

Camden Nursing Facility
 Week-At-A-Glance
 P2- hcs92southern112021-22 Week 1

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Apple Cinnamon Muffin 1 Ea - Margarine 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Bacon 2 Sl Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Biscuit 1 Ea - Sausage Gravy 3 Oz Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Hashbrown 1/2 Cup Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Western Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	French Toast 2 Sl - Margarine 1 Ea - Syrup 1 Ea Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Breakfast Ham 1 Oz Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Turkey w/Cranberry Glaze 3 Oz Garlic Baked Pork Chop 3 Oz Cornbread Dressing 1/2 Cup Parslied Potatoes 1/2 Cup Roasted Brussels Sprouts 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Spiced Pears 1/2 Cup Tea of Choice 6 Oz	Baked Macaroni & Cheese 1 Cup Hamburger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Ketchup 1 Pkt - Pickle Spear 1 Spear Tater Tots 1/2 Cup - Ketchup 1 Pkt Okra & Tomatoes 1/2 Cup Sliced Carrots 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Mandarin Oranges 1/2 Cup Tea of Choice 6 Oz	Italian Sausage 1 Ea Thin Crust Cheese Pizza 1 Pc Garlic Roasted Red Skin Potatoes 1/2 Cup Capri Vegetable Blend 1/2 Cup Tossed Salad w/Dressing 1 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pineapple Upside Down Cake 1 Square Tea of Choice 6 Oz	Fried Chicken 3 Oz Mushroom & Cheese Quiche 1 Sl Pinto Beans 1/2 Cup Southern Style Green Beans 1/2 Cup Broccoli Florets 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Scalloped Apples 1/2 Cup Tea of Choice 6 Oz	Glazed Baked Ham 3 Oz Smothered Turkey Patty 3 Oz Baked Sweet Potatoes 1/2 Cup White Rice 1/2 Cup Collard Greens 1/2 Cup Brussels Sprouts 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Banana Pudding Parfait 1/2 Cup Tea of Choice 6 Oz	Fried Fish 3 Oz - Tartar Sauce 1 Pkt Smothered Steak 3 Oz French Fries 1/2 Cup - Ketchup 1 Pkt Buttered Noodles 1/2 Cup Calico Coleslaw 1/2 Cup Green Peas 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Tropical Fruit Salad 1/2 Cup Tea of Choice 6 Oz	Grilled Turkey & Swiss Cheese Sandwich on Wheat 1 Sandwich Meatballs w/Gravy 3 Ea French Fries 1/2 Cup - Ketchup 1 Pkt Egg Noodles 1/2 Cup Creamy Cucumber & Onion Salad 1/2 Cup Harvard Beets 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chocolate Cake w/ Peanut Butter Frosting 1 Square Tea of Choice 6 Oz
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Swedish Meatballs 3 Ea Herbed Chicken Breast 3 Oz Mashed Potatoes 1/2 Cup Buttered Noodles 1/2 Cup Green Beans 1/2 Cup Green Peas 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Cinnamon Brown Sugar Blondie 1 Square Milk 8 Oz Tea of Choice 6 Oz	Chicken Salad Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate Hot Dog on a Bun 1 Sandwich - Baked Beans 1/2 Cup - Mustard 1 Pkt Potato Chips 1 Oz Broccoli Salad 1/2 Cup Confetti Coleslaw 1/2 Cup Oatmeal Raisin Cookie 1 Ea Hearty Vegetable Soup 6 Oz - Saltine Crackers 1 Pkt Milk 8 Oz Tea of Choice 6 Oz	Butter Crumb Fish Fillet 3 Oz Salisbury Steak 3 Oz - Brown Gravy 2 Oz Rice Pilaf 1/2 Cup Mashed Potatoes 1/2 Cup Buttered Green Peas 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chilled Peach Parfait 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Lasagna w/Meatsauce 1 Square Herb & Lemon Fish Fillet 3 Oz Oven Brownd Potatoes 1/2 Cup Parmesan & Herb Roasted Cauliflower 1/2 Cup Spinach 1/2 Cup Garlic Bread 1 Ea Carrot Cake w/Cream Cheese Frosting 1 Square Milk 8 Oz Tea of Choice 6 Oz	Country Fried Steak w/Cream Gravy 1 Ea Glazed Baked Pork Chop 3 Oz Mashed Potatoes 1/2 Cup Noodles Jefferson 1/2 Cup Braised Cabbage 1/2 Cup Lima Beans (veg) 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Fruit Cocktail 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Apple Pork Roast. 