

B.T.M Psychiatric NP Services

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## INFORMED CONSENT FOR MEDICAL MARIJUANA/CANNABIS

The following information is available in detail on NYS Department of Health Website: https://www.health.ny.gov/regulations/medical marijuana/patients/

- Cannabidiol (CBD) is a marijuana compound that has medical benefits but is not psychoactive. CBD is one of approximately 113 cannabinoids identified in cannabis.
- **Tetrahydrocannabinol (THC)** is the primary psychoactive component in marijuana, which binds to the cannabinoid receptors primarily in the brain.
- **Terpenes** are a diverse class of hydrocarbons that are responsible for the aroma of the marijuana plant.

Marijuana remains classified as a Schedule I drug and is not recognized by the Federal Government for medical use. States such as NY has modified their laws to allow marijuana as medicinal.

## If you have one of the following problems marijuana/cannabis is NOT recommended.

- History of addiction to prescription, drugs or alcohol
- Are pregnant, trying to become pregnant or breastfeeding?
- History of psychosis, schizophrenia or unstable psychiatric disease such as depression, anxiety or manic-depression
- Unstable heart disease (because marijuana can increase or decrease your blood pressure or heart rate)
- History of allergy to marijuana/cannabis.
- If you are under the age of 18 you are at increased risked for developing paranoia, psychosis, and schizophrenia. If there is a family history of these psychiatric problems there is increased likelihood marijuana can exacerbate these symptoms.

Research continues to grow in support of medical marijuana for approved diseases as well as non-approved. There is also research that may be insufficient. Please utilize above link to explore and learn more information.

## Medical Conditions that are approved by NYS for the use of Medical Marijuana

Post Traumatic Stress Disorder (PTSD)

HIV/AIDS

amyotrophic lateral sclerosis (ALS)

Parkinson's disease

Multiple sclerosis (MS)

Spinal cord injury with spasticity

**Epilepsy** 

Inflammatory Bowel Disease (IBS)

Neuropathy

Huntington's disease

Chronic pain that degrades health and functional capability as an alternative to opioid use or substance use disorder.

## Possible Side effect of Medical Marijuana/Cannabis include:

Irregular heartbeat Slower reaction time /inability to concentrate

Poor physical condition Cough/bronchitis/shortness of breath

Dizziness Impaired vision

Drowsiness/fatigue/abnormal sleep Depression

Laryngitis Low blood pressure

Impairment of motor skills

Anxiety/Nervousness

Dry mouth Suppression of immune system

Hunger/Loss of appetite Dependency

Confusion Feelings of euphoria

Headache/nausea/vomiting Numbness

Agitation Paranoia/psychotic symptoms Sedation

Marijuana/Cannabis overdose Symptoms of cannabis overdose include but are not limited to nausea, vomiting, disturbances to heart rhythm. Marijuana/Cannabis use may affect coordination and cognition in ways that would very likely impair an ability to drive, operate heavy machinery, or engage in potentially hazardous activities. Numerous drug interactions are know to interact with marijuana and there are unknown drug and herbal drug interactions. Mixtures of medicine can lead to serious even fatal consequences.

If you experience side effects or adverse effects present please contact your primary care provider or 911 in event of a life-threatening emergency.

I have been informed by Ms. Briana T. Morrison PMHNP-BC of the risks, benefits, and use of medical marijuana in this consent. I fully accept responsibility and assume the risks and side effects associated with its use

Patient's Signature	Date	
NP's signature	Date	