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Shake Plus







Shake Plus is a supplement based on high quality soy proteins, fibres, vitamins and minerals. Enjoy a great Shake Plus for your breakfast or a great snack in a low-calorie diet, to support an active lifestyle and your weight control goals.

Shake Plus contains 25 vitamins and minerals, including vitamin D3 which contributes to the normal function of the immune system and vitamin C which contributes to the reduction of tiredness and fatigue.

Shake plus is suitable for a vegan diet, is gluten-free and contains no artificial colours or flavours. Use this product as part of a varied and balanced diet combined with a healthy lifestyle.



All our Shake Plus are:

- Rich in Ganoderma and Opuntia
- Rich in Protein and Fiber
- With 25 Vitamins and Minerals





It's Simple, Quick, Tasty, Nutritious Shake the contents of the jar before each use. To prepare a delicious shake, mix one scoop (25 g) with 250 ml of milk, water or vegetable drink of your choice.



STEP 1

1 measuring cup

STEP 2

250ml of milk



STEP 3 mix and blend

Vanilla flavor



Chocolate flavor



Cream and Biscuit Flavor

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Strawberry flavor



I like Banana Cream



Coconut Cream Flavour



750gr

Salted Caramel Flavor



CaffeLatte Flavour



Shake Low Carb

Food Supplement

A creamy shake with an intense cocoa flavour, perfect for a light but nutritious break. Rich in proteins and fibres, with a balanced mix of vitamins and minerals, it helps to support daily energy and maintain a sense of satiety. The formula is low in sugar and provides only 54,478 kcal per serving, ideal for those following a controlled or low carb diet.

Easy to prepare and pleasant to enjoy at any time of the day, Low Carb Shake is the ideal ally for staying in shape without sacrificing taste.



Plus Express

Protein Bars

Delicious chocolate and peanut flavored bar, enriched with soy protein and a crunchy mix of soy and rice crispies. An irresistible snack that combines taste and nutrition, ideal for recharging your batteries at any time of the day.

Rich in fiber, vitamins and essential minerals, it is the perfect choice for those looking for a healthy but tasty alternative. The practical packaging makes it perfect to always carry with you.

Discover the pleasure of a balanced snack with an explosion of flavors and a crunchy texture that conquers at the first bite.

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Protein Supplement

Protein Plus

Protein Plus is a protein supplement with a delicate vanilla flavor, formulated with instant whey protein (60%) and soy protein isolate (32%) to provide a complete and high-quality protein intake. Ideal for muscle recovery and maintaining lean mass, it is perfect to take after training or during the day. Its formula is low in sugar and without added sugars, suitable for those who follow a balanced and careful diet. It dissolves easily in water or milk, providing a creamy and pleasant drink.

Your daily ally for effective protein nutrition with an irresistible taste.







The Power of Protein

Energy, satiety and fitness in every sip

Protein is the building block of our body. Every cell, muscle, and tissue needs protein to grow, regenerate, and function at its best. But their power goes far beyond building muscle!

Hunger Control

Protein increases the feeling of satiety, helping you keep your appetite under control and reduce hunger pangs.

Ideal for those who want to lose weight or maintain their figure without sacrificing taste.

Constant energy

Unlike simple carbohydrates, proteins release energy in a more stable and prolonged manner.

Perfect for facing intense days with more strength and concentration.

Muscle mass support

During weight loss or exercise, protein protects lean mass, helping to define the body and improve performance.

Active metabolism

A diet rich in proteins stimulates the metabolism: the body burns more calories to digest them, naturally increasing the daily energy expenditure.

Our protein meal replacements are formulated to offer you the right balance of nutrition, convenience and taste. Each serving is balanced to help you reach your goals whether it's losing weight, staying fit or simply taking car

Discover the power of protein.

Choose the nutrition that works for you



Complete Drink with Blood Orange Flavor

Discover the secret to complete well-being with Complete Drink with Blood Orange Flavor, a powdered food supplement formulated to offer complete and balanced nutritional support. Our exclusive composition combines a harmonious blend of fibers, plant extracts, vitamins, minerals and probiotics, designed to contribute to the general wellbeing of your body. The fresh and intense taste of blood orange makes every intake a pleasant moment, while the balanced composition supports digestion, promotes the balance of intestinal flora and helps strengthen the

natural defenses. Additionally, antioxidants in ingredients like turmeric and red grapes help protect cells from oxidative stress, supporting long-term health.

Try it today and feel the difference!

HOW TO USE

Dissolve one measuring spoon (12 g) in 180 ml of natural water.





Oliben Super Plus is an innovative food supplement formulated with a combination of natural extracts: Opuntia, olive leaves, artichoke and tamarind. This unique formulation offers antioxidant, digestive, draining and purifying properties to support the general well-being of the body.

This supplement is ideal for those looking for complete support for digestive health, body cleansing and antioxidant protection. Incorporating natural ingredients and benefits for various aspects of health, Oliben Super Plus is an excellent choice for daily well-being.

HOW TO USE

Pour 1 scoop (3 grams) into 100ml of water. You can dissolve the contents of the recommended daily dose in 1.5-2 liters of water and drink during the day.





Every day, the skin is exposed to factors that can compromise its brightness, hydration and elasticity. Colmarin Beauty was created to offer complete support to your wellness routine, helping you to take care of your skin in a natural and conscious way. Its formula based on marine collagen is enriched with a selected mix of fruit extracts and antioxidant vitamins, designed to protect cells from oxidative stress and support skin beauty from within. With a pleasant taste and practical packaging, it is the ideal companion for visibly healthier, brighter and more cared for skin, day after day.

Colmarin Beauty: a daily gesture to enhance your beauty and well-being, at any age.

HOW TO USE

It is recommended to take 2 scoops (8 g) to be dissolved in 150 ml of cold water, fruit juice or yogurt, preferably in the morning. Shake well before use



Aloe Nettle 90%

for Digestive, Immune and Detoxifying Wellbeing

Aloe Nettle 90% is a natural formulation based on pure Aloe Vera juice (90%) and Nettle extract, enhanced with Vitamin C. Thanks to the high concentration of Aloe, it has an emollient and soothing action on the digestive system, contributing to gastric and intestinal well-being. Nettle, known for its purifying properties, promotes the drainage of body fluids and the functionality of the urinary tract. The presence of Vitamin C strengthens the immune system and helps protect cells from oxidative stress.

The carefully selected flower honey gives the product a delicate and natural taste, making it pleasant to take every day. An ideal choice for those who want a complete supplement, with a digestive, purifying and protective profile.

HOW TO USE

It is recommended to take a total of 100 ml per day, dividing it into two or three doses. For two daily intakes, simply dilute 50 ml of product in 300 ml of water or juice and drink this amount at two different times of the day. Alternatively, for three intakes, you can dilute 33 ml of product in 200 ml of water or juice and take this preparation three times a day. Remember to shake the bottle well before each use.



Active Aloe for Digestive, Joint and Antioxidant Wellbeing

Aloe Attiva is an advanced formula that combines the regenerating power of Aloe Vera (40%) with a functional complex of targeted active ingredients such as Glucosamine, Chondroitin, MSM, Collagen, Vitamin C and Vitamin E. This synergy is designed to support joint and connective tissue well-being, helping to maintain mobile joints and elastic tissues. Aloe Vera has a soothing effect on the digestive tract, while Vitamin C promotes collagen synthesis and protects against oxidative stress. MSM and Chondroitin complete the formula, helping to combat inflammation and joint stiffness. Ideal for those who play sports, lead an active lifestyle or are looking for natural support for joint health, Aloe Attiva represents a complete solution for 360° well-being.

HOW TO USE

Take 40 ml per day, diluted in 240 ml of water or juice. Shake before use. If you have any medical conditions or are taking any pharmacological therapies, consult your doctor before use.

Aloe Vera 98% for Digestive and Immune Wellbeing

Aloe Vera 98% is a food supplement in gel form made with 98% pure Aloe Vera juice, extracted from fresh leaves and unpasteurized to preserve all its natural properties. Aloe Vera is known for its emollient and soothing action on the digestive tract, useful in case of slow digestion, burning or abdominal swelling. Enriched with Vitamin C, this product supports the normal function of the immune system and protects cells from oxidative stress.

The peach flavor gives freshness and makes it pleasant to take, even for those who do not like flavors that are too intense. Ideal as a daily support for digestive health and general well-being of the body, it is also suitable during periods of particular fatigue or after pharmacological treatments.

HOW TO USE

It is recommended to take a total of 100 ml per day, dividing it into two or three doses. For two daily intakes, simply dilute 50 ml of product in 300 ml of water or juice and drink this amount at two different times of the day. Alternatively, for three intakes, you can dilute 33 ml of product in 200 ml of water or juice and take this preparation three times a day. Remember to shake the bottle well before each use.