2 Oz Cheese Quesadilla 1 Ea - Sour Cream 1 Pkt Scalloped Potatoes 1/2 Cup White Rice 1/2 Cup Honey Roasted Carrots 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Vanilla Ice Cream 1 Ea Milk 8 Oz Tea of Choice 6 Oz	Cheese Ravioli w/Marinara Sauce 1 Cup Breaded Chicken on a Bun 1 Sandwich - Mayonnaise 1 Pkt - Lettuce & Tomato 1 Plate Potato Wedges 1/2 Cup - Ketchup 1 Pkt Tossed Salad w/Dressing 1 Cup Parsley Cauliflower 1/2 Cup Garlic Bread 1 Ea Peach Crisp 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz

Camden Nursing Facility
Week-At-A-Glance
P2- hcsq2southern112021-22 Week 2

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Glazed Cinnamon Roll 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Biscuit 1 Ea - Sausage Gravy 3 Oz Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Hashbrown 1/2 Cup Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Apple Cinnamon French Toast Bake 1 Srv - Margarine 1 Ea - Syrup 1 Ea Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Bacon 2 Sl Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Scrambled Eggs w/Cheese 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Breakfast Ham 1 Oz Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Rosemary Roast Beef Au Jus 3 Oz Smothered Turkey Patty 3 Oz Baked Potato 1 Ea - Margarine 1 Ea - Sour Cream 1 Pkt Buttered Noodles 1/2 Cup Sliced Carrots 1/2 Cup Brussels Sprouts 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Apple Crisp 1/2 Cup Tea of Choice 6 Oz	Thin Crust Cheese Pizza 1 Pc Hamburger Steak 3 Oz - Brown Gravy 2 Oz Mashed Potatoes 1/2 Cup Garlic Green Beans 1/2 Cup Sautéed Spinach 1/2 Cup Garlic Bread 1 Ea Lemon Cake w/Lemon Icing 1 Square Tea of Choice 6 Oz	Roast Turkey 3 Oz - Poultry Gravy 2 Oz Rancher's Pork Chop 3 Oz Sweet Potato Souffle 1/2 Cup Buttered Rice 1/2 Cup Roasted Brussels Sprouts 1/2 Cup Sliced Carrots 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pear Crisp 1/2 Cup Tea of Choice 6 Oz	Fried Chicken 3 Oz Lemon Butter Baked Fish Fillet 3 Oz Macaroni & Cheese 1/2 Cup Mashed Potatoes 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Collard Greens 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Pumpkin Cheesecake Bar 1 Bar Tea of Choice 6 Oz	Homestyle Meatloaf w/Ketchup Glaze 4 Oz Grilled Cheese Sandwich 1 Sandwich Au Gratin Potatoes 1/2 Cup Buttered Noodles 1/2 Cup Green Peas 1/2 Cup Broccoli Florets 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Peach Crisp 1/2 Cup Tea of Choice 6 Oz	Fried Fish 3 Oz - Tartar Sauce 1 Pkt Rosemary Chicken Breast 3 Oz French Fries 1/2 Cup - Ketchup 1 Pkt Seasoned Rice 1/2 Cup Calico Coleslaw 1/2 Cup Capri Vegetable Blend 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Pineapple Tidbits 1/2 Cup Tea of Choice 6 Oz	Hearty Chicken Chili 6 Oz Deli Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate - Mayonnaise 1 Pkt Potato Chips 1 Oz Tossed Salad w/Dressing 1 Cup Green Pea Salad 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Double Chocolate Brownie 1 Square Tea of Choice 6 Oz
