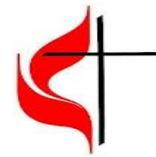


# OUTREACH



Volume 31, Issue 10

First United Methodist Church

October 23, 2019

Greetings in the Name of Christ!

In a short time, there will be ghosts and goblins knocking on your door, brandishing with great anticipation a response to their enthusiastic “Trick or Treat!”. Yes, on October 31st our culture will once again celebrate Halloween, or from the old days, “All Hallows Eve”. Which is probably a little more descriptive for why All Hallows Eve...or Halloween was celebrated. All Hallows Eve was first an ancient Celtic ‘holiday’, also known as Samhain. The Celtic-Pagan celebration was created to ward off ghosts and other evil spirits, and was brought to the United States from Europe by the Irish Immigration in the 1840’s. Many variations of Halloween happened over the years, but one of the biggest was when the Roman Catholic Church moved All Saints Day to November 1st, making it a holy day of obligation in which the saints of the Church were recognized, and Halloween became a secular holiday.

Today, while we Christians celebrate Halloween as a time for giving sweets, candy, and other goodies to children dressed in costume, it is really a time of preparation for a lesser celebrated, but more important time for people of faith, called the aforementioned All Saints Day or All Saints Sunday. All Saints Day is a day of remembrance for the saints with the New Testament meaning of all Christians of every time and place. We celebrate the communion of saints as we remember the dead, both of the Church universal and of our local congregation.

At Hays 1st United Methodist Church, we celebrate both Halloween with our Trunk or Treat evening and All Saints Sunday. At “Trunk or Treat”, which will be held on Wednesday, October 30th this year, folks will park their cars in the 8th Street parking lot and open their car trunks full of goodies for children dressed in costumes to receive a safe and wholesome celebration. Then, on Sunday, November 3rd, the church will celebrate All Saints Sunday. It will be a day of remembrance for the Saints of this Church that have gone to their heavenly home since last All Saints Sunday. Candles of Remembrance will be lighted as each Saint is remembered and named. White roses on the altar in their memory will be available for family members who are in attendance.

My prayer is that you will attend both events, giving thanks to God for the amazing gift of salvation through his Son Jesus Christ. For believers, we do not fear the ghosts and goblins and things that go bump in the night because of the promise of Jesus.

Grace and Peace.

Please email your OUTREACH item to [haysumc@hotmail.com](mailto:haysumc@hotmail.com) before Sunday, November 17, 2019.

Please place the name “*Outreach*” in the subject line...or place your item, clearly labeled **for the Outreach**, in the office by **Sunday, November 17, 2019**. The next Outreach should be received by **Nov., 20th**.

Pastor Mike

### Thank You

Thank you to Rev. Rose, Troy Miller and Bev for visiting me in the hospital. Thanks so much for the prayer shawl.

Lester Look

Thank you to everyone who donated jelly jars or berries for jelly this year's Peddler's Fair. However, I am out of jars again and would ask everyone to continue to save jelly jars for me.

Thanks again,  
Jamie Werth

Thanks to Sheila Kraus Phillip for donating two beautifully framed Sunday School certificates from the 1930's that belonged to her father, Warren.

A sincere thank you to Ernie Bryant, Delbert Stanton, Kent Steward and Steve & Marilyn Wood for delivering Meals on Wheels in October. Our next time to do this is Dec. 30-Jan. 3. Please call the church office if you would like to participate, 625-3408.

### INTRODUCING OUR STAFF

#### PROGRAM STAFF

Pastor: Pastor Mike Rose  
Congregational Care Director, Troy Miller  
Director of Music: Johnny Matlock  
Special Music Coordinator: Meredith Cory  
Organist:: Charlotte Rathke  
Pianist: Alexis Robinson  
Handbell Choir Director: Shawn Henderson  
Children's Ministry Director: Jo Swayne  
Asst. Children's Director: Melissa Pyle  
Youth Ministry Director: Matt Dumler  
Outreach Editor: Wendy Beougher

#### SUPPORT STAFF:

Administrative Secretary: Beverly Bearley  
Administrative Assistant: Wendy Beougher  
Financial Secretary: Don Forssberg  
Childcare Director: Sandy Henningsen  
Building Supervisor: Aaron Van Der Wege

### Sympathy

Our sincere sympathy is extended to the family & friends of Virginia Quigley on the death of her son, **Daniel**, who died on September 12th.