Collagen Beauty

Revitalize Your Beauty with Collagen and Vitamins

Collagen Beauty is a food supplement whose advanced formulation, enriched with high quality hydrolyzed collagen, B vitamins, hyaluronic acid, vitamin C, nicotinamide, biotin and zinc. offers numerous benefits for your skin. hair and nails.

Collagen Beauty is the perfect choice for those who want to maintain and enhance their natural beauty from within. Experience brighter skin, healthier hair and stronger nails with Collagen Beauty and reclaim your beauty every day!



HOW TO USE

Dissolve 2 scoops (10g) in 150ml of cold water, fruit juice or yogurt, preferably in the morning. Shake before use.



Collagen EXTRA Beauty Collagen: The Secret to Timeless Beauty

Collagen Extra Beauty is the ideal ally for a luminous, hydrated and young skin. It helps to improve elasticity and reduces superficial wrinkles, while protecting the skin from oxidative stress and stimulating the production of collagen.

Thanks to its formula rich in vitamins and antioxidants, it also promotes the growth of nails and hair, reducing their fragility.

Soluble, concentrated and with 42 doses per pack, it is perfect for taking care of yourself every day.

HOW TO USE

Dissolve 1 or 2 5g scoops of product in 150 ml of water, fruit juice or yogurt, preferably in the morning. Shake well before use.



Collagen Freedom

Boost Your Health with Collagen, Calcium and Vitamin D3

Collagen Freedom is a food supplement with an advanced formulation that combines high quality hydrolyzed collagen, calcium and vitamin D3. This product offers numerous benefits for joint health.

Collagen Freedom is your ally for healthy bones, teeth and general well-being.

Invest in your health today by choosing Collagen Freedom for a more active and comfortable life.



Dissolve 2 scoops (10g) in 150ml of cold water, fruit juice or yogurt, preferably in the morning.

Shake before use.



Collagen EXTRA Freedom

Daily well-being with collagen, calcium and vitamins

Collagen Extra Freedom is an ideal supplement for bone and joint health.

With essential vitamins such as C, D3 and K, it supports collagen formation, muscle and bone health, and the protection of cells from oxidative stress.

Enriched with a mix of fruits and vegetables, such as red aubergine, spinach and cabbage, it helps improve joint mobility and reduce the risk of damage and inflammation.

With 42 doses per pack, it is easily assimilated thanks to its concentrated and soluble formula.

HOW TO USE

Dissolve 1 or 2 5g scoops of product in 150 ml of water, fruit juice or yogurt, preferably in the morning. Shake before use.



Burn Plus

for Thermogenic Activity and Cognitive Well-being

Burn Plus is a food supplement designed to promote thermogenic activity, accelerating the body's metabolism and offering stimulating and toning benefits.

This supplement also supports cognitive functions, counteracting physical and mental fatigue.

Burn Plus is ideal for those looking for a supplement to control weight balance by stimulating the metabolism.

HOW TO USE

2 capsules per day, before one of the two meals, to be swallowed with a glass of water.





Burn Night is the ideal supplement for those who want to promote weight control and stimulate metabolism in a natural way. Thanks to a formula rich in plant extracts, carnitine and vitamins, it helps reduce hunger, supports digestion and promotes mental well-being, ideal for a regenerating rest.

Perfect for those seeking balance and visible results with a healthy and targeted approach.

HOW TO USE

It is recommended to take 2 capsules per day, after dinner or before going to bed.



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Cellucaps

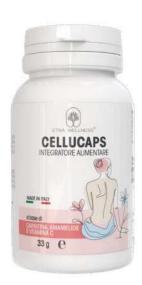
for Circulatory Health and General Wellbeing

Cellucaps is a food supplement designed to promote healthy venous circulation, promote collagen formation and protect cells from oxidative stress. Its advanced formulation combines L-Carnitine, Witch Hazel Extract and Vitamin C, offering effective support for the wellbeing of blood vessels and helping to reduce tiredness and fatigue.

Cellucaps represents a complete solution for those who want to improve vascular health and maintain better daily vitality.

HOW TO USE

Take 2 capsules per day (1 capsule in the morning and 1 capsule in the evening), swallowed with a glass of water.



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Control Plus

for the Control of Hunger and Metabolism

Control Plus is a food supplement formulated to help control the feeling of hunger, improve the digestive process and support the correct functioning of carbohydrate and lipid metabolism.

It also fights fermentation and intestinal gas.

Control Plus is indicated for those who want support in weight management through appetite control and improved metabolism.

HOW TO USE

1-2 capsules per day, away from meals, to be swallowed with a glass of water.



K-Plus

Metabolic Balance and General Wellbeing

K-Plus is a food supplement formulated with extracts of Turmeric, Berberis,

Emblica, Cassia and Ginger, thought to improve liver health, promote bowel function and support the

general well-being. Turmeric with 95% curcuminoids supports liver detoxification and reduces inflammation, while Berberis contributes to metabolism and carbohydrate regulation.

K-Plus is the ideal choice for those seeking natural support for metabolism, liver and intestinal health, and to promote optimal body weight balance. Integrate K-Plus into your daily routine to improve your overall well-being.

HOW TO USE

Take 1-2 capsules daily, before meals.



AC Plus is a cutting-edge supplement that combines the powerful properties of Vitamin C, Vitamin B3 (Nicotinamide), Taurine and Carnitine. This advanced formula not only supports energy metabolism, but also protects against free radicals, contributing to general well-being.

Experience the power of Vitamin C, Vitamin B3, Taurine and Acetyl L-Carnitine with AC Plus and promote your well-being every day.

HOW TO USE

Shake well before use. We recommend 4ml (2 pipettes) per day, dissolved in water.



AC PLUS

100 ml (

K-Come

Your Ally for Digestive and Mental Wellbeing

K-Gel is an advanced dietary supplement designed to improve gut health, promote mental well-being and support weight management in a natural and effective way. Thanks to its unique formulation, K-Gel offers a series of benefits that contribute to the overall improvement of the quality of life.

K-Gel is the ideal choice for those who want to improve intestinal health and maintain a balanced body weight in a natural way. Discover the benefits of K-Gel and add this supplement to your daily routine for an overall improvement in your well-being.



Dissolve 1 level tablespoon (about 13 g) 2 times a day, preferably with meals, in 250 ml of water.



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Colest-RiceRed+
for Cholesterol Control
and Cardiovascular Support

Colest-RiceRed+ is an innovative food supplement formulated to support cardiovascular health through an advanced combination of key ingredients: Fermented Red Rice, Gamma Oryzanol and Vitamin B3 (Niacin).

Discover COLEST-RICERED+ and keep your cholesterol under control for optimal cardiovascular health!

HOW TO USE

Take 1 capsule per day with a glass of water.





Tea Dren Mix Flavors: Classic, Peach or Lemon

Tea Dren Mix is a food supplement available in Classic, Peach or Lemon flavors, formulated with a combination of plant extracts such as Hibiscus, Rooibos red tea, Birch, Garcinia cambogia, Reishi, Green tea and Mallow. All these plants work in synergy to promote the drainage of body fluids, perform an effective purifying action, promote the functionality of the urinary tract and perform a powerful antioxidant action, thus contributing to the general well-being of the body.

Tea Dren Mix is ideal for those looking for natural support for managing water retention and promoting correct urinary tract function, with a choice of flavors that makes its consumption pleasant and effective.

HOW TO USE

1 scoop to be taken in 250ml of cold or warm water, preferably in the morning; or in 1.5/2 litres of water and drink during the day.



Renew the well-being of your legs with CelluTea, the powdered food supplement specifically formulated to combat the unsightly appearance of cellulite. This unique product combines high-quality natural ingredients for effective and targeted action against cellulite.

CelluTea is the ideal

choice to renew the wellbeing of your

legs and fight cellulite in a natural and effective way.

HOW TO USE

1 scoop per day in 500ml of natural water.





Tea Dren Strong Infusion Natural Draining Infusion Powder

Discover the secret of optimal well-being with Tea Dren Infuso Forte, an exclusive blend formulated to promote the general well-being of the body through an effective and natural draining action. Combining the beneficial properties of green tea, black tea, Hibiscus, cardamom and guarana, this infusion represents the ideal support for those who want to stimulate the metabolism, combat physical and mental fatigue, and improve digestive function.

Tea Dren Infuso Forte is your daily ally for complete and natural well-being. By choosing Tea Dren Infuso Forte, you invest in your physical and mental balance, with the convenience of a tasty and healthy infusion. Buy Tea Dren Infuso Forte today and discover the power of a natural infusion for the well-being of your body!

