



# ROOKIE RUCKUS TROPHY TOURNAMENT

For **WRESTLERS** with 3 years experience  
or less Please be honest, this is for less experienced  
wrestlers

## SUNDAY, JAN. 15<sup>TH</sup> 2023

### Lewis Central High School

3504 Harry Langdon Blvd | Council Bluffs, IA

\*\*\* Split Session Start Times \*\*\*

### REGISTRATION & ADMISSION

**COST:** \$25 per wrestler, \$35 walk-ins

Register on-line through Track Wrestling ONLY  
Registration closes Saturday, Jan. 14th @ 11:59 AM

Walk-Ins will be allowed at weigh-ins, Unless  
tournament hits capacity

Tournament will be capped at 500 wrestlers  
NO WALK-INS IF TOURNAMENT IS FULL  
Check Track Wrestling & Website for Updates

No refunds due to inclement weather.  
Check for weather delays or cancellations at  
[www.powerhousewrestlingclub.com](http://www.powerhousewrestlingclub.com)

Admission Prices:  
Everyone \$5.00 | Children (under 5) FREE

### SEPARATION CRITERIA

Please follow the separation criteria on  
Track Wrestling. Please be HONEST

- 3rd year 50/50 wrestler
- 2nd year wrestler winning record or 3rd year  
wrestler losing record
- 2nd year wrestler 50/50 or losing record
- 1st year wrestlers ONLY

We will separate by weight, then experience,  
and then by team to the best of our ability

### SCHEDULE & WEIGH-INS

#### Weigh-Ins Sunday Jan. 15th

7:30-8:30 - Session #1

10:30-11:30 - Session #2

Team Satellite Weigh-Ins Allowed  
Contact Matt Fletcher for details

#### Session #1 - 6 & U | 12 & U

Wrestling Starts at 10 AM SHARP

Awards after brackets are complete

#### Session #2 - 8 & U | 10 & U

Wrestling Starts at approx. 12:30 PM

Awards after brackets are complete

Divisions:

Boys & Girls Divisions

6 & U | 8 & U | 10 & U | 12 & U

### FORMAT

ROUND ROBIN

4 & 5-man Round Robin

3-4 matches where possible

### AWARDS

Trophies for all PLACES!

### CONCESSIONS

Available all day

No outside coolers allowed



### TOURNAMENT DIRECTOR

Matt Fletcher

402.960.6840 call or text

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