Pam & Ernie Bryant & family on the death of Pam's sister, **Brenda Unruh**, who died on September 22.

Renee & Keith Eilts on the death of Renee's brother, **Mike Meis**, who died on October 5th.

**Jeff Eller**, son of Gary & Lela, & stepbrother of Marla Copper, died 10-7-19. Condolences also to Jeff, the McMurtrees & Moeders.

Elmo & Bob Lund on the death of Elmo's sister, **Lorene Visser**, who died October 12.

Mike & Julie Giess on the death of Mike's mother, **Peggy**, on October 16.

**Nancy Rogers**, who died October 19.



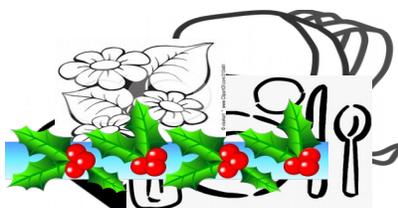
### Congratulations

to our newest members Scott & Diana Parker.

Helpers are needed to price jewelry for the Peddler's Fair each Thursday morning beginning October 3 at 10:00 a.m. in Room 205.

Please help by bringing baked goods to Peddler's Fair.

*Max Haverfield has recorded a new Christmas CD. Copies are available in the church office for \$15.*



### Circle News

**Naomi Circle** had fourteen members and two guests, Pat Walker and Rachel Palmberg, at their meeting Wednesday, October 9, in the church dining room.

Melody Davidson and Linda Palmberg were co-hostesses. Rachel shared highlights of her missionary work in Thailand with NightLight.

Joys and concerns were shared by Deb McDonald who led the Lord's Prayer. Roll call was answered by "What is your favorite book?"

Devotions were shared by Nancy Jones. The program focused on the needs for Peddler's Fair led by Ginny Lehman.

The next meeting will be on the 13th of November in the home of Nancy Jones, with Becky Johnson co-hostessing. The program will be "World Thank Offering" led by Ruth Briney.

**Shalom Circle** met Monday, Oct. 14 at 7 p.m. in the dining room alcove with 9 members present. The meeting was led by Lois Lutz. Our plans for Peddler's Fair were discussed and our work schedule completed.

Liz Harper was welcomed as a new member of Shalom Circle. The program was given by Joy Jansonius, "Women Expanding In Mission". Hostesses were Joy Jansonius assisted by Darlene Gilchrist.

Shalom will meet again on the second Monday, November 11 for our World Thank Offering.

Lynn & Sharon Fogelman, medical missionaries to South Sudan, Africa, will speak at WOW (6:15-7:15 in the west end of the dining room) on Wednesday, November 6.

An exciting fall is upon us and we have lots of fun activities going on! If you haven't plugged in somewhere, here are a few opportunities to do so with your church family.

## KIDS CORNER

A big church community and church outreach event will take place Wednesday, October 30 when we host our annual Trunk or Treat! The north parking lot will be blocked off around 4:30 to prepare for fellowship and safe trick-or-treating. We would love to have you bring your car, truck or SUV, decorate and hand out a treat to the approximately 200 kiddos we're expecting. If you don't have a trunk, you can also sit in a lawn chair and hand out goodies too! The idea is to come out an evening with your church family, while reaching out to our own kiddos as well as those in the community. The Middle School Youth will be hosting carnival type games and the Youth Prayze Band will provide live music. The event starts at 5:30 and ends at 7:00. We are also accepting donations of candy and treats at the church office. This will be used to refill trunks as needed with any leftovers being donated to our mission. Call the church office and sign up today!