HOW TO USE

1 measuring spoon to be taken in 250 ml of cold or lukewarm water, preferably in the morning or in 1.5/2 litres of water and drink during the day.



Super Fibre for Digestive Well-being

Super Fibre is a dietary supplement formulated to support the well-being of the digestive system, promote body weight balance and improve the regularity of intestinal transit. Its emollient and soothing properties work effectively to promote a healthy digestive system.

Super Fibre is ideal for those who want to improve digestive health and support their general wellbeing through a natural and effective supplement.

HOW TO USE

1 scoop per day in 200ml of natural water.

Maximum and minimum dosage depending on the person's health status and body weight.



Discover the secret to optimal well-being with R-MINERAL, the powdered food supplement formulated to provide an ideal intake of minerals, trace elements and Vitamin D. Our advanced formula is designed to support various aspects of your physical health, from bone strength to immune function, to maintaining a balanced metabolism.

Feel your best every day with R-MINERAL!

Order now and discover the power of a balanced and delicious nutritional supplement.

HOW TO USE

Dissolve approximately 1 measuring spoon (approximately 6 g) in 250 ml of natural water and once a day, mix well until completely dissolved. Drink immediately in small sips immediately after preparation, also excellent in the evening.



Spirucaps is a food supplement formulated with Spirulina (Arthrospira platensis Gomout), known for its nutritional properties and benefits for general well-being. This superfood is renowned for its richness in proteins, vitamins, minerals and antioxidants, which support health and contribute to the maintenance of daily energy.

Discover the nutritional power of Spirulina with Spirucaps and improve your well-being every day!

HOW TO USE

3 capsules per day, away from meals.







Energizer Powdered Food Supplement

Powdered food supplement formulated to support normal energy metabolism and combat physical and mental fatigue. With a unique combination of natural extracts and a rich complex of vitamins, Energizer offers you the energy needed to live every moment with vitality and concentration.

Renew your energy and vitality with Energizer. Face each day with strength and concentration

HOW TO USE

Dissolve 1 scoop (2 g) in 40 ml of natural water 3 times a day.

OxyPlus

for Antioxidant Protection and Wellbeing

Powdered food supplement formulated with an extraordinary blend of plants and vitamins that work synergistically to protect cells from the damaging action of oxidative stress. This innovative product not only supports the formation of collagen to maintain healthy skin, blood vessels, bones and cartilage, but also contributes to the normal functioning of the immune system.

Discover the power of Oxyplus and protect your body from the inside, day after day!

HOW TO USE

Dissolve 2 scoops (8 g) in 150 ml of natural water.



Life

Energy and Metabolic Supplement with B Group Vitamins

Food supplement designed to support the nervous system and optimize carbohydrate and fat metabolism.

Promotes proper energy functioning, reducing the feeling of tiredness and improving general well-being.

The presence of the B vitamin complex provides stimulating and invigorating properties, supporting long-lasting energy and greater vitality.

Life is ideal for those who want to improve their daily energy and vitality, while simultaneously supporting the metabolism and nervous system with a complex of vitamins essential for general well-being.

HOW TO USE

5 grams per day diluted in 100ml of water.







Relax

for Mental and Physical Wellbeing

Relax is a food supplement designed to promote mental and physical relaxation, offering a natural solution to address insomnia disorders and improve the quality of sleep. The combination of selected ingredients such as Melatonin, Chamomile, Melissa, Hawthorn, Inositol and fennel seeds effectively supports psychophysical well-being.

Relax is the ideal choice for those looking for a natural supplement to improve night's rest, relax and face everyday life with greater serenity.

HOW TO USE

1-2 capsules per day, swallowed with a glass of water



RosaC1000

Vitamin C Supplement with Rosehip

Food supplement formulated to exploit the powerful antioxidant benefits of vitamin C, which supports the immune system, increasing the body's defenses and contributing to the neutralization of

free radicals, and Rosa Canina, known for its immunostimulating, antioxidant and anti-inflammatory properties, further enriches the formula.

RosaC1000 is the ideal supplement for those who want to strengthen the immune system and protect general health, ensuring optimal protection against oxidative stress and supporting

the body's natural immune response.

HOW TO USE

1 capsule per day to be swallowed with a glass of water.



Omega1000

High Quality Supplement for Your Everyday Wellbeing

Omega 1000 is a high quality supplement for your daily well-being. It also provides a supply of vitamin E, contributing to the protection of cells from oxidative stress.

Each pearl contains 1000 mg of essential fatty acids, including 350 mg of EPA and 250 mg of DHA, which support normal cardiac function. DHA also contributes to the maintenance of normal brain function and vision.

Choose Omega 1000 to support your health with confidence every day!

HOW TO USE

1 capsule per day, away from meals, to be swallowed with a glass of water.



Enzymes and Paraprobiotics

to Improve Digestion and Support Nutrient Absorption

Advanced supplement that combines essential digestive enzymes and paraprobiotics to support efficient digestion and improved nutrient absorption. The formula contains enzymes such as alpha-amylase, protease, lactase, cellulase and lipase, which help digest carbohydrates, proteins. fiber and fats.

It promotes the health of the intestinal microbiota and helps protect the intestinal barrier. It reduces bloating, cramps and digestive disorders, improving general wellbeing and optimizing digestion.

HOW TO USE

It is recommended to take 1 capsule at breakfast, lunch and dinner, to be swallowed with water.



Moringa Pura Moringa Seed Supplement

Moringa Pura is a food supplement formulated with Moringa seeds, known for their benefits on digestive health, fluidity of bronchial secretions and regularity of the sweating process. These seeds also promote normal blood circulation, support lipid metabolism and contribute to maintaining body weight balance.

Moringa Pura is ideal for those seeking natural support to improve various aspects of health, including digestion, circulation and lipid metabolism. It ensures that you benefit from the nutritional and functional properties of Moringa seeds in a convenient and effective way.

HOW TO USE

1-2 capsules per day to be swallowed with a glass of water.



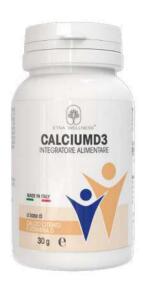
CalciumD3 Calcium and Vitamin D3 Supplement

CalciumD3 is a food supplement formulated with calcium and vitamin D3, ideal for promoting healthy bones and muscles. Calcium citrate supports the function of cells, nerves and muscles, while vitamin D3 contributes to the normal absorption and use of calcium and phosphorus, as well as to the maintenance of adequate levels of calcium in the blood.

CalciumD3 is indicated for those who wish to actively support bone and muscle health through a targeted supplementation of calcium and vitamin D3.

HOW TO USE

1 capsule per day, to be swallowed with a glass of water.



Venixin200

for Cardiovascular Wellness

Venixin200 is a food supplement formulated to promote the well-being of the microcirculation and the cardiovascular system.

Its composition combines blueberry, antioxidantrich grapes and vitamin C to strengthen the walls of arteries and veins

Venixin200 is indicated for those who wish to improve the health of the cardiovascular system and microcirculation, improving the health of their legs, with a mix of powerful antioxidants and nutrients.

HOW TO USE

2 capsules per day, to be swallowed with a glass of water.



LaxiFlow

Based on Plant Extracts

Food supplement based on plant extracts. The formula contains natural extracts of fig, ash (95% mannite), fennel, mallow, licorice, buckthorn and senna, selected for their beneficial properties on the digestive tract. LAXIFLOW is ideal for promoting intestinal regularity and the general well-being of the digestive system.

Discover the power of nature with LAXIFLOW, your ally in case of intestinal irregularities.

HOW TO USE

It is recommended to take 1 measuring spoon (10 ml) in the evening or as needed.



ArtFort

Glucosamine Sulphate and MSM Food Supplement

Art Fort is a food supplement formulated with Glucosamine sulphate and MSM

(Methylsulfonylmethane), designed to adequately integrate these nutrients when their intake through the diet is insufficient or in the presence of an increased physiological need.

Art Fort is indicated for those who want a targeted integration, in addition to a balanced diet, of Glucosamine and MSM.

HOW TO USE

1 capsule per day, to be swallowed with a glass of water.



Colostrong for Gut Health and Immune Support

Food supplement formulated with an advanced combination of natural ingredients designed to promote healthy intestinal flora, increase muscle mass and support the immune system. Ideal for athletes and active people, Colostrong is designed to combat fatigue and promote rapid physical recovery after intense activity.

Colostrong is the ideal choice for those looking for complete support for gut health, the immune system and physical performance. Harness the power of natural ingredients to improve your overall health and well-being.

HOW TO USE

2 capsules per day, to be swallowed with a glass of water.





