

**What is an AV Optimization?**

During an AV Optimization, an ultrasound technician will take pictures of your heart with ultrasound and Doppler. A technician from your device company will be present during the exam to adjust your device settings based on the information the ultrasound technician is finding. In some cases, these adjustments may improve your heart function and current symptoms.

**What do I need to do for the AV Optimization?**

You will need to lie on your left side with your left hand behind your head for the entire testing period. The testing usually lasts about 45 minutes to 1 hour. If you become uncomfortable at all, please inform the ultrasound technician so they may make adjustments for your comfort.

**What will I wear for the AV Optimization?**

Gentlemen are asked to remove their shirts and Ladies are asked to wear a gown on the upper half of their body. These requests allow easy access to your heart and device for the technicians.

**When will I know the results of my test?**

The results are given to you by your physician at your follow-up appointment.

**(480) 641-5400**  
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