# Welcome to METAPHYSICAL SUITE NO.9 Artistically Intuitive

# Spiritual and Magical Properties of Essential Oils

#### Agrimony Essential Oil:

A Gentle Protector for Peaceful Sleep

Agrimony (Agrimonia) has a long history rooted in ancient healing practices, dating back to the Greeks, Anglo-Saxons, and Chinese. Known for its ability to heal wounds, treat coughs, and soothe sore throats, Agrimony has also been cherished for its spiritual and magical properties.

#### Spiritual Properties:

• **Promotes Peaceful Sleep**: Agrimony is perfect for those seeking a restful night's sleep and calming the mind before bed.

#### Magical Properties:

• **Protection**: A powerful protector, Agrimony helps shield you from negative energy and harmful influences.

This essential oil is beloved for its grounding and comforting qualities, allowing you to unwind and feel secure. Whether used in a diffuser before sleep or sprinkled around your home, Agrimony works to bring peace and protection into your life.

#### <u>Ritual Usage</u>

- **Peaceful Sleep Ritual**: Add a few drops of Agrimony Essential Oil to your pillow or bedding to ensure a restful, undisturbed night's sleep.
- **Protection Spell**: Sprinkle Agrimony oil around your home, focusing on doorways and windows, to create a protective barrier from negative energy.

#### Amber Essential Oil:

A Path to Balance, Harmony, and Inspiration

Amber (Pinus succinifera) Essential Oil is like a time machine for the soul, connecting us to ancient wisdom and the cycle of life. With its warm, earthy fragrance, Amber teaches us to embrace balance and harmony, helping us understand where we've been and where we're headed.

#### Spiritual Properties:

- **Balance**: Encourages a deep sense of inner peace and equilibrium.
- **Harmony**: Aligns your energy with the flow of the universe.
- Inspiration: Sparks creative visions and insight.

#### Magical Properties:

- **Cleansing**: Clears away negativity and stagnant energy.
- **Protection**: Creates a shield of protection around your space.
- **Purification**: Purifies the spirit, mind, and surroundings.

Amber Essential Oil takes us back to the wisdom of the prophets and masters, offering a gentle reminder of life's interconnectedness. Its scent brings clarity and purpose, making it a favorite for spiritual and magical practices. This oil is perfect for meditation or rituals focused on cleansing and renewal.

#### <u>Ritual Usage</u>

• Cleansing and Purification: Add 10 to 15 drops of Amber Essential Oil to your bath for a deep spiritual cleanse. You can also burn it in aroma lamps (3 to 5 drops) throughout your home to purify and protect your space from negativity.



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### Angelica Essential Oil:

A Fragrance of Strength and Grounding

Angelica (Angelica archangelica) Essential Oil brings comfort and grounding, acting as a spiritual anchor when things feel uncertain. This oil is known for helping us find strength and focus, making it a wonderful tool for both magical and spiritual practices.

#### Spiritual Properties:

- **Comfort**: Offers a sense of safety and peace.
- Focus: Clears mental fog and encourages clarity.
- **Grounding**: Keeps you steady and connected to your inner self.
- Strength & Stamina: Bolsters resilience when times get tough.

#### Magical Properties:

- **Healing**: Used in healing rituals and spells to promote recovery.
- **Protection**: Shields your space and energy from negativity.
- Visions: Enhances inner visions and spiritual insight.

Angelica, named after angels themselves, is a divine fragrance for those feeling spiritually neglected or uncertain. It's one of those scents that becomes even more powerful when blended with other oils, offering protection and comfort like a guardian at your side.

# <u>Ritual Usage</u>

• **Protection**: Sprinkle a few drops of Angelica Essential Oil around the four corners of your home, inside and outside, for double protection. You can also use it in healing blends or rituals to bring strength and resilience to the forefront.

# Anise Essential Oil:

Awakening the Mind and Protecting the Spirit

Anise (Pimpinella anisum) Essential Oil stimulates the conscious mind, opening it up to the greater universe. This oil has long been used for its protective qualities, especially when it comes to warding off negativity and nightmares.

#### <u>Spiritual Properties:</u>

- **Encourage**: Inspires a positive mindset and new perspectives.
- **Stimulant**: Wakes up the mind to higher consciousness.

#### Magical Properties:

- **Protection**: Shields against nightmares and evil spirits.
- **Purification**: Cleanses both the mind and space of negative energy.

Anise Essential Oil is a go-to for anyone who needs a little boost in the mental department. It opens you up to the vastness of the universe, helping you see the bigger picture while keeping you safe from negative forces. Perfect for dream protection and purification rituals.

# <u>Ritual Usage</u>

- Nightmare Protection: Sprinkle a couple of drops on your pillow at night to protect against nightmares.
- **Purification**: Add 10 to 15 drops to your bath for a full spiritual cleanse, or burn it in aroma lamps (3 to 5 drops) around your home to drive out negative energy.