Prostamen

for Prostate and Urinary Tract Health

ProstaMan is a dietary supplement in pearls formulated to promote the normal functionality of the urinary tract and support prostate health in a natural way. Serenoa Repens, also known as saw palmetto, is known for its beneficial support for prostate health.

ProstaMan is the ideal choice for men who want to maintain prostate and urinary tract health in a natural and effective way. Choose ProstaMan for your daily urinary and prostate health!

HOW TO USE

1 capsule per day, to be swallowed with a glass of water.





CistinStop is a food supplement based on Cranberry and enriched with D-Mannose, formulated to promote the well-being of the urinary tract. This powerful extract helps protect the mucous membranes of the urinary tract, preventing adhesion and colonization by bacteria that can cause urinary infections, even recurrent ones.

CistinStop is ideal for those who want to actively protect the health of the urinary tract, reducing the risk of infections, without compromising the natural balance of the body.

HOW TO USE

1 capsule per day to be swallowed with a glass of water.







The strength of Opuntia, enclosed in a unique formula.

From the Mediterranean tradition comes a new line of food supplements designed for those who want to find wellness and lightness in a natural way. Based on Opuntia juice, rich in fiber, vitamins and antioxidants, OPUS helps the body to purify itself, promotes digestion and supports the metabolism. At a time when more and more people are looking for effective and natural solutions to improve their lifestyle, OPUS establishes itself as a concrete, innovative and already highly requested answer on the market.

Because OPUS is not just a supplement: It's the new chapter of your well-being.





Blueberry Opuntia Juice
with Blackberry Dry Extract and Vitamin C

Our Opuntia juice, enriched with wildflower honey, combines the flavor of nature with the benefits of a complete supplement. A concrete help to support the health of your intestine, regulate transit and contribute to weight control in a harmonious way.

An Opuntia-based supplement designed for your daily balance, now in an even more pleasant peach-flavored version. It promotes intestinal regularity and supports digestion, with a fresh sip that combines functionality and pleasure.

Thanks to the presence of dry extract of blackberry, this supplement also promotes the functionality of the microcirculation, helping to counteract the feeling of heaviness in the legs.

HOW TO USE

It is recommended to take 10 ml per day of pure product or diluted in cold or lukewarm water, preferably in the morning.







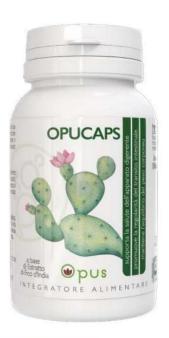
Opucaps based on Prickly Pear Extract

Opucaps is the food supplement based on Prickly Pear (Opuntia ficusindica), ideal for maintaining body weight balance and promoting digestive well-being. Its natural properties help modulate the absorption of nutrients, promoting regularity and comfort. With 60 easy-to-take 400 mg capsules, it is the perfect daily support for those who want to take care of themselves in a simple and natural way.

Try it and rediscover the pleasure of feeling fit every day!

HOW TO USE

Take 2-3 capsules daily with a glass of water.



Why choose Opuntia juice?

Opuntia juice, derived from the prickly pear fruit, is much more than a simple drink: it is a natural concentrate of well-being, appreciated for centuries for its extraordinary properties.

Rich in soluble and insoluble fibers, vitamins (especially vitamin C) and essential minerals, this juice is a valid ally for the correct functioning of the digestive system.

The mucilages contained in Opuntia have an important emollient and soothing action on the gastrointestinal mucous membranes, helping to protect and calm the stomach and intestines. This makes it particularly useful for those who suffer from disorders related to slow digestion, bloating, or irregular intestinal transit.

But the benefits of Opuntia do not stop there: thanks to its ability to slow down and modulate the absorption of nutrients, especially sugars and fats, this fruit also helps maintain body weight balance. It is therefore a valid support in diets aimed at weight control or managing nervous hunger.

Opuntia juice is a smart choice for those who want to take care of their body in a natural way, without sacrificing taste. In just one sip, Opuntia juice contains the strength of Mediterranean nature and the tradition of phytotherapeutic well-being, offering you a regenerating and complete experience.







The Olixfit project was born from a great vision:

Using the gifts that nature offers us and the elements that we find in our territory to transform them into well-being for all.

The creation of unique, natural products, capable of combining psychophysical well-being with the beneficial effects of the Mediterranean diet, is our commitment and our mission. For this reason, our products exploit the extraordinary effects of OLIXINA®, "the molecule that improves life", which is found in olive leaves and which adds value to our being proudly Made in Italy - a guarantee of goodness and quality.

Olive oil, also called the Gold of the Mediterranean, has ancient origins that date back over 6,000 years and that have been passed down over the centuries with folk tales and religious texts. The Olive tree owes this interest to its extraordinary characteristics that allow it to live over the centuries without modern treatments and pesticides, making it unique and in some ways eternal.

The properties of OLIXINA® derive from a bitter glycoside called Oleuropein (Oleuropein) extracted from olive leaves and oil. Modern processing techniques, respecting nature, allow us to obtain a concentration of Oleuropein from 40% to 70% which we have registered with the trademark OLIXINA®.

Let's achieve well-being together, with small daily gestures

Oleo Active

Liquid food supplement based on plant extracts and OLIXINA®

Olive leaves promote the metabolism of carbohydrates and lipids.

They contribute to normal blood circulation and regular blood pressure. They promote antioxidant function.

Artichoke contributes to normal digestive, antioxidant, liver and body cleansing functions and helps eliminate intestinal gas as well as promoting lipid metabolism.

Turmeric promotes the normal functions of the digestive and joint systems, digestive, liver and antioxidant functions, and also helps to combat menstrual cycle disorders.

Milk Thistle promotes digestive, liver, antioxidant and body cleansing functions and aids carbohydrate metabolism.

Choline contributes to the maintenance of normal liver function. Vitamin C helps reduce tiredness and fatigue.

TIPS FOR USE

Take 50ml diluted in 100ml of water or juice. Shake before use.

Olixina

Food supplement based on Olive ES

Olive is an antioxidant that promotes carbohydrate and lipid metabolism, normal blood circulation and regular blood pressure.

TIPS FOR USE

It is recommended to take 1 tablet per day to be swallowed with a glass of water.

Give your body the natural support it deserves



Helps regulate blood pressure



Promotes an action antioxidant



Promotes metabolism
of lipids and carbohydrates

POSITIVE

Contributes to normal blood circulation

Oleo

Liquid food supplement based on plant extracts and OLIXINA®

The glyceric extract of olive leaves and OLIXINA®, an olive leaf extract titrated in oleuropein, promote normal carbohydrate and lipid metabolism, normal blood circulation and regular blood pressure, also promoting an antioxidant action.

Rosemary glyceric extract supports digestive and liver functions and promotes an antioxidant action together with turmeric extract.

TIPS FOR USE

For correct dietary use, we recommend taking 50 ml of Olèo® once a day using the measuring cup provided, pure or diluted in a glass of water. Shake the bottle before use.



Caffè OLIXFIT powered by EtnaCoffee

Our refined coffee blend is an authentic expression of classic Italian coffee, designed for those seeking taste and quality in every cup. The aroma is intense, the profile soft and refined.

Each serving contains 250 mg of Olixin, our exclusive Olive extract, titrated in Oleuropein. Among the physiological effects to which the Olixin contained in our coffee blend contributes are: support for the metabolism of carbohydrates and lipids, support for normal blood circulation, maintenance of regular blood pressure and an antioxidant action.

Thanks to the union of Olixina with coffee, this capsule not only represents a moment of pleasure and recharging, but also becomes a precious ally for health.



Coming!

powered by



Compatible capsule NESPRESSO*

Single doses of roasted and ground coffee.

Processed and stored in a protective atmosphere.

*The brand is not owned by Etna Wellness Srl or any
companies associated with it.



The Doctor answers



An expert in the nutraceutical market of food supplements in Italy and Europe, he boasts over 22 years of career in the sector, collaborating with market-leading companies.

What is the Aikido line?

It is a range of natural supplements based on mushrooms and algae, inspired by oriental tradition to naturally support the balance and well-being of the body. "Aikido" means "the way of harmony of vital energy".

Mycotherapy and medicinal mushrooms

Used for millennia in traditional Chinese medicine, medicinal mushrooms are rich in bioactive substances with immunomodulatory, anti-inflammatory and adaptogenic properties. They improve metabolism, protect against free radicals and promote the balance of the microbiota.

Origins and historical value

Once reserved for emperors, medicinal mushrooms were considered the elixir of life. Today, they are grown sustainably to make them accessible to all.

Why are they important?