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken & Dumplings 6 Oz BBQ Pork Chop 3 Oz Mashed Potatoes 1/2 Cup Buttered Green Peas 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Chocolate Chip Cookie 1 Ea Milk 8 Oz Tea of Choice 6 Oz	Breaded Fish on a Bun 1 Sandwich - Tartar Sauce 1 Pkt Chicken Tenders (cg) 2 Ea - Cream Gravy 2 Oz Oven Browned Potatoes 1/2 Cup Buttered Noodles 1/2 Cup Broccoli Florets 1/2 Cup Country Vegetable Blend 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Deluxe Fruit Salad 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Classic Baked Ziti 1 Cup Salisbury Steak 3 Oz - Brown Gravy 2 Oz Mashed Potatoes 1/2 Cup Capri Vegetable Blend 1/2 Cup Tossed Salad w/Dressing 1 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Vanilla Pudding Parfait 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	BBQ Pork Platter 1/2 Cup Rotisserie Chicken Thigh 1 Ea Black-Eyed Peas 1/2 Cup Buttered Rice 1/2 Cup Seasoned Cabbage 1/2 Cup Country Vegetable Blend 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Tropical Fruit Salad 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Chicken Parmesan w/ 3 Oz - spaghetti noodles 1/2 Cup Ham Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate - Mayonnaise 1 Pkt Potato Chips 1 Oz Sauteed Green Beans 1/2 Cup Marinated Cauliflower Salad 1/2 Cup Garlic Bread 1 Ea Marble Cake w/White Frosting 1 Square Milk 8 Oz Tea of Choice 6 Oz	Dijon Pork Loin 3 Oz Smothered Turkey Patty 3 Oz Garlic & Rosemary Roasted Red Skin Potatoes 1/2 Cup Parmesan Noodles 1/2 Cup Sliced Carrots 1/2 Cup Roasted Beets 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Snickerdoodle Cookie 1 Ea Milk 8 Oz Tea of Choice 6 Oz	Salisbury Steak 3 Oz - Brown Gravy 2 Oz Parsley Pork Chop 3 Oz Mashed Potatoes 1/2 Cup Herbed Rice 1/2 Cup Collard Greens 1/2 Cup Winter Vegetable Blend 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Fruit Cocktail 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz

Camden Nursing Facility
Week-At-A-Glance
P2- hcsg2southern112021-22 Week 3

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Apple Cinnamon Muffin 1 Ea - Margarine 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Bacon 2 Sl Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Biscuit 1 Ea - Sausage Gravy 3 Oz Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Hashbrown 1/2 Cup Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Western Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	French Toast 2 Sl - Margarine 1 Ea - Syrup 1 Ea Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Breakfast Ham 1 Oz Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Ham & Pinto Beans 6 Oz Lemon Pepper Chicken Breast 3 Oz Parmesan Noodles 1/2 Cup Okra & Tomatoes 1/2 Cup Buttered Whole Kernel Corn (veg) 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Carrot Cake w/Cream Cheese Frosting 1 Square Tea of Choice 6 Oz	Chicken Alfredo w/ 1/2 Cup - spaghetti noodles 1/2 Cup Meatballs w/Gravy 3 Ea Mashed Potatoes 1/2 Cup Broccoli Florets 1/2 Cup Roasted Brussels Sprouts 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Lemon Bar 1 Bar Tea of Choice 6 Oz	Country Fried Steak w/Cream Gravy 1 Ea Garlic Baked Pork Chop 3 Oz Mashed Potatoes 1/2 Cup Buttered Rice 1/2 Cup Sliced Glazed Carrots 1/2 Cup Collard Greens 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Peach Crisp 1/2 Cup Tea of Choice 6 Oz	Fried Chicken 3 Oz Salisbury Steak 3 Oz - Brown Gravy 2 Oz Whipped Sweet Potatoes 1/2 Cup Buttered Noodles 1/2 Cup Lima Beans (veg) 1/2 Cup Cauliflower 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Caramel Apple Upside Down Cake 1 Square Tea of Choice 6 Oz	Open-Faced Hot Turkey Sandwich 1 Sandwich - Poultry Gravy 2 Oz Mushroom & Cheese Quiche 1 Sl Cornbread Dressing 1/2 Cup Roasted Green Beans 1/2 Cup Pickled Beets & Onion Salad 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pumpkin Pie 1 Sl Tea of Choice 6 Oz	Fried Fish 3 Oz - Tartar Sauce 1 Pkt Smothered Steak 3 Oz French Fries 1/2 Cup - Ketchup 1 Pkt Buttered Rice 1/2 Cup Calico Coleslaw 1/2 Cup Capri Vegetable Blend 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Vanilla Ice Cream 1 Ea Tea of Choice 6 Oz	Kielbasa Sausage 1 Ea Breaded Chicken on a Bun 1 Sandwich - Mayonnaise 1 Pkt - Lettuce & Tomato 1 Plate Brown Sugar Baked Beans 1/2 Cup Potato Wedges 1/2 Cup - Ketchup 1 Pkt Braised Cabbage 1/2 Cup Sliced Carrots 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Maple Apple Crisp 1/2 Cup Tea of Choice 6 Oz
