



Metaphysical Dictionary

A

Aaron

Hebrew high priest, older brother of Moses.

abductee

A Human being who is taken by Extraterrestrials. Many abductees report being transported to ships for the purpose of conducting human experiments.

abduction

The act of taking Human beings by Extraterrestrials. (Also see Abductee)

aberration

The sighting of a subtle body or thing in unexpected circumstances.

abreaction

The releasing of psychic tension through resolution of a repressed traumatic experience.

absent healing

Healing directed to a person distant from the healer. The healer delivers the information about the person by thought.

abyss

Bottomless or anything too deep for measurement.

A Course in Miracles

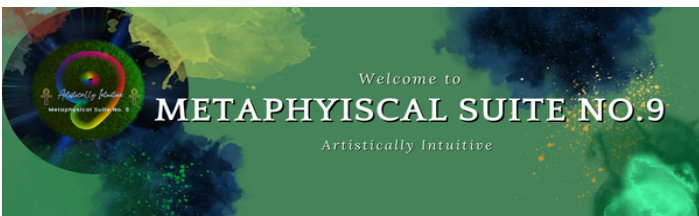
Channeled teachings of Jesus psychically received by Helen Schucman from 1965-1972.

acupoint

Point on the body treated by acupuncture or acupressure.

acupressure

(shiatsu, Japanese) Healing art based on massage, stimulating and increasing flow of life energy throughout the physical body.



Metaphysical Dictionary

acupuncture

Chinese healing art based on placing and inserting needles in various parts of the body.

Adam Kadmon

The archetypal man, according to the Kabbalah. In the Christian tradition, "heavenly man" or the "mystical body of Christ wherein we are all one."

Adonai

Hebrew God

Advaita Vedanta

Non-dualistic school of Hindu philosophy.

aeon

Creation step or cycle. Used to measure maturity of souls, Keys of Enoch.

affirmation

A positive statement affirming or asserting something to help manifest it in the physical world.

afterlife

A spiritual state transcending physical death. The continuing existence of a soul, a spirit, an entity following the death of its physical body.

Agape

God's love.

Agathon

Plato's Supreme Deity, lit. "the good." Our laya or the Soul of the World. - H.P. Blavatsky

age

Astrological epoch, one-twelfth of the Sun cycle or precession of the equinoxes lasting 2160 years.

age-regression

Disclosing a previous time, place and circumstance of a person.

agnostic

One who believes nothing it is impossible to know if God exists.



Metaphysical Dictionary

Ahura Mazda

The name of God in the Zoroastrian tradition, also called Ormazd.

AIM

American Indian Movement founded by Russell Means in 1972.

air signs

Gemini, Libra, Aquarius, associated with mental energy.

ajna

(*Sanskrit*) Third Eye, sixth chakra.

aka

(*Hawaiian*) Cord between the astral and physical planes.

Akashic Record

(*from Sanskrit*) Celestial medium on which all thoughts and actions of the physical world are available to psychic observation.

alchemy

The chemistry of the Middle Ages, the chief aim of which was to change the baser elements into gold.

Allah

The God or Supreme Being of Islam.

allopathy

Method of treating disease by use of agents; conventional medicine.

alpha and omega

First and last letters of the Greek alphabet signifying eternity and time.

alpha wave

Brain wave associated with relaxed, alert consciousness.

altered states of consciousness

A generic term used for sleep, dreams, trances, hallucinogenic experiences.



Metaphysical Dictionary

alternative

Unconventional approach, treatment, remedy, medicine, or practice designed to promote physical, mental, emotional and spiritual health, happiness and well-being.

altruism

Unselfish concern for the welfare of others.

Amaterasu

(*Amaterasu-omi-kami*) Shinto Sun Goddess.

Amish

Christian sect founded by Swiss Mennonite, Jacob Amman, who came to America in the 18th century, noted for a traditional, non-technological lifestyle.

AMORC

Ancient and Mystical Order Rosae Crucis.

amplication

(*Jung*) Clarification of a dream-image by direct association and parallels from myth and legend.

amulet

An object naturally producing certain effects.

anahata

Sanskrit name for the heart chakra, symbolized by a 12-petal lotus.

angel

1. (*Greek*) A messenger or heavenly envoy. 2. A person understanding and manifesting the Order of the Universe in the physical plane.

angular

On or close to the first, fourth, seventh, or tenth house cusps.

animism

Belief that life is activated by spiritual force.

anomaly

Something that doesn't fit science or the conventional view of reality.



Metaphysical Dictionary

antahkarana

(*Sanskrit*) Mind vehicle: bridge between the higher and lower mind.

Anthroposophical Society

Spiritual movement founded by Rudolf Steiner in 1912, emphasizing bio-dynamic gardening and farming, and Christian Theosophy.

antipathy

The disharmony between two planets that rule or are exalted in opposite signs in astrology.

Anti-Christ

Opposing Christ's teachings, ie., materialism.

applied kinesiology

A technique using body muscles to test and evaluate the different nerve and energy patterns of the body, developed during the 1960s by George Goodheart, D.C.

apport

An object or being that appears to manifest spontaneously from the air. Thought to be a gift from Spirit.

apologist

One who defends or attempts to justify a doctrine or faith.

Aquarian Age

The era of coming peace, wisdom and universal group effort (2000-4100).

Aquarius

(*Greek*) "Waterbearer", 11th sign of the zodiac (approx. January 20 to February 20); ruler Uranus; the airy element; keywords: consecration, originality, eccentric innovative energy. Recognized strengths: generous, inventive, detached, progressive, tolerant, ingenuous, open-minded, social, creative; problem-solver, humanitarian. Potential weaknesses: unconventional, eccentric, changeable, independent to a fault, unsteady, aloof.



Metaphysical Dictionary

ARC

Affinity, Reality, and Communication; prerequisites to knowledge practiced by Scientology.

Arcane School

Esoteric school founded by Alice and Foster Bailey.

archetype

(Jung) Basic type for form.

arhat

(Sanskrit) An adept in Theravada Buddhism.

Aries

The Ram; first zodiac sign (approximately March 20 to April 20); ruler Mars; of the fiery element; keywords: activity, intellectual energy. Recognized strengths: youthfully vital, warm, bright, dynamic, independent, assertive, courageous; initiator and leader. Potential weaknesses: impatient, head-strong, arrogant, intrusive, lacks perseverance, quick to over-react.

aromatherapy

The art of healing and wellness using essential oils and oil blends. Depending on the remedy, application may be internal, external or as an inhalant.

ascendant

Zodiacal degree on the eastern horizon at the minute of birth, signifying the personality self, especially as viewed by others.

Ascended Masters

Realized souls not on the earth-plane in esoteric traditions.

asceticism

(Greek) Science of self-knowledge through discipline of mind and body.

ashram

(ashrama) Spiritual commune, household or hermitage.



Metaphysical Dictionary

asomatic

Out of the body, bodiless.

Association for Research and Enlightenment (A.R.E.)

Edgar Cayce Foundation.

astral

Of, from or like the stars.

astral body

A non-physical body which is a counterpart of a physical body and one of the seven layers of the Aura.

astral light

The auric or nonphysical light perceived as vibrations surrounding beings or objects.

astral projection

The act of separating the astral body from the physical body. Also known as Astral Travel.

astrology

The study of the influence on humanity and planetary life of the vibratory radiation's of the Sun, the Moon, and other celestial bodies in their various positions and relationships.

astronumerology

The science synthesizing astrology and numerology.

athiest

One who believes there is no God.

Atlantis

A technologically advanced society that was supposedly destroyed thousands of years ago.

attunement

Aligning the individual with the natural energy in the environment.



Metaphysical Dictionary

Aum (OM)

(*Sanskrit*) A sound that vibrates the whole spiritual channel, charges all the chakras, and harmonizes mind and body; traditional mantra.

aura

A field that emanates from all living organisms. It consists of seven distinctive layers known as "bodies". Those claiming to be able to see auras report them to be of rainbow colors.

aura balancing

The technique for clearing, smoothing, or harmonizing the auric field around a person's head or body.

autogenic training (AT)

Various methods of meditation, visualization, or bio-feedback training used to modify behavior and consciousness.

automatic writing

Writing produced when a person goes into an altered state and a spirit entity takes over the person's writing arm and hand to communicate.

autosuggestion

Sending mental messages to the unconscious, self-programming.

Avatar

(*Hinduism*) Incarnation of a God who comes to Earth in bodily form (Krishna, Rama, Jesus).

Avesta

(*Persian*) Zoroastrian scriptures.

awareness

1. Spiritual or higher consciousness. 2. Not using the mind to look for reality.

ayurvedic

One school of thought in Buddhism



Metaphysical Dictionary

B

Bach Flower Remedies

Homeopathic treatment developed by Edward Bach (1886-1936).

backward displacement

ESP responses preceding the intended targets.

Baha'i

A way of life originating in Persia during the 19th century, stressing radical monotheism, prophets, and scriptures.

Bailey, Alice

English-born occultist and New Age prophet, founder of Arcana, School of Esoteric Studies, Full Moon Meditation (1880-1949).

band

Each person attracts spirit entities who may attend them according to their needs and backgrounds. It is said bands may include: a master teacher, American Indian(s), a healing doctor, a guide, a gatekeeper, teachers, counselors, seers and others according to the personality attraction of the subject. It is generally accepted the guide may have the strongest relationship and may stay for the lifetime of the person.

bardo

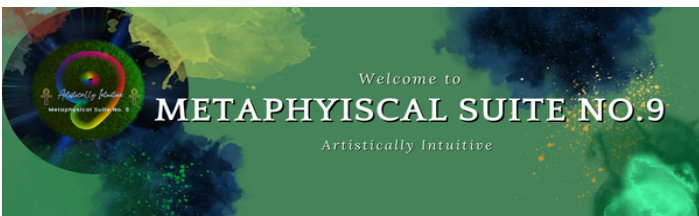
The after-life reality through which we travel as we process our life review, confronting emotional situations and unfinished business to see if we have sufficiently released seeds of karma to be freed from their influence.

Barefoot Shiatsu

Macrobiotic massage developed by Shizuko Yamamoto as a response to the Western condition requiring a more rigorous style of treatment.

Bark paintings

Mythical scenes depicted on trees by Australian aborigines.



Metaphysical Dictionary

BCE

Before Common or Christian Era: Dating system used by anthropologists and historians replacing the use of BC (before Christ).

beamship

Specific type of UFO.

Besant, Annie

English born Theosophist, Indian educator and social reformer (1847-1933)

beta waves

Brain waves indicating normal waking state with consciousness directed to the external environment.

bewitching

To use a one's psychic abilities over another person for the purpose of control and manipulation.

Bhagavad-Gita

(*Sanskrit*) Lit., "the Lord's Song," a portion of *The Mahabharata*, the great epic poem of India.

Bhakti Yoga

The skillful practice of devotion and worship, e.g. Hare Krishna.

bi-quintile

Planets 144 degrees apart; minor favorable aspect.

bibliomancy

Divination by reading the first words when a page of a book falls open at random containing the reply to a question.

bicorporeal signs

Double-bodied astrology signs: Gemini, Pisces, Sagittarius.



Metaphysical Dictionary

billet

A written note with questions or requests directed to spirit entity(s). It is delivered to a medium for the purpose of receiving communication initiated by radiations off the writing and the object written upon. The writing of names of spirit entities enhances probability of their entry and touching the medium with a message to the writer.

Bi-locate

To be in two or more places at once through the use of higher consciousness techniques. At the same time the physical body is at one place, the exteriorized spirit body is known to be at a distant place.

Bio-dynamics

Organic gardening and farming method developed by Rudolph Steiner utilizing raised platforms, composting, and special soil preparations.

biofeedback

A science or learned technique for consciously controlling biological processes such as listening to amplified brain waves through the use of a monitoring device that feeds back information to the practitioner.

bioform

A living organism of varying size and shape appearing to exist in outer space (UFO).

bioluminescence

Invisible rays that surround an object or individual that can be picked up by Kirlian photography.

biophysic

Relating to the biological, psychic and spiritual field influencing or governing human beings and the environment.

bioresonance

Theory that every living thing resonates at its own unique frequency like a musical chord.



Metaphysical Dictionary

biorhythm

Science studies changes in a person's emotional, mental, physical and spiritual states based on 23-, 28-, and 33-day cycles calculated from the date of birth; founded by Hermann Swoboda and Wilhelm Fleiss, early 20th century.

biosignal

Extraterrestrial communication received electronically.

biosociation

The creative act, thinking or functioning on more than one plane.

biotelepathy

The supportive relation between two or more individuals at an unlimited distance, e.g. resonance of twins.

biotonic therapy

Healing method involving color and spectro-biological methods, developed by Marlu deChrapowick.

birth chart

Picture of the heavens at the place and moment of birth.

birth path number

Number in numerology derived from month, date and year of birth.

black art

To use psychic energy for evil intent.

Black Elk

(Sapa Hehaka) Oglala Souix shaman (1863)-1950.

black hole

Collapsed star, postulated by the theory of relativity, but not seen so far, whose force of gravity is so strong that nothing, can escape from its surface.

black magic

Sorcery which produces phenomena for abuse and self-gratification.



Metaphysical Dictionary

Blavatsky, Helena Petrovna

Russian born co-founder of the Theosophical Society; 1836-1891.

blocking

The prevention of the smooth energy flow through the body by emotional, mental, spiritual and physical stagnation.

blue book

Air Force program during the 1950s and 60s to record data concerning UFO intelligence's or sightings.

blue moon

In astrology, a second full Moon in any given Sun sign period, each of which is approximately thirty days – an infrequent occurrence at irregular intervals.

blueprint

Life pattern imprinted in the psyche, which a person follows out on the material earth-plane.

bodhi

Sanskrit word for enlightenment and wisdom.

Bodhisattva

(*Sanskrit*) An enlighten one who incarnates, refraining from entering nirvana, for the soul purpose to save others. Worshiped as a deity in Mahayana Buddhism.

boji

A stone used to remove pain by closing holes in the energy field of the human body.

Book of Thoth

Tarot cards.

"born again"

The spiritual birth which occurs in the physical world, or secular reality. The spiritual empowerment of "babes in Christ," candidates for the teachings to whom spiritual reality extends – "eyes with which to see and ears with which to hear." The second (non-physical) birth – as the "birth of the Christ-within" – and the third can be realized by initiates of a disciplines nature, when we proceed to soul maturity.



Metaphysical Dictionary

born with a veil

Infant born with a thin membrane enveloping the fetus, denoting that the infant is psychic.

BPE

Biophysical Effects Method; Russian term for dowsing.

Brahma

The chief member of the Hindu Trinity, regarded as the Creator of the Universe.

breathwork

Working with breath inhalation and exhalation patterns to achieve emotional, mental, spiritual and material changes, e.g. rebirthing.

Brotherhood, The

The Hierarchy of Elder Brothers before the Throne, as called in Christian tradition; saints and holy ones who have emerged from the human condition into greater oneness with the Christ. Having passed certain tests at first initiation, the aspirant is deemed worthy of the attention of the Brotherhood (or Hierarchy). Also known as the White Brotherhood or the Great White Brotherhood. White in this case having nothing to do with color; meaning purity.

brow chakra

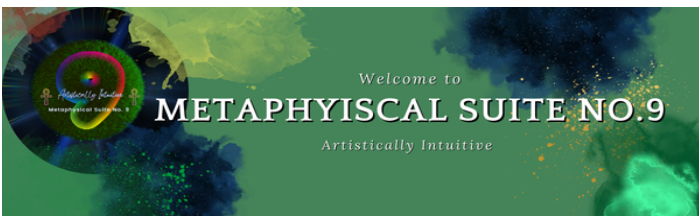
The 6th chakra, the third eye, found above and between the brows, in the center of the forehead. The source of ecstasy, ESP, clairvoyance, clairaudience, heightened intuition, and paranormal powers. It influences the pituitary gland which is the master control center of the mind and body affecting all the other endocrines. Its symbolic form is a six-pointed star. Indigo, a pure mid-night blue, is the color of the brow chakra.

BT

Basic Technique; practice by which each card in an ESP test is laid aside by the experimenter as it is called by the subject and a check is made at the end.

Buddha

"Awakened one". 1. Siddhartha Gautama, chief personage of historic Buddhism, also known as Sakyamuni or sage of the Sakya tribe, c.-623-543 2. Principle of enlightenment. 3. An enlightened being, in any realm.



Metaphysical Dictionary

Buddhism

A religion of Asia holding the belief that by the right living and the right thinking one can reach Nirvana.

bushido

(Japanese) Way of the warrior, samurai code.



Metaphysical Dictionary

C

Cabala

A Hebrew theology based on esoteric doctrine. Spelling used when discussing the spread of Kabbalistic teaching and symbols into Christian circles during the Renaissance.

cabinet

A small space in seance room set off by panels or curtains in which a medium may be isolated for the purpose of concentrating psychic power and emanating ectoplasm for spirits to form materializations or transfigurations. With some mediums, materializations will occur inside the curtain space. By withdrawing the curtains the sitters may see the forms.

cadent houses

Third, sixth, ninth, and twelfth houses in astrology representing compromise.

call

Subject's guess in trying to identify the target in an ESP test.

Camball, Joseph

Mythologist 1904-87.

Cancer

1. The crab, 4th zodiac sign (approx. June 20 to July 20); ruler, the Moon; of the watery element; key words: tenacity, nurturing energy. Recognized strengths: quick-minded, versatile, alert, inventive, chatty, adaptable, sociable, energetic. Potential weaknesses: fickle, judgmental, easily scattered; over-commits.

Candle magic

Burning candles of special colors, shapes, and aromas to achieve a magical effect.

Capricorn

Sea-goat, tenth zodiac sign (approximately December 20 to January 20); ruler Saturn; of the earthy element; keywords: duty, concentrating energy. Recognized strengths: stable, progresses slowly, goal-oriented, obedient to rules and regulations, achieving, self-disciplined, reliable, persevering. Potential weaknesses: materialistic, fearful,



Metaphysical Dictionary

conservative, excessive ambitious, overly cautious; needs recognition, may be melancholy.

cardinal directions

Astrology: East, South, West, North.

cardinal signs

Astrology: Aries, Cancer, Libra, Capricorn signifying pioneers, activists, initiatory energy.

carnate

In a state with, or to enter into a state with flesh.

Castaneda, Carlos

Anthropologist, apprentice sorcerer, author of The Teachings of Don Juan; 1935-.

cat's-eye

A mineral thought to be influenced by vibrations from the sun; has the vibrational frequency capable of bringing the wearer courage, loyalty and leadership, implying the lower man is under control; used to symbolize the astrological sign of Leo.

Catholic

Latin for "universal, all-inclusive."

Causal body

An out-of-date term for the level of Buddhic/Christ consciousness, the point from which the soul projects itself into the sheaths of the lower world-mental, emotional, and physical. The cause behind personality.

causation

Process of producing an effect. The transmission processes of spirit-to-medium communication have not been scientifically identified. Some transmitting methods are known to work with dependable regularity; therefore, as pragmatically accepted. Pragmatic acceptances are foundations to many of the realities of ESP.



Metaphysical Dictionary

cause and effect, Hermetic principle of

Known also as the law of Karma: every thought, every belief, every action has a reaction, an effect. Noted in the Christian tradition as "casting one's bread upon the water" to return in due time in the wisdom of the Higher; also as the concept that we shall reap what we have sown.

Cayce, Edgar

(Sleeping Prophet) Trance medium, philosopher, healer, 1877-1945).

cellular consciousness

Theory that the body cells all possess awareness.

Celtic Cross

Tarot reading in which cards are laid out in the form of a cross.

center

1. Physical, emotional, mental, psychic, or spiritual region of the body or energy space, e.g. a chakra. 2. Spiritual home. 3. An educational learning or healing center. 4. To find a calm and comfortable space within oneself.

Centering

A technique to harmonize our lower nature, making it sensitive to the presence of the nonphysical nature.

ceremonial magic

Occult magic, witchcraft.

chaitanya

(*Sanskrit*) Absolute consciousness.

chakra

(*Sanskrit*) A wheel or vortex of energy that exists in several parts of the physical body. We have seven major Chakras which correspond to Seven major glands. Chakras are used in energy and healing work.

Chandra

sanskrit: The Moon



Metaphysical Dictionary

channel

Person who is used to transmit communications, energies, thoughts, or deeds from a discarnate soul or entity.

channeling

Receiving energy or information via a spirit or entity. This is a process used by psychic and healing channels.

chanting

Rhythmic repetition of sound, such as a mantra, in which vibrational energy is received and discharged.

charging

1. One of the basic processes of change in the universe. 2. Imparting psychic energy to.

Chela

A disciple, follower or pupil of a Guru, Sage or school of philosophy.

Cherubim

These angels supervise the elementals, emanate wisdom, intone truth, perceive the will, and hold the form for the cosmic plan. They are responsible for the form side of nature and for the motherhood of all life – a feminine, nurturing influence upon evolving life forms. As the celestial hierarchy of the constellation Cancer, they express clear truth and enlighten humanity with the energies of love and wisdom.

chi

(Chinese) Universal life energy

Child within

The basic nature that retains childlike, enthusiastic, fresh, energetic qualities often hidden under programming, fears, false ideas, or distortions from previous experiences. To be thought of as the forever-young child part that can be set free to experience the events of life with freshness. Much healing can be accomplished on this level, so often distorted and wounded. Psychological efforts to heal this basic level of self-aid in health maintenance and improvements, trust, the ability to mature in consciousness, and increased joy in living.



Metaphysical Dictionary

ching tso

Chinese form of quiet, sitting meditation.

chiromancy

Study of a hand as to the lines on the palm, shapes of fingers, and condition of nails, to relate back scientific information as to character, emotional attitude, past and future experiences.

chiropractic

Science of manipulation of the body's joints, especially spinal adjustment.

Christ

"Messiah, Anointed One" Christos, 1. Jesus of Nazareth's divine manifestation. 2. *(Greek)* Any fully realized person.

Christ consciousness

A term the Christian tradition has used for intuitive knowing or the realization or attainment of high consciousness. The pure level of consciousness in which the mind, love, and will of God are made known to the enlightened person.

Christian Science

A religion and system of healing. Christian Scientists do not believe in disease and do not succumb to illness, nor do they nurse chronic illness.

Christianity

Religion of beliefs and practices claiming to come from the teaching of Jesus; hundreds of denominations of professed ways to worship Jesus, all important to the person who feels their Bible interpretations is correct.

chromotherapy

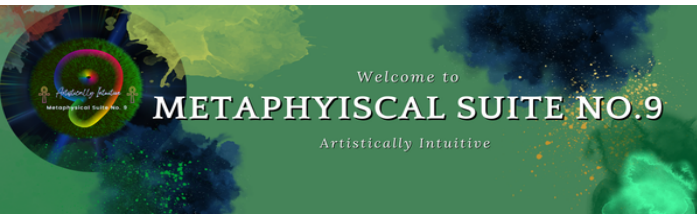
Art of alternative healing using colored lights.

circle

1. *(Plato)* Symbol of the cosmos and heaven. 2. Witches coven. 3. Mediumistic or healing group.

clairaudience

(French) Extrasensory data perceived as sound.