They contain beta-glucans and other bioactive compounds that stimulate the immune system, improve energy levels, promote recovery and increase resistance to stress.

Gluten free and safe

All Aikido products are gluten-free and formulated to ensure maximum safety and quality. For anyone with particular health conditions or taking medications, it is still advisable to consult a doctor before use.

Beta-glucans: What are they?

These are complex sugars that "train" the immune system, help reduce LDL cholesterol levels, regulate blood sugar levels and help strengthen general health.

Where to find them?

Beta-glucans are natural compounds found in various food sources, including oats. However, mushrooms contain significantly higher quantities. Thanks to a specific extraction, their bioavailability is significantly increased, ensuring better absorption and superior efficacy.

Mushrooms used in the Aikido line

Reishi: promotes relaxation and strengthens the immune system. **Shiitake:** supports cardiovascular health.

Maitake: contributes to balanced metabolism and blood sugar control.
Hericium: supports the nervous system and improves concentration.
Cordvceps: Increases physical stamina and energy levels.

Why choose algae?

They are naturally rich in proteins, vitamins, minerals, Omega-3 and antioxidants, essential nutrients for general well-being. Algae support thyroid function, promote detoxification processes and contribute to the maintenance of cardiovascular health.

Valuable algae from the Aikido line

Spirulina: rich in proteins, iron and antioxidants.

Fucoxanthin (Wakame): supports weight management and lipid metabolism.

Quality and production

Raw materials selected from certified suppliers, with rigorous controls to guarantee efficacy and purity. The Aikido line combines tradition and innovation for daily well-being.

Reishi Puro

Pure Reishi is a food supplement based on dry extract of Ganoderma lucidum, a mushroom known for being a valid aid in supporting the immune defenses of our body thanks to its content of polysaccharides responsible for its ability to stimulate and regulate the immune system.

Maitake Puro

Maitake puro is a food supplement based on Grifola frondosa, a mushroom generally known as hen of the woods or maitake. Thanks to the polysaccharide content, this mushroom supports the body's natural defenses. This makes it ideal for those who want to support their immune system in a natural way.





Cordyceps Puro

tonic action and metabolic support.

Cordyceps puro is a food supplement based on dry extract of Cordyceps sinensis, also known as Chinese caterpillar mushroom. Among the mushrooms used for nutraceutical purposes, Cordyceps is one of the most used and is capable not only of supporting the body's natural defenses, but also promotes the functionality of the upper respiratory tract. Furthermore, it helps to perform a

Shiitake Puro

Pure Shiitake is a food supplement based on Lentinula edodes, also known as shiitake mushroom. This mushroom is rich in polysaccharides known for their ability to offer support to the immune system. This supplement is recommended to support the body's natural defenses.

Pure Hericium

Hericium puro is a food supplement based on Hericium erinaceus, also known as lion's mane mushroom, rich in polysaccharides which are known for their ability to promote the body's natural defenses.







Fast Joints Chronic Joints

Articolazioni Fast is a supplement designed to promote rapid recovery in the event of joint trauma. Thanks to plant extracts, mushrooms and astaxanthin, it has an antioxidant action that helps relieve sprains, contractures and sports injuries, contributing to the rapid recovery of joint well-being.

Articolazioni Cronic is indicated for the daily support of joints, especially in the presence of chronic discomfort. It contains a synergy of plant extracts, mushrooms, vitamin D3, coenzyme Q10 and astaxanthin, which promote joint health with a natural and effective antioxidant action.



Difese Adulti is a supplement designed to support the immune system thanks to mushrooms and plant extracts with antioxidant action. It helps strengthen the body's natural defenses and the functionality of the respiratory tract, proving useful both in winter and summer, when temperature changes can weaken the immune system. body.

Difese Bimbi is a natural support to strengthen the immune system of the little ones. Its formula with plant extracts, mushrooms and vitamin D3 offers an antioxidant and support action, contributing to the daily protection against seasonal diseases and promoting the healthy and active growth of the child.



Dry extract of dog rose



Dry extract of Pelargonium

Multivitamin and Restorative Adults Multivitamin Kids

Multivitamin and restorative Adults, designed to improve general well-being and daily vitality, combines vitamins and natural ingredients to support the immune system, energy metabolism and reduce tiredness and fatigue. It also promotes the proper functioning of the nervous system, psychological function, cardiac health and protects against oxidative stress, offering a complete restorative action.

Multivitamin Kids is designed to promote growth and daily well-being, provides a balanced intake of vitamins useful for supporting the immune system, energy metabolism and combating tiredness. It also helps protect cells from oxidative stress, contributing to the vitality and energy of the little ones.

Balance Woman Weight Balance

Balance Woman is a supplement designed for female well-being, formulated with plant extracts with toning properties. It helps relieve disorders related to the menstrual cycle, improving mood and promoting a feeling of general well-being.

Weight Balance is a natural formula designed to support the maintenance of body weight. It contains spirulina algae, which has a restorative action, and wakame algae, which promotes purifying functions and contributes to weight balanc Ideal for those who want natural help in managing their physical well-being.



Performance Men Tonic Mind

Performance Uomo is a supplement designed to increase vitality and improve male physical and mental performance. Thanks to dry extracts, it supports cognitive functions, mood and combats fatigue, offering a tonic and antioxidant action for general well-being and cellular protection.

Mente Tonica is a supplement based on toning plant extracts that help fight physical and mental fatigue, improve mood and support mental well-being. It contains antioxidants that protect cells from oxidative stress, making it ideal for those who want greater attention and concentration in the most intense periods.

Vitality Coffee

Bring wellness to your cup with Caffè Vitality! Discover the pleasure of a coffee that not only wakes you up, but also supports your immune system, thanks to the formula enriched with Reishi, Maitake, Shiitake, Hericium and Agaricus mushrooms! Caffè Vitality is your perfect choice for a healthy and natural energy, without added sugars. Each sachet contains a blend of high-quality ingredients, designed to offer you a rich and enveloping taste experience.

Coming,



Griffonia dry extract



Caffè AIKIDO powered by EtnaCoffee

Discover the excellence of Aikido coffee capsules, designed for those who are not satisfied with a simple espresso, but want a moment of authentic pleasure, wrapped in intensity and character. Each capsule contains a fine blend, expertly selected to offer a rich, deep and persistent aroma, capable of satisfying even the most demanding palates.

But Aikido is not just taste: it is a real sensory experience that takes care of you. Each portion is enriched with 250 mg of Ganoderma lucidum, a precious ingredient known for centuries in the Eastern tradition for its extraordinary properties.

This mushroom, also known as Reishi, not only enriches the aromatic profile of coffee with unique and enveloping nuances, but also helps to naturally support the body's defenses and general well-being.



Coming!

powered by



Compatible capsule NESPRESSO*

Single doses of roasted and ground coffee.

Processed and stored in a protective atmosphere.

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Spreadable Creams

Ideal for those looking for a cream with a full flavor but with a reduced sugar intake, without sacrificing pleasure. It has a soft and creamy consistency, perfect for spreading on biscuits, bread or as an ingredient in desserts, it offers a delicious experience without compromise. Its creamy consistency and natural flavor make it an excellent choice for breakfast or snacks.

Suitable for everyone thanks to the lactose and palm oil free formula. Available in Hazelnut flavour, made with 14% hazelnut paste, and Pistachio flavour, with a content of 13.54% pistachio paste.



(3 pz) 40 gr x 4 pack

Baked product type Fette biscottate rich in proteins and fibers, with a low sugar content. Ideal for a balanced breakfast or a light snack, without palm oil. Excellent to taste together with our new spreadable creams.

Vanilla & Chocolate Plumcake 45 gr x 5 pz

Gluten-free dessert, with 20% chocolate base and sweetened with sweeteners. Thanks to the blend of high-quality proteins, it is a nutritious choice for those who follow a balanced diet. Soft, enveloping and with an intense vanilla flavor, it is ready to use and ideal for a moment of light pleasure. Packaged with care to ensure freshness and quality. Gluten-free product.



Croissant Plus is a baked sweet product designed to offer an irresistible taste experience, enriched with a blend of proteins and high-quality ingredients. This croissant is low in sugar and high in proteins, making it an ideal choice for those looking for a more balanced alternative without sacrificing pleasure. Croissant Plus is ideal for those who want a tasty and balanced breakfast or snack. Perfect for starting the day with energy or for a delicious and satisfying break.









Clouds (3 pz) 40 gr x 4 pack

Light and soft biscuits, they are a refined snack to indulge in a sweet and tasty break. Perfect to enjoy at any time of the day, they offer a delicious combination of flavours without weighing you down. Enriched with a delicious chocolate coating (30%) in a practical and tasty format, perfect to enjoy as a snack or to accompany a hot drink. Available in Chocolate flavour, the combination of cocoa and chocolate makes these biscuits a sweet and satisfying experience, and in Orange flavour, perfectly balanced between the orange aroma and the dark chocolate coating.

