



THE LONELY TEMPLE™

- ANTENAOS -

GUARDIANS COURSES

GUARDIANS AT THE PRONAOS



The Guardians master the art of Psychic Self-Defence, learning the hidden science of the Paranormal World, and the ancient and contemporary techniques which are effective against the various types of negativity and evil forces. They learn about the Occult Laws of the Mysteries, and the various objects and materials which may be employed to protect our boundaries.

We recommend that Guardians complete at least two of the Courses.



THE LAWS OF THE MYSTERIES

The Guardians of the Antenaos must learn the Laws of the Mysteries, also termed the Occult Laws, or the Laws of Hermes. These are the Laws by which Cosmic Justice and Mercy are invoked and defended, Chaos defeated, and Harmony maintained.

Format: The Lonely Temple Antenaos Membership, Course Documents, Rituals & Exercises, Study Planner, Online Lessons (Guardians), Online Colloquium (Aspirants' Hall)

Price: 797 (incl. in Members 120 Subscription)

Entry Requirements: None

PRACTICAL

- Focussed Meditations on Law, Justice & Consequence
 - Etheric Transference
 - Astral Transference
 - Mental Transference
- Managing Psychic Rapports & Magnetic Fluidity
- Mastering Emanation & Retraction of Magnetism

THEORETICAL

- The Electromagnetic Nature of Occult Forces
 - The Occult Laws and their Application
 - Magnetic Influence & Rapports
 - The Triple Power of Deity
 - The Five Powers of the Redeemer
 - The Seven Hermetic Principles
 - The Sixteen Occult Laws



ACTIVE PSYCHIC WARDS

The Guardians, true to their name, must now master the use of active Psychic and Spiritual Wards, learning the various time-honoured techniques for the protection self and others. This includes the creation of Active Wards.

Format: The Lonely Temple Antenaos Membership, Course Documents, Rituals & Exercises, Study Planner, Online Lessons (Guardians), Online Colloquium (Aspirants' Hall)

Price: 797 (incl. in Members 120 Subscription)

Entry Requirements: None

PRACTICAL

- Active Psychic Protection: the Sword, Shield, Flaming Torch, Symbol, Stance, the Great Voice, the Wielding of Power
- Practical Psychism: Animated Forms, Guardians, Watchers, Deflectors, Active Wards, Passive Wards
- Beaming, Blasting, Binding, Encasing & Plugging

THEORETICAL

- Active Psychism: purpose and power
 - The Full Armour of G-D
 - The Nature Kingdoms
- Power Animals and Totems
 - Tree & Plant Allies
 - Elemental Helpers



THE POWER OF BOUNDARIES

The Guardians must master the Power of Boundaries, concealed beneath the Mysteries of the Liminal Gods such as Hecate, Bes, and Eshu; these Mysteries are now systematically unveiled by the Temple

Format: The Lonely Temple Antenaos Membership, Course Documents, Rituals & Exercises, Study Planner, Online Lessons (Guardians), Online Colloquium (Aspirants' Hall)

Price: 797 (incl. in Members 120 Subscription)

Entry Requirements: None

PRACTICAL

- Consecrating a Sacred Space
- Building & Maintaining a Shrine
- Beating the Bounds
- Gridding Physical Spaces & Anchoring Etheric Energies
- Fixing the Astral Fields
- Creating or Summoning Guardians
- Minor Exorcism: On All Planes

THEORETICAL

- The Gods of the Liminal
- The Power of Free-Will, Fate & Destiny
- Death, or the Process of Physical Dissolution & Transmutation
- Karma, Karmic Nodes & Laws of Consequence
- The Post-Mortem Conditions
- Souls, Ghosts, Shells, Spectres & Phantoms



OCCULT PROPHYLAXIS

The Guardians now learn the various methods of applying Materia Magica to their other layers of Spiritual Defence, including the selective use of Amulets, Charms, Wardstones & Bindstones.

Format: The Lonely Temple Antenaos Membership, Course Documents, Rituals & Exercises, Study Planner, Online Lessons (Guardians), Online Colloquium (Aspirants' Hall)

Price: 797 (incl. in Members 120 Subscription)

Entry Requirements: None

PRACTICAL

- Deterring the Evil Spirit, Entity, Shade, Larva, Deva & Elemental
- Fluid Condensers, Magnets, Amulets, Charms, Tablets, Gemstones, Wardstones & Bindstones
- The Use of Iron
- The Use of Salt
- The Use of Magnets
- The Use of Dusts
- The Use of Silver, Gold & Gemstones
- The Use of Signs, Seals, Signatures, Sigils & Symbols

THEORETICAL

- Material Magica
- Substituted Names of Herbs
- Apotropaic Charms, Amulets & Wards
- Holy Names & Sacred Images
- The Traditions of Signs, Seals, Signatures, Sigils & Symbols
- Types and Classes of Spirit, Entity, Shade, Larva, Deva & Elemental



© 2025 THE LONELY TEMPLE

ALL RIGHTS RESERVED.