Metaphysical Dictionary

clairscent

(French) Extrasensory data perceived as taste.

clairsentience

(French) Extrasensory data perceived as feeling or awareness.

clairvoyance

(French) Extrasensory data perceived as heightened sight, especially of future events.

cleansing

Purification or Earth changes.

close encounter

UFO experience 1. Of-the-first-kind: a close-range sighting of a UFO. 2.

Of-the-second-kind: a UFO encounter leaving effects on the viewer or the environment.

3. Of-the-third-kind: direct contact with occupants of a UFO, usually involving abduction and being taken aboard the spacecraft. 4. Of-the-fourth-kind: sexual encounter with a UFO occupant.

cobweb feeling

The feeling of cobwebs on the face, arms or hands is often an indication transfiguration mediumship ability may be developing.

co-creation

The act of creating from a state of full awareness in partnership with humankind, the living Earth, or God.

cognition

The process of knowing; perceiving, assimilation of knowledge gained through sensory perception, ESP, intuition or psychic perception.

configuration

Picture or pattern formed in a horoscope.

Confucius

(Kung Fu-tsu) Chinese sage, writer of the Analects -551-479.



Metaphysical Dictionary

conjunction

Coincidence of two planets in the same zodiacal degree by longitude, usually within 7 degrees; generally a favorable major aspect.

conscience

Faculty of personality wherein rests one's ethical and moral standards and the ability to accept, reject, apply and activate the standards.

consciousness

1. State of the mind, the senses and physical awareness allowing a person to know of his existence, sensitivities and relationship to environment. 2. Spirit communication with the developing medium ultimately registers on the consciousness for the medium to know the message content and to be able to use mind and physical faculties for transmitting on to the intended receiver. Consciousness originates in the physical and once formed it becomes what is really you. It enters the subconscious where it may become the consciousness of the inner spirit body.

consecrate

1. Make holy. 2. Imbuing sacred symbols with the power of the four elements in ceremonial magic.

construct

1. Stable pattern of consciousness. 2. Intelligently fashioned vehicle manifesting to human vision or as a UFO.

contact

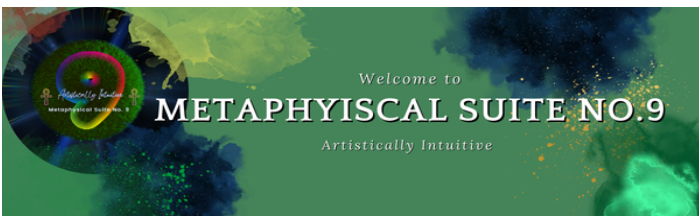
Connection with someone else on this or another plane of existence.

Contemplation

Similar to meditation; the act of holding a thought or object before the mental vision and observing the thought from many perspectives.

Continuity of Life

A Spiritualist tenet stating that there is eternal life and that the discarnate world can and does communicate with the physical world. Demonstrations are usually performed by mediums in a seance.



Metaphysical Dictionary

control

Discarnate spirit that seems to take physical control of a medium.

cooperator (co-operator)

An entity, carnate or discarnate, who supports or aids another in any psychic activity.

Corona

Aura.

cosmic

(*from Greek*) Universe as a whole.

Cosmic Consciousness

Attunement to the infinite.

cosmic energy

1. Law of movement keeping all atoms vibrating. 2. Energy permeating all space necessary to all like, known and unknown.

cosmobiology

Russian and Eastern European term for astrology.

cosmogony

(*Greek cosmo "the universe as an orderly whole"*) The study of how the universe was created according to Genesis; the story of steps of development. Not to be confused with cosmology.

cosmology

(*esoteric*) The study of the primordial elements; Fire, Air, Water, Earth, Space, Time, and Gravity; the laws governing their functions in relation to humanity.

coven

Witchcraft circle.

CR

Critical Ratio; method of determining whether the observed deviation in ESP testing is significantly above chance.



Metaphysical Dictionary

Craft, The

A commonly used synonym for Wicca, or witchcraft.

Creator

The Source, God, the supreme intelligence that created Totality, is the essence of Totality, and is the law sustaining it (Universal Law); one main principal behind all there is and everything being a part of that one main principle.

crystal

A mineral of the quartz family thought to be capable of receiving, storing, transmitting, or amplifying vibrational energy and often used as a tool for healing, prophecy, or communication.

crystal ball

A sphere of crystal used by a diviner in revealing events or esoteric knowledge.

cult

A group of people working together and bound together by the same ideal, principle, and charismatic leader, usually of a religious nature; system or sect becomes object of devotion and is not to be confused with occult. Members must adhere to a strong belief system, behavior is dictated and must conform, expectations of routine and defined, and allegiance is expected or commanded. A cult is empowered primarily by the strong allegiance that binds the organization or group. The cult concept is unwelcome to free thinkers.

cupping

Oriental healing technique of placing glass cups on specific meridians and points to cleanse, toxify, or reduce tension.

cups

1. Tarot suit associated with love and wisdom. 2. Cups possessing magic properties appear in Celtic legend. The Quadrangular Cup of the Fenians gave a person any drink he desired. Other magic cups cured dumbness, or brought good luck.



Metaphysical Dictionary

current

Psychic energy. Also, sometimes used to suggest movement of any vaporous, smoke-like ethereal substance, such as the extruding of the Beta or astral body from the physical.

cusp

Line or interface between two houses of a horoscope.

cycle

A series of occurrences which repeats itself in a specific pattern with precision timing and no regard to outer changing conditions; an action of anything in the universe that repeats itself with a similarity at constant intervals; all life is held together in concentric patterns.

cycle of personal life situations

Period from birthday to birthday; divides 365 days by seven, making periods 52 1/7 days, out of which one period is especially good for expressing the inner nature of the person, like traveling, strengthening of the psychic powers, etc.

cycle of soul-mind progression

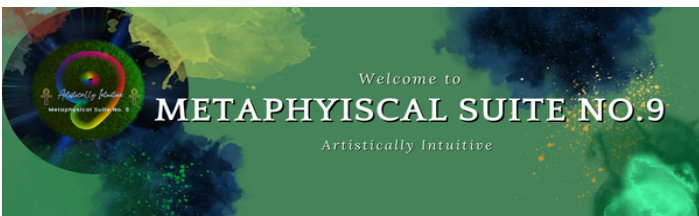
Theory: every eighteen years, seven months and a few days there occurs a particular relationship between a person's soul-mind and the etheric world; beginning at the age of 18/19 and then following at the ages of 37/38, 55/56, 74/75.

cycles of the ages

Theory that every 26,000 years our solar system makes one revolution around a great central sun, and the completion of one such cycle constitutes one age (Piscean Age, Aquarian Age).

cycle of progression

The periodicity of material or worldly affairs which will have its lows and highs, regardless of the people on the planet, people will influence the degree of lows and highs, but will not influence a smooth running world; e.g., history repeats itself every 100 years



Metaphysical Dictionary

D

daemon

1. Supernatural power. 2. (*Greek*) Demi-god who inspired Socrates.

Dalai Lama

"Exalted Ocean", spiritual leader of Tibetan Buddhism, now in exile in India; 14th and current Dalai is Gejong Tenzin Gyatsho, 1935-.

darkroom

A light-free room required for most physical psychism to occur. Room commonly used for seance work.

death

Life's other side, afterlife, discarnate realm of existence.

decarnate

To leave the state of flesh and enter into state of spirit being. See discarnate.

decile

Planets 36 degrees apart; minor favorable aspect.

deja entendu

(*French*) "already heard", feeling that sounds or voices have been heard in the past.

deja vu

(*French*) "already seen", state of having seen or experienced something before.

delta wave

Slowest of the brain's waves, associated with deep sleep.

demagnetising

Drawing from a body as from a healer, the human magnetism which may have been built up for healing purposes. The distance of hands from body, the direction of passes and negative or positive attitudes in body and spirit of each contributor and recipient may be factors that determine the effectiveness of the magnetism transferred from healer to patient.



Metaphysical Dictionary

dematerialize

To change the rate of frequency vibration so as to disappear from third dimensional range of Earth plane sensing.

Demiurge

The leader of the archons, a second-rate deity who falsely imagines himself to be the true God and claims creation of the world of appearances.

demon

Evil spirit, devil; sometimes like daemon, a friendly spirit.

demonology

The study of the function, life style, levels of existence, laws, relationship to earth beings and nature spirits of low intelligent life beings or spirit in the etheric world.

derma vision

Seeing with the skin or by touch.

dermography

Appearance of writing on the skin.

dense body

The physical body.

dense world

The lowest sub-plane of the physical world; commonly, physical reality which consists of matter visible to the human eye. To many, the "real world."

descendent

Seventh house cusp.

destiny

Life course; the point of collision between energy coming in and out.

destiny number

Number in numerology derived from adding name and birth numbers.



Metaphysical Dictionary

detriment

Low energy point of a plane.

Deva

1. Gods, heavenly beings. 2. Heaven. 3. Great people who know and lead others.

Devata

(*Sanskrit*) A divine being similar to an angel.

devachan

(*Sanskrit*) The heavenly world where weary souls rest, refresh the spirit, and experience no pain in a spirit reality.

deviation

Amount an observed number of hits or an average score in an ESP test varies from chance expectation.

devic

Nature kingdom.

Devil

1. Supreme spirit of evil; an enemy of both God and mankind. 2. Tarot #15:disease, great strength.

dharma

1. (*Sanskrit*) The Law, Duty and Way of Life. 2. Teaching of the Buddha and Patriarch in Buddhism.

dimension

1. A division of the universe. The psi concept envisions a physical world and an ethereal realm each of unknown number of strata. The evidence about the ethereal suggests many spiritual planes, which are referred to, at times, as dimensions, or levels. 2. Measurement characteristics about the size of things, such as, the aura, the spirit body.

discarnate

1. Without body. One who survived death, discarded the corporal body, and now exists in the etheric realm in astral body. 2. Loosely used to mean any intangible disembodied element as a soul, spirit or personality. See decarnate.



Metaphysical Dictionary

discernment

A Gift of the Spirit, achieved after much interaction between conscious mind and higher consciousness. The goal of the disciple is realized as the energy of the soul from its level and the higher mind blend in new awareness.

disciple

1. (*esoteric*) a first- or second-degree initiate. 2. (*common*) A pupil or follower who helps spread a Master's teachings. Those who follow a particular discipline according to a prescribed pattern but also recognize much free will and understanding. 3. Those subscribing to a constant habit of spiritual living whose knowledge, capacities, and spiritual abilities are demonstrated in daily life.

disease (dis-ease)

Disharmony between levels of self which results in a breakdown of health in any of the personality sheaths.

disintegration

The separation of the essential organization or harmony of the subject's personality. Such disunity of body, mind, soul, spirit, psyche can be brought about by an overload, over-extension or misuse of one's use of ESP.

displacement

ESP responses to targets other than those for which the calls were intended.

distant healing

Healing a person from a distance via meditation or prayer.

divided consciousness

Ability or state of performing two or more tasks simultaneously.

divination

The art or act of revealing knowledge through supernormal media or intelligence.

Divine Light

Celestial radiance perceived by the Third Eye; eternal effulgence within all beings brighter than the Sun, realized by turning away from the physical senses and looking within and whose mystical union confers truth, consciousness, and bliss.



Metaphysical Dictionary

Divine Principle

An Agni Yogic term meaning God or the Creator.

Divine Realization

Moments of revelation merging into synthesis or comprehension.

divining rod

A long narrow tool used in the hands of a dowser that gives them tangible signals in answer to their questions.

divinity

The godhood; the totality control of universal forces.

dogma

1. A belief or acceptance that something is absolutely true. 2. A formal and authoritative doctrine or system of doctrines proclaimed by a religious body.

dominion

Planetary power governing movement.

dowsing

Practice of locating water, minerals, or other objects through the use of a rod, pendulum, or other object.

dream

1. View, goal, or purpose in life. 2. Sleeping consciousness. 3. Awaken to the numinous powers ever present in the phenomenal world about us and whose powers possess us in our high creative moments.

dream journal

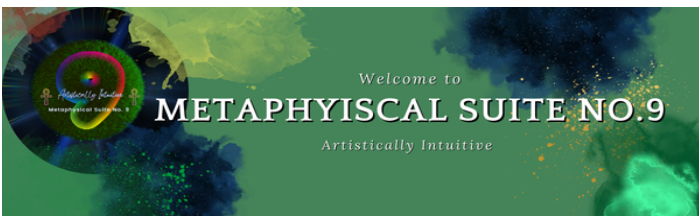
Diary in which dreams are recorded or analyzed.

dreamscape

Archetypal space or landscape encountered in dreaming.

dreamwork

Systematic inquiry into or therapeutic use of dreams for growth and self-development.



Metaphysical Dictionary

Druid

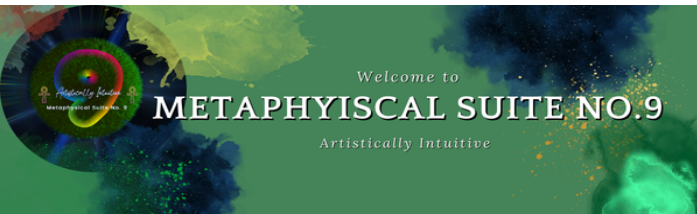
Member of an order of Celtic priests, poets, healers, and judges in pre-Christian Britain, Ireland, and France.

DT (Down Through)

Clairvoyant technique of naming the cards of a deck before any are removed or checked.

dualism

Separation, absence of love; seeing oneself as different from the sacred universe. 2. In metaphysical view man is composed of two basics: a physical nature and a spiritual nature; thus two bodies, two minds. The paradox: one personality, one soul, one spirit.



Metaphysical Dictionary

E

Earth

Our home planet is considered a non-sacred planet in process of transformation, preparing for an initiation. Located in the horoscope directly across from the Sun, we write the Earth into our charts and study its influence somewhat with the aid of esoteric astrology. It is considered to be Ray 2 in nature; however, humanity is expressing collectively on Ray 4 which helps the blending of personality and soul.

earthbound

Sensitives having out-of-body experiences may go on astral flight into the higher sphere or may be confined to the earth plane. Often the earthbound flights involve visitation to places away from the point of departure. Some projection sensitives never experience a psychic trip beyond earth bounds.

earthplane

Material existence, state of incarnation on Earth.

Earth signs

Taurus, Virgo, Capricorn.

Eastern Orthodoxy

The Eastern division of the early church when it divided into two factions in CE 1054, becoming the Roman Catholic and the Eastern Orthodox Church.

Eckankar

Religion of the Light and Sound of God. "Co-worker with God", ancient science of soul travel brought out in the west by Paul Twitchel.

ectoplasm

Subtle living matter present in the body materialized by a medium.

ectoplasm mediumship

Physical mediumship with the ability to produce ectoplasm. Ectoplasm is considered a material substance from which are created such physically-related things as psychic rods for lifting and moving physical objects and materialized forms and figures.



Metaphysical Dictionary

Eddy, Mary Baker

Founder of Christian Science (1824-1910).

ego

Self; feeling of I, me, mine. The consciousness in man, as in being aware of himself. Esoteric philosophy teaches the existence of two Egos in man, the mortal or personal, and the higher, the divine or impersonal, calling the former "personality," and the latter "individuality."

eidetic

Images seen when the eyes are closed.

Eight-fold path

Buddha's teaching of the way of the Middle Path. Right-belief, right-thought, right-speech, right-action, right-livelihood, right-endeavor, right-remembrance, right-meditation/concentration.

eighth house

Segment of a horoscope ruling inheritances, death, sex, the occult.

electional astrology

Science of choosing an auspicious time for an undertaking.

electrography

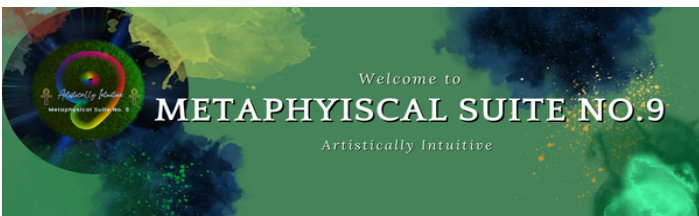
Kirlian photography.

electromagnetic radiation

Radiation of different wavelengths extending from radio waves to gamma rays and including visible light; often divided between natural (including ki or universal life energy) and artificial such as electrical or microwave.

Electronic Voice Phenomena (EVP)

The unexplained embedding of discarnate voices on magnetic tape. Discovered by the Swedish artist Friedrich Jürgenson in 1959.



Metaphysical Dictionary

Elemental forces

Basic building blocks of earth, air, water, and fire used in the creation and maintenance of the physical world. These forces have specific roles. They are the forces behind the outer forms guiding evolution through interplay. Wise ones work through a hierarchy of responsibility constructed to allow growth at every level.

elementals

Creatures that evolved in the Four Elements - earth (gnomes), air (sylphs), water (undines), and fire (salamanders). These forces of nature are known as Pixies, Gnomes, Fauns, Elves, Dwarfs, Trolls, Norns, Kobolds, Brownies, Nixies, Goblins, Pinkies, Banshees, Moss People, White Ladies, Spooks, Faeries, etc.

elestial crystals

Crystals that are considered young in geological time. They are usually quite small.

11:11 - Eleven-Eleven

11:11 is said to be a pre-encoded trigger placed in our cellular memory banks prior to our descent into matter which when activated, signifies that our time of completion and ascension is near. It is believed that one knows when this particular gateway opens for them by continually seeing the numbers 11:11 in their everyday lives as a continuous occurrence. Activation of other gateways may be symbolized by other digits.

eleventh house

Segment of the horoscope ruling friendships, hopes, desires, social relations.

elixirs

The liquid that a crystal or gemstone has been placed in over a period of time. When the stone or crystal is removed, the liquid is said to carry the essence of it. Elixirs, also known as tinctures, are usually used for healing purposes by drinking it.

Elohim

(Genesis 1.26) "Gods" (plural), "God" Eloha. Manifold expression of The Source in order to create diversity of Creation.

emanation

The perceptible, smoke-like extruding of the spirit body (Beta) from the physical.



Metaphysical Dictionary

emotional body

The vehicle, or reflective nature, esoterically called "astral" (*meaning "starry"*) wherein reside unresolved emotions and currents of force awaiting expression.

emparadise

To empower spiritually.

empathy

Projection of personalities so a mutuality exists in understandings, feelings and thoughts. One who is sensitive to the feelings and thoughts of another would be an empath.

Emperor

Tarot #4: will.

Empress

Tarot #3: initiative, action.

endocrine system

System of glands that through their secretions control many vital physiological processes; physical counterparts to the chakras.

energy

1. Life force, cosmic ether, healing medium, vitalizing force, primal juice, cosmic electricity. 2. mc^2 : mass times the square of the speed of light. 3. Electromagnetic fields consisting of positive, negative, and neutral charges which build and sustain the human body and all other matter. 4. Forces of nature harnessed for human use including: coal, petroleum, natural gas, nuclear fission, nuclear fusion, hydroelectric, geothermal, organic waste and refuse, wind, tides, ocean waves, ocean currents, temperature differential, solar terrestrial and extraterrestrial, gravity, electrostatic, hydrogen.

energy beam

Light or laser emitted by a UFO

energy body

Aura seen in Kirlian photography.



Metaphysical Dictionary

energy flow

Something directed positively.

enneagram

A symbol first introduced by G.I. Gurdjieff that is created by dividing a circle into 9 parts numbered 1-9 with 9 at the top. The division of $1/7$ yields a periodic decimal .142857. By connecting these numbers in that order yields the first symbol. Also by connecting 9,3, and 6 gives a triangle. This symbol represents the law of three inside of the law of seven.

enlightenment

Universal consciousness; traditionally compared to a mind full of light.

en rapport

A condition of harmony and accord in contact between a psychic and an astral entity.

entities

Discarnates, or spirit beings, without physical bodies that can be seen or recognized by some but are undetectable by others. They continue to live in an appropriate dimension between physical incarnations. Some visitation and contact between planes is noted; their presence may be positive or negative.

envelop

An encasement of a living object with a nebulous, formless quality or tenuous matter whose light, color and tone tend to give indication of the personality, vitality and being of the object surrounded.

ephemeris

(Greek) 1. Table showing the daily places of a planet. 2. Almanac of such tables.

Equal House system

Astrological system of house division whereby the ascendent serves as the cusp of the first house and the other houses are 30 degrees away.



Metaphysical Dictionary

esoteric

(hidden, secret, inner, concealed, mystical, occult; Greek "eso" within) Understood or meaningful to a small group and not of significance to the average person; perhaps mysterious because of the difficulty to understand.

ESP

Common abbreviation for "extrasensory perception." See extrasensory perception.

essential oils

Fluid extracted from botanical sources and preserved in pure form. Some are poisonous when taken internally, and many report irritations when applied directly to the skin. Used in Aromatherapy, usually in blends diluted with basic carrier oils. For more on Essential Oils,

ET

Extraterrestrial.

ethers

The cosmic energies in the Universe and beyond. Limited use with ordinary meaning simply "not of earth's atmosphere" or "beyond earth's atmosphere."

etheral

Of the intangible celestial spheres; the non-physical space of universe; heavenly; spiritual in nature.

etheric body

Astral or dream body (state of mind).

etheric plane

The whole, or any one, layer or level of the etheric realm. The planes differ in respect to the achievement or development status required of the spirits who are advanced to them.

ethics

The code or philosophy we develop and adopt that protects personal integrity, that path of rightness for peace of mind and established harmony between inner and outer.



Metaphysical Dictionary

evangelical

"To bring good news" of or according to the Gospels or the New Testament.

evil

The opponent of morality. Attachment of ego and loss of remembrance of own divinity. A way to experience duality.

evolution

The progressive march toward a higher life. The natural unfolding development of latent potential within all life, guided by an inherent design. The process of liberation of spirit from the restriction of form. For humanity, the process of awakening to the plan and purpose of God, expanding in consciousness, and attaining, stage by stage, an ever more inclusive awareness.

excarnate

Divested of a fleshly body. In a state of etherealness.

existentialism

An attitude or philosophy concerning the fate of humanity and the individual which emphasizes free will and taking responsibility for the consequences of our acts.

exorcise

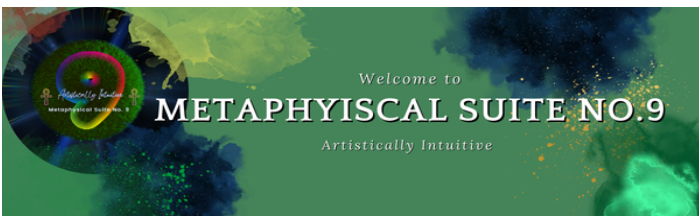
To block unenlightened forces or free a situation of the presence of unenlightened spirits.

exorcism

A rite or process for delivering unenlightened spirits out of a presence or situation.

exoteric

(Greek *exo*, meaning "outside") The opposite of esoteric, or hidden. Popular religious teachings given openly and publicly.