Compared to the control of the contr

Vanilla & Chocolate Chip Cookies (3 pz) 30 gr x 4 pack

Perfect for those who love a crunchy and light dessert. With a natural vanilla flavor and enriched with chocolate chips, they offer a sweet but balanced break. These biscuits, based on isolated soy proteins and vegetable fibers, are ideal for starting the day with taste or for a guilt-free snack.

Perfect to accompany hot drinks or as a snack during the day.

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Lasagna Bolognese

Ready-to-use lasagna alla bolognese with a tasty meat sauce for a perfect protein balance, low in carbohydrates and high in fiber. Reheatable in the microwave or oven, ideal for a quick and tasty meal.

Penne 40% Protein 50gr x 5 pz

High protein pasta, ideal for a balanced and tasty diet.

Made with soy and pea protein isolate, egg white powder and plant fibre, it offers a typical texture and flavour, while still being rich in nutrients.

To be consumed after cooking, it is a perfect choice for those looking for a functional and satisfying pasta.



Big news at Etna Wellness!

We are happy to announce that Etna Wellness ships throughout Europe, including the UK and Switzerland! Wherever you are, our products can arrive directly to your home, safely and quickly.





Do you have friends or relatives in these areas?

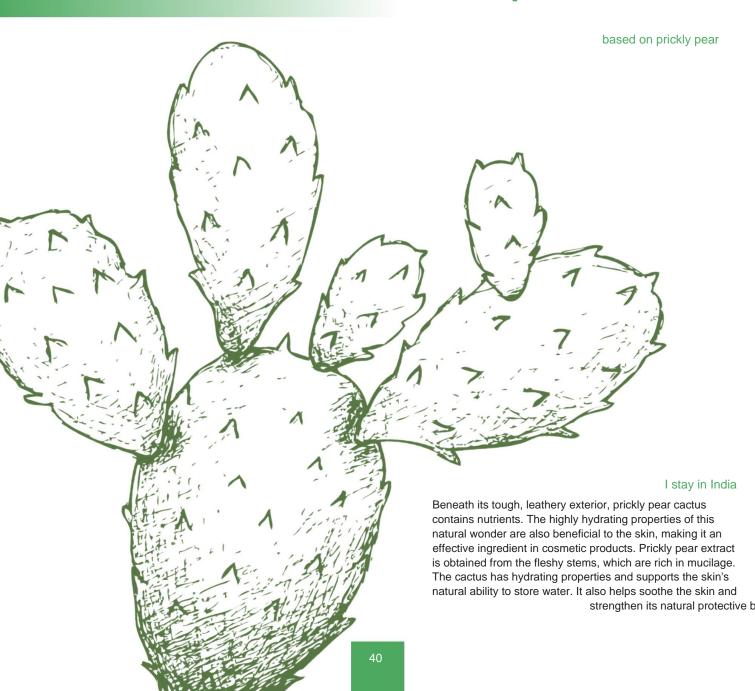
Talk to the person who introduced you to this catalog and invite them to discover the world of Etna Wellness!

Join them in our community and help them bring wellness into their lives too!

Etna Wellness is growing, thanks to you!



Opuntia Line



Skin Care

Cleansing Milk with prickly pear and hyaluronic acid

Our Prickly Pear Cleansing Milk promotes cell regeneration, protects the skin barrier and provides deep hydration. Enriched with hyaluronic acid, rosemary, sweet almond oil, shea butter, sunflower seed oil, vitamin E and hydrolyzed collagen, it is an anti-aging product ideal for all skin types, including combination and sensitive skin. Choose the delicacy and effectiveness of Prickly Pear Cleansing Milk for regenerated, protected and naturally luminous skin.



HOW TO USE

Pour one or two drops of cleansing milk on a cotton pad. Apply to the face and remove makeup and impurities. Then apply toner to eliminate any residue or if you prefer rinse with water.



Face Toner with prickly pear and hyaluronic acid

Our Prickly Pear Facial Toner is a revitalising and refreshing product that calms and hydrates the skin. Thanks to precious ingredients such as damask rose, hyaluronic acid and hydrolyzed collagen, it offers a hydrating and regenerating action, fighting the signs of tiredness and aging. Choose delicacy and effectiveness for regenerated and protected skin with a formula designed for every skin type.



Apply the product to a cotton pad and gently pat into the skin of your neck and face.





Biphasic Make-up Remover with prickly pear and dog rose

Our Prickly Pear Biphasic Make-up Remover is an extraordinary product that combines the beneficial properties of wild rose oil, carrot oil and rosehip extract. This make-up remover, thanks to its powerful antioxidants, helps to rebalance, nourish and calm the skin. Ideal for all skin types, it is particularly effective for dehydrated, dry, sensitive and impure skin.

Treat yourself to healthier, more radiant skin with our premium two-phase makeup remover.

HOW TO USE

Shake the bottle and apply on the skin or on a cotton pad. Massage and rinse. with water.



Face Mask with Prickly Pear and Mandelic Acid

Our Green Clay Mask is an exfoliating, nourishing and emollient treatment that illuminates and purifies the skin. Enriched with Prickly Pear and Mandelic Acid, this mask offers a hydrating and illuminating action that promotes cell regeneration.

Discover the power of Green Clay and Prickly Pear for a luminous and youthful skin. With our exfoliating and nourishing mask, find a healthy and renewed skin every day.

HOW TO USE

Apply a generous amount of product to clean skin. Leave on for 10-15 minutes and then rinse thoroughly with warm water.

It is recommended to complete the treatment with a face cream.





Face Serum

with prickly pear and hyaluronic acid

Discover the revitalizing power of prickly pear extract with our Revitalizing Serum.

Enriched with essential nutrients and phytosterols, this extract refines the skin's texture and strengthens its defenses, giving it an extraordinary luminosity.

Try the Prickly Pear Facial Serum today for visibly more hydrated and revitalized skin.

HOW TO USE

Apply to face and gently massage the product until completely absorbed.



Eye Contour Gel

with prickly pear and hyaluronic acid

Our Eye Contour Gel is a solution

advanced for the care of the delicate skin around the eyes. Enriched with Prickly Pear, Chamomile and Linden Flowers, this gel offers deep hydration and combats signs of fatigue, effectively reducing dark circles and improving skin elasticity.

Experience the freshness and effectiveness of our Eye Contour Gel, ideal for all skin types and essential in your daily beauty routine for younger and more radiant looking eyes.



Apply a small amount and gently massage around the eyes with circular movements, avoiding the eyelid.



Anti-Age Cream with Prickly Pear, Linseed Oil and Papaya

Discover the secret to a luminous and regenerated skin with our innovative anti-aging cream, enriched with extracts of Prickly Pear, Linseed Oil and Papaya. This advanced formula works effectively against the signs of skin aging, visibly improving the appearance and health of your skin.

Awaken your natural beauty with the anti-aging cream that illuminates, regenerates and protects your skin. Discover the secret to a fresh and radiant appearance every day.

HOW TO USE

Apply to cleansed skin on the neck and face.

Gently massage the product until completely absorbed.



with prickly pear, mullein flowers, Snail Slime, Aloe Vera and Vitamin C

An advanced formula that combines the regenerating power of prickly pear with the soothing hydration of snail slime and the antioxidant properties of vitamin C. It effectively fights scars, sun spots and signs of aging, offering visibly more elastic and luminous skin.

This cream is a complete treatment for your skin, ideal for dry, mature and demanding skin, giving it a new brightness and vitality.

HOW TO USE

Apply to facial skin and gently massage the product until completely absorbed.



with prickly pear, olive oil, slime Snail and Glycolic Acid

An advanced formula that combines the regenerating effects of prickly pear with the anti-aging action of snail slime and glycolic acid. It reduces wrinkles, evens out skin tone and provides deep hydration for bright, radiant skin.

This cream is ideal for combination, oily and acneprone skin thanks to its exfoliating and sebumregulating properties. It is a complete treatment to combat the signs of aging and visibly improve the texture and luminosity of the skin.

HOW TO USE

Apply to cleansed facial skin. Gently massage the product until completely absorbed.









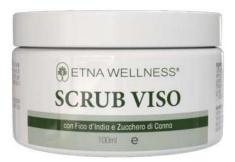
with prickly pear and hyaluronic acid

An exfoliating treatment that stimulates cell turnover and revitalizes the skin. With microgranules of cane sugar and prickly pear, it gently exfoliates, regenerates, smoothes and nourishes the skin, making it bright and healthy. Suitable for all skin types.

