

This form should be completed, signed and returned to the teacher / leader in charge or the Duty Coach with the appropriate fees before any activities can be undertaken.

Information you provide will only be used for the safe operation of the Centre and will not be divulged to third parties without your prior consent.

APPLICANTS DETAILS

<p>Full Name.....</p> <p>Date of Birth.....</p> <p>Address.....</p> <p>.....</p> <p>.....Post Code.....</p> <p>Gender: Male <input type="checkbox"/> Female <input type="checkbox"/></p> <p>Personal Safety</p> <p>Applicant can swim 10m / water confident YES / NO</p>

CONSENT - PLEASE READ CAREFULLY

<p>I understand that the Centre undertakes water and land based adventurous sports and agree to my son / daughter taking part in these activities.</p> <p>I understand that watersports are "assumed risk," "water contact sports" that may carry attendant risks. Participants should be aware of and accept these risks, and be responsible for their own action and involvement.</p> <p>In the event of an injury and the appointed group leader / centre coach being unable to contact the parent or guardians, I consent to my child receiving emergency medical treatment, which in the opinion of a qualified medical practitioner, may be necessary.</p> <p>I confirm that my son / daughter is not subject to any court order prohibiting publication of their image and unless otherwise notified, agree to the use of their still or moving image being used on the Centre website or other publicity material.</p> <p>I understand that the Centre or Organisers accept no responsibility for loss, damage or injury caused by or during attendance on any of the Centre's organised sessions except where such loss, damage or injury can be shown to result directly from the negligence of the Centre or Organisers.</p> <p>In your child's interests, it is important that the organising staff should know whether he or she suffers from any illness, medical or behavioural condition. Please use the space provided to state in confidence any health or other matter concerning your child or which accompanying Centre users should be aware. Please also indicate if your child is receiving any medication, with details and dosage, and/or specific dietary requirements.</p> <p>Watersports participants should be able to swim 10 meters wearing a buoyancy aid. Non-swimmers will be able to participate if they are water confident and at the discretion of the instructors for that session.</p>

HEALTH INFORMATION

<p>Please state any illness, medical or behavioural condition and/or medication, allergies or dietary requirements:</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>
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PARENTS / GUARDIANS DETAILS

<p>Mr.....</p> <p>Ms / Mrs.....</p> <p>Address (if different from above).....</p> <p>.....</p> <p>.....Post Code.....</p> <p>Tel (Day).....(Eve).....</p> <p>Mobile.....</p> <p>E-mail*.....</p> <p>* Only provide your e-mail if you actively give permission to be kept informed of other activities that can be accessed through the Phoenix Outdoor Centre or Phoenix Canoe Club via an emailed Newsletter. You can opt out at any time.</p>
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DECLARATION

<p>I understand that activities are undertaken at my own risk. I confirm that I do not suffer from any disability or medical condition which may render me unfit for strenuous exercise.*</p> <p>I agree to abide by the rules of the Code of Conduct.</p> <p>Applicants Signature.....</p> <p>Parent/Guardian Signature.....</p> <p>Date.....</p> <p>* Should a medical condition exist, this will not necessarily preclude you from participation, but it must be declared. Should you be in any doubt, advice should be sought from your family doctor.</p>
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ACTIVITIES INFORMATION

Activity session(s) to be held from: **10am – 12pm**

on:

Kayaking	<input type="checkbox"/>
Canoeing	<input type="checkbox"/>
Bell Boat	<input type="checkbox"/>
SUP Boarding	<input type="checkbox"/>
Raft Building	<input checked="" type="checkbox"/>
Sailing	<input type="checkbox"/>
Windsurfing	<input type="checkbox"/>
Orienteering	<input type="checkbox"/>
Team Building	<input type="checkbox"/>
Paddle Party	<input type="checkbox"/>

YOU WILL NEED TO BRING:

This form, completed and signed
 T shirt or sweat shirt – plus extra layers in cold weather
 Shorts or tracksuit trousers – no jeans
 Old trainers, sandals or wetsuit boots – no crocs, wellies or flip flops / slides
 Hat / suntan lotion if sunny
 Towel
 Complete set of dry clothes & shoes to go home in – you may get damp, if not very wet!
 Orienteering participants need to bring long sleeved and legged clothing and a waterproof coat
 If you need to wear glasses for the activity, please ensure that you bring a means of retaining them on.
 Any medical requirements – i.e. inhalers
 Packed lunch or snacks, if required
 Money for drinks / snacks (optional)

WE WILL PROVIDE:

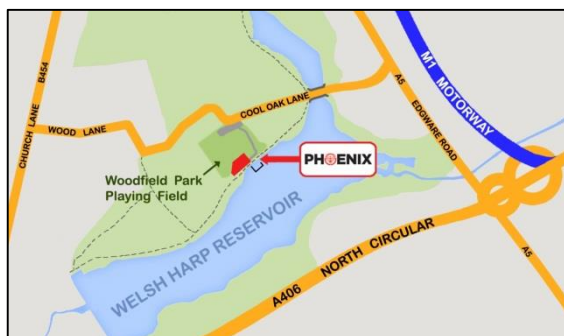
All specialist activity equipment
 Tuition by qualified Coaches / Instructors
 Clubroom and changing facilities
 Public Liability Insurance cover

CODE OF CONDUCT

All visitors to the **Phoenix Outdoor Centre** are asked to abide by the following rules at all times:

- Co-operate fully, respecting all requests and decisions made by the coaches, instructors, helper's, officials and administrators.
- Be on time for training sessions and events or inform your coach if you are going to be late.
- Users must control their tempers and avoid behaviour, which may inconvenience or upset others.
- Be considerate and respectful to other Centre users - treat other people, as you would want to be treated.
- Users must wear suitable kit for the activities as agreed with your coach.
- Take care of all property belonging to the Centre or any other user - and be responsible for caring for your own equipment & clothing.
- Not to leave the session without the permission of the coach, teacher or leader.
- Visitors are not allowed to smoke, consume alcohol or drugs of any kind whilst on Centre premises or representing the Centre at events.

HOW TO FIND US



If travelling by car or minibus, you can access the club from **Cool Oak Lane, NW9 7ND**. Minibuses beware; there is an overhead height barrier at the car park entrance. We can leave this open for you if requested. You can park in the car park, or if the white barrier next to the Football club house is open, drive down the track to the Phoenix Outdoor Centre. Drivers should take extreme care on the track and in the car park and be aware that there may be children around, especially when reversing.

CAMP
PHOENIX
 SCHOOL HOLIDAY ACTIVITY CAMPS

PHOENIX
 PADDLE PARTIES

PHOENIX
 OUTDOOR CENTRE

For further information:

www.phoenixoutdoorcentre.co.uk

info@phoenixoutdoorcentre.co.uk

07854 655968

Phoenix Canoe Club Limited is a registered charity no. 1148787 and a company limited by guarantee, registration no. 8002910. Phoenix Canoe Club and Phoenix Outdoor Centre are trading names of Phoenix Canoe Club Limited



The Phoenix Outdoor Centre is licenced by the Adventurous Activities Licensing Authority R1940 / L9349 for Kayaking, Open Canoeing, Bell Boating, Sailing, Windsurfing, Stand-up Paddle Boarding and Improvised Rafting

Phoenix Outdoor Centre is a recognised RYA Training Centre for Dinghy Sailing, Windsurfing, Power Boating and First Aid