Metaphysical Dictionary

expanded awareness

1. A state of consciousness in which we sense more than what is readily recognizable through the physical senses or is grasped by the rational mind. 2. The heightened ability to directly perceive and experience subtle truths and realities as they exist in both the subjective and objective worlds. 3. The ability to perceive from the world of causes in which we increasingly identify with divine will.

extrasensory perception

Apart from or in addition to normal sense perception. Awareness and ability to perceive, to acquire and to experience response to event or other external knowledge that is of supernatural or unknown extraordinary initiation.

extraterrestrial

"Alien" Originating, existing, or occurring outside the earth or its atmosphere.



Metaphysical Dictionary

F

faith healing

The desire and expectation of the patient are necessary factors in faith healing. This desire of the patient allows the chosen treatment to change their body chemistry so the body can heal itself. This desire is "faith" or the automatic knowing that one will be cured.

far-memory

Recall of earlier incarnation.

fear

1. An unpleasant emotion caused by expectation or awareness of danger. 2. Profound reverence especially toward God. 3. A serious obstacle to spiritual growth. Fear indicates lack of trust and a lack of belief in the goodness of the higher Plan.

feeder

A participant during a psychic manifestation from whom is drawn supply of extra energy to strengthen the demonstration. Such withdrawal may lower the person's awareness to comatose state.

feminine signs

Taurus, Cancer, Virgo, Scorpio, Capricorn, Pisces.

Feng Shui

Known as the Art of Placement, this classic Chinese form of geomancy demonstrates overt and obscure ways the physical ambience -- home and workplace, environment and landscape -- can spark and nurture the natural potential to be more alive, receptive, and focused. This technique concerns itself with the moving energy called chi, directing it to affect the environment by balancing yin/yang into a harmonious flow according to the purpose to which a space is dedicated.



Metaphysical Dictionary

field of consciousness

In ESP experiences there are many potential combinations of seeing, hearing, sensing. When the medium is under a proper self-disciplined conscious control, he can be aware of the major thought-flow focus and simultaneously know of fringe or marginal awareness and impressions impinging into the periphery of consciousness.

Fifth Epochal Revelation

The URANTIA Book is the first one tenth of the Fifth Epochal Revelation to the evolving races of Urantia. Continuing Fifth Epochal Revelation (the other nine tenths) is now in progress through the Audio Fusion Material Complement, Gabriel of Sedona. The Fifth Epochal Revelation is revealed in the lives of those men and women who have aligned with the divine government of the Planetary Prince, Machiventa Melchizedek, under the mandate of the Bright and Morning Star of Salvington, and are trying to walk in the perfect will of God on a moment-to-moment basis. (The URANTIA Book, The Cosmic Family Volume I)

fifth house

Segment of the horoscope ruling love, children, speculation.

Fifth kingdom

(of Souls) A new state of collective consciousness not yet manifested, although the model has been created as a divine potential by the Masters. When enough humans can sustain the collective energy the initiation will be granted and a leap forward in consciousness will be gained by many now in preparation. (The other four kingdoms are the mineral, the plant, the animal, the human.)

Findhorn

Spiritual community in northern Scotland noted for fabulous gardens.

fire

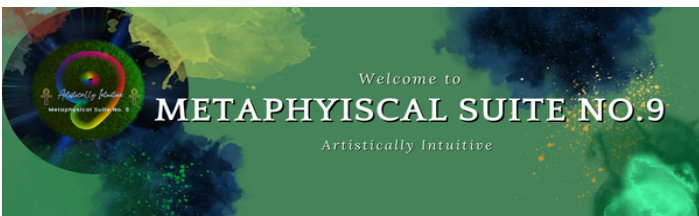
Symbol of consciousness, truth, spirit, passion to seek, and purification.

fire signs

Aries, Leo, Sagittarius.

firewalking

Walking on hot coals. Used as mind discipline and awareness training.



Metaphysical Dictionary

First Point of Aries

Beginning degree of the zodiac.

first principle(s)

Choice should be made on the earth plane of the fundamentals to serve as the major influences and stabilizing factors that will lead to higher spiritual awareness. Conscious utilization of higher standards, love, health, etc., during the physical period leads more effectively to spiritual contact than does trial and error, learning through the failures, and misadventures of a physical lifetime.

fixed signs

Taurus, Leo, Scorpio, and Aquarius signifying conserving energy.

flame billets

Using the flame, smoke and ashes of a candle or fire to serve as a means to perceive psychic information. A paper containing the name and question of the person asking the question is slowly passed over the flame; the shape and density of the blaze, smoke, and ashes are used as a point of focus for the psychic.

flotation tank

Water chamber isolated from all outside distractions, often containing epsom salts.

flower essence therapy

The use of extracts from flowering plants as a healing method.

flow-through

Passage of externally-generated message from a spirit control through the receiving and delivering apparatus of a medium without conscious intervention or alteration by the latter.

fohat

(Sanskrit for subtlest fiery energy of creation) Called by science atomic energy. The fiery spirit called "Father" would be fohat, which corresponds to Chokmah on the kabbalistic Tree of Life.



Metaphysical Dictionary

Fool

Tarot #0 or unnumbered signifying folly, inspiration, enlightenment, the beginning and end of the path.

force

Form of power, radiesthesia or energy, having the capability of operating on matter, on intellect, form, thought, behavior. An electric-like power source of the energy that carries communication and other phenomena between planes, i.e. life and afterlife.

Ford, Arthur

Trance medium; 1896-1971.

form

The figure and structure of a thing, its outline, excluding shape, color and texture. Everything in the universe, of physical and ethereal spheres, regardless of its formative substance possesses form. The nature of the substance which compounds a thing appears to be the cause for the existence or non-existence of shape in the form of a thing.

fortune teller

One who attempts to predict for another events that will happen in the future.

Four Noble Truths

Part of the principal teachings of Lord Guatama, the Buddha, who lived about 500 years before Jesus, the Christ. The Four Noble Truths are: all life is suffering; the cause of sorrow is desire (addictions); escape from sorrow comes when all selfish thought ceases; and the way to escape sorrow is obedience to the Eight-Fold Path.

fourth dimension

Next higher frequency vibration range into which Earth is being transmuted.

fourth house

Segment of the horoscope ruling home and parents, property and savings.

Fox Sisters

Leah, Kate, and Margaret; sisters in Hydesville, N.Y. who started modern American Spiritualism in 1848.



Metaphysical Dictionary

free association

Technique of evoking spontaneous references or ideas to words or symbols, especially in dream interpretation (Freud).

Freemasonry

Fraternal and occult movement originating in England, 18th century.

free soul

The human soul may advance toward a state of complete freedom. The advancement effort should begin during earth life. The essence of awareness, different from earth's realization, becomes evident following one's expansion of readiness for unfoldment of meaning at the next higher level.

frequency

Vibrational range of energy expressing as matter.

Friends, Society of

(*Quakers*) Spiritual movement founded by George Fox in England based on the doctrine of the Inner Light, silent meditation, peace, 1668-.

full Moon

The phase of the Moon when fully illuminated, reflecting most powerfully the light of the Sun.

fundamentalism

A term used to describe the philosophy of those who affirm the fundamental truths of a religious approach. However, the term has come to denote a literal translation, not the true meaning.



Metaphysical Dictionary

G

Gaia

(Greek name for goddess Terra) The uninitiated Earth.

Ganapati

(Sanskrit) God of luck and wisdom.

gatekeeper

An ethereal being serving as presider during communicative contact between a sensitive and etheric discarnates.

geloscopy

Perceiving psychic impressions regarding a person by the way they laugh.

Gemini

(Twins); third sign of the zodiac (approx. May 20 to June 20); of the airy element; ruler Mercury; keywords: awareness, communicating energy. Recognized strengths: quick-minded, versatile, alert, inventive, chatty, adaptable, sociable, energetic. Potential weaknesses: fickle, judgmental, easily scattered; over-commits.

gender (Hermetic principle of)

"All things have gender": masculine and feminine at work to balance, rejuvenate, or be made whole. Respect for gender is necessary for generation; lack of respect causes degeneration.

genethiacal

Astrological study of individual birth charts.

geomancy

1. Divination by tracing figures on the ground. 2. feng-shui: Oriental science of sitting, placement, and home and environmental arrangement.

GESP (general extrasensory perception)

Ordinarily a multi-sensory situation which might include telepathy or any type of extrasensory perception or both. The separation and identification of kinds of communication are generally of importance only in research situation.



Metaphysical Dictionary

Gestalt Therapy

Integrative growth movement developed by Frederick Perls utilizing methods to expand individual awareness and lessen emotional blocks, including an inner dialogue to resolve conflicts between different parts of the self.

ghost

The nonphysical, or etheric, body of an entity that lingers in the dense world after death – especially when attracted.

Gibran, Kahlil

Syrian-born mystic, poet, artist (1883-1931).

gifts of the spirit

Inherent psychic abilities in all human beings.

glamour

Casting a spell on an individual.

glossolalia

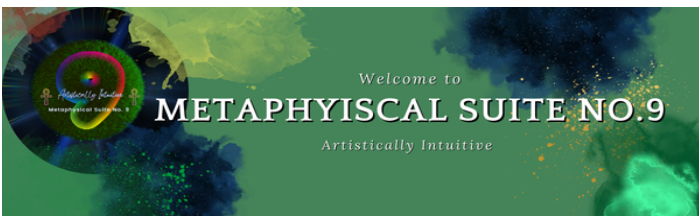
Speaking in tongues.

glyph

A character that demonstrates its meaning symbolically, as in astrology, to symbolize the twelve signs of the zodiac and the planets.

Gnostic

"One who knows", adherent of an ancient Hellenistic way of life teaching transmigration of souls and a struggle between the forces of light and darkness.



Metaphysical Dictionary

God

1. (*Judeo-Christianity*) Creator and sustainer of the universe. 2. (*Theosophy*) Transcendent and immanent being who guides and controls the course of planetary evolution. 3. Sum total of all that is. 4. (*Islam*) Lord of the universe who cannot be represented by any form. 5. (*Hinduism*) The One who plays the game of life by becoming the Many, losing itself in the creation and finding its way back to unity; supreme being, personal friend, teacher, and lover who knows the heart of all beings. 6. (*mysticism*) Indwelling spirit within all beings; one's highest self realized through contemplation or service; eternal, infinite, all-wise, all-knowing, all-loving, ever-free radiant presence. 7. (*humanism*) Impersonal spirit of selfless love.

God-within

The divine spark confined within matter which, in time, evolving disciples realize and honor with total allegiance.

God-realization

Enlightenment.

God-self

Inner voice, higher self.

Graphology

The science of handwriting analysis.

Great Manitou

Algonquin God over all things.

Great Spirit

Native American deity.

Great White Brotherhood

Esoteric fraternity is said to guide the destiny of the Earth and communicating through various teachers and prophets. White in this case having nothing to do with color; meaning purity.



Metaphysical Dictionary

Great White Lodge

(*Theosophy*) Brotherhood of masters guarding the planet.

greater mind

Subconscious or soul-mind, as opposed to the conscious mind.

grounding

Becoming oriented or re-oriented with ones physical surroundings.

group mind

The blended consciousness of a number of associated people.

group soul

The collection of unique qualities a group creates as it comes together to form a group action through an agreed-upon purpose or direction around a goal, a leader, or a central atom.

guardian angel

A protective presence who may be summoned to strengthen our souls as we meet the challenges of human incarnation.

guardian spirit

A spirit entity who assumes responsibility for care and protection of a person who has been selected because of compatible personality traits.

guidance

Connecting with the inner self that provides a sense of knowing as we attune to a higher dimension of self. Until we connect with guidance from within, we need guidance from an outer mentor, a moral code, or ethical philosophy.

guide

A member of a sensitive spirit group who assumes a role of protecting, guiding and influencing the daily life and destiny and assisting in creating understanding of spiritual truths.

guided imagery

An exercise to develop the imagination in which a guide leads people to visualize through suggestions and symbols.



Metaphysical Dictionary

guru

1. Teacher, preceptor. 2. Spiritual guide who leads the student from darkness into the light, personification of truth for the disciple.

gyrate

A circular movement of a pendulum. All movements have symbolic meaning to the practitioner regarding data desired.

gyromancy

Divination by walking round a chalked circle and noting the position of the body in relation to the circle.



Metaphysical Dictionary

H

Ha

(Sanskrit) The Sun

hallucination

Experiencing or perceiving sensory data which have no physical correlation.

Hall, Manly Palmer

Born in Canada, 1901, deceased 1990. Author, lecturer, and minister of The Church of the People. Established the Philosophical Research Society.

halo

A radiant, luminous, shimmering circle of light enveloping the head of a deity, or highly evolved being. It is believed that an enlightened being operates from the crown chakra while preparing for their ascension and this energy spills out of the head as that being evolves.

hand analysis

Chiromancy is the study of one's hand to attune into that person. *Chirosophy* is to study a hand as to the lines on the palm, shapes of fingers, and condition of nails, to relate back scientific information as to character, emotional attitude, past and future experiences.

Harmonic Convergence

New Age day of international prayer and ceremony, August 16 - 17, 1987.

Harmony of the Spheres

The cosmos has a vast musical harmony (Pythagoras).

Hasidism

"*The Pious*", mystical Jewish movement founded by Israel ben Eliezer in the Ukraine; major sects include Chabad, Satmer, Belz, Brestlau.

Hatha Yoga

(Sanskrit) Yoga emphasizing physical postures, breathing and diet.



Metaphysical Dictionary

healing

The administering of health restoration, often instantaneous, to the sick by a power from beyond the physical.

healing channel

A medium who is an instrument in delivering the power for healing to the unwell.

Healing mediumship requires an uplift that extends the consciousness to the Power beyond the cooperating spirit operators. Spirit operators supply supporting assistance; however, the Healing Power comes from a higher source.

healing crisis

Brief illness or symptoms that surface in the initial period after making a dietary change or other holistic health adjustment.

healing petitions

Small slips of paper on which are written the nature of the healing desired and the signature or name of the person in need. The petitions are placed in a healing container wherein the practitioner focuses his/her mental energy to contribute to the healing of the person involved.

healing power

The source of the power to do healing. The healer must achieve an uplift of consciousness to contact and withdraw power from this higher plane reservoir. Attending spirit operators may aid the healer, but the power for healing is from the Highest Center.

heart chakra

Located in the center of the chest, the heart chakra when fully opened expresses unconditional love for spirit, consciousness, and every level manifestation of creation. This center influences the thymus gland located in the center of the chest just behind the upper breast bone. The symbolic form of this chakra is the equilateral cross and its color is green and/or pink.

heart-of-foot

Secondary Chakra on the center of the foot.



Metaphysical Dictionary

heart-of-hand

Secondary Chakra on the center of the hand.

heaven

State of consciousness: Utopia. Also a religious belief that Heaven is a place: God's Kingdom

hell

State of consciousness: Evil and Wickedness. Also a religious belief that Hell is a place: Satan's Domain

hepatoscopy

To perceive psychic impressions by dividing the livers of animals.

herbology

The science of alternative healing that uses herbal formulas.

heretic

By derivation, "One who is able to choose."

Hermes Trismegistus

Legendary Egyptian sage, reputed author of the Tarot, neo- platonism, the Kabbalah, alchemy and astrology.

hermetic

Secret, occult; especially the Western mystery tradition.

Hermetic Principles

Seven in number, considered the underlying foundation for life in the material world. They are Mentalism, Correspondence, Vibration, Polarity, Rhythm, Cause and Effect and Gender.

Hermit

Tarot #9 wisdom, prudence.

hexagram

One of 64 six-lined figures in the I Ching.



Metaphysical Dictionary

hierarchy

The many degrees or steps of evolving beings in the cosmos, under a divine plan.

hieromantis

Diviner of sacred things.

hieroglyphic

A picture or symbol representing a word or sound, etc., used in a system by the ancient Egyptians and other civilizations.

Hierophantes

(Greek) "Exponent of sacred things", high priest; Tarot #5.

high magic

The art of white magic where the practitioner knows what to do, expect and no longer has to depend on rites or tools but relies on psychic powers.

High Priestess

Tarot #2 the female inquirer, the anima.

higher self

The superconscious or higher conscious mind.

Hinduism

Ageless, founderless religion of India. The philosophy is based on the sacred books called Vedas Teaches reincarnation relating to the ultimate union of the soul with God; the soul moves through several material worlds, higher and lower than this present world until it reaches the final liberation from all material worlds.

hippomancy

Divination by observing a horse's pace.

ho

Native American word for affirming "and so it is" or "I agree." A powerful mantra.



Metaphysical Dictionary

hod

Eighth sephirah on the kabbalistic Tree of Life – called "splendor" (specifically the splendor of the mind).

holarchy

"Whole order," synthesis that reflects the order of the totality.

holding together

Adjacent lines in an I Ching hexagram that are alternately yin and yang.

holism

The belief that wholes determine the design, function, and health of their parts rather than the other way around.

holistic (Wholistic)

1. Knowledge or approach that is simultaneously intuitive and rational, scientific and artistic. 2. Whole, integrated, comprehensive.

holistic health

Natural, integrative approach to health and well-being utilizing diet, exercise, meditation, chiropractic, acupuncture, macrobiotics, or other noninvasive therapies.

hologram

Three-dimensional photographic image produced by laser light.

Holotropic Breathwork

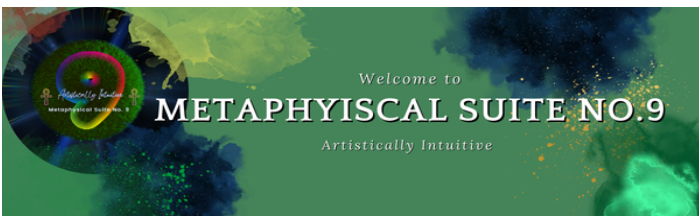
Non-drug journey into non-ordinary states of consciousness developed by Stanislav Grof.

Holy Spirit

1. Spirit that is whole. 2. Action or agent of the Supreme Being. 3. Light.

Holy Word

Divine name or breath. Logos (Greek). Kalma, Ism-i-Azam (Arabic). Nad, Udgīt (Sanskrit). Naam, Gurbani, Dani (Hindi). Raach (Hebrew).



Metaphysical Dictionary

homeopathy

Science of healing based on the principle of like attracting like", utilizing tiny doses of natural elements and extracts focusing on the cause of illness rather than the symptoms.

horary astrology

Casting the chart for a specific time, usually the present moment.

Horizontal

Astrological house system based on division of the horizon from the east point by vertical circles.

horoscope

1. Picture of the heavens at the moment of birth, or progressed to any future time. 2. Astrological forecast.

house

One of twelve divisions of a horoscope.

hsiang

Image in an I Ching interpretation (Chinese).

hsiao

1. Line in an I Ching hexagram. 2. Confucian tenet of filial piety.

huna

Magic and healing practiced by Kahunas (Hawaiian).

hyperesthesia

Sensory organs that possess above normal sensitivity, as, acuteness of hearing, seeing in the dark.

hydromancy

A means of discovering hidden objects by gazing into water surfaces.



Metaphysical Dictionary

hyperventilate

When going into trance a medium's respiration may be abnormally fast or deep, seemingly absorbing excessive quantities of air. As the state of trance ends a relieving expulsion of breath, hypoventilation, may occur.

hypnogogic

Occurring between full wakefulness and sleep while in trance.

hypnology

Science of sleep investigation.

hypnopaedia

Learning or memorizing during sleep.

hypnopompic

Occurring between deep sleep and wakefulness while in trance.

hypnosis

State of physical and mental relaxation, utilizing a subject's receptive mode of consciousness for heightened suggestibility to acceptable information.

hypnotherapy

Hypnosis applied to psychological problems.

hypoventilate

A relieving expulsion of breath as a medium's state of trance ends.



Metaphysical Dictionary

I

I Am

1. The sacred connection to the human species of the God that dwells within. 2. Affirmation to invoke Divine Consciousness and realize multidimensional Self.

I Ching

"*Book of Change*", Chinese oracle and philosophical text based on a deep understanding of yin and yang; consisting of 64 hexagrams, symbolizing archetypal energies or situations. Collected by the Duke of Chou, c-1500; principal commentary by Confucius.

ida

(*Sanskrit*) Subtle nerve on the left side of the shushumna channel (Spine) It is one of two ethereal nerve canals crossing at each chakra.

ideo-flow

The content of a message, in words, images or other form, delivered by any spirit entity through the resources of a medium.

ideoplastic

The molding or shaping of pliable material by a source external to the material, such as ectoplasm.

illuminated

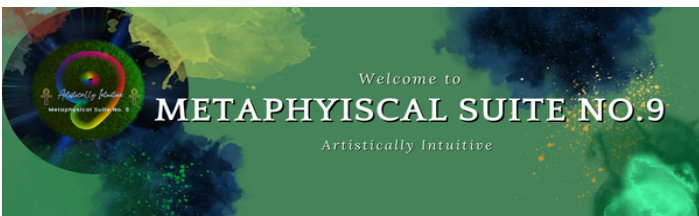
The realization that within one is a spark of divinity or perfectness that can be fed and made to unfold for one's own good.

image

1. Pattern revealed by a hexagram in the I Ching. 2. Awareness from the psyche that comes in various forms such as words, a knowing, or a vision.

immortality

Without cease; eternal. Life that cannot end but continues beyond the demise of the physical.



Metaphysical Dictionary

immunity

The maintenance of deliberate control over any force attempting entry into one's aura.

impression

The whole or, or part of, message transmitted by telepathy or supernormal means as received and in whatever form received. The receiver might see the message in a clairvoyant image, hear it clairaudient, or sense it by clairsentience. In whatever manner the message is impressed into the consciousness, the well developed medium will be able, in a large percentage of recipients, to redeliver it to the intended subject.

in breath

Breathing in movement.

incarnate

To come into being; to actualize; to be possessed with form and personality, most generally meaning human form.

incarnation

1. A manifestation in bodily form; the act of manifesting. Most used to infer embodiment for an extended period, as born to a life on earth. 2. An appearance of a supernatural entity in a body.

incense

Substance with a fragrant aroma.

inconjunct

Forming no astrological aspect to another heavenly body.

incorporeal

Not of material substance of form; ethereal, spiritual, bodyless; i.e., not of physical substance.

indigo

Color of intuition, dignity and spiritual aspirations. Borderland where wisdom and saintliness are attained through meditation; a meeting ground for all colors. The color for the brow or 6th chakra.



