# Women in Medicine International Network Winter Meeting Mon 13 Jan – Thurs 17 Jan 2025

#### Welcome

Monday 13 Jan

Chair: Dr Kate Stannard

Our choices, our outcomes:

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0800 – 0830	Mind & body connection	Dr Kirsten Macdonald Consultant Intensivist & ED medicine Jersey 2A12, 1103, 1102	
0840 – 0910	What is life style medicine?	Dr Julie Naylor Consultant Anaesthetist, Peterborough 3J00, 2A12	
0920 – 0950	You are what you eat	Dr Emma Townsend Consultant ED medicine, MTW	

Chair: Dr Liz Bright

**Current developments:** 

1700 – 1730	Admissions, updates & current challenges	
		Dr Susie Minson
		Consultant Paediatrician, Royal London 1H02, 3J00, 3J02
1740 – 1810	Digital, artificial intelligence and robotics (DART Ed)	
		Dr Claire Mallinson
		Consultant Anaesthetist, GSTT 2A04, 2A07, 2A12, 3I00, 3J01, 3J02
1820 – 1850	View from Red Lion Square	Dr Clare Shannon
		Consultant Anaesthetist, GSTT
		3J02, 3J00, 1I02, 1I05

## **Tuesday 14 Jan**

Chair: Dr Emma Townsend

The truth:

0800 – 0830 Medical effects of vaping Dr Nicky Deacy
Consultant Anaesthetist, Hastings

3J00, 1E02, 1E03, 1H02

1A01, 2C01, 3100

0840 – 0910 Allergies Dr Helen Burdett

Consultant Anaesthetist, MTW 1801, 1A01, 1A02, 1B03, 1B04, 1I01

0920 – 0950 Skin deep: top tips & debunking myths

Dr Susannah Baron Consultant Dermatologist, GSTT 1A01, 1A02, 2A12, 3I00

Chair: Dr Miriam Fine-Goulden Pharmacology & Physiology:

1700 – 1730 Relative energy deficiency in sport syndrome

Dr Aoife Hegarty

Consultant Anaesthetist, Ireland

1A01, 3I00, 3J02

1740 – 1810 Managing drug toxicity and what you need to know

Dr Laura Hunter

Consultant ED medicine, GSTT

1A02, 2A12, 3I00

1820 – 1950 Prehabilitation Dr Heena Bidd

Consultant Anaesthetist, GSTT

3J02, 1I05, 2A12

### Wednesday 15 Jan

Chair: Dr Helen Burdett

**Paediatrics:** 

0800 – 0830 Death of a child Dr Miriam Fine-Goulden

**Consultant Paediatric Intensivist** 

Evelina

3D00, 3I00, 2D01, 2D07, 2C06, 1I03

0840 – 0910 Paediatrics on a small island Dr Sian Butterworth

Consultant Paediatrician, Isle of Wight 1E02, 1I02, 1I03, 2D01, 2D07, 3D00

Chair: Dr Clare Shannon

**Communication:** 

1700 – 1730 Communication in high pressured environments

Dr Hania Ward

Consultant Anaesthetist, Southampton

3A14, 2A11, 1I03, 1I02, 1H02

1740 – 1810 Damaging effects of a toxic workplace culture

Dr Kate Stannard

Consultant Anaesthetist, MTW

2A12, 1I03, 1I02

1820 – 1850 Sex based language Dr Orla Lacey

Consultant Anaesthetist, Marsden

1103, 1H02, 1F04

## **Thursday 16 Jan**

Chair: Dr Nicky Deacy

**Self-care:** 

0800 – 0830 What well-being in the workplace means to me

Dr Liz Bright

Consultant Anaesthetist Bury St Edmonds

1105, 1H02

0840 – 0910 Who is looking after us? Dr Ivana Pristicova

Consultant Perinatal Psychiatrist

Canterbury 3J00, 3J00

0920 – 0950 The forgotten tribe Dr Tina Schneider-Smith

Consultant Anaesthetist, Ashford

1F04, 3100, 3101, 3JO2

Chair: Dr Helen Burdett **Meanderings of life:** 

1730 – 1800 Surgical #metoo Dr Rebecca Fallaize

Consultant Surgeon, Guernsey

1103, 1102, 3100, 3J00

1810 – 1840 4 phases of women's careers Avivah Wittenberg-Cox

CEO 20-first

3J00, 1F05, 1F04, 1H02

#### Thank you and safe travels