A very special church service will take place November 17 when the Youth of our church plan and share the worship services. The Youth spend weeks planning each element of the service and then divide the responsibilities so all can be involved. The Youth Prayze Band will be leading and sharing music and the children of the church get involved too. Kids Prayze will be singing with the band during the 10:45 worship service and are hard at work on art to hang in the Sanctuary that goes with the theme. This is a service not to miss while we enjoy our youth and children being the hands and feet of Jesus. Trust me, you will be glad you marked this one on your calendar

Quickly approaching is an opportunity for the children of our church to participate in the annual Children's Christmas Pageant. Here are the dates to put on your calendar to mark and a dress, we want to make sure everyone has dates early to avoid



November 13 – Wednesday during WOW programming 6:15-7:15  
 November 17 – Sunday from 3-4  
 November 20 – Wednesday 6:15-7:15  
 December 4 – Wednesday 6:15-7:15  
 December 8 – Sunday, Dress Rehearsal from 3-4:30  
 December 11 – Wednesday, First Performance @ 6:15  
 December 15 – Sunday, Final Performance during 10:45 worship service

Other dates for your calendar:

- December 15, Sunday - Cookies for Camp Fundraiser in the Dining Room
- December 20, Friday – All Church Caroling Night

Thank you for caring about the children of our church! To sign up for Remind Texts about Children's Ministry, text the message @efg72 to the number 81010. If you ever have questions or concerns, don't hesitate to contact either Melissa Pyle (pyle\_melissa@hotmail.com) or Jo Swayne (jswayne33@gmail.com).

*If God is love, the only way we can worship God is by loving others.*

John Shelby Spong from his book, *Unbelievable*



## ***Some ideas to help Reduce, Reuse, Recycle***

Americans buy a lot of unnecessary stuff that we don't really need. We go shopping because it makes us feel good to own something new. We're constantly bombarded by advertisements to "buy, buy, buy!" We as a society are prone to overspending and overindulging. Often times our purchases are unnecessary and clog up our homes. So before making any purchase, wait. Spend some time to think about whether or not you truly need it.

The goal of zero waste is to send nothing to a landfill. Reduce what we need, reuse as much as we can, send as little as possible to be recycled, and compost what's leftover.

Can I, just one person, really make a difference? Yes! Every day you make decisions that impact the planet. You get to decide if they're positive or negative. How do you get to work? How do you buy your groceries? What are you eating? What are you buying? Everything is interconnected. Every purchase you make is a vote for the kind of world you want to live in. With just one small step at a time, you can greatly reduce your footprint.



### **1. Get to know your trash**

The best way to limit how much you throw away is simply to limit how much you buy and bring into your home. Some of the most common items found in waste audits are paper towels and food packaging.

### **2. Buy less**

The simplest way to reduce your trash output is to simply consume less.

Where did this come from? Where is it going when I'm through with it? What are the resources that had to come together to make it?

### **3. Say no to straws**

Americans use 500 million plastic straws each and every day. If you like drinking out of straws, there are a lot of reusable options.

### **4. Use reusable grocery bags**

Using reusable bags at the grocery store is a total no-brainer for a zero-waste lifestyle. The hardest part is actually remembering to bring them with you. If you typically hit up the grocery store on the way home from work on Tuesday, then you can be better prepared.

### **5. Plastic water bottles**

Fifty billion plastic water bottles are bought each year in the US. Plastic is made from oil, and plastic water bottles alone account for 17 million barrels of oil annually-the equivalent of powering 1 million cars for an entire year. It takes 22 gallons of water to produce 1 pound of plastic, which means it takes 3 liters of water to make 1 liter of bottled water. The footprint of bottled water is so high that beyond the resources it uses, it costs the consumer 1,000 times more than tap water-and 40 percent of all bottled water is actually taken from the tap. In times of crisis, bottled water is necessary, but most bottled water isn't used in a time of crisis. In the US, tap water is more regulated than bottled water. Ditch the disposable water bottle habit and invest in a sturdy, reusable water bottle. Buy a couple of water bottles, fill them up with water and keep them in the fridge. This way, it's just easy to grab one and go.

### **6. Coffee cups**

Coffee cups seem like innocent paper cups, but they are actually lined with plastic, making them virtually impossible to recycle. The lids on disposable coffee cups are especially hazardous. They're polystyrene, a known carcinogen, and not recyclable.

