout the year in the newsletter. We hope that you are signing up for AED training. We want to see more people commit to learning about debt/wealth management through Financial Peace University. We want your ideas for this next grant year that starts July 1. Come be a part of a group of people who wants to help FUMC become healthier so that we can be more effective Disciples of Christ.

Lynn Fisher, Healthy Congregations Chair

Staying Connected

It's that time of the year again: SUMMER!!!!. I don't know about you but I love this time of year. Bar-b-ques, baseball, vacation, and the lake. It's the time of year we get to let down and enjoy the sun. It's a time that we get to go away and enjoy our families and friends.



Summer is also a time when many of us are out of town on the weekends and often don't make it to services. Now, before you stop reading, this is not an article to stress the importance of getting to service. Rather, this is an article to remind you of the ways you can stay connected through the business that summer brings.

We offer a wide variety of mediums to catch the 10:45 service. We broadcast our service over the air through KAYS Radio 1400 AM. You can catch us on the television through Channel 14 on Eagle TV. If you don't happen to be in town, you can watch the live service on our Facebook page. All you have to do is go to our page, like it and log into Facebook at 10:45 am to watch the live service. If you can't catch it live, you can watch the recording at your convenience.

The last way you can stay connected is through our church app. If you have not downloaded the church app, go to your app store and search for Tithely. You can download the app with the blue icon. Once you download it, open it up, search for our church and you are good to go. On our app we have our calendar, a podcast, sermon notes and so much more. I encourage you to go check it out. If you need help, call up to the church and we can walk you through it.

The other part about the summer that often gets forgotten is our mission. While families go away on vacation, the mission of the church does not. We continue to care for the needy, feed the hungry and tend to the sick. We continue to support our local and worldly missionaries. I say this to remind you that we can't do those things without you. We need both your support through prayers and finances. Every summer we see a dip in our giving and must begin the conversations of what supports do we cut out. But we don't have to. There are a wide variety of ways you can continue to support our church and the mission. You can give through our website, through our app or by texting the word "Give" to (785)491-7430. If you don't want to remember to do this every week, you can set up automatic payments for every week, bi weekly or monthly. We ask that you please consider these options so we can continue our mission throughout this time of year.

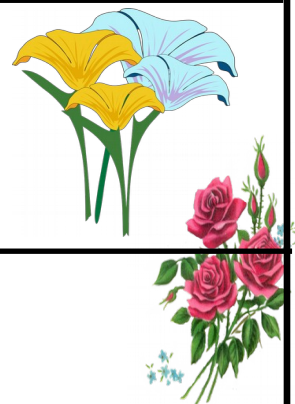
Please save jelly jars again for Peddler's Fair. Also, if anyone has access to sand hill plums, choke cherries or cherries, please let me know and I will make jelly for Peddler's Fair.

Jamie Werth
625-5819
jdw1@ruraltel.net

The honour of your presence is requested at a memorial service Monday, June 10th at 10:00 a.m. at the Kansas Veterans' Cemetery at Wakeeney, 403 S. 13th, for Ron Herrman. Please RVSP to the church office, 625-3408, by June 3, so that adequate seating is available.

*Even when we can't understand God's ways,
We can trust his heart. And that trust-the surety of his unfailing love-
Brings us peace, rest, contentment.*

Elizabeth Laing Thompson, in her book *When God Says Go*



Dear friends and family,

Happy May from Bangkok! Thank you so much for all your support and encouragement on this journey, especially this year. After years of planting and watering, we at NightLight are encountering a season of harvest, breakthrough, and revival. I'm excited to update you on everything that's been happening in the field.

In the past six weeks, five new Thai women have come to work for NightLight. Two came from living and working on the streets, and three came from working in strip clubs and karaoke bars. Two escaped from an angry boss, and while they didn't come out completely unscathed, they are relieved and happy to come into our environment.

Since February, we have accompanied several internationally trafficked women to court and sent them to their home countries, mostly in Africa. While we miss them when they've left, we are always so excited and overjoyed to see them off to return to their families. Please continue to pray for the current trafficked women in our care as they await progress on their cases.

Last month, I had the honor and privilege of attending the West Africa regional ICAP conference in Freetown, Sierra Leone. I joined a few dozen other individuals, primarily from West and East Africa, who also come alongside survivors of human trafficking and fight for justice on a local and global scale. It was amazing to spend time with these individuals and organizations to connect and support one another in this journey. We attended informational sessions of trafficking, fundraising, trauma, and self-care. It was an amazing experience, and I am so excited to work with these organizations cross-continently.

In January, my director, Annie, and I sat together in the outreach center, processing outreach strategies and what the Lord is going to bring us this year. We realized that both of us had been told (separately, by completely different people) that we would go deeper into darkness this year. Unsure of what that would look like, we left that meeting both nervous and full of anticipation of what this year will hold. We're not even halfway through 2019 year, and God has already led us to places unseen, full of evil on a level I had never experienced before. Sometimes it's physical locations where humans are being bought and sold like items at a 7-11, and sometimes it's the darkness of experienced pain and trauma beyond imagination.

About this past week in particular, Annie wrote, "It was a hard week. My team faced some dark and difficult cases which tested our faith in love and in the forgiveness of all sins. We were stretched to see how much we will keep loving through rejection, chose the path of love, who chose to believe in God's goodness and mercy even when it does not make sense, who chose to cling to hope and who have fought this week to set captives free." Please keep our team in your prayers as we face these situations and advocate for these women.

Thank you all again so much for your prayers and support. On a lighter note, my sister came to visit for the Thai Buddhist New Year in April! We were able to play and enjoy some restful time in the northern part of the country. I am also continuing to pursue my Master's degree in human service counseling. In between school and the intense and busy nature of my work, I also find pockets of time to make music with friends, which has been a much needed and appreciated creative outlet.

Please let me know if you have any questions, or would like to learn more about what is going on in Thailand. My salary is still completely dependent on your support, so if you are interested in contributing financially, checks can be mailed to me at 1111 Noose Road, Hays, KS 67601. Online donations can be sent via PayPal to racheldanell@gmail.com.

Thank you so much! God bless!

Rachel Palmberg

May OUTREACH

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Upcoming Events



Wednesday, May 22

Sunday, May 26

May 29-June 1

Sunday, June 2

Monday, June 10

Saturday, June 15

July 15-18, 5-7:30 p.m.

AED & CPR Training, 6:30 p.m.

Memorial Sunday

Annual Conference, Topeka

First Summer Sunday School

Heritage Sunday

Ron Herrman Memorial Service at

Wakeeney Veteran's Cemetery, 10:00 a.m.

AED & CPR Training, 10:00 a.m.

Vacation Bible School