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Two Cheese Sandwich 1 Sandwich Hamburger Steak 3 Oz - Brown Gravy 2 Oz French Fries 1/2 Cup - Ketchup 1 Pkt Buttered Rice 1/2 Cup Creamy Cucumber & Onion Salad 1/2 Cup Sautéed Spinach 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pear Crisp 1/2 Cup Tomato Soup 6 Oz - Saltine Crackers 1 Pkt Milk 8 Oz Tea of Choice 6 Oz	Lemon Butter Baked Fish Fillet 3 Oz Smothered Turkey Patty 3 Oz Baked Potato 1 Ea - Sour Cream 1 Pkt - Margarine 1 Ea Parsley Rice 1/2 Cup Country Vegetable Blend 1/2 Cup Green Peas 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Deluxe Fruit Salad 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Breaded Chicken on a Bun 1 Sandwich - Mayonnaise 1 Pkt - Lettuce & Tomato 1 Plate Thin Crust Cheese Pizza 1 Pc Potato Chips 1 Oz Confetti Coleslaw 1/2 Cup Pickled Beets & Onion Salad 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Peanut Butter Cookie 1 Ea Milk 8 Oz Tea of Choice 6 Oz	Cheese Ravioli w/Marinara Sauce 1 Cup Egg Salad Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate Potato Chips 1 Oz Capri Vegetable Blend 1/2 Cup Broccoli Salad 1/2 Cup Garlic Bread 1 Ea Tropical Fruit Salad 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Savory Pork Roast 3 Oz Chicken Tenders (cg) 2 Ea - Cream Gravy 2 Oz Garlic Roasted Red Skin Potatoes 1/2 Cup Buttered Rice 1/2 Cup Green Peas 1/2 Cup Seasoned Whole Kernel Corn (veg) 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pineapple Tidbits 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Cheese Lasagna 1 Square Turkey Burger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Pickle Spear 1 Spear - Mayonnaise 1 Pkt Tater Tots 1/2 Cup - Ketchup 1 Pkt Parmesan & Herb Roasted Cauliflower 1/2 Cup Green Beans 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Mandarin Oranges 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Cheeseburger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Ketchup 1 Pkt - Pickle Spear 1 Spear Breaded Fish on a Bun 1 Sandwich - Tartar Sauce 1 Pkt French Fries 1/2 Cup - Ketchup 1 Pkt Buttered Noodles 1/2 Cup Marinated Mixed Vegetable Salad 1/2 Cup Broccoli Florets 1/2 Cup Double Chocolate Brownie 1 Square Milk 8 Oz Tea of Choice 6 Oz

Camden Nursing Facility
Week-At-A-Glance
P2- hcs92southern112021-22 Week 4

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Glazed Cinnamon Roll 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Biscuit 1 Ea - Sausage Gravy 3 Oz Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Hashbrown 1/2 Cup Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Apple Cinnamon French Toast Bake 1 Srv - Margarine 1 Ea - Syrup 1 Ea Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Bacon 2 Sl Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Scrambled Eggs w/Cheese 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Scrambled Eggs 1/4 Cup Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Hot Cereal 6 Oz Cold Cereal of Choice 1 Srv Sausage Patty 1 Ea Orange Juice 4 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Herbed Turkey 3 Oz - Poultry Gravy 2 Oz Meatballs w/Gravy 3 Ea Cornbread Dressing 1/2 Cup Mashed Potatoes 1/2 Cup Brussels Sprouts 1/2 