



Patient Information – Pulmonary Function Test (PFT)

Pulmonary Function Test

Please allow 30- 45 minutes for this test

Overview:

Pulmonary Function Tests are used to diagnose lung diseases and to assess the status of established lung diagnoses. You will start with breathing as long and hard as you can into a spirometer followed by an immediate deep inhale. This allows us to obtain baseline measurements of your lung capacity. You will then be given a breathing treatment utilizing the medication, Albuterol via a nebulizer. Once the Albuterol treatment has been completed, there is a 15-20 minute waiting period to allow the medication to take effect. After 15-20 minutes, you will be given a second breathing test which consists of an additional 3 deep breaths followed by immediate inhalation.

Preparation: **PLEASE FOLLOW THESE INSTRUCTIONS OR YOUR TEST MAY BE RESCHEDULED**

- Do not smoke for 24 hours prior to testing.
- No breathing treatments 4 hours prior to testing.
- Avoid eating a large meal 1 hour prior to testing.
- Oxygen usage is allowed.
- Bring your inhaler or breathing treatment with you to the appointment.

What to bring: Oxygen, if you use it. Breathing treatment, if you use it.

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