Metaphysical Dictionary

inertia

An inward passivity. Quality resisting urge, desire and aspiration to initiate any action creating change. In the afterlife the initiation of the desire and the activity to begin soul progression must come from within the individual. Inertia must be overcome by each entity prior to beginning the progression of the soul.

inferior man

Weak or base person, lower self in the I Ching.

infinite affinity

The integrative harmonizing of the spirits of two or more entities.

infinity

Space, time and dimensions of universe extending without end or finiteness.

influenced writing

Inspired psychic communication.

initiation

The transition from one point of polarization to another, growing capacity to see and hear on all planes, expansion of consciousness; brief period of enlightenment wherein the initiate sees that portion of the path that lies ahead and shares consciously in the evolutionary plan (Bailey).

inner band

Team of spirits helping a person during their incarnation on earth.

inner child

The modern term for the level of inner self imprinted by energies and experiences of our formative years, as well as programmed unconsciously.

inner ear

In ESP function, clairaudient hearing and vibrant, delicate sensing often does seem to enter the sensory system through the inner ear which may be the ear of the psychic, inner body rather than that of the corporal body.



Metaphysical Dictionary

inner eye

Similar usage as "third eye". As one becomes more developed, the positioning of third eye imagery becomes less conscious-centered. A clairvoyant intuition may come to one very strongly and explaining it, one says "Oh, I saw it!"

inner-heat yoga

(*Tibetan*) Yoga through which psychic energy is developed and controlled creating a source of inner warmth and resistance to extreme cold.

inner-phasing

Reaching into the subconscious to bring to consciousness and remove the dysfunctional patterns learned early in life.

inner self

The spiritual nature, often hidden even from ourselves.

inner space

Consciousness, the mind.

inspirational speaking

A spirit-controlled entry of thought to the medium's consciousness and corresponding spirit control of the oral presentation of thought.

inspirational writing

The activity passes through one's consciousness and stimulates the mind to record its thought flow. This procedure contrasts with automatic writing which is passed by the spirit contributor directly into the energizing and control of the hand doing the writing.

integral dynamic

Interrelation of spiritual, cognitive, volitional, emotional, and physical elements.

Integral Yoga

System of yoga developed by Sri Aurobindo that stresses consciousness down into the ignorance of mind, life, and body to transform and create a divine life in matter.

integration

(*Aurobindo*) Yogic transmutation of the many personalities that constitute a person.



Metaphysical Dictionary

intellectual judgment

Understanding of yin and yang; creative, inventive ability; the fourth level of consciousness.

Intellectual Trinity

Aries, Taurus, Gemini.

interconnectedness

Recognition that all of life is inextricably linked with one another and the environment.

internal dialogue

Inner chatter, the ego's commentary on what's happening.

International Society for Krishna Consciousness

Hare Krishna community.

interpretation

The deciphering of any extrasensory perception. The medium's responsibility is for delivery of what is factually received. Attempts to offer consciously-created interpretation of unknown-relationship symbols by the medium would be a pretentious act.

intersection

The interceding of an apparition with the point of consciousness of the perceiver. The apparition may be of the dreaming consciousness of a living person or that of a discarnate.

interstice

Intervening space between one thing and another; the spaces existing in matter. Ethereal substance, as that of an ethereal body, may be seen to "pass through" a solid physical object, a door, wall, or a human body. Matter is composed of energy radiation. Matter is not solid; rather, it has pockets of space between cells of its substance. Thus, the finer substance can flow through the open spaces by magnetized intersticing.

interventionary act

Real actions deliberately taken in an effort to change the event, the effect or the outcome of a psychically precognized occurrence.



Metaphysical Dictionary

intrapsychic

Gnostic term meaning presence of God within and out.

introjection

Personal thoughts and feelings.

intuition

Knowing by instinctive sensing without use of rational processes; immediate cognition; that which is so sensed. An experience that conveys an idea or impression simply by an "awareness." (ESP intuitions include no sensory experiencing such as visualizing or hearing). Too often the receiver fails to recognize the psychic origin and disregards the intuitive manifestation.

Intuitive mediumship

The thought radiations or thought-flow is transmitted from the spirit operator to the medium's "mind." A usage of this term suggests informal type of spontaneous reception when the spirit enters into the medium's mind at a momentary period of relaxed consciousness. The intuitive flash of knowledge often is mistaken as to origin by the sensitive, and, ignored.

Intuitive thought

The impression, idea or fact which enters the conscious mind in a period of attunement.

inversion of time

Appearance of one who has just died to one closely related.

invisible

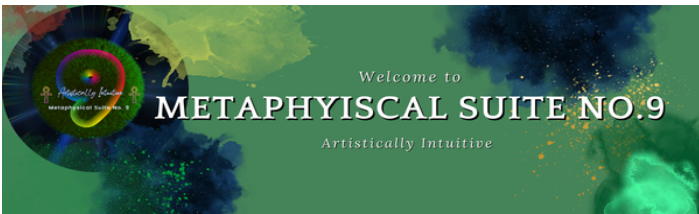
An ethereal entity. "The Invisibles" refers to unseen astral beings who may be in psychic communication with a sensitive. Individually they may be identified by name or may be unknowns participating in exchange between earthly and ethereal spheres.

invoke

To open the door to awareness with the mind.

involution

Inward movement of consciousness of energy into more dense or physical form as opposed to evolution outward movement toward higher consciousness.



Metaphysical Dictionary

iridology

The science of detecting and diagnosing disease through examination of the irises of the eyes developed by Ignatz Peczely in 1880.

Isis

Egyptian deity, personification of the divine Mother.

Islam

(*Arabic*) Religion based on "submission to the will of God", way of life of the followers of the prophet Muhammad.

isolation tank

Sensory deprivation device.



Metaphysical Dictionary

J

Jade Emperor

(*Yu Huang*) Supreme deity of Taoism.

Jainism

Indian religion stressing noninjury, nonviolence, active love founded by Mahavira, 6th century.

Jesus (Jeshua, Yeshua, Joshua)

Salvation of Yahweh, Prince of Peace, Son of Man, Jewish ethical teacher. Christianity is founded on his teachings.

jinn

Arabic word for spirits.

Jnana Yoga

Path of wisdom arrived at through discrimination and discipline of the mind.

Jodo

School of Japanese Buddhism founded by Honen emphasizing nembutsu mantra and faith.

Jodo Shin

"True Pure Land", Japanese Buddhist sect of Amidaism founded by Shinran.

jouissance

Total joy that includes the physical, mental, sexual, and spiritual.

journaling

Recording thoughts freely expressed in the privacy of our writing; open sharing on paper of thoughts and impressions. Frequently the free-flow triggers latent knowledge and thoughts to be lifted into recognition by the conscious mind. May precipitate an opening awareness or experience from the right hemisphere of the brain.



Metaphysical Dictionary

journey

In Yoga the sushumna (kundalini power) flowing through the spine of the being, purifying as it goes.

Judaism

Religion based on the belief that all people have a right to justice, purity, and truth which even the power of the king cannot erase.

judgment

1. Interpretation of events, direction in which the situation is headed in the I Ching. 2. Level of understanding. 3. Tarot #20, transmutation, change.

jugamentum

Due to the differences of opinions as to where the Silver Cord is attached to the physical body during astral projection, the area is arbitrarily known as the jugamentum.

juju

Ritual associated with charms and amulets in Africa.

Jupiter

1. Roman ruler of the gods. 2. Planet ruling fortune, philosophy, vast energy. The placement of this planet indicates areas of good fortune, growth, and expansion in life. Known as a spiritual planet, Jupiter often signals areas of spiritual expression or fervor. The ruler of the sign of Sagittarius, it is considered Ray 2 in nature.

justice

1. Tarot #11 force. 2. Natural law; the absolute joy of life revealed In every phenomenon at every moment.



Metaphysical Dictionary

K

Kabbalah (Qabbalah, Cabala)

(Hebrew) "Tradition", Jewish mysticism; chain of inner transmission of the secrets of esotericism.

Kachina

1. Zuni and Hopi dolls with moveable arms representing the spirits of plants, birds, animals. 2. Dance performed by masked impersonators.

kahuna

Ancient Hawaiian religious faith that brings illuminating knowledge and information regarding psychic skills, (the unknown becomes known). A strict discipline for those who are willing to learn and accept discipline.

Kali

(Sanskrit) "Black" Great Goddess, wife of Shiva in wrathful aspect, signifying destruction of the ego, illusion.

kama-loka

(Sanskrit) Desire-world, after-life, or a state of mind or consciousness marked by desire or attachment.

kama manas

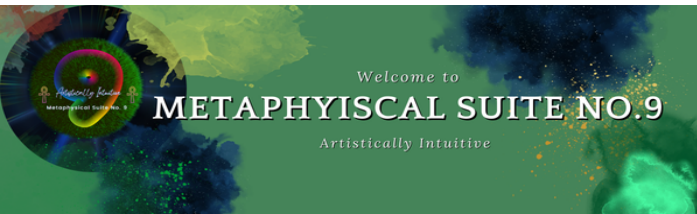
Mind colored by desire (ambition/personal love, masculine/feminine – equally selfish). The lower mind or animal soul for lower or reincarnating ego.

Kama Sutra

(Hindu) "Love Text", sex manual attributed to Vatsyayana 1st century.

Kami

1. (Japanese) Nature gods of Shintoism. 2. Vital life force.



Metaphysical Dictionary

karma

From Hinduism and Buddhism. The sum and the consequences of a person at any time during any of the life spans (incarnations on earth). Assumes reincarnation to be fact. The recorded accounting for all good, evil and indifference accompanies the entity and is a determiner of the soul's destiny in succeeding reincarnations. Karma is constantly created; natural law of Cause and Effect.

Karma Yoga

Path of selfless service, teaching of Krishna in the Bhagavad Gita.

karmic debt

The accumulation of negation in one's karma at any particular time.

key birthdate figures

Biorhythm numbers that have been mathematically computed so one will not have to refigure one's bio-rhythm chart by the long method each month; these numbers remain constant throughout life.

key to hexagram

Chart used to find the number of one's passage in the I Ching.

keyword

Descriptive term in astrology for a planet or sign.

ki (ch'i)

(Chinese) 1. Universal life energy. 2. Natural electromagnetic energy of Heaven and Earth that carries consciousness as well as energy to the meridians, chakras, and cells. 3. Vitality, strength.

kilner goggles

Special colored glasses used to see auras.

kinesiology

Muscle testing in which the person holds the substance in question while being tested for muscular resistance responses.

kinetic energy phenomena

Movement of objects spontaneously, unwilling, and without mundane means.



Metaphysical Dictionary

Kirlian photography

Aura or energy field photography developed by Semyon and Valentina Kirlian in Russia, 1939. Taking pictures of the emanations and radiations surrounding objects and persons, which the human eye does not see.

kismet

(*Turkish*) Destiny, fate.

knocks

A noise that sounds like a human knocking on a wall, chair, or within the walls and heard while sitting in a seance; often a code of yes and no is established, allowing questions to be asked by the sitters. Originated by etheric world intelligence using ectoplasm from the medium and sitters to perform.

knowledge

Other than the common use as the fact of knowing, usage often infers enlightenment in the possession of fact and truth of the whole universe of psi, i.e., ESP, with developed access to the understanding of the etheric process.

"know thyself"

An ancient injunction inscribed over the temple of Apollo at Delphi. The teachings held that to know another, we must first know ourselves.

Koran

Sacred scripture of Islam.

Krishna

Singer of the Bhagavad Gita, adviser to the Pandus in the Mahabharata, incarnation of Vishnu, Supreme Personality of Godhead, the wisdom of the wise.

kua

(*Chinese*) Trigam or hexagram in the I Ching.



Metaphysical Dictionary

Kuan Yin

The Eastern name given to the Chinese feminine deity which appears from time to time to inspire and comfort humanity, known as the Bodhisattva of Compassion. She is the embodiment of beauty and purity. As the wise woman of matriarchy, the healer-teacher sage, she represents the three aspects of holding strength in restraint, unity, and caring love.

Kumaras

Guardians of the power of planets; arbiters of nations and continents; judges of good and evil.

kundalini

Primordial cosmic energy coiled up like a serpent with three and a half coils with head downwards at the spinal base in the muladhara or root chakra.

L

L-rod

Dowsing rod in the shape of an L.

lama

(Tibetan) Learned priest or layperson.

landing

An area where a UFO has landed.

Lao-tzu

Chinese civil servant, philosopher and sage whom Confucius described as appearing like a dragon rising to the clouds; writer of the Tao Te Ching; -6th century.

lapis

The philosopher's stone of alchemy; the agent of transmutation of base metals into gold.

latent powers

Dormant, undeveloped capability for mediumistic performance.

law of similars

Principle that like shall be cured by like.



Metaphysical Dictionary

laws of vibration

Thought, sound, impression, visualization may all be carried through space on waves of power. This power appears to have infinite extension of range. Whatever the vibration is it is believed to be carrier of inter-space contacts and seems to be all-pervasive.

laya yoga

Technique of altering consciousness by sound and rhythm.

laying of hands

Healing with the use of the hands or palms (magnetic healing).

layout

The format for placing cards during a reading in cartomancy or tarot.

Leadbeater, Charles Webster

Bon Chesahire, England, 1854, died 1934. Author, clairvoyant, student of theosophy and colleague of Annie Besant in the early work of the Theosophical Society.

leading houses

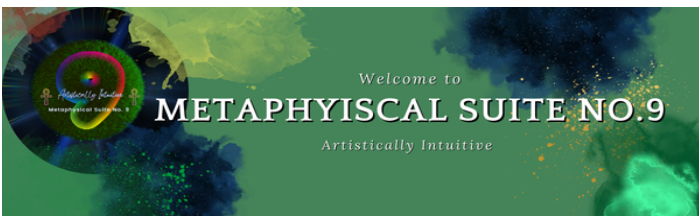
First, fourth, seventh and tenth houses in astrology, signifying action and pioneering.

left-brain

More receiving, accepting consciousness; analytical, rational hemisphere of the brain governing language, speech, mathematical and scientific reasoning controlling the right side of the body.

left-hand path

Building personality and its attachments (versus right-hand mystical ascent) which leads to stronger ego and more experience on the outer-physical and material – to free us of karma or to dissolve the barriers within the non-self.



Metaphysical Dictionary

Lemuria

Large continent submerged in the Pacific according to occult tradition.

Leo

The Lion; fifth zodiacal sign (approx. July 20 to August 20); of the fire element; ruled by the Sun; keywords creativity, courage, energy. Recognized strengths courageous, perceptive, generous, affectionate, creative, receptive, self-confident, seeks the limelight. Potential weaknesses egocentric, selfish, domineering, proud, over-bearing.

level

(Level of consciousness, level or awareness). An area of consciousness. Entities exist at different levels of life essence, each of which, apparently, requires distinctive achievement and development existence.

level-off

To reach a state of consciousness during a biofeedback session.

levitation

A rising into the air as though floating in defiance of gravity. The term is used in reference to both type of life and when astral body is lifted in out-of body experiences. It may refer to an apport movement of a physical object.

leys

Currents of energy flowing within the Earth, invisible to scientific instruments but discernible through attunement.

li

1. Fire, the clinging; one of the eight trigrams in the I Ching. 2. Usefulness furthering 3rd cyclical movement of Heaven. 3. *(Chinese)* Morality, rites.

Libra

The balance or scales; seventh zodiacal sign (approx. September 20 to October 20); of the airy element; ruler Venus Keywords; justice, beauty, harmonizing energy.

Recognized strengths perspective, charming, sociable, diplomatic; negotiator, lover of harmony, justice and beauty. Potential weaknesses indecisive, codependent, quick to swing to opposite pole, unexpected rigidity.



Metaphysical Dictionary

libramancy

Divination with incense.

life

A spiritual state that may exist in multiple spheres of universe composed of varied combinations of matter, form, force. Generally refers to a living organism of material earthly substance possessing spirit transcending death. Life may be in evolutionary continuum.

life energy

Cosmic life force that animates and circulates throughout creation; natural electromagnetic energy of the infinite universe composed of waves, ray, and vibrations that remain undetected by modern science.

life reading (pastlife reading)

Clairvoyant description of past lives.

light

1. Spiritual illumination. 2. spirit. 3. God as light. 4. Loose, open, young in spirit, staying close to the Earth, humble.

light being

Entity with a highly developed consciousness in one of the spiritual worlds.

light state of hypnosis

State of consciousness in which the conscious mind has stepped aside, allowing the subconscious mind to accept outer stimuli input as received, without any decisions being made regarding the material.

light trance

State of consciousness in which an etheric world intelligence is allowed to interpenetrate one's body and use it for physical phenomena.

light worker

Spiritual guide.



Metaphysical Dictionary

line

One of six constituents of an I Ching hexagram showing the nature of the situation and its future shape.

Lingam and Yoni

Male and female symbols in Hinduism for positive and negative polarity.

locomotion

Traveling in the astral body during astral projection.

lodge

Esoteric organization in the physical or astral world working on behalf of human evolution.

logos

Word, reason, universal principle of life.

looking glass dream

Dream involving messages or subjective reactions to people and events in the external world.

looking inward dream

Dream showing us a picture of our feelings in our private, inner world.

looking outward dream

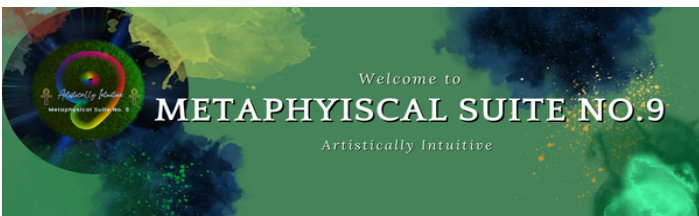
Dream providing valid information about people or situations in the external world.

lotus

Hindu and Buddhist symbol for training, enlightenment, compassion and purity; roots in the mud represent the suffering of daily life, the stem spiritual training, and the blossom enlightenment.

love

1. The essence of God, the universe, nature. 2. Divine expression of compassion, mercy, affection and tenderness. 3. Selfless or egoless state of consciousness. 4. State of unconditional acceptance where only endless happiness and infinite freedom are experienced.



Metaphysical Dictionary

Lovers

Tarot #6, passion, choice.

lower self

That part of the mind that is attached and living in the world of delusion.

lowerworld

Realm of shamanic journey.

LST

Local sidereal time in astrology.

lucidity

Manipulating dream energies during the dream state in the direction of our desires.

Lunar cycle

Period measured by the moon's revolutions around the sun.

Lycanthropy

To psychically transform oneself into an animal.

M

macrobiotics

The way to health, happiness and peace through biological and spiritual evolution and the universal means to practice and harmonize with the Order of the Universe in daily life, including the selection, preparation, and manner of cooking and eating as well as the orientation of consciousness toward infinite spiritual realization.

macrocosm

The order of the universe. The big picture or magnificent view of life from a cosmic perspective.

magic

1. Accomplishment of ends through the application of psychic technology. 2. The art of changing consciousness at will.



Metaphysical Dictionary

Magician

Tarot #1 the inquirer.

magnetic field gradient

Postulated field that dowzers pick up.

magnetism

Natural attraction between the human body and One Infinity.

magnetic healing

Some persons possess sufficient human magnetism to effect cures of human ailments by supplying from their own power to supplement that of the patient. Another view indicates the extra magnetism for healing comes from a high spirit source.

Mahabharata

The great epic of Hindu scriptures of which the Bhagavad Gita is only a part.

Mahayana

"Great Vehicle", Northern Buddhism of Tibet, China, Korea, and Japan stressing the Bodhisattva ideal.

mahat

Holy Spirit (feminine); that spiritual power residing in matter which responds to the charge of fohat (masculine), resulting in creative energy.

Maitreya

World Teacher, Head of Hierarchy – similar to the Esoteric Christian use of the Christ, Teacher of Angels and Humanity – is known also as the Bodhisattva, Imam Mahdi, and the Prince of Peace.

Major Arcana

Archetypal 22 card section of the Tarot.

manas

(Sanskrit) "to think" Refers to the mind-principle of the human. That which distinguishes the human from the lower kingdoms reasoning faculty, intelligence, understanding, individual mind, powers of attention, and choice. Humanity is to evolve the mind for the planet. *Kama manas* refers to the lower mind, the Sanskrit *kama* meaning "desire."



Metaphysical Dictionary

mandala

(*Sanskrit*) Intricate pattern of concentric circles, squares, polygons, and other geometric or artistic symbols representing the Order of the Universe used for instruction or meditation.

manifestation

A revealing by spirit powers of an idea, message, scene, or demonstration of the existence of a person, thing or quality in presence of terrestrial entity or entities.

manifesting

The ability to bring into reality that which is desired.

manipura

(*Sanskrit*) Navel chakra.

mantra (mantram)

(*Sanskrit*) Formula composed of syllables (meaningful or meaningless) whose sounds produce psychic or spiritual effects; sacred sound.

map

Guide to consciousness and life; e.g. primal arrangement in the I Ching, reconciliation of opposites in mysticism.

map dowsing

Locating water, oil, missing objects, etc, with a pendulum and map rather than actually being on the site.

Mars

The planet that symbolizes the type and amount of physical strength and stamina we have by birthright. This planet asserts the masculine side of our nature, and where we will expend physical effort. The ruler of Aries, it is considered Ray 6 in nature.

masculine

Characteristics that are primarily yang but may appear in either sex including aggressiveness, competitiveness, logical thinking, fairness and going out on a physical or spiritual quest.



Metaphysical Dictionary

masculine signs

Aries, Gemini, Leo, Libra, Sagittarius, Aquarius.

master

1. One having mastered a spiritual discipline and teaches or guides others. 2. (*Theosophy*) Hidden teachers who rule the spiritual evolution of Earth.

material

Physical substance; corporal, as the "material body". Of or pertaining to the matter of reasoning rather than the form, i.e., consideration of the materials presented as facts.

materializing medium

The physical medium supplying ectoplasm for visual manifestation, such as manifesting the face or the form of one who is in afterlife.

material world

Visible part of the spiritual world.

materialization

1. Translation of chemical, electronic, and auric fields of a person or object. 2. Translation from one frequency vibration to another.

Maternal Trinity

Cancer, Leo, Virgo.

matriarchal

Cultures that are led or guided by women and are more nurturing, agrarian, egalitarian, democratic, and peaceful.

matter

1. Gravitationally trapped light. 2. Substance-like phenomena, physical manifestation. 3. Energy form with a heavier, slower vibration than mind or spirit.