Used regularly, the Facial Scrub leaves skin visibly brighter, smoother and revitalized. Ideal for all skin types, even the most sensitive.

HOW TO USE

Spread the product on damp skin and massage gently with small circular movements. Rinse with water and proceed with your usual washing. Mix before use.



Body Care

Body Scrub

with prickly pear, grapes and flax seeds

Gently exfoliates and smoothes the skin with salt rich in trace elements, providing cell renewal and deep hydration with sweet almond oil and sunflower seeds.

Awaken your senses and reinvigorate your skin with our revitalizing body scrub. Discover more radiant, renewed skin with every use.

HOW TO USE

Spread the product on damp skin and massage gently with small circular movements especially on the parts where the skin is thicker (elbows, shoulders, knees, heels). When finished, rinse with water and proceed with the usual washing. Cosmetic product for external use, keep out of reach of children.





Transform your skin with this highly hydrating and nourishing body cream.

Offering a softening and repairing action, this formula is perfect for dry and mature skin. Enjoy deep hydration, extraordinary luminosity and more elastic skin thanks to carefully selected ingredients.

Don't miss the chance to transform your skin with our Hydrating Body Cream with prickly pear, calendula and mullein. Try it today and discover the pleasure of nourished, hydrated and beautifully luminous skin every day.

HOW TO USE

Apply to cleansed, dry skin and massage until the product is completely absorbed.



Foot Cream with prickly pear

Give your feet instant relief with this hydrating and nourishing cream. It fights dryness and cracking, leaving the skin soft and strengthened. Try it for soft and protected feet thanks to precious ingredients such as Prickly Pear, Argan Oil and Verbena.

Don't miss the opportunity to pamper your feet with our Moisturizing Foot Cream with Prickly Pear, Argan Oil and Verbena.

HOW TO USE

Apply the product to clean and dry legs and feet and massage until completely absorbed.



Give your hands an intensive treatment with this moisturizing, protective and soothing cream. Ideal for dry and stressed hands, it helps restore the skin barrier thanks to precious ingredients such as Prickly Pear, Shea Butter, Sweet Almond Oil and Verbena. Try it for soft and protected hands every day.

Don't miss the chance to pamper your hands with our Moisturizing, Protective and Soothing Hand Cream with Prickly Pear.

HOW TO USE

Apply the product to clean, dry hands and massage until completely absorbed.

Deodorant with prickly pear

Antibacterial protection and natural hydration for a worry-free day.

For natural freshness and long-term protection every day.

HOW TO USE

Spray the product on the affected area of skin and massage.









Shampoo with Prickly Pear and Neem Oil

Moisturizing and detoxifying shampoo with prickly pear extract and neem oil. Sebum-regulating and purifying action thanks to the presence of neem oil. Antibacterial action exerted by tea tree oil. Ideal for daily use. Protects the scalp from external aggressions, such as weather conditions and pollution. Available in both 200ml and 500ml bottles.

Perfect for everyday use, this shampoo not only cleanses and purifies, but also offers effective protection against external aggressions, such as adverse weather conditions and pollution.

HOW TO USE

Apply the product to wet hair, massage gently and leave on for a couple of minutes and rinse thoroughly with water.

Shower gel with prickly pear and nettle

Gentle cleansing with plant-based surfactants. Provides hydration and purification, suitable for daily use on all skin types.

Try our Shower Gel with Prickly Pear and Nettle Extract and discover the pleasure of daily cleansing that respects and enhances your skin. A must-have for your daily beauty routine.

HOW TO USE

Massage onto wet skin until foam forms, then rinse thoroughly with water. Repeat a second time if necessary.

Balmwith Prickly Pear and Neem Oil

Intense hydration and protection for dry and dehydrated hair. Rich and consistent formula with purifying and antibacterial action.

Discover now our conditioner with Prickly Pear, Neem, Tea Tree pleasant sensation of freshness thanks to the Oil and Panthenol for hydrated, protected and shiny hair, day after day. extracts of organic olive oil, peppermint and sage. Ideal for daily oral hygiene, without for

HOW TO USE

Apply a small amount of product to hair while still wet after shampooing, distribute along the entire length, leave on for a few minutes and rinse thoroughly with water.





It offers a disinfectant and soothing action thanks to the prickly pear juice, leaving a pleasant sensation of freshness thanks to the extracts of organic olive oil, peppermint and sage. Ideal for daily oral hygiene, without foaming agents.

HOW TO USE

Spread a small amount of toothpaste on the toothbrush and proceed with brushing your teeth. Rinse.



Propolis with prickly pear and propolis

It supports the skin barrier and offers an antimicrobial action. This cream is ideal for sensitive and irritated skin thanks to its natural ingredients such as Prickly Pear, propolis and chamomile. Soothing and anti-inflammatory, it stimulates the regeneration and reepithelialization of the skin, perfect for those who suffer from acne, eczema, dermatitis and psoriasis. Try it for purified, soft and regenerated skin.

Don't miss the chance to try our Propolis Cream with Prickly Pear and Chamomile. Transform your beauty routine and discover

Transform your beauty routine and discover purified, soft and regenerated skin every day.

HOW TO USE

Apply the product to the skin and massage gently until completely absorbed.



Hand Soap with Prickly Pear and Neem Oil

It gently cleanses and keeps the skin hydrated, leaving it soft. Thanks to the presence of calendula, it offers a calming action. Ideal for daily use, this natural cleanser is perfect for the care of the hands of the whole family.

Try our Hand Soap with Prickly Pear, Lemon and Calendula and transform your daily cleansing routine into a wellness and skincare experience.

HOW TO USE

Massage onto wet skin until foam forms, then rinse thoroughly with water. Repeat a second time if necessary.



Thermo Lotion

with Prickly Pear, Arnica and Devil's Claw

Relieve muscle pain and inflammation with our Thermo Lotion, formulated to treat muscle, tendon and skeletal inflammation. Ideal for bruises, sprains and trauma, it offers a powerful anti-inflammatory action thanks to ingredients such as Prickly Pear, Devil's Claw and Arnica. Try it for fast relief and an immediate feeling of well-being.

Don't miss the chance to try our Thermo Lotion with Prickly Pear, Devil's Claw and Arnica. Give your muscles and joints an effective and natural treatment.

HOW TO USE

Take an adequate quantity, apply as needed on clean, dry skin of the affected areas and massage for a few minutes using a slow circular motion from the periphery towards the centre until completely absorbed, paying particular attention to the most critical areas.



Intimate Cleanser with prickly pear and nettle

Gentle hygiene respecting the natural pH of the intimate area. Antibacterial and soothing action thanks to chamomile. Ideal for daily use, it keeps the skin hydrated and protected.

Try our Intimate Cleanser with Prickly Pear and Chamomile for gentle cleansing, antibacterial action and long-lasting comfort.

HOW TO USE

Pour a small amount of intimate cleanser into water or apply directly to the affected areas moistened. Cleanse and rinse.





Gold Line

with Camel Milk. Colloidal Gold and Banana

Camel Milk

Thanks to its formidable supply of active ingredients such as saturated and unsaturated fats, minerals, vitamins, proteins, lactic acid and a natural filtering agent that protects against harmful solar rays, namely carotene, it represents a prodigious dermocosmetic principle, specific for soothing, hydrating, elasticizing, firming, restorative and velvety formulations, as well as functional for the activation of dermocellular processes aimed at the production of collagen and fibroblasts and the

fight against free radicals, wrinkles, skin blemishes, hyperpigmentation and

Colloidal Gold

"Precious" metal also for the well-being of the skin: in bioavailable organic colloidal form it is an exceptional renewer of the vital charge, both at a physical-chemical and bioenergetic level, with a hydrating, revitalizing, lightening, restructuring, anti-radical and anti-aging value, ideal for all skin types, especially mature, devitalized or with signs of stress and time; pure natural remedy, non-toxic and hypoallergenic.

Banana

From a nutritional and cosmetic point of view, it is very rich in precious elements, including pharmacologically active ones, such as starches, proteins, vitamins and mineral salts. Its extract, obtained by cold processing the pulp of the ripe fruit, has important dermo-nourishing, remineralising, illumenastingizingti-radical and antibacterial properties that make it ideal for facial formulations (revitalising and anti-aging, i.e. for oily, impure and acne-prone skin), eye contour (against edema and "bags") and trichological (against hair loss).

Donkey Body

Discover our GOLD line Body Emulsion, a rich and delicate formula with Shea Butter, Grapeseed, Sesame and Cotton oils. Ideal for a complete skin treatment, it offers softening, elastic and regenerating benefits for a luminous and youthful skin.

