

Appetizers

Potato Skins 10.95

GF potato skin loaded with a blend of cheeses, topped with bacon and served with sour cream

Baked Artichoke Hearts 9.95

Artichoke hearts (prepared gluten free) baked in garlic butter and topped with cheddar cheese

Loaded Chili Nachos 12.95

A pile of gluten free nacho chips covered with chili and cheese, garnished with lettuce, tomato, jalapeño peppers, black olives, onions and served with a side of salsa and sour cream

Chicken Tenders 11.95

Fresh chicken tenderloins hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer and served with sweet & sour or honey mustard sauce

Buffalo Tenders 11.95

Fresh chicken tenderloins hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer and tossed in our own special hot sauce and served with carrot sticks, celery and bleu cheese dip



Soups & Salads

Barn Burning Chili

Cup: 4 Bowl: 5

New England Clam Chowder

Homemade with fresh clams & diced potatoes

Cup: 4 Bowl: 5

Tuscany Salad 11.95

over mixed greens with roasted red peppers, fresh mozzarella cheese, tomatoes, cucumbers & artichoke hearts drizzled with a roasted garlic balsamic dressing

Garden Salad

A medley of greens, tomatoes, cucumbers, green peppers, red onion and black olives

Small: 5 Large: 7.95

Chef's Salad 11.95

Our large garden salad topped with gluten free ham, turkey, cheese and tuna

Barn Cobb Salad 11.95

A large salad with cheese, bacc black olives & hard-boiled egg

DOES YOUR SALAD NEED SOME PROTEIN?



Add one of the following for an additional charge!



Chicken (grilled or fried)

4



Grilled Steak Tips

11



Grilled Shrimp

9

GF dressings and dipping sauces: Italian, Raspberry Vinaigrette, Parmesan Peppercorn, Balsamic Vinaigrette, Buttermilk Ranch, Bleu Cheese, Thousand Island, French, Honey Dijon Mustard and Sweet & Sour Sauce

Sandwiches

★ ½ lb. Barn Burger 13.95

Fresh beef ground daily served with your choice of toppings on an Udi's gluten free bun

Corned Beef Reuben 12.95

Corned beef with sauerkraut & thousand island dressing on an Udi's gluten free bun

Turkey Club Sandwich 11.95

Turkey, bacon, lettuce, tomato, mayonnaise on an Udi's gluten free bun

All-American Chicken Sandwich 12.95

Grilled chicken breast topped with American cheese, bacon, lettuce & tomato on an Udi's gluten free bun

Buffalo Chicken Sandwich 12.95

Breast of chicken hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer, tossed in a spicy buffalo sauce, with lettuce, tomato, bleu cheese on an Udi's gluten free bun

Ham & Cheese Sandwich 10.95

Ham, Swiss cheese, bacon, lettuce, tomatoes and mayonnaise on an Udi's gluten free bun

Lobster Roll 23.95

½ lb. Lobster Meat, Lettuce, Mayonnaise on an Udi's gluten free bun served with Pub Fries & Cole Slaw

★ Some of these menu items may be served raw or undercooked, however, consuming raw or undercooked meats, poultry, or seafood may increase the risk of foodborne illness. Thorough cooking of such foods reduces the risk of illness. ★

Main Entrées

★ Marinated Steak Tips 19.95

Marinated in our own secret gluten free marinade and served with choice of baked potato, mashed potato or pub fries

Chicken Finger Basket 13.95

Chicken tenderloins hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer, and served with choice of sweet & sour or honey dijon sauce for dipping and served with pub fries

Chicken Parmesan 15.95

Breast of chicken hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer, topped with sauce and mozzarella cheese and served over gluten free penne pasta

Veal Parmesan 17.95

Tender Veal hand breaded in our special gluten free corn meal coating, deep fried in a specially designated fryer, topped with sauce and mozzarella cheese and served over gluten free penne pasta

Grilled Lemon Pepper Chicken 12.95

A grilled breast of chicken with a gluten free lemon pepper marinade, served with choice of baked potato, mashed potato or pub fries

Grilled Lemon Pepper Haddock 15.95

A grilled haddock filet with a gluten free lemon pepper marinade, served with choice of baked potato, mashed potato or pub fries

Fish 'n Chips 15.95

Fresh North Atlantic haddock pieces hand breaded in our special gluten free corn meal coating, deep fried in a specially designated fryer and served in a basket with pub fries and cole slaw

Haddock (Broiled or Fried) 15.95

Fresh North Atlantic haddock served broiled or hand-breaded in our special gluten free corn meal coating and deep fried in a specially designated fryer and served in a basket with pub fries and cole slaw

Fried Shrimp 16.95

Hand breaded in our special gluten free corn meal coating, deep fried in a specially designated fryer served with choice of cocktail sauce or tartar sauce for dipping, pub fries and cole slaw

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Desserts

Vanilla Ice Cream 1.75

topped with choice of chocolate sauce or strawberries with whipped cream

Brownie Sundae 5.95

Vanilla ice cream, hot fudge and whipped cream over a warm gluten free chocolate fudge brownie

Beer

Redbridge 5.00

Anheuser-Busch's gluten free beer made from sorghum, a safe grain for those allergic to wheat or gluten

Omission Pale Ale 6

Angry Orchard Cider 6

Please be sure to notify our waitstaff of your gluten free needs to ensure your safe dining experience. All fried gluten free items are fried in a specially designated fryer to avoid cross contamination. Food is handled with clean utensils and prepared away from gluten containing items. The Barn Pub & Grille's owners have almost 15 years of personal experience dealing with gluten intolerance and would like to assure you we will handle your gluten free needs with special care. Thank you and enjoy your gluten free dining!