

### **Auttie World, Inc.**

101 N. 7th Street  
Louisville, KY 40202  
502-753-7525 or 833-8AUTISM  
tiffany@auttieworld.org  
Website: <https://auttieworld.org/>

### ***Madison County Location***

For Monthly Community Meetings  
319 Chestnut Street  
Berea, KY 40403  
833-828-8476  
[Bri4autism@proton.me](mailto:Bri4autism@proton.me)  
Website: <https://auttieworld.org>

Our “*Madison County*” Supporter

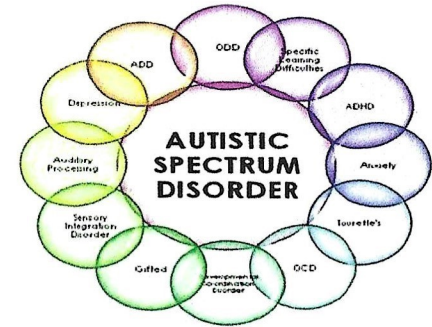


## **Traditional and Non-Traditional Art**

Researchers find activities like Art, Horticulture, and Holistic (*body, mind, and spirit*) practices can improve mental and physical health. The trio brings about increased physical activity, reduces stress and increases happiness. It also educates in better eating habits for your entire family...generations to come.

## **Plant Based Art**

Our “*Veggie*” fun-filled art, will keep each camper curious and eager to do more! The nutrition comes with the sustainability approach to the foods we eat. Our Holistic Wellness Coach/Counselor will work with the Art Therapist to bring out the “*Naturist*” or “*Plant Based*” enthusiast in all our campers!



**What's ASD**

1-833-8-AUTISM





## Auttie World's Mission

Making an Autism Spectrum difference Holistically and Artistically through arts, education, and research to improve the culture and lifestyle of the Autism Spectrum Disorder (ASD) individual.

### Visual Art

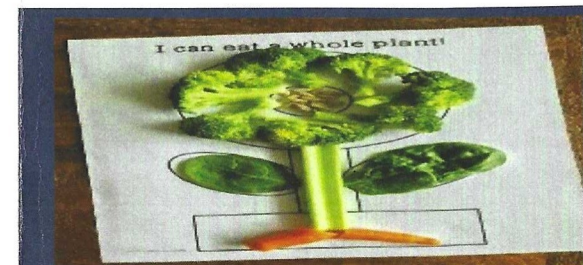
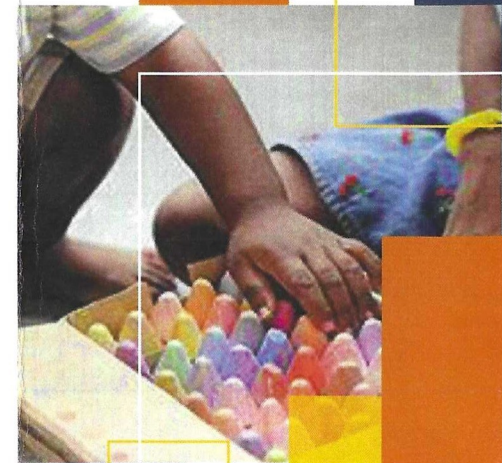
- **Finger Painting Lessons:** This activity appeals to autistic children of all ages. Specific benefits include improvements in visual-spatial deficiencies, tactile sensory tolerance, and self-expression.
- **Painting Lessons:** It's amazing what springs forth from a hand that holds a paint brush. This type of art class improves manual dexterity and coordination, attention span, and self-expression. Extra advantages include increasing self-awareness and developing a sense of pride through accomplishments

### Holistic Art

**Plant Based** enthusiast will interpret the “**Natural-Themed**” art projects as a way to stay connected to “**Mother Earth**”. They will also view the artwork through the eyes of a *nutritionist* as they learn about earth ecology, human nature, and design.

## Visual Holistic & Sustainable Arts Education

This brochure is designed with a “Visual Aide” to enhance the communities understanding about other forms of “Art”.



Holistic approach for a better future