



Associate of Arts in Christian Life Coaching & Ministry Foundations

Institution: Lamad University

Total Credit Hours: 69 **Tuition:** \$65 per credit hour

Program Overview

The **Associate of Arts in Christian Life Coaching & Ministry Foundations** provides a strong biblical foundation and essential leadership, communication, and coaching skills.

Students are equipped to serve as **Certified Christian Life Coaches**, mentors, and ministry leaders—or to continue toward a **Bachelor or Doctor of Divinity degree**.

This program is ideal for students seeking **flexibility, affordability, and hands-on ministry training** through Lamad University's online, correspondence, and hybrid course options.

Core Curriculum (13 Courses × 3 Credits = 39 Credits)

#	Course Title	Description
1	Foundations of Faith and Christian Living	Explores salvation, discipleship, and spiritual growth through Scripture.
2	Old Testament Survey	Overview of God's covenantal history from Genesis to Malachi.
3	New Testament Survey	Examines the life of Christ and the birth of the Church.
4	Introduction to Biblical Interpretation	Teaches students how to interpret Scripture using biblical hermeneutics.
5	Christian Ethics and Moral Decision Making	Applies biblical values to modern moral and coaching challenges.
6	Introduction to Christian Leadership	Examines the servant-leadership model and ministry teamwork.
7	The Power of Prayer and Worship	Cultivating intimacy with God through spiritual disciplines.
8	Biblical Communication and Public Speaking	Practical training in preaching, teaching, and effective delivery.
9	Evangelism and Discipleship	Methods of reaching the lost and nurturing new believers.
10	Introduction to Counseling and Coaching Principles	Basics of faith-based life coaching and relational guidance.
11	Biblical Human Development: From Childhood to Maturity	Examines human growth stages and spiritual development.
12	Ministry Administration and Ethical Leadership	Fundamentals of ministry operations, time management, and ethics.
13	Humanities in the Bible (Humanities Core)	Studies the influence of biblical literature, art, and music.

Life Coach Certification Program (13 Modules = 30 Credits)

Students earn their **Certified Christian Life Coach Credential** through Lamad University's School of Coaching.

Modules Include:

1. Foundations of Life Coaching
 2. Identifying Purpose and Calling
 3. Coaching Ethics and Boundaries
 4. Active Listening and Empathy
 5. Overcoming Limiting Beliefs
 6. Deliverance and Emotional Healing
 7. Developing Faith-Based Coaching Models
 8. Coaching with the Fruits of the Spirit
 9. The Power of Words and Frequency
 10. Vision Mapping and Goal Setting
 11. Marketplace and Ministry Coaching
 12. Mentoring Future Leaders
 13. Practicum and Final Coaching Demonstration
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CLEP-Out Option for Core Courses

Students may **CLEP out of any or all core courses** by passing the **Lamad University Credit-by-Examination (CLEP-Out)** assessment.

- Each CLEP exam costs **\$65 per course**.
- Students receive a **study guide** for preparation.
- Exams are **not timed**, allowing thoughtful completion.
- A minimum score of **80%** is required to pass and receive full course credit.
- Successfully CLEPping out of all 13 courses reduces total tuition by **\$2,535** and allows completion of the associate degree in as little as **6–9 months**.

Tuition Summary

Component	Credits	Rate	Subtotal
Core Courses	39	\$65	\$2,535
Life Coach Certification	30	\$65	\$1,950
Total Program Tuition	69		\$4,485

CLEP-Out Savings: Up to **\$2,535**

Adjusted Tuition (CLEP + Scholarship): As low as **\$1,950–\$3,000**

Adell Foundation Partial Scholarship

Students maintaining a **75% (C average) or higher** in their core or CLEP-out exams may qualify for the **Adell Foundation Partial Scholarship**, which may **waive up to 50% of the Life Coach Certification tuition**.

☐ **Degree Completion Options**

Students completing this program may advance directly into:

- **Bachelor of Christian Ministry or Biblical Studies**, or
- **Doctor of Divinity Fast-Track Pathway** (with faculty recommendation).