



# ROOKIE RUCKUS TROPHY TOURNAMENT

For **WRESTLERS** with 3 years experience  
or less Please be honest, this is for less experienced  
wrestlers

*NO STATE, REGIONAL, OR NATIONAL PLACE WINNERS*

## SUNDAY, JAN. 19<sup>TH</sup> 2025

### Lewis Central High School

3504 Harry Langdon Blvd | Council Bluffs, IA

\*\*\* Split Session Start Times \*\*\*

REGISTRATION & ADMISSION

#### COST:

- \$25 per wrestler | \$35 walk-ins

#### REGISTRATION:

- Online via Track Wrestling ONLY
- Closes Saturday, Jan. 18th at 11:59 AM or
- When capacity (500 wrestlers) is reached.

#### WALK-INS ALLOWED: unless capacity reached

- NO Walk-ins if capacity is reached
- 6&Under & 12&Under walk-ins Close @ 8:30 AM
- 8&Under & 10&Under walk-ins Close @ 11:00 AM

#### UPDATES & WEATHER:

- Check Track Wrestling or
- Powerhousewrestlingclub.com.
- No refunds for inclement weather.

#### Admission Prices:

- Everyone \$5.00 each
- Children under 5 FREE

SEPARATION CRITERIA

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(Be HONEST on Track Wrestling)

1. 3rd year - 50/50 wrestler
2. 2nd year - Winning or 3rd year losing record
3. 2nd year - 50/50 or losing record
4. 1st year wrestlers ONLY

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ALLOWED, THIS IS A NOVICE EVENT*

We will separate by weight, then experience, and finally by team to the best of our ability.

SCHEDULE & WEIGH-INS

#### Weigh-Ins: HONOR SYSTEM

- Must be within 2 lbs of entered weight
- Estimate high to avoid issues
- Over 5% heavier? Risk disqualification
- Weight Challenge: \$20 fee (non-refundable)
- Contact Matt Fletcher for questions.

#### Session #1 - 6 & U | 12 & U

Wrestling Starts at 10 AM SHARP

Awards after brackets are complete

#### Session #2 - 8 & U | 10 & U

Wrestling Starts at approx. 12:30 PM

Awards after brackets are complete

FORMAT

#### Divisions:

Boys & Girls Divisions

6 & Under | 8 & Under | 10 & Under | 12 & Under

ROUND ROBIN

4 & 5-man Round Robin

3-4 matches where possible

#### AWARDS

Trophies for all PLACES!

#### CONCESSIONS

Available all day

No outside coolers allowed



#### TOURNAMENT DIRECTOR

Matt Fletcher

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