Maya

1. That which does not exist and is illusory. The glamors, illusions, or delusions perceived by limited mind. 2. In Hindu tradition, the Great Cosmic force responsible for the phenomena of material existence. 3. An ancient Mesoamerican high civilization of which little is known. The term Maya means "mother."



Metaphysical Dictionary

Medicine Wheel

1. Plains Indians' way of life symbolizing a dynamic, spiralic understanding of the universe. 2. An ancient stone circle that has been used for thousands of years by Native people as a place for prayer, ceremony, and self-understanding.

meditation

A state in which to place the body and mind, the physiological and psychological selfs, in preparation for the occurrence of relaxation and psi. The person is in a relaxed physical and mental state, where strain is replaced by passivity.

medium

Intermediary, especially a trance psychic who serves as a channel for communication between the living and the dead.

mental body

The third of man's four bodies in the theosophical teaching. The first and second bodies are the "physical" and the astral"; the third is the "mental" and the fourth is the "causal" body.

mental healing

Power to heal with mental faculty. Healing power may emerge from the super-consciousness though originating from an external higher power. Understanding of function of super-consciousness seems to be incompletely advanced.

mental mediumship

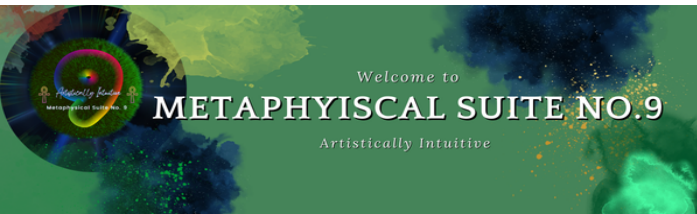
The possession of power to demonstrate ability for contacting the spirit realm through two types of controlclairvoyance and clairsaudience. Mental mediumship is one of the two major categories of mediumship, the other being physical mediumship.

mentor

An astral spirit serving as guide, counselor or teacher to an entity who is temporarily visiting the astral world in an out-of-body experience, or to a discarnate who is newly come from earth-plane life.

Mercury

The planet of communication and mental capabilities. Aspects to Mercury help us understand our mental makeup, how our minds work, and what we enjoy studying or



Metaphysical Dictionary

contemplating. The ruler of the signs of Gemini and Virgo, it is considered Ray 4 in nature.

meridians (of physical body)

Streams of energy that flow through physical body to keep chi, or life force, distributed to all systems, organs, and cells that the vehicle of matter can relate to inhabiting spirit. If imbalanced or out of harmony, the flow is affected.

merkabah

An etheric-like vehicle used for astral travel.

Mesmerism

The recall of techniques useful for exploring non-rational levels of mind. Rediscovery began with the work of Franz Mesmer (1734-1815), an Austrian physician, and the technique laid the foundation for hypnosis.

message

The content of psychic communication regardless of the type or form of delivery.

metaphysics

1. The philosophy of systematic investigation of the nature of first principles and ultimate reality, being, and the nature of the universe. 2. The ESP usage suggests being of a nature, substance, circumstance, or composition beyond the possibilities for compounding from any physical things, particularly the physical. Being inexplicable in physical laws or principles, it is explainable only in the supernormal.

microcosm

Order of the individual. The little universe manifesting in and through the physical body of the human.

millennium

1. Spiritual condition of 1,000 years of peace to be brought by divine providence. 2. An age of happiness to be brought about by human effort.

mind

1. Discriminating faculty constantly evaluating, judging and reasoning. 2. Awareness whose basic nature is empty, neither pure nor impure. 3. Seat of the senses, which must be controlled and mastered to attain enlightenment.



Metaphysical Dictionary

mind expansion

When one has reached a higher state of awareness; allowing the conscious, decision-making mind to become passive and the subconscious or super-conscious mind to activate causing an awareness at another level.

mindfulness

1. Awareness of each moment; paying attention without preconception, judgment, or evaluation.

mind raider

Sensitive practicing reading the mind of those they come in contact with in their everyday activity; intentionally executed.

Minor Arcana

56 Card section of the Tarot from Aces through Kings.

miracle

A divine intervention in the mind which heals thought patterns.

missing time

Amnesic fog following a purported UFO abduction.

Mithras

Ancient Persian God of Light and Truth.

Moon

This indicator of the astral nature and subconscious pattern we hold within the subtler part of our natures is revealed through our emotions. Placement of the Moon determines areas of great attachment or passion, so success here is very satisfying. The importance of the Moon in interpreting a personal horoscope is second only to the Sun. The Moon rules the sign of Cancer and is considered Ray 4 in nature.

monad

An indivisible and divine spiritual life-atom. The immortal self within each person that lives on in successive incarnations, progressing to the stature of the adept beyond which extends unlimited evolution.



Metaphysical Dictionary

motor transmission

The mechanics in the liaison between the intellects of an astral communicator and an earth-plane sensitive; the psychophysical inter-operation, and the respective intra-operation process of sender and receiver during ESP or PK manifestation.

Mu

Lost continent in the Pacific, believed wiped out by a cataclysm -9500.

Muhammad (Mohammed)

Arab peacemaker, mystic, founder of Islam 570-632.

muldhara

(*Sanskrit*) First chakra (Root) at the base of the spine.

mundane astrology

Study of current and future events.

music of the spheres

Celestial vibrations; Pythagorean theory of correspondences between planets and the musical scale.

mutable signs

Gemini, Virgo, Sagittarius, Pisces, expressive of conciliating and restless energy.

mystery school

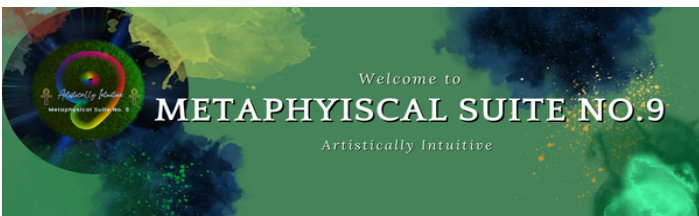
A place where teachings and techniques prepare individuals for the process of inner development. No outer structure can assure inner success, but such an environment is constructed and assistance rendered in specific ways to facilitate progress in expansion of consciousness.

mystic

1. One who has experienced God directly. 2. Believer in intuitive knowledge of God, especially through contemplation.

mysticism

Art and science of establishing conscious relation with the absolute.



Metaphysical Dictionary

N

nadis

Numerous points created by lines of energy crossing and criss-crossing in the etheric, or energy, non-physical body. In esoteric thought, inherited from the wisdom of the East, each body is believed to have a number of nadis, or energy pressure points, to help the body maintain good circulation and balance.

namaste

(Hindu) "The Presence within me greets the Presence within you." Folded hands touch the third eye chakra and then the heart chakra in this greeting - an ancient mudra to give blessings of light.

name number

Number in numerology secured by transferring the letters in a person's name to numbers.

Nanak

Indian Guru, founder of the Sikh Dharma; first of ten gurus; 1469-1539.

narcolepsy

A spontaneous attack of deep sleep lasting for a short time.

natal astrology

Study of individual birth charts.

natural astrology

Study of earthquakes, tidal waves and other climatic and environmental influences.

natural foods

Whole foods; foods grown or processed with a minimum of refining, additives, preservatives, hormones, chemical fertilizers, or pesticides; often but not necessarily organic.

natural healers

Pertaining to healing with natural methods and ingredients (Not to be confused with a person born with healing abilities).



Metaphysical Dictionary

naturalism

All phenomena can be explained as of natural law and cause, with no supernatural association.

natural law

An unchangeable principle of the universe set in motion to govern all that has been created in the beginning. God working within the individual.

natural magic

Use of psychic energy stored in animals, herbs, stones, numbers, and all other phenomena. It uses the principle of macrocosm and microcosm.

nature religion

A symbolic center and the cluster of beliefs, behaviors, and values that encircles it based on wilderness identification as well as a passionate concern for place and mastery in society.

nature spirits

Highly intelligent ethereal force inhabiting all of earth's air, earth, water, and fire; each having special functions in natural or manufactured things.

naturopathy

Science of treating sickness through natural remedies, e.g., air, sunshine, saunas, as opposed to drugs or medication.

NDE (Near Death Experience)

Powerful experience often following an accident or sickness, in which the journeyer approaches a bright light through a long tunnel in which spirits float and enters a world of light, love, and bliss.

necromancy

"Divination with the dead" The art of predicting future by professed communication with spirits of the departed.



Metaphysical Dictionary

negative deviation

In psi performance the tendency to miss a target by consistent scoring on the non-positive side. Mental state or condition of personality correlates may be causative factors.

neo-paganism

Movement devoted to nature worship, polytheism, Goddess worship, ancient tribal religions.

neo-platonism

Syncretistic mystical philosophy teaching emanations radiating through the universe from the ultimate one.

Neptune

The planet that indicates spiritual expression. Its placement in a horoscope reveals where we must face illusion or delusion. A well-aspected Neptune can help us with active creativity and imagination, usually after we have elevated our spiritual understanding. Ruler of Pisces, it is considered Ray 6 in nature.

networking

To communicate actively with others, sharing information, contacts, experiences, insights, etc, that contribute to the benefit of the whole.

Neurolinguistic Programming (NLP)

A psychology of communications recognizing the link between linguistics and physiology understanding such factors as tone of voice, pitch, body posture, eye movements.

neurophysiological

Most often used in relating to the measurement and testing of reactions in mind, nerves or physical organs during a subject's psi experiencing. Example weighing a medium during a materialization to find if there is any weight change when ectoplasm is externalized.

New Age

Movement of emerging planetary consciousness devoted to more peaceful place to live based on respect for humanity's diverse traditional ways of life in harmony with the environment and the spiritual.



Metaphysical Dictionary

New Thought

Mind development movement founded by Phineas Quimby, 19th century. The potential of the human brain being limitless one has the ability to use the mind to control his or her physical body and their entire lifestyle; one has a consciousness that one creates one self, which can be changed and elevated to better one's affairs in each incarnation.

new Moon

A phase of the physical Moon when lunar influences assist in rapid new growth – a time for planting new thoughts, beginning anew, and being receptive to changes in one's life.

Nichiren Soshu

Japanese Buddhist movement devoted to Nichiren, the fiery founder (1222-82), and his teachings.

Nine Star Ki

Japanese system of Oriental astrology, numerology, directionology and study of destiny based on a Magic Table of nine basic stages of energy flow; derived from the Later Heaven Diagram of the I Ching.

ninth house

Segment of the horoscope dealing with travel, the law, philosophy, and dreams.

ninety-minute cycle

Universal pattern of rapid eye movement (REM) or dream sleep repeating itself every 90-minutes during the night.

Nirvana

"To extinguish." Cessation of attachment to desire, delusion; enlightenment; Buddha mind; state beyond life, death, or rebirth attained through awareness or at death.

Noble Eightfold Path

Way to end suffering taught by Buddharight view, right speech, right resolve, right conduct, right livelihood, right effort, right recollection, right contemplation.

nocturnal arc

Lower half of a horoscope, night path of the sun symbolizing the unconscious, what is to be worked upon.



Metaphysical Dictionary

noetic

Intellectual activity; in psi refers to the activity of intellectual exchange, the processes from psychic origin to psychic reception.

nominalism

The theory that reality exists only in physical objects; universals or abstract concepts represent no existing real things, so having no objective reference are no more than their names. An opposite of Realism.

nonalert brain wave patterns

Marks on the readout of EEG instruments showing patterns associated with non-attention of the subject.

nonbrain alpha waves

Biofeedback readouts appearing to be alpha waves on the instrument but are caused by artifacts; movements of hair, muscles, twitches, breathing and perspiration in the area of the electrodes cause alpha wave patterns, that can be misleading.

non-causal phenomena

That which is termed luck or fate.

non-human intelligence

(*ufology*) Life forms seen in outer space and in space photographs having a reasonable amount of intelligence but not resembling the human species.

non-material

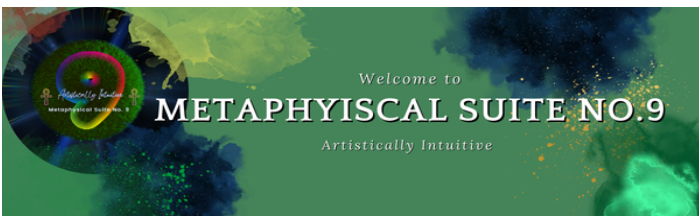
Nt of substance known to earth's sciences, such as ectoplasm.

non-physical

Not compounded of material substances of earth sciences. Inference, generally, is that the thing referred to may have substance, but substance of unknown nature and primarily of the etheric realm or spirit controlled.

non-physical phenomenon

A happening not explained by known natural laws of matter or kinetic energy.



Metaphysical Dictionary

north

Place where one reports to the master on accomplishments in the I Ching.

northern signs

Aries through Virgo.

nudity dreams

Dreams that tell the dreamer that they are unprepared in some phase of their life, often relating to honesty.

numen

1. A spirit inhabiting natural phenomena, places, or objects. 2. creative genius.

numerology

Any system of prediction effected by use of numbers. It appears the different numerology "systems" give similar results. The power involved, therefore, may be a psi power rather than a system based upon occult meanings of numbers arrangements, etc. The rudimentary characteristics of numbers are 1 will, initiating power, striving; 2 love-wisdom, maintaining, humanity; 3 active intelligence, mediating, creativity; 4 conflict, foundation, future; 5 exactness, change, freedom; 6 devotion, family, harmony; 7 spirituality, right-relationship, community; 8 power, resources, responsibility; 9 universality, joy, service; 0 higher expression of the quality of the number it accompanies.



Metaphysical Dictionary



Oahspe

"*The Spiritual Record of the Earth and Sky*", book received psychically by John Newbrough concerning the past 24,000 years; Kosmon Bible compiled in 1880-81 (from the exclamation Oh, awe, ah, and spirit espe).

OBE (Out-of-Body-Experience)

Awareness of the astral body detaching from the physical body, either voluntarily or involuntarily, awake or dreaming.

objective dream

A dream where the dream symbol means the same thing in a dream as it does in daytime living.

objective mind

The conscious mind.

objective senses

The five physical senses; beta senses.

objective/subjective programming

(*Silva Mind Development*) When either the sender or receiver has altered their level of consciousness in the relationship of a psychic experience even though it is still in the physical environment of the other person.

object reading

Perceiving psychic information by holding an article in the palms of the hands; psychic can determine data regarding the article itself or data regarding the owner of the article.

obsession

Beset by a power of external source, usually with some haunting, fixed idea. Older usage meant the taking over of a physical body by a spirit entity.

occult

Hidden, secret.



Metaphysical Dictionary

old soul

One who has reincarnated many times.

Om (Aum)

(*Sanskrit*) Sacred syllable symbolizing the sum total of all energy; first cause; omnipresent sound; lasting peace.

omen

An extraordinary event or physical activity using an etheric entity to predict an emotional event that would be impossible under the normal laws of physics occurring as a signal of an opportunity to be seized, a danger to be avoided, or news of an emotional event to happen.

One Infinity

Source of all life encompassing the beginningless beginning and the endless end; process of universal life, appearing and disappearing in the endless universe; the absolute world beyond space and time, yin and yang; God, the eternal, your real self.

oneirology

The study of dreams.

opposition

Planets 180 degrees or six houses apart in a chart; a major unfavorable aspect.

orb

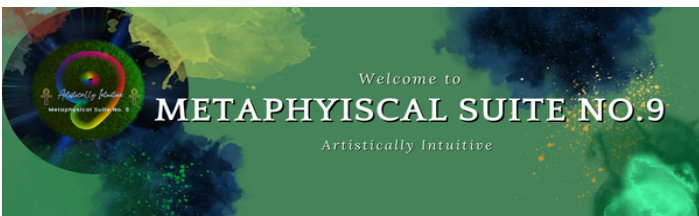
A spherical entity appearance on photographic material.

oracle

Prophet, place, book, etc. relating the past, present or future.

order

Principle or law governing nature, the universe, and all life.



Metaphysical Dictionary

Order of the Universe

1. The order whose heavenly nature holds from the center and spins all else around it. 2. That which sustains, animates, destroys, and transmutes everything, the visible and invisible, and is Absolute Justice. 3. The eternal principles of change and harmony; the moving infinite creation of Living God; the laws of yin and yang.

organic

1. Way of life based on experiencing basic processes of growth, change, and renewal; embracing whole, natural foods, natural childbirth, breast-feeding, bread-baking, gardening, and other traditional crafts and customs that are in harmony with the environment.

organic envelope

That physical body enveloping the spirit or astral body. The inner body is of tenuous substance and identical in form to the physical body.

Oriental Zodiac

Astrology system prevalent in the Far East, based on the order in which the animals arrived to pay tribute to the Buddha, the rat jumping off the ox's back to win.

oscillation

The swinging of the bob of the pendulum in a straight line in one direction for the psychic impression, as opposed to swinging in a circle.

other

Double, astral body.

Other-Side

After-death realm.

otherworld

Life after death.

ouija

1. (*French*) "Yes, yes". 2. Board on which psychic messages are spelled out.

out breath

Breathing out cycle.



Metaphysical Dictionary

outer band

Spirits in the astral world who assist humans in creative tasks and achievements.

overmind

Plane of consciousness beyond mind; creator of truth.

Oversoul

Absolute, Brahman.



Metaphysical Dictionary

P

pagan

(*Latin paganus meaning a "country dweller."*) A practitioner of an Earth religion.

pallomancy

Use of a pendulum to answer questions or to measure radiations from a given object or person.

palmistry

Science of interpreting the palms of the hands.

panpsychic

Seeing consciousness everywhere.

pantheism

The belief that God, nature, and the universe are the same.

para

Prefix meaning "beyond, above, far, distant, amiss, aside"; often implying alteration or modification; parallel to, but not the same.

paradigm

1. Set of deep concepts on the nature of reality that shapes language, thought, perceptions, and system structures. 2. Unconscious dogmas and assumptions which make ordinary scientific practice possible.

paradigm shift

Spiritual or mental axis-shift; change in perception or world view such as the Copernican, Darwinian, Freudian, or New Age revolution.

parakinesis

Physical psychic phenomenon in which there is no normal explanation for movement manifested.



Metaphysical Dictionary

parallel

Distance of planets from the celestial equator.

parallel lives

Simultaneous multiple incarnation by same over-soul.

paranormal

Faculties and phenomena beyond normally understood causal factors.

paraphysics

The study of laws governing psychic phenomena.

parapsychology

Science of measuring and investigating paranormal phenomenon and behavior.

Parsee, or Parsi

A member of the Zoroastrian sect in India, descended from Persians.

pass

Movement of a healing practitioner's hands downward or upward in proximity to the patient's body intended to permit radiation forces to extend through the practitioner to the subject.

past-life regression

Technique used to bring about an altered state of consciousness to guide us to review, study, and heal through recalling or re-experiencing past happenings in order to free us from present obstacles to growth and wholeness.

past-life therapy

Method of searching for the roots of a person's current situations in previous lifetimes.

path, the

A way, a walk, or journey, usually depicting the spiritual story of our advancement.

patriarchal

1. Rule of a senior male over an extended family or tribe. 2. Male dominated political state characterized by a high degree of occupational specialization, commerce, social stratification, and warfare.



Metaphysical Dictionary

patterning

Outward random results of psychic events providing mankind with clues that the material plane is orderly and patterned. For example, the fall of lots, dowsing rod pull, pendulum swing, lines on hands, I Ching, irridology, biorhythm charts, astrology and numerology.

patterns

The style of the lines made on the EEG printouts during biofeedback work, caused from the many levels of brain wave consciousness with variations and similarities so as to categorize a scale of these patters for the future.

pendulum

Dowsing and radionics instrument consisting of a bob suspended by a short cord held in the fingers.

pentacle

Any talisman used for psychic operations that hangs.

Pentacles

Tarot suit symbolic of fortune and enterprise.

pentagram

Five-pointed star.

percipient

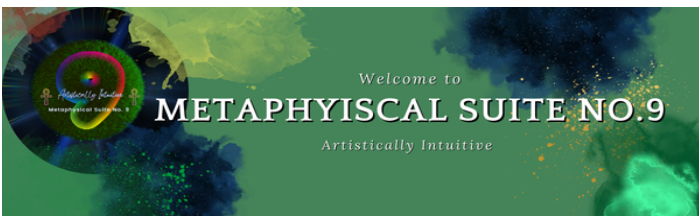
One who can be aware of, intercept and intelligibly perceive and receive telepathic or psychic impressions.

perciever

The direct receiver of telepathically or supernormally transmitted impressions either intended for him or for transmission through him to another person.

phantom leaf effect

Removal of a portion of a plant leaf prior to photographing the whole of the corona by Kirlian photography.



Metaphysical Dictionary

phenomenology

Study of psychism by contemporary philosophy including awareness in experience and a construction as it appears in the mind along with extraordinary things and their relation to the mind.

phenomenon -na or -nons

A happening that appears by physical law. Often attributed to the supernormal as though caused by impulse of astral origin.

philology

The study of names and their vibratory rate.

philter

Magic love potion.

phobia

Strong, abnormal, unreasonable fear of something.

phone voyance

Clairvoyance or clairsentience experienced by a sensitive talking on a voice transmitter, as a telephone.

photo-medium

A spirit photographer having mediumistic abilities to serve him in the art of psychic photography.

phrenology

The science of divining the skull and head so as to tell one's individuality and personality.

physical plane

The 1st plane of 3 dimensional matter, created by the soul-mind as a means for it to express itself and matter held together by thought energy both conscious and subconscious activity.



Metaphysical Dictionary

physical mediumship

Possession of psychic power to demonstrate ability in supporting apport, the movement of physical objects, or materializations, and other phenomena of physical types. Known also as "ectoplasmic mediumship".

physical psychic phenomenon

Physical type manifestations are objective and usually can be witnessed by those present through the natural senses. Examples include rappings, table tilting, and materialization though the latter does not always register with everyone present.

physical vehicle

The body. The physical body is vehicle for less tangible elements of human lifesoul, spirit, mind, intellect. The spirit or astral body can separate from and return to the physical body with only the silver cord maintaining a contact between the two bodies.

physiognomy

The ancient art of judging character and disposition from the features of the face or the form and lineaments of the body.

pictograph

Various types of pictures used as symbols by etheric world entities to bring psychic information during automatic writing.

picture

Mind image based on a belief system; a barrier.

pingala

(*Sanskrit*) Subtle nerve channel on the right side of the spine; channel used for directing kundalini energy and chakra work.

pipe of peace

A long, ornamental tobacco pipe, called a calumet, used by Native Americans in their ceremonies as a token of peace.

Piscean Age

A cycle of time wherein the Earth received the influence of the constellation Pisces, according to astronomy and astrology.



