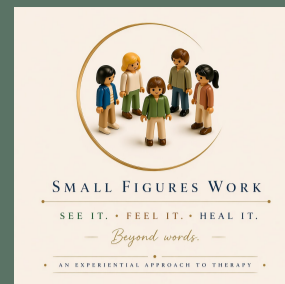


Working with Small Figures in Counselling & Psychotherapy

A One-Day Refresher Course for Practitioners of Small Figures Work



This one-day refresher is for clinicians who have previously trained in Small Figures Work, and who would like to consolidate and deepen their skills. In a supportive group setting, you'll revisit its core principles, refine your technique through guided experiential practice, and renew your confidence in applying Small Figures Work across a range of clinical presentations — for the moments in therapy when words are not enough.

CLINICAL RELEVANCE

- Trauma & attachment difficulties
- Addiction & compulsive patterns
- Relationship conflict & family dynamics
- Repetitive relational patterns
- Grief & loss
- Depression

WORKSHOP FORMAT

- Case demonstrations
- Role play
- Guided experiential practice
- Group discussion & reflection

WHAT THIS DAY OFFERS

- Revisit and consolidate the core principles of Small Figures Work
- Refine your technique through guided, hands-on practice
- Work with questions and cases from your own practice
- Deepen your confidence across grief, trauma, attachment and relational presentations
- Reconnect with fellow practitioners in a supportive learning space
- Learn new techniques and applications to extend your practice

WHAT TO BRING

- Case examples from your own practice — current or past — that you'd like to explore and work through using Small Figures Work during the day

WORKSHOP DETAILS

- ◆ **26 August 2026**
9:30 AM — 4:30 PM
- ◆ **CityLife Community Care**
Gate 1 / 1248 High Street Road, Wantirna South VIC 3152
- ◆ **Early bird: \$380 | Standard: \$420**
Inclusive of GST · Early bird closes Wed 29 July 2026
- ◆ Limited to 12 participants
- ◆ Free onsite parking
- ◆ Light refreshments provided · Lunch self-catered · Café on site

ENQUIRIES & REGISTRATION

smallfigureswork@gmail.com
+61 468 418 068
www.smallfigureswork.com

[REGISTER NOW](#)

YOUR TRAINER



Magdalen Ser MSc Family Therapy (UK)

- Family Therapist
- Accredited Mental Health Social Worker
- Accredited EMDR Practitioner (EMDRAA)
- Neurofeedback & Deep Brain Reorienting Practitioner

Magdalen is a trauma and relational therapist with over 30 years of international clinical practice and founder of Illumine Psychotherapy and Counselling. She trained in Small Figures Work with Dr John Barton in 2008 and now carries his legacy forward, training fellow clinicians.

Dr Barton acknowledges the work of Dr Carlos Raimundo, creator of Play of Life, as a foundational influence on the development of Small Figures Work.

PARTICIPANTS' FEEDBACK

"The experiential nature of the workshop gave me a chance to experience Small Figures Work as a client — and real insight into what my clients would gain from the figurines." WORKSHOP PARTICIPANT

"Hands-on, interactive and uplifting." WORKSHOP PARTICIPANT

"I had lightbulb moments that will inform my future practice and personal growth." WORKSHOP PARTICIPANT

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See it sooner. Shift it deeper.