



# OFFICIAL WRESTLING SIGNALS

1. Starting the Match



2. Stopping the Match



3. Time-Out



4. Start Injury Time



5. Start Blood Time Out



6. Start Recovery Time



7. Stop Blood/Injury/Recovery Time



8. Neutral Position



9. Indicates No Control



10. Out-of-Bounds



11. Indicates Wrestler in Control – Left/Right Hand



12. Defer Choice



13. Potentially Dangerous – Left/Right Hand





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14. Stalemate



15. Caution – False Start or Incorrect Starting Procedure



16. Stalling – Left/Right Hand



17. Interlocking Hands or Grasping Clothing



18. Reversal



19. Technical Violation



20. Illegal Hold



21. Near-Fall



22. Awarding Points – Left/Right Hand



23. Unsportsmanlike Conduct – Left/Right Hand



24. Flagrant Misconduct – Left/Right Hand



25. Coach Misconduct – Left/Right Hand



26. Unnecessary Roughness – Left/Right Hand



27. Default Technical Fall Disqualification



28. Start Head, Neck, Cervical Injury Evaluation Time