Metaphysical Dictionary

Pisces

Fishes; twelfth sign of the zodiac; of the watery element; ruler Neptune; keywordssympathy, compassion, gentle energy. Recognized strengthsimaginative, sensitive, spiritual, sympathetic, compassionate, charming, dramatic, humorous, impressionable, kind, gentle, graceful. Potential weaknessesdepressive, addictive, evasive; low vitality, may lack will power.

Pituitary gland

Believed to be the endocrine gland into which the energy of the crown center flows; in effect, the point of contact for the soul wherein it is anchored into the physical, mechanical form.

PK (Psychokinesis)

Influence of mind upon matter.

placemaking

Art of geomancy.

placement test

Test in which the subject tries mentally to influence falling objects to come to rest.

planchette

(French) Quija board pointer.

plane

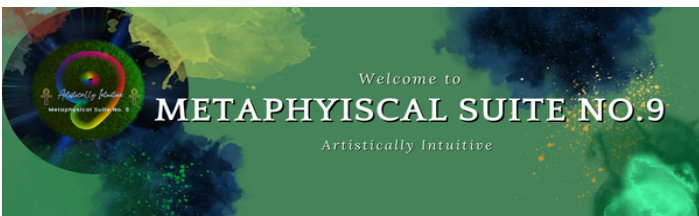
Level or realm of manifestation.

planetary awakening

Spreading awareness that we share a single planetary home and must be responsible for our environment.

planetary consciousness

Awareness and experiencing the Earth as a living entity.



Metaphysical Dictionary

Planetary Logos

The indwelling High Consciousness that has formed the planet as a physical body for the purpose of evolving consciousness, both its own and that of the little lives on it and in it.

Pleiades

"Seven Sisters" or *"Weepers"*, constellation in Taurus; seven daughters of Atlas and Pleione.

Pleiadian messages

Series of UFO teachings conveyed to Eduard Meier, 1975-.

plenary trance

The deepest state of hypnosis available.

pluralism

In the metaphysical view, the phenomena of reality (including life) must have multiple explanation. For example, the body is physical matter, the soul or spirit is non-material, the spirit body is composed of matter not yet fully analyzed.

Pluto

This planet is the indicator of rejuvenation and power. Its location becomes a place of challenge for our use of will and personal power. The newest planet, Pluto often indicates where we could be secretive or less comfortable being direct about matters. Often seen as the planet of the underworld or subconscious. Ruler of Scorpio, it is considered Ray 1 in nature.

PMIR

Psi-mediated instrumental response; synchronistic phenomenon.

point-of-focus

Any one thing that will hold the attention of an individual over a period of time.

polarity

The positive or negative state in which a system or an entity reacts to a magnetic or electrical field.



Metaphysical Dictionary

polarity balancing (Polarity therapy)

Wholistic system that balances the life energy through releasing blocks in the physical body.

polysensory incantation

To use the same term over and over again until it takes form and stabilizes in the mind.

portent

The psychic indication that something is about to happen.

position

Planet's place in the horoscope.

positive pole

Carrier of the incoming vibrations of psychic manifestations or energy. Sensitives operating in groups may create positive and negative poles. The positive carries the major burden of intake.

positive thought

A thought instigated by a person that is in accord with his or her good judgment, cultural values, ethical standards, self-worth or personal value system and is therefore felt to be correct for himself.

possession

The taking control of the physical body of a person by a spirit entity. It is assumed the spirit element of the person is dispossessed or in temporary abandonment. There can be distinctive changes in the appearance and personal traits of a person, corresponding to traits of the possessing discarnate.

postcognition

Memory or flashes usually from a past-life.

poultice

Soft mass of fresh vegetable matter, usually heated, spread on cloth, and used in natural healing.



Metaphysical Dictionary

power

Realm of higher consciousness; active, impersonal force interacting with human existence.

power object

Object with the ability to call in spirit forces.

power point (Psychic vortex)

Spot or place along an Earth meridian with a capacity to amplify and transform energy, especially where two paths interconnect.

practitioner

One who has completed foundation work and demonstrated integrity, earning the endorsement of the metaphysical/spiritual community.

prana

(Sanskrit) Life energy.

prayer

The deliberate attempt to center ourselves in conversations with God or deity of choice; the concentration of heart and mind that brings that communion.

prayer arrow

Ceremonial arrow in Native American communities, Shinto, and other traditions that conveys messages or energy between Heaven and Earth.

prayer position

Meditation with the thumbs on the sternum, finger tips touching lightly.

prayer wheel

A spiritual tool of the Buddhist tradition wherein a container with many prayers in it is spun while in a prayerful state of mind, activating the prayers within for a time and for the intention of the one praying.

precognition

Psychic knowledge of future events.



Metaphysical Dictionary

predestination

A dogma that denies free will, believing all experiences are foreordained by God with little or no chance of change.

prediction

A statement of what will happen based upon known, real behavior forms and the estimate of the possibilities.

prelucid dream

Dream in which the subject debates whether he or she is dreaming; false awakening.

premonition

Older term for "precognition". Current usage suggests a feeling of foreboding or presentiment or sensing of something to occur in the future.

present

The whole spiral of life, without beginning and end.

primary trigram

Dominant trigram in an I Ching hexagram.

prime vertical

Great circle that crosses the meridian of the birth place at right angles.

primordial image

Archetype.

principalities

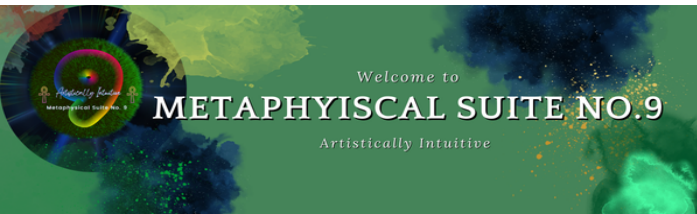
Planetary powers governing wisdom.

procarnation

To go forward into a life one has not experienced as yet.

process

Non-judgmental self-observation.



Metaphysical Dictionary

progressed horoscope

Chart derived from the radix and transits indicating the planetary positions subsequent to the time of birth.

project

To have a clear image and send it.

projection

Exteriorization of the spirit body from the physical body for travel away from the physical body and upon return be interiorized again into the physical organic envelope.

proper name dream

Dream symbol that puns on a proper name.

prophecy

A description of future happenings.

prophetic dream

A prophecy or precognition achieved during state of sleep.

proprioceptive

"From within", a meditational writing practice with roots in stream-of-consciousness, free writing.

prosperity consciousness

Visualization or meditative approach to realizing material wealth.

psi

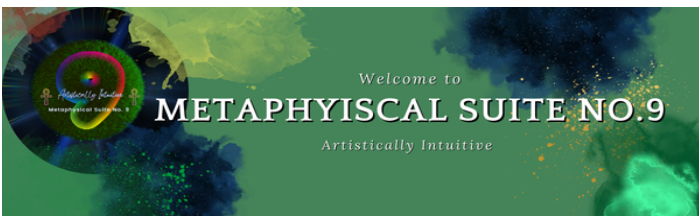
General term for ESP.

psionics

1. The study of investigation of psi or the paranormal. 2. Russian term for radionics.

psyche

1. Soul, spirit, mind. 2. Mental or psychological structure of the personality.



Metaphysical Dictionary

psychic

1. Realm of the paranormal, occult, or astral. 2. A person who is sensitive or responsive to etheric, spirit, or other non-physical powers or manifestation.

psychical

1. Something other than known physical process. 2. Sensitivity to the powers beyond the known physical laws. 3. From, or of, the mind of psyche, as differentiated from the substance of body.

psychic artist

A sensitive who serves spirit forces as the mechanism for creating pictures or other representations.

psychic attack

The transference of negative energy between two persons through the use of telepathic skills.

psychic barrier

Tangible, forceful, protective vibrations around an individual or area.

psychic block

A wall made in one's auric atmosphere preventing a psychic from tuning into that person.

psychic cantilever

An extension of ectoplasm extruding from the medium to support the levitation of inanimate objects.

psychic communication

Transmission of message between spirit operator and medium.

psychic condensation

A vapor-like tenuous body housing the spirit body. Some refer to ectoplasm as "condensation."

psychic cord

The "silver cord" is the currently most used term for the indefinite elastic or thread-like connection extending from the physical body to the astral or psychic body during OBE's.



Metaphysical Dictionary

psychic counseling

To give a private reading on a one-to-one basis pertaining to the personal information desired by the client.

psychic development / unfoldment

The process of activating one's psychic ability.

psychic experience

The reality of a supernormal phenomenon, either of spontaneous or meditative type.

The event must have a personality involved, there must be no reasonable explanation in terms of orthodox science and it must be non-attributable to divinity.

psychic energy

An intelligent, powerful, invisible force formed by the friction of the blood cells running back and forth throughout the veins and arteries filling the body with electricity, capable of being controlled and directed by the human mind.

psychic force

An energy emanating from, or about, a medium, a sensitive, or any person possible in lesser amounts. This force may demonstrate itself in multiple ways as in the radiating field known as "aura" in the powering of ESP and PK.

psychic healing

Removing or adjusting abnormal conditions of the physical organisms. The power for the curing originates from a high ethereal source and is delivered through the cooperating resources of a medium and spirit helpers.

psychic science

The composite of all forces, powers and facts relating to, demonstrating or controlling the existence and/or activities of spirit entities.

psychic surgery

Healing or removal of diseased tissue without instruments.

psychic vampire

On whose body chemistry is capable of absorbing psychic energy from another person, deliberately or unknowingly.



Metaphysical Dictionary

psychoenergetics

Interaction of consciousness, matter and energy.

psychograph

Paranormal appearance on photographic material.

psychography

Direct or automatic writing.

psychometric sense

The telepathic sensing and ESP exercised in the ability of a sensitive to receive impression from the radiations of inanimate objects.

psychometry

"Measure of the soul", faculty of obtaining paranormal information from touching or holding an object.

psychophysical

The area of interaction where the mechanics of the psychic and physical meet in function; subject-object interaction as that involving thought and the brain, or ESP communication and conscious mind.

psychosynthesis

A counseling technique developed by Roberto Assagioli to assist spiritual growth through acknowledging the soul and developing will and wisdom.

Pure Land Buddhism

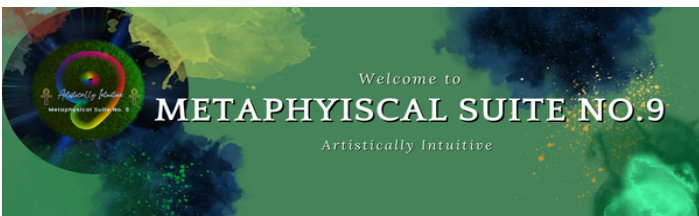
Mahayana school originating in China teaching faith in Amitabha Buddha, invoking his name to win rebirth in his Pure Land.

Purna Yoga

Integral yoga initiated by Sri Aurobindo.

pushing hands

T'ai Chi exercises performed by two partners.



Metaphysical Dictionary

pyramid

A five-sided geometric shape that creates an energy field within itself.

pyramid energy

Life energy accumulated or conducted within any pyramidal shaped construction aligned square along a North-South axis; natural preservative energy radiated at the point or base of the pyramid.

pyramidology

Science or study of pyramids, especially their preservative qualities or historic use as receptacles of ancient wisdom.

Pythagoras

Greek philosopher from Samos noted for his doctrine of the Harmony of the Spheres and teaching that all is number. (-6th century)

Q

Qabalah

Jewish mysticism; this spelling refers to the magical/occult use of the Kabbalah starting the mid-1800s including Tarot and systems of correspondences.

quantum physics

The smallest amount of radiant energy; (esoteric) the new basic principle is wholistic and synchronistic.

quartz

Mineral or rock crystal, hexagonal in form, used in healing, weather control, dematerialization, and protection from harmful electromagnetic energy.

querent

Inquirer in a Tarot or psychic reading.

quest

Traditional spiritual practice of Native Americans seeking a personal vision.

questioner

Inquirer in I Ching or psychic reading.



Metaphysical Dictionary

Quetzalcoatl

"Most precious twin", compassionate culture-bearer of ancient Mexico who could not kill animals or pick flowers; the feathered serpent; the planet Venus.

quicken

Establishment of a state within oneself allowing spirit-supported activity to begin or to be reinforced.

quiet

Meditative state.

quindecile

Planets 24 degrees apart a minor favorable aspect.

quintile

Planets 72 degrees apart; a minor favorable aspect.

Qur'an(Koran)

"Reading", Islamic sacred scripture revealed to the Prophet Muhammad; as written a compilation of Muhammad's teachings.



Metaphysical Dictionary

R

race karma

The past, present, and future activity, concepts, goals, economy, government, inventions, progress, etc., for each race, made by the mental and emotional equivalent of the past and present karma of the people born into it.

race of men

(esoteric) (term "Men" derives from manas, Sanskrit meaning "to think") The term refers to the kingdom of humanity.

radiation

Power existing in various wave rates and lengths. Believed to be the carrier of spirit communication with sensitives. This force is immune to material insulation and passes through solid substances. It is not explained by physical laws and is generally accepted as being of the supernormal.

radiesthesia

Sensitivity and ability to detect biological radiations and resonances; clairvoyant healing. Also known as "dielectric, "Animal magnetism".

radionics

Instrumental form of radiesthesia; interaction of mind and matter.

radix

Natal birth chart.

Raja Yoga

(Sanskrit) "King of Yogas", spiritual science developed by Patanjali emphasizing regulation and control of the mind.

rapping

Responses of spirit entities by taps or knocks on furniture and walls when responding to spoken questions or thoughts of a medium.

Rat

Chinese constellation of Aquarius, bringer of water.



Metaphysical Dictionary

rational mind

The intelligence in mankind making decisions and logically thinking things out.

Raudive voices

Discarnate voices on magnetic tape. Also see Electronic Voice Phenomena (EVP).

Ray

(*Theosophy*) One of seven streams or chanel of force, or emanations, from the Logos; the seven qualities of God expressing individualized attributres of divine nature. Each bequeaths its quality, color, and sound as it impacts consciousness. The seven Rays are divided into three major Rays of aspect and four minor Rays of attribute. The Rulers, or Chohans, of the Rays are also known as Seven Spirits, or Elder Brothers before the Throne, or (in Eastern thought) Seven Great Rishis. They are: I-will, power (red); II-love, wisdom (blue); III-intelligence (yellow); IV-art, harmony, beauty (green); V-scientific understanding (orange); VI-devotion (indigo or rose); VII-ceremonial order (purple).

reader

One who possesses enough sensitivity to be able to read, i.e., intercept and transmit a psychic message.

reading

A psi presentation by a medium who serves as percipient in responding to questions and transmits message from discarnate sources. The term is frequently used with same meaning as "sitting", though the inference in a reading is that message is directed to specific individuals or situations.

readout

The biofeedback chart or paper that records the marks from a pen that is moved by the electrical energy emanating from the subject.

realistic dream

A dream, when asleep or awake, of a scene in an uncolored, matter-of-fact-viewing, as of a photograph. Later, when in waking state, a re-experiencing of the dream is a literal reenactment of the dream.



Metaphysical Dictionary

Reality

That which lies behind sense-impression or appearance.

rebirthing

Process of releasing repressed attitudes and emotions gained by deep breathing techniques and a reenactment of the birth process.

recall

Remembering past events while remaining in the present state of mind.

receive

To attract vibrations or energy from physical or etheric entities.

recognition

When the receiving sensitive indicates a psychic message is intended for a specific person, that target individual should give audible response of acknowledgment.

recurring dreams

Dreams that occur periodically without changing in content.

red

A primary color; first color the new baby sees; represents energy, aggressiveness, vitality. Color attributed to the root chakra.

re-entry

Return to ordinary consciousness after a supernormal experience.

reflexology

A healing system based on the manipulation of reflex points on the feet or toes.

regression

1. Backward chronological movement of behavior patterns from mature to less mature.
2. Reexperiencing past events including emotions, behavior, and general state of mind.

regression therapy

Past life or age regression research and therapy.



Metaphysical Dictionary

Reiki therapy

(*Japanese for "universal life energy"*) Rei describes the universal part of the energy – the spirit, or soul, which is continually creating – and ki is actually a part of that rei force, indicating the energy which flows through all living things. The energy flows through the hands of a trained practitioner when they are placed upon oneself, another person, an animal, plant, or anything.

reincarnation

The process of the eternal/divine soul being born anew in a physical body after being on astral plane.

release type dreams

Symbolic visionary scenes during REM sleep releasing physical and emotional tensions and inner anxiety while the sleeper is having the dream.

religion

1. Way or ways that people orient themselves in the world with reference to both ordinary and extraordinary powers, meanings and values. 2. (*Jung*) Institution whose function is to protect us from an experience of God.

REM (rapid eye movement)

Eye movement in correlation with dreaming sleep, occurring at 90 minute intervals for 2-60 minutes.

remote dowsing

To hold a pendulum over a map until it swings in a manner to indicate the area where the object is located.

remote viewing

Clairvoyant perception of a distant location.

reportorization

Matching symptoms with remedies that produce and relieve affliction in homeopathy.

reproductive trinity

Libra, Scorpio, Sagittarius.



Metaphysical Dictionary

responsibility

We are charged to create a response to the experience of life – appropriate to our level of understanding and spirituality. We are empowered for the purpose of creating an appropriate response to the experience of life and the lessons it brings. Correlates to the energy and influence of the number 8.

rest

The receptive principle; yin energy; complement to motion.

resonance

Condition of attractivity, affinity and empathy creating an atmosphere of affirmation for two conditions to be brought together. For example a discarnate might reincarnate when the resonance of a current earth situation has close similarity to his particular needs.

retrocognition

That which becomes known of event or circumstance of past happenings, to one who has had no possible access to the knowledge through any normal processes or the five senses.

retrograde

Apparent backward motion of a heavenly body.

re-vision

Recreating or reflecting on one's own past or experience.

revolution

Annual path of a planet.

rhapsodomancy

Divination by opening a book of poetry at random.

rhythm, (Hermetic principle of)

"Everything flows out and in; everything has its tides; all things rise and fall; the pendulum-swing manifests in everything; the measure of the swing to the right is the measure of the swing to the left; rhythm compensates." The Kybalion.



Metaphysical Dictionary

Rider-Waite

Tarot deck designed by Pamela Colman Smith under Arthur Waite's direction.

Rig Veda

Chief Vedic hymn.

Right-action

Activity or behavior that is balanced and consciously directed toward the good of all.

right ascension

Measurement along the equator in astrology.

right brained

Creative, intuitive, mystical.

Right View

First step on the Eightfold Buddhist Path; understanding that the real values are within nature, family, mind, and into liberation, not in saving time or making money.

ring

Circular pattern visible on the surface of the ground left by UFO's.

ring-pass-not

The "barrier" between each plane of existence preventing ascent.

rishi

A Buddhist term for a wise or holy one, a saint or sage

rising sign

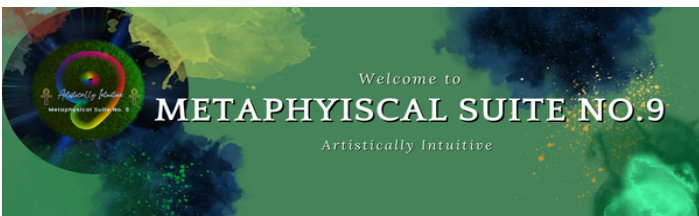
Ascendant; sign on the eastern horizon at time of birth signifying the personality as viewed by others.

ritual

Ceremony to restore balance with nature and the world and bring back lost harmony and sacredness.

ritual magic

Processes and ceremonies used repeatedly to execute psychism, known only to the magician.



Metaphysical Dictionary

rock people

Native American name for stones and crystals; mineral beings with consciousness.

Rolfing

A stringent muscular realignment therapy used mainly for back and neck problems developed by Ida Rolf.

roll back

"To open the door and welcome the robber", basic T'ai Chi posture yielding to the opponent and letting him or her come forward and going with that individual's incoming energy.

roll in

Way of reentering the body after an astral projection.

roll out

Turning over and over to leave the body in an astral projection.

root chakra

Lowest energy center, male sexuality center.

root race

(*esoteric*) The seven stages of humanity – a series of group minds – develop during the cycle of planetary existence.

Rosicrucian

Member of a medieval European secret society professing esoteric knowledge, founded by Christian Rosenkreuz, 15th century.

rulership

Planetary influence.

run

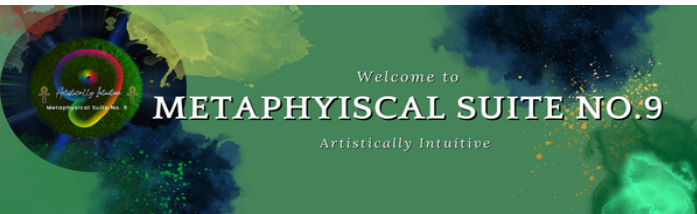
A repetition or series of identical or near-identical events with no possible explanation other than supernormal causes.



Metaphysical Dictionary

rune

1. Letter in the old Scandinavian script. 2. Divinatory system utilizing rune stones inscribed with a letter from the Viking alphabet.



Metaphysical Dictionary

S

Sabbat

A neo-pagan and Wiccan seasonal festival.

Sabbath

(Judaism) Sacred day requiring complete cessation from all work.

Sabian symbols

A set of 360 symbols associated with a specific degree of astrological designation.

sacred

"Holy" That which belongs to God.

sacred geometry

The way the essential creative mystery of God is rendered visible – the most cogent expression of the divine Plan known to humanity.

Sagittarius

Archer; ninth sign of the zodiac (approx. November 20 to December 20); of the fiery element ruler Jupiter Insight, restless energy. Recognized strengths: quick-witted, analytical, philosophical, straightforward, friendly, optimistic, honest, independent, fun, enthusiastic, direct; loves travel and freedom. Potential weaknesses fickle, sharp-tongued or blunt, truthful to a fault; can be shattered.

Sai Baba

A saint of India of the highest spiritual eminence who it is believed has reincarnated twice in this century.

samadhi

(Sanskrit) "Concentration, meditation" State of awakened mind beyond all dualist thought; eighth step of the Eightfold Path.

Sanat Kumara

Lord of the world who came from Venus 80 million years ago and dwells in Shambhala. Current leader of the Great White Brotherhood.



Metaphysical Dictionary

sand painting

Navajo ritual drawing at which the gods appear to transmit healing energy.

Sanskrit

"Polished, protected", Classical language of India, related to Greek and Latin; rarely spoken today, though the foundation of Hindi, Bengali and other Indic tongues.

Santeria

Afro-Caribbean or Brazilian ceremony.

Satan

"The Adversary" Supreme spirit of evil; an enemy of both God and mankind.

satori

Merging the Oneness through meditation.