Cup Seasoned Beets 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chilled Peach Parfait 1/2 Cup Tea of Choice 6 Oz	Encrusted Pork Loin 3 Oz Vegetable Quiche 1 Sl Pinto Beans 1/2 Cup Collard Greens 1/2 Cup Sliced Carrots 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Dutch Apple Pie w/Crumb Topping 1 Sl Tea of Choice 6 Oz	Breaded Fish on a Bun 1 Sandwich - Tartar Sauce 1 Pkt Garlic Baked Pork Chop 3 Oz Potato Wedges 1/2 Cup - Ketchup 1 Pkt Rice Pilaf 1/2 Cup Seasoned Green Peas 1/2 Cup Sauteed Spinach 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Sour Cream Orange Cake 1 Square Tea of Choice 6 Oz	Fried Chicken 3 Oz BBQ Chicken Breast 3 Oz Garlic Roasted Red Skin Potatoes 1/2 Cup Buttered Noodles 1/2 Cup Honey Roasted Carrots 1/2 Cup Braised Cabbage 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Deluxe Fruit Salad 1/2 Cup Tea of Choice 6 Oz	Thin Crust Cheese Pizza 1 Pc Turkey Burger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Pickle Spear 1 Spear - Mayonnaise 1 Pkt Tater Tots 1/2 Cup - Ketchup 1 Pkt Tossed Salad w/Dressing 1 Cup Broccoli Florets 1/2 Cup Garlic Bread 1 Ea Peach Crisp 1/2 Cup Tea of Choice 6 Oz	Fried Fish 3 Oz - Tartar Sauce 1 Pkt Chicken Tenders (cg) 2 Ea - Cream Gravy 2 Oz French Fries 1/2 Cup - Ketchup 1 Pkt Buttered Noodles 1/2 Cup Dixie Coleslaw 1/2 Cup Lima Beans (veg) 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Fruit Cocktail 1/2 Cup Tea of Choice 6 Oz	Chicken Spaghetti 6 Oz Hamburger Steak w/Grilled Onions 3 Oz - Brown Gravy 2 Oz Mashed Potatoes 1/2 Cup Broccoli Florets 1/2 Cup Seasoned Spinach 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chocolate Ice Cream 1 Ea Tea of Choice 6 Oz
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Ham & Cheese Sandwich 1 Sandwich Seasoned Chicken Breast 3 Oz Tater Tots 1/2 Cup - Ketchup 1 Pkt Buttered Noodles 1/2 Cup Country Vegetable Blend 1/2 Cup Green Peas 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chocolate Chip Cookie 1 Ea Milk 8 Oz Tea of Choice 6 Oz	Breaded Chicken on a Bun 1 Sandwich - Mayonnaise 1 Pkt - Lettuce & Tomato 1 Plate Salisbury Steak 3 Oz - Brown Gravy 2 Oz Potato Wedges 1/2 Cup - Ketchup 1 Pkt Buttered Noodles 1/2 Cup Broccoli Salad 1/2 Cup Green Beans 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pineapple Tidbits 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Baked Ziti w/Meatsauce 1 Cup Smothered Turkey Patty 3 Oz Mashed Potatoes 1/2 Cup Tossed Salad w/Dressing 1 Cup Winter Vegetable Blend 1/2 Cup Garlic Bread 1 Ea Pear Crisp 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Shredded Pork on a Bun 1 Sandwich Cheese Ravioli w/Marinara Sauce 1 Cup French Fries 1/2 Cup - Ketchup 1 Pkt Marinated Cucumber & Onion Salad 1/2 Cup Roasted Brussels Sprouts 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Vanilla Pudding Parfait 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz	Rancher's Chicken Thigh 1 Ea Smothered Steak 3 Oz Black-Eyed Peas 1/2 Cup Mashed Potatoes 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Cauliflower 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Peanut Butter Brownie 1 Square Milk 8 Oz Tea of Choice 6 Oz	Homestyle Meatloaf w/Ketchup Glaze 4 Oz Sage Herbed Pork Chop 3 Oz Mashed Potatoes 1/2 Cup Herbed Rice 1/2 Cup Peas & Carrots 1/2 Cup Braised Cabbage 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Snickerdoodle Cookie 1 Ea Milk 8 Oz Tea of Choice 6 Oz	Hot Dog on a Bun 1 Sandwich - Baked Beans 1/2 Cup - Mustard 1 Pkt Tuna Melt Sandwich 1 Sandwich French Fries 1/2 Cup - Ketchup 1 Pkt Country Vegetable Blend 1/2 Cup Seasoned Beets 1/2 Cup Tropical Fruit Salad 1/2 Cup Milk 8 Oz Tea of Choice 6 Oz