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#### Balsam de Peru Essential Oil:

Embrace Warmth and Protection

Balsam de Peru (Myroxylon balsamum) Essential Oil has a warm, vanilla-like aroma that brings peace, calm, and a deep sense of comfort. This oil works its way into the soul, creating a space for love and trust to flourish.

#### **Spiritual Properties:**

- **Calm**: Brings a sense of tranquility and peace.
- Peace: Helps release emotional pain and sorrow.
- Warmth: Provides a soothing, comforting embrace to the heart.

#### Magical Properties:

• **Protection**: Envelops you in a cloak of safety, guarding against emotional, mental, and physical storms.

Balsam de Peru is like a gentle hug in oil form. When things feel unreachable or your heart feels closed, its soft and warm scent opens you up to trust and love once again.

## <u>Ritual Usage</u>

• **Protection**: Use Balsam de Peru in your space by burning a few drops in an aroma lamp, diffuser, or oil burner. It wraps your surroundings in a gentle, protective shield, perfect for emotional and spiritual protection.

# **Basil Essential Oil:**

Awaken Joy, Trust, and Prosperity

Basil (Ocimum basilicum) Essential Oil is all about bringing light into your life. Its fresh, uplifting scent has the power to awaken the spirit, creating harmony, cheerfulness, and a heightened sense of trust.

#### Spiritual Properties:

- Cheerfulness: Brings joy and uplifts the spirit.
- **Integrity**: Encourages honesty and truthfulness in all dealings.
- **Trust**: Helps you trust yourself and others on your journey.

#### Magical Properties:

- Love: Draws love to you when used in spells or sachets.
- **Protection**: Shields your home from negativity when burned in aroma lamps.
- Wealth: Attracts prosperity and good fortune.

Basil is considered one of the Angelic Fragrances, linking you to higher spiritual realms. It clears the mind and soul, opening the doors for love, protection, and abundance to flow in.

# **Ritual Usage**

- Wealth: Sprinkle a drop or two of Basil Essential Oil on your wallet to attract money, or burn it in an aroma lamp near your cash register to draw customers into your business.
- Love: Add 3-5 drops to a love sachet or wear as a body perfume to attract love and harmony between you and your partner.
- **Protection**: Use 3-5 drops in an aroma lamp in each room of your home to ensure protection and create a peaceful environment.

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## **Bay Laurel Essential Oil:**

A Fragrant Gateway to Wisdom and Clarity

Bay Laurel (Laurus nobilis) is more than just a scent—it's an experience tied to ancient wisdom and spiritual growth. This essential oil, fired by the warmth of the sun, has long been used to bring forth confidence, creativity, and inspiration. It's known for clearing confusion and guiding you toward a brighter future.

#### Spiritual Properties:

- Confidence: Strengthens your belief in yourself.
- Creativity: Ignites your imagination.
- **Direction**: Helps you find clarity and purpose.
- Inspiration: Opens the mind to new possibilities.

#### Magical Properties:

- **Healing**: Supports physical and emotional well-being.
- **Protection**: Shields your energy and space from negativity.
- **Psychic**: Enhances intuition and clairvoyance.
- **Purification**: Cleanses the mind, body, and spirit.
- Strength: Bolsters resilience and inner power.

Bay Laurel Essential Oil is considered one of the Angelic Fragrances. It has the unique ability to bring the angels of our future closer, guiding us to move forward, especially if we tend to linger in the past. Its energy assists in creating a positive outlook, helping us see ahead and prepare for what's to come.

## <u>Ritual Usage</u>

• **Divination & Protection**: Burn Bay Laurel in an aroma lamp to open the mind for divination and protect your sacred space.

# **Benzoin Essential Oil:** Comfort and Prosperity in One

Benzoin (Styrax benzoin dryander) Essential Oil is a comforting scent that feels like a cushion for the soul. Its protective energy helps you embrace life's lessons and guides you toward prosperity and enlightenment.

#### Spiritual Properties:

- **Comfort**: Cushions the soul, offering a sense of security.
- **Cushioning**: Shields your emotional state, allowing for inner reflection.
- **Protective**: Safeguards your spirit during times of growth and change.

#### Magical Properties:

- **Prosperity**: Attracts wealth and abundance.
- **Purification**: Clears negative energy from spaces and objects.

Benzoin holds the warmth of sunlight, guiding us through confusion and difficulties with gentle protection and comfort. It encourages us to trust in the process of life and to seek inner joy.

# <u>Ritual Usage</u>

- **Prosperity Blend**: Combine 4 drops Basil, 7 drops Benzoin, and 4 drops Cinnamon with 1 oz. carrier oil. Use this blend in an aroma lamp or as a body perfume to attract prosperity and success.
- **Purification**: Burn Benzoin in an aroma lamp to clear your home of negative energy.



# Bergamot Essential Oil:

A Burst of Joy and Abundance

Bergamot (Citrus aurantium bergamia) Essential Oil is a sweet, floral citrus scent that brings joy and energy to your life. It's known for lifting the mood and brightening the spirit, making it the perfect oil to clear away negativity and embrace joy.