Saturn

1. Roman God of Time. 2. Planet ruling experience, discipline, fate; limiting energy. The planet of discipline, structure, and responsibility. Saturn's placement indicates areas of restriction, self-induced or otherwise. Known as the teacher, or angel of discipline, Saturn conveys the lessons of life; here we make progress as we earn it – usually slowly. Ruler of Capricorn, it is considered Ray 3 in nature.

scarab

(Egyptian) Sacred beetle.

scientific prayer

To speak affirmative words stating the Truth of one's innate potential accompanied by the desire and faith to bring it into manifestation (as opposed to the begging, beseeching, or bargaining types of verbiage).

Scientology

A religion based on the study and handling of the spirit in relationship to itself, universe and other life; thru its drills and studies one may find the truth for oneself; not expounded as something to believe, but something to do. Founded by L. Ron Hubbard.



Metaphysical Dictionary

Scorpio

Eagle or scorpion; eighth sign of the zodiac (approx. October 20 to November 20); of the watery element; ruler Pluto; keywords originality, regenerative energy. Recognized strengths enduring, intense, sexually alluring, introspective, practical, never superficial; admirable recuperative powers. Potential weaknesses secretive, vindictive, purposefully mysterious, sexually excessive, lacking in self-understanding.

scripture

Writings regarded as sacred.

scrying

Crystal gazing.

seance

Sitting by a small group to produce physical phenomenon, usually with a medium.

second house

Segment of the horoscope ruling income.

seeing

Enlightenment; The ability to observe, paying attention to something beyond one's own subjectivity and introspection.

Self

1. One Infinity, Tao, our large mind. 2. Delusional mind, ignorance, attachment, stagnation, arrogance; our small mind. 3. (*Jung*) The potential controlling and organizing force of the personality transcending conscious and unconscious strata; dwelling at midpoint between ego and shadow; realized through the process of individualization.

self-actualization

Process of realizing one's full potential.

self-hypnosis

To allow one's self to reach a hypnotic state.



Metaphysical Dictionary

self-reflection

Using our higher consciousness to observe, review, examine and judge our thoughts and behavior and contemplate the larger order of nature; listening to the voice of our large self; not accusing others but realizing that I am always the cause of my own destiny and I have to change myself.

sematology

Receiving information from the etheric world intelligence in a séance room by the manner of the movements of the material object being used.

seminar

A meeting of a group of students who are interested in further research or study of advanced material in the particular subject being offered.

semiotician

One who interprets the meaning of signs and symbols.

semitrance

A neutral, dreamy, relaxed state of consciousness acquired by the synchronization of the medium and the etheric world intelligence for certain types of physical psychism.

sender

The participant in psychic transfer who is the source originating the sending or transfer of a psychic phenomenon. Perhaps used more in telepathy than in ESP.

sensate culture

The behavior patterns of a culture that has systematically eliminated all traces of ESP and created its social mores and behavior upon the physical sensory powers and sciences.

sensitive

One possessing limited, emerging or developing ability toward mediumship. Perceptible variable ability to perceive with that extra sensitivity supporting communication with other-world entities. A medium is a sensitive, but a sensitive is not necessarily unfolded to full mediumship stature.



Metaphysical Dictionary

sensory perception

1. Reception through the powers of physical awareness, hearing, sight, smell, taste, touch, and comprehensible upon transfer to intellect. 2. Intelligible when apprehended by the intellect alone. 3. Understanding by intellect when an ESP perceiving is transmitted and conscious mind becomes aware.

sentience

Receptivity of impression through feeling or sensing. The sentience receptivity operates in an advanced medium somewhat as though a spirit operator utilizes the consciousness merely as a message center.

sephiroth (sephirah, singular)

The ten sephiroth of the Tree of Life from the Kabbalah are Kether, crown; Chokmah, wisdom; Binah, intelligence, "Superior Mother"; Chesed, mercy; Geburah, severity and judgment; Tiphareth, beauty; Netzach, victory; Hod, splendor (of the mind); Yesod, foundation; Malkuth, kingdom.

seraphin

Cosmic powers governing love.

serial time (dreams)

Multidimensional time indicated by images from past, present and future, flowing at the same frequency during sleep.

serving Trinity

Capricorn, Aquarius, Pisces.

sesquiquadrate

Planets 135 degrees apart in a chart; major unfavorable aspect.

Seth materials

Jane Roberts (1929-84), a modern-day amanuensis, received material for several books from an entity, Seth, who taught through her.

Seven Sisters

Constellation of Pleiades in Taurus; seven daughters of Atlas and Pleione.



Metaphysical Dictionary

Seven Rays

(*Theosophy*) Lines of activity emanating from higher planes and guided by a specific master.

seven

1. Symbolic of "completion". 2. Symbolic of pursuit, marked individuality, and philosophical thought; planetary link is Uranus.

seventh house

Segment of the horoscope ruling partnerships, law, marriage.

shadow

(*Jung*) Inferior part of the personality, splinter self.

Shakers

Visionary movement that lived communally, non-sexually, ascetically, led by Mother Ann, 18-19th century.

shaman

1. Spiritual guide and healer in primitive society (Siberian). 2. A person who enters an altered state of consciousness at will to contact and utilize an ordinary hidden reality in order to acquire knowledge, power and to help other persons; having at least one and usually more spirits in their personal service.

shared dreams

1. Identical dreamstuff dreamt by two people the same night. 2. Visions of one another seen by two people dreaming at the same time.

shiatsu

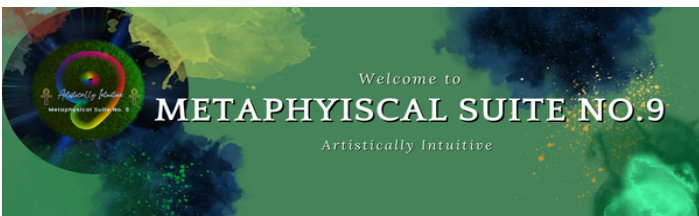
(*Japanese*) "*Finger pressure*", Acupressure massage.

Shi'ites

Followers of Islam who believe spirituality passed only thru the Prophet's family, beginning with Ali, his son-in-law.

Shinto

(*Japanese*) "*Way of the Gods*", Way of life, devoted to nature and ancestral spirits.



Metaphysical Dictionary

Shiva

"*Kindly*", Hindu God of Illusion, Yoga, Animals, Ascetics; Lord of Dance, who lives on Mt. Kailas, Beneares, and sundry other places around the world.

shusta cards

Deck of cards based on the ancient knowledge of the mystery teachings; used to predict the future and to bring guidance to the recipient; contains five suits of 14-pages, cards are spread and studied for the subjective meaning.

sidereal

Stars, constellations, or apparent motion of fixed stars.

sidereal day

23 hours, 56 minutes, 4.09 seconds.

sidereal month

27.322 days.

sighting

An area or spot on earth where a person saw what was felt to be UFO life or a UFO construct which could contain life.

sign

Apparent location of the Sun through the zodiac each month.

significator

Planet or chart factor of special significance.

Sikh

"*Disciple*", Spiritual community centered in the Punjab, emphasizing monotheism and unity, founded by Guru Nanak, 15th century.

Silva, Jose

Engineer, founder of Silva Mind Control; 1914-.



Metaphysical Dictionary

silver cord

The cord of consciousness – invisible to physical reality – which allows us to leave the physical body, yet remain linked to the physical body while in astral travel or projection. Often noted in the OBE or NDE as a silver cord, it looks like an umbilical cord and is attached at the solar plexus, heart, or top of head.

symbiotic closeness

Spontaneous, psychic contact from a discarnate entity.

simile picture

Psychic visions using symbols to relay the message which could not be brought in any other way.

similimum

(homeopathy) Perfect remedy for a patient in the perfect potency.

simplicity

Increased clarity, diminished distortion or illusion, realizing a state wherein absence of complication of understanding results because more integration of Self has occurred.

sin

Transgression that exists only in the mind in dualistic consciousness.

sing

Navajo healing ceremony.

sink

In T'ai Chi to relax completely and concentrate all one's energy in the sole of the foot so that the Ch'i will sink deeply to the intestinal center and one's movements will become light and nimble.

Siri Guru Granth

Sikh scriptures assembled by Guru Arjan from the writings of Guru Nanak and other teachers.

sit

To meditate or go within for ESP or ethereal contact.



Metaphysical Dictionary

sitting

Meditation session or session with a medium.

sixth house

Segment of the horoscope ruling health, service, daily life.

sixth sense

A faculty, possessed by everyone, but more developed in some people than others, enabling the acquisition of awareness and knowledge not explainable within the capabilities of the five physical senses. It is the psychic faculty.

skin writing (dermography)

Psychic-origin writing on the skin of a sensitive. It may remain visible from minutes to a few hours.

skotograph

A psychic photograph obtained by holding sealed plates in the hand without use of camera or lens.

skrying

To travel into the etheric world or to project a part of the body into other planes, by will (do not confuse with scrying).

Small Yang

One yang line atop one yin line representing Spring in the I Ching.

Small Yin

One Yin line atop one yang line representing Fall in the I Ching.

smudging

Burning a special plant in an area before a Native American ceremony. Resulting smoke is fanned throughout the room or area from each cardinal point, which cleanses the atmosphere of any negativity.

solar chart

Horoscope with the Sun on the first house cusp in the natural degree of the native's birth.



Metaphysical Dictionary

Solar Logos

(*Theosophy*) Ruler of the solar system; personal God.

solar plexus chakraThe third chakra, located just above the navel, is the center of intuition, emotion and power. This chakra influences the adrenal glands profoundly affecting the sympathetic nervous system, muscular energy, circulation, heartbeat, digestion, and mood. Excessive use and over-abuse of adrenaline due to constant stress produces various physical and psychological symptoms including ulcers, nervous disorders and chronic fatigue. The symbolic form of this center is a circle and its color is yellow.

solstice

When the Sun is the most distant from the equator – southernmost or northernmost – the longest and the shortest days of the year occur in the respective hemispheres.

somato-psychic

The flow of body-mind movement in T'ai Chi bringing a balanced state in the individual whereby psychic information can flow.

somnambules

Mediums that can slide into deep trance easily and work phenomena while in a trance state.

somnambulistic medium

Deep trance medium.

sorcery

The selfish use of transformational knowledge, often called black magic, for personal gain, money, or fame. The abuse is the use of spiritual powers for the benefit of ego or to the disadvantage of another.

sortilege

A method of foretelling the future by drawing lots.

soul

Immortal essence of all beings. The expanding spark of divinity within life.



Metaphysical Dictionary

soulmate

One with whom an individual has had close and favorable association in more than one lifetime.

Soul Travel

(Eckankar) Movement of the inner consciousness through the lower states through ascent into the ecstatic state.

Spirit

The energy forces in nature, both the identified and the unidentified.

spirit

1. The animating force within living beings; one's intangible being; the will; the essential and activating principle of an entity whether within or separated from the physical body; the active, indestructible life essence continuing through life, death and eternity in whichever body it endures. Spirit is accepted as being qualitative, as the human mind, rather than quantitative like the human body. Spirit is a generating force of will. Spirit and will are soul; all three may be, in the ultimate sense, the sub-conscious. 2. A discarnate, an entity of the spirit world.

spirit agency

A principle, a means or a manner of an intermediary function serving for a fulfillment of a spiritual purpose, action or objective.

spirit counselor

Ethereal entity who cooperates in producing a needed, often specialized, service on earth plane.

spirit doctor

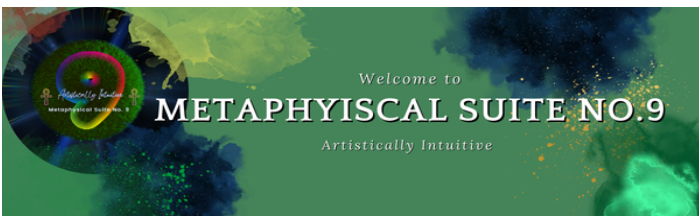
The spirit doctor, or spirit healer is the ethereal general health practitioner of each person. He or she assumes a responsibility for the relationship of physical and mental health with a sensitive's fitness for mediumistic development.

spirit entity

A being of the spirit realm who at one time resided on earthplane. Not an angel.

spirit guide

A spirit entity who attaches to a person to help and to influence earthly existence.



Metaphysical Dictionary

spirit healing

Restoration of a condition needing to be healed in a mortal by an agency or power other than corporeally human.

spirit helper

Any discarnate who gives assistance to a mortal.

spirit photography

A reproduction of a spiritual materialization or psychokinetic manifestation by film exposure.

Spiritism

(France) Early form of spiritualism taught by Allan Kardec; doctrine reincarnation of souls, life after death, and communication between the earth and the etheric world.

spiritual

Having to do with the evolving soul. Distinguished from "religious" dogmas and teachings by following the promptings and personal teachings of the spirit within self.

spiritual healing

The art and science of working with the subtle energies, in a spiritual setting, for the purpose of improving or harmonizing the level of self to facilitate health or healing.

Spiritualism

(American) Religion teaching life-after-death and spirit communication begun by Kate and Margaretta Fox in Hydesville, N.Y., mid 19th century.

spiritualize

To energize, activate the chakras and consciousness.

spiritual science

The evolution of high consciousness as it relates to the human being, to the Universe, and all creation, as taught by the ageless wisdom, esoteric studies, and theosophy.

spiritual teacher

One who shares with others what he or she has realized in order to give comfort and assurance as to goals, to mark the route of spiritual conquest for others.



Metaphysical Dictionary

spleen chakra

The second center, located halfway between the pubis and the navel, the center of feminine sexual activity. It is the center for cleansing, purification and health. Its endocrine function is connected with the liver, pancreas and spleen, influencing metabolism, digestion, the detoxification of poisons, immunity to disease and the balance of blood sugar. The symbolic form of the spleen chakra is a pyramid with the capstone removed and its color is orange.

spontaneous projection

To move one's astral body out of the physical body, unexpectedly, when in a highly emotional state of consciousness.

square

1. (Quadrant) Planets 90 degrees or three houses apart in a chart; a major unfavorable aspect. 2. Square-like mark on the palm indicating support, protection. 3. Symbol of the material, the Earth.

star

1. Starlike mark on the palm. 2. Tarot #17, Hope.

star people

People born on Earth who have spent past lives on other more evolved planets and who have come to help guide us into a planetary age; may have unusual abilities and yearn for another home world.

Steiner, Rudolf

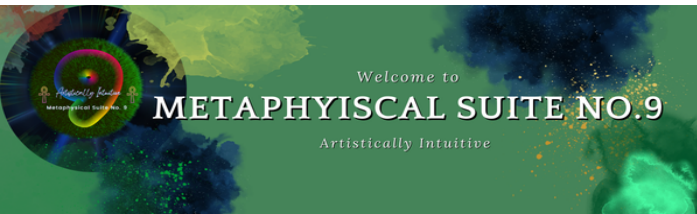
Born Austria, 1861, died 1925. Mystic, clairvoyant, and founder of the Anthroposophical Society, which drew of Rosicrucian, theosophical, and Christian traditions that expressed belief in a spiritual world available to those possessing the highest faculties of intellect, thought accessible through training to all.

stigmata

Psychic appearance of wounds.

still, small voice

Intuitive feeling that one should do a particular thing, change one's plan, or be careful when proceeding; one's inner guidance.



Metaphysical Dictionary

Strength

Tarot #8, justice.

stress monitor

Biofeedback instrument that helps one to quiet one's emotions, mind and body by registering levels of consciousness and feeding this information back to the subject who is hooked-up to it.

striation

A line or gradation in the aura that shows up in Kirlian photography.

subconscious

Lower or unconscious mind that registers every perception, experience, reaction, and feeling and sensory stimuli like a computer and makes it available to the conscious mind. Some feel it is what is called the soul.

subjective interpretation

Used when the scenes and the theme of a dream cannot be taken literally but must be allegorically compared with the dreamer's character, desires, or feelings.

subjective mind

A permanent intellect that contains knowledge of birth, dying, involuntary functions, instinctual functions, automation, etc; includes the feeling nature with the thinking process.

subliminal

Beneath the threshold of consciousness.

subplane

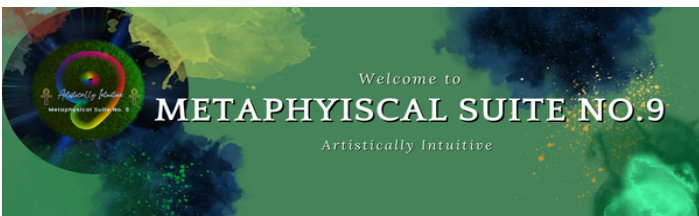
Minor division within a plane of manifestation.

subtle body

One of the nonphysical sheathes of the soul, usually-the astral.

succedent houses

Second, fifth, eighth and eleventh houses in astrology, signifying procrastinating tendencies.



Metaphysical Dictionary

Sufism

(*Ma'rufu'l-karkhi*) Islamic mysticism; apprehension of divine realities and the reunification of human possessions, 9th century.

Sun

1. Earth's star, nucleus of the solar system, source of life and energy. 2. Symbol of divine illumination. The major focus of the personal horoscope representing our life force, will, and inner life. Its location indicates the character being developed and refined, as well as the life thrust. The Sun governs the physical heart and personal stamina. The Sun rules the sign of Leo and is considered Ray 2 in nature. 3. Tarot #19 marriage, happiness. 4. Wind, the gentle one of the eight I Ching trigrams.

superconscious

(*psychosynthesis*) Higher unconscious", realm of altruistic love, joy, intuition, inspiration, contemplative and spiritual energies.

superego

Conscience, controlling mechanism (Freud).

supernatural

Not of natural forces, but rather of an existence attributable to sphere beyond the natural world and its controls.

supernormal

An experiencing of faculty or phenomenon which transcends or exceeds greatly the expected quality of the ordinary experience. Currently preferred to "supernatural" because it does not infer or imply the involvement of anything beyond nature or anything extraordinary in natural law.

supraconscious

(*psychosynthesis*) Autonomous realm from which higher impulses originate.

supraliminal

1. Level of the psyche that responds to psychic information and data. 2. Consciousness above the normal mental threshold, especially of artistic or musical genius.



Metaphysical Dictionary

sushumna

Ethereal and physical, tiny, hollow nerve acting as a tube in the spinal column which is filled with vital life force. It runs from the base of the spine through the medulla oblongata to the crown chakra.

sutra

1. Sermon delivered by the Buddha. 2. (*Sanskrit*) First division of the Buddhist Tripitaka.

svadhisthana

(*Sanskrit*) Abdominal chakra.

Swami

(*Sanskrit*) Lord, master, spiritual teacher, title of a monk or nun.

Sweat Lodge

Native American steam or bath house associated with purification rites and ceremonies.

Swedenborg, Emmanuel

Swedish mystic and prophet (1688-1772).

Swedish Massage

The manipulation of body tissues kby the hands for therapeutic effect.

symbols

A device or object used as a sign to represent an idea.

symbolic

Style used by the psyche to communicate its messages; language of the psyche.

sympathetic magic

To simulate a likeness of, a condition, object, or event in smaller form to cause a parallel in the condition, object, or event.



Metaphysical Dictionary

sympathetic nervous system

1. Nervous system influenced by soul mind in charge of instinct, automation, involuntary functions and the memory bank of past incarnations. 2. Controller of the fight-or flight system and the activity of the sweat glands that shows the individuals degree of excitement or calmness by activating chemicals and processes in the fight-or-flight system.

synchronicity

Meaningful coincidence.

synergist

Healing agent that increases the effectiveness of another agent when combined with it.

synesthesia

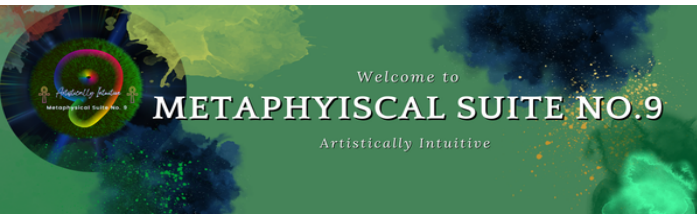
Transference of the data of one sense perception into the language of another, e.g. hearing colors.

synodic period

Time between one conjunction of two bodies and the next.

syzygy

1. Connection, combination, or partnership of two factors. 2. Astronomical conjunction or opposition.



Metaphysical Dictionary

T

T-cross

Opposition of two planets both squared by a third.

table tilting

Manner of psychic reception when subjects sit at a table which object transmits messages by designated movements, raps, or other agreed upon codes. Also called table tipping.

table work

Work or therapy involving a massage table.

t'ai chi

Ancient Chinese form of classical dance for health, self-defense, and spiritual development received in a dream by Taoist sage Chang San-feng based on subtle yielding, circular movement, control of ch'i, relaxation, 14th c.

talisman

An inanimate object consecrated with psychic energy to serve its owner by bringing changes in his or her environment or lifestyle.

talismanic magic

Using inert objects as storage batteries that have been consecrated and energized with psychic energy.

talismaning

Using a talisman for psychic purposes; to place the energized object near the area or person it was energized to serve.

Talmud

The collection of Jewish law and tradition containing fundamental principles; a text and commentary in book form.



Metaphysical Dictionary

tantra

Meditative sexual union, female active, male passive, in Hindu tantra; male active, female passive, in Buddhist tantra. Tantra is a spiritual science divided into four divisions: Kriya, ritual; Carya, conduct; Yoga, meditation; Anuttara, wisdom.

Tao Te Ching

(Chinese) "*Classic of the Way of Life*", 81 stanza poem on the infinite universe and its order on the path to human happiness by Lao Tzu.

Taoism

Philosophy or religion associated with the teachings of Lao Tzu.

Tara

An Eastern term popular to Buddhism, meaning "fountain" and referring to a female Master.

Tarot

Deck of 78 cards with archetypal symbols, 15th century.

tasseography

Tea-leaf reading.

Taurus

"*Bull*", second sign of the zodiac (approx. April 20 to May 20); of the earthy element; ruler Venus. Enduring, affectionate energy. Recognized strength: hard-working, stable, persistent, responsible, determined, patient, reliable, slow to anger; cherishes nature and loves to create beauty. Potential weaknesses: stubborn (as a bull), materialistic, sexual nature may dominate, slow, selfish.

teacher

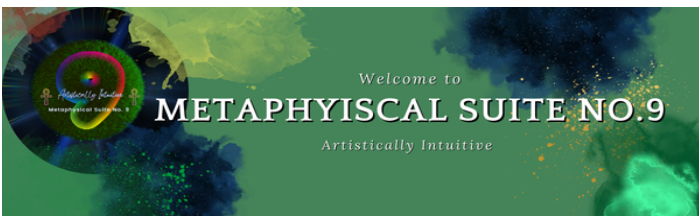
1. A discarnate who relates to an entity for the purpose of introduction, instruction, guidance or serving in capacity of mentor.

telegnosis

Form of telepathy in which a voice is heard.

telekinesis

Movement of objects without a material cause.



