

# MEAL TIMETABLE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Cereal	Oat meal Porridge	Cereal	Bread & "Tea"	Cereal
<b>MID-DAY SNACK</b>	Jam Sandwich	Yogurt	Pop - Corn	Boiled egg	Cookies/Coconut Clusters
<b>LUNCH</b>	Beans and plantain porridge	Jellof Rice	Corned beef Macaroni	Yam + Egg sauce	Eba + Soup
<b>PM SNACK</b>	SEASONAL FRUITS	SEASONAL FRUITS	SEASONAL FRUITS	SEASONAL FRUITS	SEASONAL FRUITS