Thanks to its softening, dermo-nourishing, elasticizing, firming, restorative and restructuring properties, it is suitable for all parts of the body, leaving the skin soft, fresh, young and luminous. It is the ideal companion for those seeking complete and luxurious skin care, without compromising on quality and effectiveness.

TIPS FOR USE

Apply morning and/or evening, as needed and preferred, on clean, dry skin of the affected areas, in sufficient quantity for a self-massage lasting approximately 5 minutes, acting with a slow but firm circular motion from the periphery towards the centre until completely absorbed and insisting with particular attention on the most critical areas.

BURRO CORPO Latte di Carrimella, Oro Colloidale e Bonana With Nelses 200ml e

Face Serum

The Colloidal Gold Face Serum from the GOLD line is a regenerating and anti-aging elixir, ideal for all skin types. Enriched with bioavailable colloidal gold and banana extract, it works to hydrate, revitalize and fight the signs of aging, giving brightness and tone to the skin.

This serum is ideal for daily use, both as an antiaging treatment and as a base for a radiant and healthy skin. Thanks to its natural formulation, it is safe and suitable for all skin types, offering visible and long-lasting results.

Discover the regenerating and anti-aging power of the Colloidal Gold Face Serum from the GOLD line, your ally for radiant and long-lasting beauty.

TIPS FOR USE

Apply morning and evening, after thorough cleansing and before any cream, to dry skin on the face and neck, concentrating wherever there are signs of stress or wrinkles to be reduced, massaging with a slow circular motion and tapping delicately until completely absorbed.



The Delicate Elixir from the GOLD line is a regenerating and anti-aging treatment, ideal for all skin types.

Thanks to the Red Orange water, Grapeseed oil and other dermophilic ingredients, it acts deeply for visibly regenerated, elastic and luminous skin.

Thanks to its softening, dermo-nourishing, elasticizing, firming, restorative and restructuring action, it is suitable for all skin types, including the most sensitive or reactive. It is particularly suitable for those looking for a complete treatment that not only reduces the signs of aging but also keeps the skin hydrated and luminous.

TIPS FOR USE

Apply morning and evening, as a 24-hour cream, after thorough cleansing, on dry skin of the face and neck, massaging with a slow circular motion until completely absorbed, it constitutes an excellent base for subsequent application of make-up.





CelluGel Muds without rinsing

Quickly absorbed gel designed to assist in the treatment of cellulite. Contains Caffeine, Aloe, Horse Chestnut and various algae with draining and reducing action.

TIPS FOR USE

Apply to clean, dry skin. Gently massage the product and massage until completely absorbed.



Fresh gel and adjuvant in the treatment of cellulite with highly functional active ingredients; the horse chestnut extract with its well-known draining, reducing and vasoprotective properties is supported by the green coffee extract with stimulating and antioxidant properties as well as aloe vera with anti-inflammatory and re-epithelializing action.

TIPS FOR USE

Apply to clean, dry skin. Gently massage the product and leave it on for a few minutes. Then rinse thoroughly with warm water.



Cocoa Donkey coconut oil based

Protect your lips with our SPF 50 Lip Balm, ideal for effective sun protection and deep hydration. With natural ingredients, this cocoa butter protects from sunlight while leaving your skin soft and nourished.



Natural Soaps coconut oil based

Personal hygiene soap, based on eudermic vegetable oils with a high cosmetic effect. The low-temperature processing inspired by the old Marseille tradition, the high content of natural glycerin, typical of saponification, makes this soap suitable for all skin types.

Additives and functional substances are added to the soap base to characterise the finished product.

Types of soaps available:

- Royal Jelly Extract
- Millefiori honey (pictured)
- Sale dell'Himalaya
- Sulfur Powder
- Almond Oil
- Rice, Bran, Oat and Algae Oil
- Fragrance of Blackberry and Musk
- Green Clay
- Body Scrub
- Make-up remover
- Extra Virgin Olive Oil, Essential Oil of Lemon and Lemon Peels

TIPS FOR USE

Massage onto wet skin until foam forms, then rinse.





BNA Perfumes

New perfume line coming soon, with new packaging, and many new fragrances.



For information ask your trusted Etna Wellness Partner or whoever showed you this catalogue!



Fabric softener

Specific for washing laundry and linen. It can be used both for manual washing and in domestic or professional washing machines. Its formula is free of allergens, pleasant and delicate scent of lotus flowers. It does not contain optical brighteners.

The surfactants are highly biodegradable and only mineral salts of vegetal origin are used.

HOW TO USE

Hand washing:

20ml	10 liters of water
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Washing machine use:

40ml	5 kg of water	
80ml	10 kg of water	
120ml	15 kg of water	

Washing machine lotus flowers

Specific product for washing laundry and linen. It can be used both for manual washing and in a domestic or professional washing machine. Its formula is free of optical brighteners, does not contain phosphorus and is allergen-free. The surfactants are highly biodegradable and only mineral salts of vegetal origin are used.

HOW TO USE

Hand Wash:

Washing machine use:

Water hardness	< 15° F	15°- 25° F	> 25° F
Little Dirty	40ml	60ml	100ml
Medium Dirty	60ml	80ml	120ml
Very Dirty	80ml	100ml	140ml



Dishwasher Gel

Degreasing dish detergent with extracts of orange and red thyme. It is the best ally in the kitchen for washing dishes, a few drops of product are enough to quickly degrease and clean plates, cutlery, glasses and pots.

HOW TO USE

Dilute a few drops of product on the sponge and wash dishes and utensils with warm or hot water. For particularly dirty dishes, we recommend soaking them in hot water, with 15 ml of detergent.

Gel detergent with high degreasing power for domestic dishwashers.

Excellent for medium hardness water. Active even at low temperatures and with short washes. Does not contain phosphates, leaves no residue, allows a perfect clean even in short-term washes by eliminating the most resistant odors and leaving a pleasant hypoallergenic lemon fragrance. Ecological because it lowers energy consumption and is formulated with raw materials with low environmental impact. Product developed with natural substances.

HOW TO USE

Shake before use. Measure the quantity of product in the tray according to the dirt. Recommended dosages:

Slightly soiled dishes	20ml
Medium soiled dishes	25ml
Very dirty dishes	30ml

Close the tray and select the desired washing program.





Pavimenti Citronella is the specific detergent product for floors with repellent action, ideal for the daily cleaning of all types of floors, internal or external.

Its neutral PH allows the product to act quickly on organic fats. Citronella extract provides a natural repellent action that helps keep away crawling insects such as ants, cockroaches, spiders, earthworms.

HOW TO USE

To clean floors, dilute 50/80 ml of product in 5 litres of water and use a well-wrung cotton cloth or mop. It can also be used in floor cleaning machines.



Antistatic cleaner for glass surfaces. Creates a water-repellent and antistatic protection that allows treated surfaces to remain clean longer, ideal for interiors, exteriors, shower boxes, plexiglass, crystal, chrome, mirrors, electronic devices and monitors.

Delicate lavender fragrance.

HOW TO USE

Spray the product on the surface to be treated and wipe with paper or a suitable cloth until completely dry. Evaporates without leaving streaks.





Anti-limescale eucalyptus and almond

Limescale remover. Eliminates limescale and rust residues, respecting ceramics, effective on sinks, sanitary ware, chrome and toilets. A small amount of product is enough to clean large surfaces, its performance is excellent even on soap, tartar and rust encrustations.

HOW TO USE

Spray the product directly onto the sponge and wet with water. Pass over the surface to be cleaned and rinse thoroughly.

CAUTION: Do not leave on the surface for more than 2 minutes.



Rapid evaporation multi-surface sanitizer. Ideal for the daily sanitization of all hard surfaces in the bathroom: vertical tiles, sanitary ware, ceramic furnishings, shower cubicles, taps in general; also being a neutral product it can be used on marble, smooth stone, resin, acrylic, carbon and plastic laminates.

HOW TO USE

Spray the product on the surface to be treated and wipe with paper or a suitable cloth until the dirt is completely removed. Evaporates without leaving streaks.



Multi-surface degreaser with Eucalyptus scent. Ideal for furniture, plastic laminates, tables, counters, plexiglass, caravan/camper and boat interiors, imitation leather and skin sofas. Respects surfaces without attacking materials.

HOW TO USE

Spray the product on the surface to be treated and wipe with paper or a suitable cloth until the dirt is completely removed. Evaporates without leaving streaks.





When you buy our Refill Boxes you declare LOVE to the Earth! They are designed to combine the convenience of the 3 kg Box with tap, ecosustainability with the reduction of plastic packaging by 80%, and savings thanks to the 30% less expense compared to standard bottles!





www.etnawellness.com

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