Sipping hot liquids through a polystyrene lid is less than ideal. The best thing you can do if you order coffee to go is BYOC (bring your own cup, thermos or bottle). When you order, let the barista know how many ounces your cup holds. If you forget your reusable coffee cup, ask for your coffee to go without its lid.

*101 Ways to Go Zero Waste* by Kathryn Kellogg

Even when we can't understand God's ways,  
We can trust his heart. And that trust-the surety of his unfailing love-  
Brings us peace, rest, contentment.

Elizabeth Laing Thompson, in her book *When God Says Go*

# Peddler's Fair



**Saturday, November 2, 9-1:30**

**Lunch 11:00– 1:00 Soup & Pie Luncheon**  
**Adults \$8.00 Children \$3.00 (10 and under)**

**Shop for treasures in the Peddler's Pack, crafts, jewelry, frozen casseroles and baked goods.**  
~~Buy chances on the beautiful, handmade quilt. Money goes to UMW missions.~~

As we have spoken together hundreds of times on Sunday mornings in our mission statement, we desire spiritual growth through the guidance of God's Word. The desire for spiritual growth admits our need to improve, to change, to be better. But change is difficult. As a matter of fact, change can be painful.

Some of us are more change adverse than others. Those who have difficulty with change are often labeled conservative or traditionalists. Those who perceive the need for change are often referred to as liberal or progressive. Most of us are somewhere in between the extremes. Nearly all groups of people have these differences of attitude within their membership.

I was in 4-H when photography was made a new project category. This was initiated because the number of farm kids was in steep decline. With the new photography project, non-farm children could be in 4-H. Some of us were alarmed that city kids would ruin 4-H and that photography was not a necessary skill.

Also I remember when some people thought the world would disintegrate because the game of baseball put in the designated batter rule. Then, even more alarming, the game of basketball put in the 3 point shot.

We had a hard fought Supreme Court case in 1974 dealing with whether a teacher could work while pregnant. You know how that turned out. After a short time of fear and consternation we muddled through somehow.

There were a few members of my little home town church who abhorred daylight savings time when Congress passed the Uniform Time Act in 1966. They were sure that God did not like the government messing with His time. For a while they refused to change their clocks. It was very confusing having a minority in the church and community one hour off from everyone else. Soon they adjusted their clocks and no one suffered God's wrath.

Our church will change. Some of us old hard heads will have to die first, but we WILL have spiritual growth in this church. Young people know that lesbians, gays, bisexuals and transgenders were born that way. They did not choose their sexual orientation. It was in their DNA. God loves them and we should also.

At the 1956 General Conference, the Methodist Church passed a resolution allowing women to be ordained. This radical change caused great turmoil and hand-wringing. If you look hard enough today, we could find a pregnant Methodist pastor with a nose ring and tattoo and perhaps purple hair. Also, she effectively teaches her congregation about the love and forgiveness of Jesus. And she teaches that we need to love and forgive ALL people.

Just as "city kids" did not ruin 4-H and the sports world did not disintegrate with rule changes, our denomination will not fall apart if we practice open hearts, open minds, and open doors regarding LGBTQ persons.

We already sit beside, pray and worship God with people who disagree with us on other issues. Why would we let the devil split us over this issue? No matter what church we attend there will be differences of opinions. We need to continue to love each other and stay united.

Armin Kelly, Lay Delegate

## Healthy Congregations

### Spaghetti Squash Alfredo

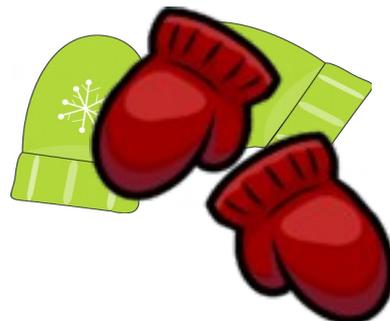
Using spaghetti squash in this dish gives you the same luxurious flavor of alfredo you crave without the carb-heavy pasta.