Metaphysical Dictionary

telepathy

Extrasensory awareness of the thoughts or actions of others.

teleplasm

Same as ectoplasm.

teleportation

Instantaneous transmission of matter from one point to another.

teleradiesthesia

To use a pendulum to answer questions regarding an object not present.

telergic

Healing using a pendulum.

telesthesia

1. Sensibility of events at a distance. 2. Extrasensory data perceived as heightened feeling.

temple

A dwelling place for the holy. A place within ourselves, such as a dedicated heart, or in the outer world that has been purified and dedicated to spiritual purposes.

temporal

Of this life and time-order as contrasted to "spiritual", "ethereal", "astral".

Temperance

Tarot #14 moderation.

Tendai

Japanese Buddhist sect brought from China by Saicho, with center on Mt. Hiei, emphasizing the Lotus Sutra, 805-.

Tenrikyo

Japanese sect (*metaphysical*) stressing faith healing, unity of life, and teaching founded by Miki Nakayama, 1838-.



Metaphysical Dictionary

tenth house

Segment of the horoscope dealing with life's work, honor, fame, government.

Tetragrammaton

(Greek) 4 letters, YHWH; Hebrew Name of God.

thanatology

(Greek) Science of death, dying and assisting the bereaved.

thaumaturgy

The power for miraculous performance, especially healing, with ecstatic surge of feeling.

theology

Rational inquiry and study regarding the nature of God, humanity's role in the God-hood, and the ultimate in religious truth.

theophany

Divine manifestation.

theophysics

Theistic approach to medicine emphasizing love or hope to heal.

Theosophy

Spiritual movement founded by Madam Blavatsky and Colonel Olcott, noted for syncretism, world cycles, cosmic initiation, secret masters, evolution to other planets, 1875.

therapeutic touch

To transfer healing energy from one's hands to the patient to promote normal healing more quickly.

therapy

A systematic approach, method, or process designed to heal, restore, health, promote general well-being.

Theravada

"Vehicle of the Elders", Buddhism of Ceylon, Thailand, Burma, Laos.



Metaphysical Dictionary

thermodynamics

Branch of physics dealing with time and energy and which connects living processes to the fundamental laws of nature.

theta wave

Brain wave associated with meditation, memory and learning enhancement, vivid imagery.

Third Eye

Organ of intuition, located between the eyebrows; sixth chakra. The etheric correspondence of the pineal gland which sees, creates, communicates, heals, destroys obstacles, unveils mysteries, and controls and directs energies.

third house

Segment of the horoscope ruling siblings, short trips, studies, correspondence.

thoughtform

1. Perfected shape floating in the air roughly spherical. 2. Mental creation that can have causal effects. 3. Etheric picture, pattern, or form created on the mental plane by the active mind that dissolves easily unless energized by the emotional nature.

thoughtography

Ability to project thoughts onto photographic film.

thought vibrations

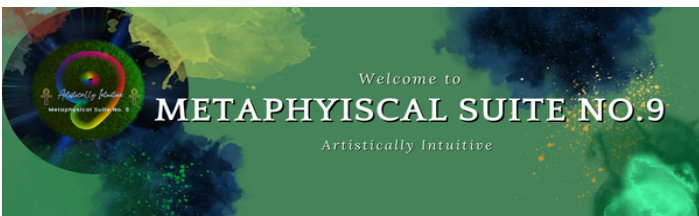
Telepathic or other impressions transported on a radiation of energy set up by act of thinking.

three

1. Known as the perfect number; blends one and two making the trinity; used frequently in magic; considered a lucky number. 2. In numerology one whose life cycle number is 3 is affectionate, talented, popular, creative, self-expressive, and desirous of entertainment and beauty, but not orderly or reliable; planetary link is Jupiter.

threshold

The point of sensitivity at which a person supports psychic entry.



Metaphysical Dictionary

throat chakra

The fifth chakra is located in the throat. It is the center for creativity and self-expression. It influences the thyroid gland which affects the balance of the entire nervous system, metabolism, muscular control, and body heat production. This center is called the gateway to liberation because it leads beyond the physical/emotional planes and into the astral spaces. The symbolic form of this chakra is a chalice and its color is sky blue.

Thunderbird

(Wakihiyan-Tanka) Protector of the Sacred Pipe who cleanses and purifies the world and waters; symbol is the zigzagged red line forked at each end.

thunder people

(Native American Navaho) Etheric world intelligences of a high order that communicate with the holy ones of the tribe.

Tibetan Book of the Dead

A document of Buddhism, giving instructions for going through an initiation when one is dying; describes how to live when in the etheric world; written to help one reach Nirvana.

Tibetan Buddhism

Form of Mahayana Buddhism known as Vajrayana that took root in Tibet, emphasizing rich metaphysical imagery, colorful ritual, and development of special powers.

time lag

1. (Biofeedback) Lapse of time in the brain cells as they do their work as opposed to working simultaneously. 2. A small lapse in time before the reaction of a dowser tool when picking up radiations from an earth object.

time loss

(ufology) Block in the conscious mind of each member of a UFO encounter that shuts out any recollection of what transpired during that time span of the encounter.

time travel

1. To use the astral body to travel forward or back in time for a short time, leaving the physical body on the bed. 2. To allow the mind to expand and travel forward or backward in time and view scenes.



Metaphysical Dictionary

tincture

1. Philosopher's stone or its action upon base metals. 2. Solution of organic material in alcohol.

TM (Transcendental Meditation)

Spiritual movement founded by Maharishi Mahesh Yogi stressing mantra, 1959.

token

An animal, herb stone, scent, or an engraved character used as a symbol to invoke the god in charge of one's particular problem.

toning

Use of the voice for healing, creativity and vitality.

topcentric

Astrological house system permitting house cusps for polar regions.

Torah

(Hebrew) "*Teaching*", Jewish law, especially the Pentateuch.

total recall

To remember what one experienced in an altered state of consciousness.

totem

(Objibway) "*Relative clan*", heraldic post, often associated with an emblem or mask of an animal or plant.

touches

Sensations of coming in contact with what seems to be a living presence when sitting for physical phenomena in darkroom sessions, e.g. a kiss on the cheek, a touch on the ear or a clammy, wet coldness or cobweb-like feeling over the face.

Tower

Tarot #16ruin, deception.

trance

Mediumistic state of psychological dissociation in which the spirit entity takes over the person's voice or body to speak to human audiences.



Metaphysical Dictionary

trance communication

Transmission of impressions by ESP between etheric entities and a medium in state of trance. Communication may be in any of several types.

trance medium

A psychically sensitive person who can dispossess his body to allow its use by a controlling spirit for psychic manifestation.

Transactional Analysis (TA)

Therapy based on group interaction developed by Eric Berne and Thomas Harris.

transcendental

Surpassing the senses; mystical.

Transcendentalism

Literary and philosophical movement of Emerson, Alcotts, Lane, Fuller, Thoreau, stressing nature, Eastern thought, 1830s-50s.

transfiguration

Emergence from a spirit form into whole or partial, visible and recognizable form by enshrouding the ectoplasm produced by a physical medium.

transit

Travels of a planet leading to aspects with other heavenly bodies.

transition

Death process; to move from one state of consciousness to another.

translate

Accurate rendering of psychic reception by a receiving sensitive.

transmigration of souls

(Hinduism) The soul-mind leaves the physical body upon death and enters another body according to past behavior and spiritual needs; new body can be human, animal, plant, reptile or anything alive.

transpersonal psychology (TP)

Movement stressing full sensory, psychic and spiritual development.



Metaphysical Dictionary

tredecile

Planets 108 degrees apart; a minor favorable aspect.

Tree of Life

1. Kabbalistic arrangement of the ten sephiroth. 2. Particular type of Tarot reading. 3. A mythological symbol prevalent in many indigenous world religions.

trumpet

An elongated horn larger at one end; aluminum or other light weight material. During seances in darkness with a physical medium, the trumpet may move about or be used to concentrate direct voice manifestation.

Truth

Only that which you know and experience consciously within yourself.

tune in

To get in touch with one's deepest self or with others, to focus.

twelfth house

Last segment of the horoscope dealing with hidden things, karma, solitude.

twelve

Number signifying wholeness and completion.

28-day cycle

Cycle of emotional ups and downs in biorhythm.

23-day cycle

Cycle of physical ups and downs in biorhythm.

twin souls

Two soul-minds who experience a psychic affinity; when they incarnate together over many lifetimes, there is a union of closeness, whether it is on the etheric or earth plane. They are drawn together and react compatibly to each other; this does not imply they will always join together for eternity or that there is only one twin-soul for each individual.



Metaphysical Dictionary

two

Considered weak, a subordinate number; numerology life cycle personality traits sociable, affectionate, diplomatic, give-and-take qualities, gentleness, perceptiveness and helpfulness and tends to be a homemaker; planetary link is the moon; a constant number and yet ever changing.



Metaphysical Dictionary

U

UAL

Unidentified Aerial Lights.

UCT

Un-Correlated Target; UFO on a radar screen.

UFO

Unidentified Flying Object.

UFOE

UFO encounter.

ufology

Study of UFO's.

ultraconsciousness

Awakened state, opposite of sleep; fantastic realism; similar to imagination. The realm of this world make through images.

unconscious

That part of the psyche which does not, except under unusual circumstances, intrude into awareness.

unconscious volition

1. A psychological influence emanating from the unconscious, that may have power as strong and purposive as conscious mental operations. 2. The automatic mechanistic functioning of unconscious mind in communication with and transferring impression between subconscious minds.

unction

Anointing one with oil as a religious-magical rite performed to endow the object or person with supernatural power, grace, or sacredness.

undecoded

Psychic communication received in symbolic thoughtforms rather than clearly descriptive and meaningful language.



Metaphysical Dictionary

underwater birthing

Giving birth to a baby in or under water to provide a healthy, safe environment.

Unifying Principle

Ying and yang; the universal compass of complementary/antagonism that explains and unifies the world of change including science, art, history, religion, philosophy, psychology, medicine and all aspects of daily life.

Universal Consciousness

The universal mind.

universal law

An underlying principle found within everything necessary for the scheme of things, that cannot be altered, worn out, or ended; often explained as God working within us.

universal mind

1. The collective intelligence of the universe. The ultimate and totally-inclusive supernormal intellect. 2. Sometimes used to mean "collective unconsciousness."

Universal White Brotherhood

Fraternity of higher beings in the universe. Also see Great White Brotherhood

universe

The manifestation of One Infinity alternately expanding and contracting at infinite speed.

unseen forces

Spirit forces.

unseen talent

A spirit communicator or other spirit entity who gives any type of support to the one in direct contact with a sensitive.

Upanishad

(Sanskrit) "Near down sit (at the foot of the teacher)", Indian scripture teaching the mystical identity of Atman and Brahman; 108 in number.



Metaphysical Dictionary

upper frequency

In biofeedback work the UF denotes the highest threshold reached on the scale of brain rhythms when connected to the electroencephalograph.

upper trigram

Top trigram in an I Ching hexagram.

Uranian Astrology

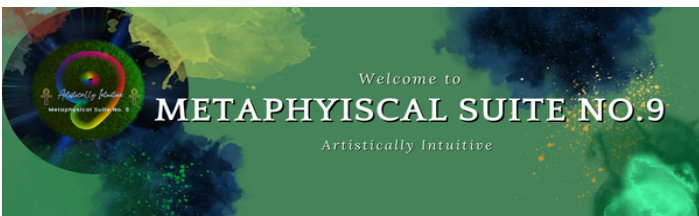
System based on eight invisible planets developed by Alfred Witte during world War I.

Urantia

"Earth", Psychically-received teaching of the Urantia Foundation.

Uranus

The planet of rapid change and great daring, the placement of Uranus in a horoscope suggests where we might be revolutionary or futuristic in our thinking or behavior. Here freedom is experienced, and creativity runs high. Ruler of the sign of Aquarius, it is considered Ray 7 in nature.



Metaphysical Dictionary

V

Veda

"Knowledge", Hindu scripturesAtharva, Rig, Sama, Yajur; -2500.

Vedanta

(*Sanskrit*) Hindu philosophy derived from the Upanishads teaching the mystical identity of Atman and Brahman.

vehicle

That body which is carrier of a spirit. More frequently used in referring to ethereal body than to physical body.

veil

1. Invisible field of etheric energy separating the physical from the psychic senses, surrounding a person in the inside of the aura. 2. The film over some babies at birth; usually denoting the child will be psychic.

Venus

1. Roman Goddess of Love, Art and Beauty. 2. Planet associated with harmony, comfort, attractive energy. The planet of beauty and love. In a horoscope the aspects to Venus are important indications of the manner in which we express our passion for life, and the placement will reveal the kinds of things we will love. Venus represents the feminine nature as well. The ruler of the signs of Taurus and Libra, it is considered Ray 5 in nature.

veridical

Hallucinatory vision corresponding accurately with an external source, but uncaused by it.

veridical dream

Psychic experience during sleep that later becomes a real event.

vessel

Symbolically, the receptive consciousness formed through spiritual exercises necessary for spiritual advancement.



Metaphysical Dictionary

vibration

1. Frequency range in which something is expressing. 2. Hermetic principle All is vibrating, in movement – some slower, to be known as matter; some faster, so as to be invisible.

vibrational level

A state of consciousness in which the psychic feels comfortable that the incoming information will be correct; all sensitives have their own place of contact, that is comparable to a wavelength of a radio station.

violet

Color representing spirituality or cosmic consciousness; the seventh and highest quality an individual can attain; holy love attained through the highest spiritual devotion; represents honor, spirituality and self-esteem.

Vipassana

"To see things as they really are", many forms of passive or insightful meditation aimed at heightening one's awareness, releasing previously suppressed thoughts and feelings and developing a natural system of biofeedback.

Virgo

"Virgin", sixth sign of the zodiac (approx. August 20 to September 20); of the earthy element, ruler Mercury; keyword; service, discrimination. Recognized strength detail-oriented, intelligent, discerning, self-disciplined, analytical, hard-working, unassuming; self-examiner. Potential weaknesses judgmental, negative, critical, skeptical, low self-esteem.

Vishnu

Second aspect of the Hindu trinity; the Preserver.

vishuddha

(*Sanskrit*) Throat chakra.

vision

A visualization that may show event or entity at any place or from any time, past, present or future.



Metaphysical Dictionary

vision of the Aquarian age

The Piscean era thought of "Do as I say" is over and the new aquarian thought of "leadership by example" is upon us. This is a time of spiritual evolution for humanity. A time of a personal god, fellowship and peace.

vision quest

Native American spiritual search, especially through solitude, fasting, and dreams.

visitation

UFO or other contact from another world or level of existence.

visualization

The process of forming positive thoughts or images, as a means of creating wellness.

vital life force

To breathe, to live; a psycho-electrical field manifesting in humanity. The sum total of primal energy from which all mental and physical energy has evolved; manifests in the form of motion, gravitation, magnetism, and the sustenance of physical life, thought-force, and bodily action.

voice medium

A physical medium who supplies ectoplasm for the spirit operator to make a temporary larynx or "voice box" through which the spirit speaks directly to the persons present.

voidances

To relate a dream or experience repeatedly for therapy; certain facts or events that are consistently omitted are areas that represent repressed desires or traumatic experiences that have never been resolved and keep surfacing for attention.

volition

A willingness; choice or decision made by the will.



Metaphysical Dictionary

W

walk-in

A high-minded entity from the spirit plane who is permitted under certain circumstances to take over the unwanted bodies of other human beings.

walk-out

Someone who desperately wishes to depart or who, because of a clinical death or near-death experience, is unable to keep his/her body alive.

Wands

Tarot suit denoting enterprise.

warlock

Though the modern English definition is a male witch, sorcerer, wizard, or demon, the original Scottish meaning is traitor or oath breaker.

water sprinkling

The scattering of small drops of water or perfume on the sitters, walls, and furniture during a seance signifying and indication from spirit that they approve of the activity or thoughts.

water witching

Another term for dowsing.

watery signs

Cancer, Scorpio, Pisces.

wave-length

The hypothetical periodic wave and cycle of an unknown energy that carries ESP, PK, or telepathy.

Way

(Chinese) "*Tao*" The sublime path that can't be expressed in language but can be found by someone who sees his or her own nature.



Metaphysical Dictionary

Wayshower

A prophet or enlightened one who by virtue of evolutionary progress can lead humanity through spiritual development.

Wesak

(*Sanskrit*) Celebration of the birth, renunciation, enlightenment, and death of the Buddha, usually on the full moon in Taurus.

Wheel of Fortune

Tarot #10a destiny.

Wheel of Life

Incessant wheel of karma whose twelve links are represented in Indian and Tibetan art.

whirlwind

A feeling of suction that some feel during astral projection when the astral body pulls away from the physical body.

white color

The perfect blending of all the seven colors of the spectrum making white pure color. The positive aspects represents good, light, purity, peace, modesty, innocence, gaiety and happiness; negative aspect represents weakness, delicacy, infirmity, cowardice.

white light

Energy that balances and restores, natural and available to all living things. Emanations from the spiritual, the light of God.

white magic

Art and discipline relying on the technology of rituals to achieve psychic results; white meaning superior and with good intent.

whole foods

Foods in their natural form that have not been refined or processed such as brown rice or whole wheat berries.

wholistic (holistic)

Whole, organic, macrocosmic.



Metaphysical Dictionary

Wicca

Witchcraft (*Old English*) Nature religion. Religion using simple rituals to achieve communion with the natural forces around mother nature.

will

Essential function of being, experienced as purpose, choice, causality, ability to express or act; with three aspects strong, skillful, good.

wisdom

1. Intuitive knowledge of the mind of love and clarity that lies beneath one's ego-driven anxieties and aggressions. 2. An advanced level of comprehension. Steps taught in spiritual understanding area information (data and concepts), knowledge (use of), and wisdom (the ability to synthesize, to see spiritual relationships). The dedicated observation and practice of knowledge results in wisdom.

wisdom teachings

A collection of wisdom; a body of knowledge about the hidden nature of humanity and the world held sacred through all time.

wise ones

A common title signifying those trained in the wisdom of the esoteric.

witch

A person who bends energy and shapes consciousness.

witch-doctor

A practitioner skilled in magical arts and occultism.

witchcraft

Religion believing that man has fallen from the Godhead and will return by working to perfect himself; belief in the superiority of the mother goddess, who represents nature; emphasizing harmony with nature and trying to appeal to this harmony by using ceremonies, rituals and amulets.

Word

Reason, order, governing principle.



Metaphysical Dictionary

World

Tarot #21 Happiness, harmony, enlightenment.

worry stone

Small pebbles used in the Huna system for invoking spiritual power.

X

x-ray clairvoyance

Seeing through the outer matter surface into the interior. Example: skin disappearing in humans every organ lying open to be seen as clear as an x-ray image; reading a letter without removing it from an envelope.

xenoglossis

Speaking in tongues unknown to the speaker.

xenography

Writing in tongues unknown to the writer.

xyломancy

Divination by observing the position of twigs lying on the ground.

Y

Y-rod

Dowsing rod in the shape of a forked stick or Y.

Yahweh

(Hebrew YHVH, Jehovah) Lord of Israel; King of the Universe.

yang



Metaphysical Dictionary

Sunny side of the mountain, heaven's active principle and one of the two fundamental energies of the universe; the relative tendency of centripetal, contraction, density, heat, light, strength, and other qualities whose energy tends to go down and inward.

yesod

This ninth sephirah on the kabbalistic Tree of Life equates with the term "foundation" and is understood as that which is held in the unconscious depths of mind.

yin

"Shady side of the mountain", earth's receptive or yielding principle and one of the two fundamental energies of the universe; the relative tendency of centrifugal, expansion, growth, diffusion, cold, darkness, and other qualities whose energy tends to go up and outward.

yin and yang

The law of universal change; the forces and tendencies that differentiate from One Infinity and manifest as centripetal and centrifugal energy, space and time and are the origin of all relative worlds.

yoga

(*Sanskrit*) "Yoke" 1. Union of self with the absolute or divine. 2. Methods or discipline employed to obtain such union. 3. Meditative practices originating in pre-Aryan India used by Hinduism, Buddhism, Jainism, and some Moslems and Christians. 4. One of the orthodox schools of Hindu philosophy.

Yogananda, Swami Paramahansa

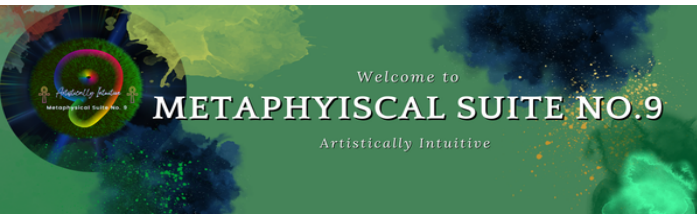
Born India, 1893, died 1952. Great spiritual teacher of the Kriya Yoga lineage.

yogi

(*Sanskrit*) Male practitioner of yoga.

yogini

(*Sanskrit*) Female practitioner of yoga.



Metaphysical Dictionary

Z

Zarathustra

(Zoroaster) Persian prophet.

Zen

"Meditation", Historical Mahayana Buddhist movement, emphasizing sudden enlightenment, often through spontaneous madcap behavior, meditation upon paradoxical koans, or simplicity in daily life.

Zener cards

Deck of cards designed by Karl Zener at Duke University, consisting of five cards of each of five different symbols star, circle, cross, square, and wavy lines; used to test ESP.

zhen jiu

(Chinese) Acupuncture.

zodiac

Twelve divisions of the sky along the ecliptic Aries, Mar. 21/Apr. 20; Taurus, Apr. 21/May 20; Gemini, May 21/Jun. 21; Cancer, Jun. 22/Jul. 22; Leo, Jul. 23/Aug. 23; Virgo, Aug. 24/Sep. 22; Libra, Sep. 23/Oct. 22; Scorpio, Oct. 23/Nov. 22; Sagittarius, Nov. 23/Dec. 21; Capricorn, Dec. 22/Jan. 20; Aquarius, Jan. 21/Feb. 19; Pisces, Feb. 20/Mar. 20.

zodiacal trinity

The three major astrological influences acting upon an individual, according to the sign in which the Sun, Moon, and ascendant are positioned in the natal chart. Establishes goals to be achieved for the growth of the personality in this lifetime.

zone therapy

Health practice based on the reflexology belief that every organ of the body is connected to a different spot on the bottom of the foot, the roof of the mouth, and the hand; invented by William H. Fitzgerald.

Zoroastrianism

Way of life based on the teachings of Zoroaster which flourished in Persia until the Arab conquest