

TIFFANY K. ENGLISH, LICSW
10740 Meridian Ave N #104
Seattle, WA 98133
(206) 499-6919
Email: tiffany@tenglishlicsw.com

Private Practitioner, Seattle, WA

Private Practice Therapist, 2002 to present. Provide therapy to families, children and adults for issues around depression, anxiety, divorce/custody, school/occupational problems, abuse, parenting, high needs babies, spirited children, grief and loss, and sexual identity. Within the framework of a Person-in-Environment model, utilize approaches such as Family Systems, Cognitive Behavioral Therapy and EMDR.

Children's Hospital, Occupational Therapy, Seattle, WA

Volunteer Group Facilitator, 2000 to 2009. Coordinate and facilitate support group for parents with children (0 to 5) with feeding issues in conjunction with Occupational Therapy. Work collaboratively with OT's to develop and promote this free service.

Group Health Cooperative, Seattle/Redmond, WA

Medical Social Worker, 2004-2005

Provided fill-in, as needed medical social work for Group Health's Eastside hospital and their Seattle Capitol Hill Central Hospital. Provided counseling and case management services to patients around areas such as oncology, nursing home care, emergency room mental health concerns and more.

University of Washington, Adolescent Medicine Section, Pediatrics – Nathan Hale/Summit Teen Health Center, Seattle, WA

Mental Health Counselor, 1999 to 2004. Provided direct mental health services, including individual, and group therapy, crisis intervention, brief therapy, case management, outreach, and health education to student populations at Nathan Hale High School, and Summit School (6th-12th grades) through a Public Health funded program aimed at addressing the health care needs of teens. Provided consultation to school staff and administrators, provided intake assessments and referrals, wrote articles on mental health topics for school newspapers, coordinated and facilitated groups, participated in grant writing and research studies. Participated in evaluation and restructuring of Public Health's Health in Schools programs.

Practicum Instructor, 2001 to 2004. Provided clinical supervision and instruction to MSW student(s) from the University of Washington School of Social Work.

Good Samaritan Mental Health, Puyallup, WA

Child & Family Therapist, 1996 to 1999.

School-based mental health therapist: Provided mental health counseling through individual and group therapy to special-education students as indicated on their IEP. Developed behavioral goals and objectives, provided consultation with school staff and administration, provided crisis intervention and education for handling potentially dangerous situations, acted as liaison and consultant to facilitate collaboration between systems, provided intake assessments and referrals.

Outpatient mental health therapist: Provided outpatient mental health treatment to children and families, including intake assessment and referrals. Collaborated with multiple systems and facilitated teams. Familiar with Managed Care procedures and requirements (both insurance and T-XIX). Acted as mental health liaison in community tragedy. Worked with multiple youth populations, including suicidal, traumatized, behaviorally and psychiatrically disturbed, and sexually aggressive youth.

Comprehensive Mental Health, Tacoma, WA

Crisis Stabilization Therapist, 1995 to 1996. Provided brief, intensive in-home therapy for children and families in crisis. Assessed family's needs for longer-term community support services, providing referral and advocacy as needed. Acted as children's consultant for Crisis Intervention Team and new Crisis Triage Center (CTC), provided ITA assessment in cases of suicidal, homicidal and gravely disabled children.

Crisis Respite Therapist, 1995 to 1996. Helped create new program for 24 hour, countywide children's crisis respite beds. Provided assessment, counseling, referral, and service coordination for families in need of crisis beds. Worked closely with CPS and FRS on cases of abuse and neglect, and with placement issues.

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Private Practice Visitation Supervision, Seattle, WA

Visitation Supervisor, 1994 to 1996. Supervised visitations between parent and child in child custody cases as ordered by Family Court. Provided summary assessment for court and evaluators.

Seattle Mental Health, Seattle, WA

Outpatient Therapist, Intern, 1994 to 1995. Provided individual therapy and case management to outpatient clients. Conducted groups for children ages 5 to 11 (personal safety, self-esteem, social skills). Provided school based therapy and case management for elementary students.

Valley Cities Mental Health, Auburn, WA

Crisis Stabilization Worker/Case Aid, 1994 to 1995. Provided in-home, intensive support through counseling, case management, and skill building to help stabilize children and families in crisis. Helped develop this new program.

Central Youth and Family Services, F.A.C.E.S. Program, Seattle, WA

Family reunification counselor, Intern, 1993 to 1994. Co-facilitated family therapy sessions in a home-based reunification program with ethnically diverse population. Co-facilitated Multiple Family Therapy meetings with the F.A.C.E.S. staff each week. Worked collaboratively to develop this demonstration project.

Dept. of Children and Family Services, Child Protective Services, Kent, WA

Social Worker I, 1993. Worked cases, coordinated caseload for colleagues, conducted phone and field interviews of clients, oversaw child-parent visitations, conducted drop-in inspection of client living environment, devised service plans for clients and provided documentation and summarization for court.

Ruth Dykeman Children's Center, Burien, WA

Residential Counselor - Boys' Program, 1993. Counseled adolescents with emotional and behavioral disturbances, and sexually aggressive youth, in a milieu setting.

Northwest Youth Services, Everett, WA

Assistant Crisis Worker in Crisis Residential Center, 1991 to 1992. Devised and implemented treatment plans for adolescents with emotional and behavioral disturbances. Coordinated and supervised activities for individuals and groups, coordinated group sessions, de-escalated adolescents in crisis.

Education

MASTERS IN SOCIAL WORK, University of Washington, Seattle, WA, 1995. Children, Youth and Family Concentration.

BACHELOR OF ARTS - PSYCHOLOGY, University of Washington, Seattle WA, 1991. Emphasis in sociology. Member of Psi Chi National Psychology Honor Society.

Memberships/Certificates

Licensed Clinical Social Worker #LW00005656

Member National Association of Social Workers (NASW)

Member of EMDRIA

Certified Provider of **EMDR** Therapy through EMDRIA