CAL/SERV: 385

YIELDS: 4

#### Ingredients

4 lb. spaghetti squash  
 1/4 tsp. salt  
 1/4 tsp. pepper  
 1 c. half and half  
 3 Tbsp. butter  
 1 c. Parmesan cheese  
 4 tbsp. shredded Mozzarella cheese



#### Directions

1. Scoop out and discard seeds from spaghetti squash halves. Prick outsides all over with sharp knife; season insides with 1/4 teaspoon each salt and pepper. Microwave, cut sides down, on large microwave-safe plate on high 10 minutes or until tender.
2. Meanwhile, in small saucepan, heat half-and-half and butter to simmering on medium-low; simmer 5 minutes, or until reduced slightly, then whisk in finely grated Parmesan cheese. With fork, scrape flesh of each squash half to separate into strands, leaving 1/2-inch border on sides; divide sauce among halves and top each with 2 tablespoons shredded mozzarella cheese. Broil 1 to 2 minutes or until bubbly and browned in spots. Optional: Serve with green salad.

You are a piece of God's plan  
 In the happy moments  
 PRAISE GOD

In the difficult moments  
 SEEK GOD

In the quiet moments  
 WORSHIP GOD

In every moment  
 THANK GOD



### Mission Notes

John 13:34-35

*A new command I give you: Love one another. As I have loved you so must you love one another. By this all men will know that you are my disciples, if you love one another.*

The purpose of the Mission's Committee at First United Methodist Church is to identify the needs of others, and to address those needs through ministry. During this season of Thanksgiving and Christmas, there are several mission opportunities for us, as a church, to actively support.

1. October 20 we are distributing bags with instructions on how to assemble Hygiene Kits to send to UMCOR. We ask that you take as many bags as you can and assemble the kits to return October 27 to be blessed at the worship services. In each bag is a list of necessary items, instructions for assembly, and a daily scripture guide for you to use during the week. We hope to complete 1000 bags. Bags are available in the church office as well. This is a project for all members of our church family, young and old alike.

2. The mitten trees are now in the parlor of the church and will be up until November 17. We hope to us fill those trees with mittens (gloves), hats, scarves, etc. for the children in USD 489 who do not have this outerwear. The items will be delivered to USD 489 Administrative Office the week of November 17 and will be distributed to the schools through that office. All sizes are needed for children and young adults.



3. November 1 will kick off the holiday focus on the Food Pantry at Hays High School. We hope to have shelves in the parlor with food and necessary items for families to have when school is not in session. The theme this year is "Everybody Wins When the Sacks are Full". Watch for more details.

4. Finally, the mission team wants you to know that as a church we support both national and international missionaries in funding and prayer. For more information check out the missions board in the parlor.

Xander Swayne is asking his church family for help. In order to fulfill a class assignment for building Effective Work Teams this semester, his group is organizing a food drive to help children and families in need for Thanksgiving. He will be picking up all donations the weekend of November 16-17 in order for his team to take inventory of items and make sure they are delivered in time for the holiday. There will be a collection tub in the Welcome Center for all donations. Thank you!

W  
yc  
th  
  
F  
y  
about things we can change



We should always pray for help, but we should always listen for inspiration and impression to proceed in ways different from those we may have.

John H. Groberg



# October OUTREACH

*First United Methodist Church*

*305 West 7th*

*Hays, Kansas 67601*

(785) 625-3408

haysumc@hotmail.com

www.kaysradio.com

www.HaysFirstUnitedMethodistChurch.com

NONPROFIT ORG.  
U.S. POSTAGE PAID  
HAYS, KS.  
PERMIT NO. 97

Return Service Requested

## Upcoming Events

**Wednesday, October 23**

**Sunday, October 27**

**Wednesday, October 30**

**Saturday, November 2**

**Sunday, November 3**

**Wednesday, November 6**

**Sunday, November 10**

**Sunday, November 17**

**Pa's Pumpkin Pat**

**Consecration Sunday #1**

**Trunk or Treat**

**Peddler's Fair**

**Consecration Sunday #2**

**All Saints Sunday**

**Lynn & Sharon Fogelman to speak at WOW**

**Charge Conference**

**Children/Youth Sabbath**

**Church Luncheon**

**Children's Pageant Rehearsal**