#### **Spiritual Properties:**

- **Balance**: Helps restore harmony between body, mind, and spirit.
- Joy: Fills your heart with light and happiness.
- Strength: Encourages resilience and confidence.

#### Magical Properties:

- Money: Attracts financial success and prosperity.
- Success: Boosts motivation and clarity to achieve your goals.

Bergamot is an Angelic Fragrance, guiding you through difficult times by clearing the fog and bringing clarity. It's also wonderful for amplifying energy and surrounding yourself with light and laughter.

#### **Ritual Usage**

- Attract Money: Place 3-5 drops in your wallet or purse to attract financial abundance.
- Success & Joy: Burn Bergamot in an aroma lamp or diffuser to infuse your space with uplifting energy and success.

# **<u>Birch Essential Oil:</u>** *Focus and Purification*

White Birch (Betula alba) Essential Oil is like a fresh breeze that clears the mind and soul. Its high-spirited essence helps with concentration, focus, and purification. It's your go-to oil when you need a clear path to communication and wisdom.

#### **Spiritual Properties:**

- **Concentration**: Sharpens your mind and enhances mental clarity.
- Focus: Helps you stay grounded and clear-headed during challenging times.

#### Magical Properties:

- **Protection**: Shields against unwanted energy and negativity.
- **Purification**: Cleanses your space, creating a sacred environment.

Birch is also one of the Angelic Fragrances, making it especially helpful during spiritual struggles. It clears the way, helping you seek truth and banish unwanted energies.

# Ritual Usage

- **Purification**: Add 5-8 drops to your bath for a deep cleanse, or burn 3-5 drops in an aroma lamp in each room to protect your home.
- **Protection**: Use around windows and doors for an added layer of spiritual protection, especially around your baby's crib or a sick person's room.



# Black Pepper Essential Oil: Fearlessness and Strength

Black Pepper (Piper nigrum) Essential Oil gives you that extra push of strength and motivation. Its bold and spicy scent encourages you to step into your power and move forward with fearlessness.

#### **Spiritual Properties:**

- **Comfort**: Wraps you in a blanket of security and comfort.
- Endurance: Strengthens your spirit and helps you persevere.
  Flexibility & Stamina: Keeps you grounded while allowing you to bend without breaking.

#### Magical Properties:

- **Fearlessness**: Clears away fear and hesitation, helping you step into your truth.
- **Motivation**: Gives you the drive to tackle challenges head-on.
- Strength: Fortifies your energy and aura, bringing resilience and courage.

Black Pepper is a protector, helping you reconnect with spiritual aspects of life after long periods of neglect. It's an Angelic Fragrance, perfect for when you need to tap into your inner power and release fear.

# <u>Ritual Usage</u>

• Fearlessness & Protection: Burn Black Pepper in your space to call on your guardian angels and create a protective atmosphere filled with strength.

# Camphor Essential Oil: A Warrior's Purification

Camphor (Cinnamomum camphora) Essential Oil brings the powerful energy of warrior angels, cutting through negativity and fear to bring clarity and enlightenment. It has long been used to purify and cleanse the soul.

#### Spiritual Properties:

- **Healing**: Acts as a guardian, bringing spiritual and physical healing.
- Liberating: Clears away old energies that are no longer serving you.
- **Upliftment**: Lifts the spirit out of timidity and into its full power.

#### **Magical Properties:**

- **Divination**: Helps open the third eye and prepare for intuitive visions.
- **Healing**: Offers protection during illness and helps the body heal itself.

Camphor is known for bringing clarity and protection, like a warrior angel shielding you from harm. It's perfect for clearing away timidity, freeing the spirit, and bringing peace of mind.

# <u>Ritual Usage</u>

- **Divination**: Add 3-5 drops to an aroma lamp during divination or meditation practices to bring clarity and open your mind to intuitive guidance.
- **Healing**: Use 8-10 drops in a bath or chest massage to clear colds and flu symptoms while healing body and soul.



# Caraway Seed Essential Oil:

A Link to Your Angels

Caraway Seed (Carum carvi) Essential Oil is subtle yet powerful in connecting you with your angels. Its gentle aroma strengthens your memory and encourages spiritual reflection.

#### **Spiritual Properties:**

- **Connection**: Helps you view life from a spiritual perspective.
- Angelic Fragrance: Acts as a guide between you and your angels.

#### Magical Properties:

- **Health**: Supports physical well-being and strengthens the body.
- **Protection**: Keeps you safe, both spiritually and physically.

Caraway Seed Essential Oil acts as a reminder of your spiritual path and the angels guiding you along it. It's perfect for meditation and dream work, helping you reconnect with higher energies.

## <u>Ritual Usage</u>

• **Protection & Health**: Wear Caraway Seed Essential Oil as a body perfume for daily protection, or sprinkle a couple of drops onto your pillow to boost your memory and attract angelic guidance in your dreams.

# Cardamom Essential Oil:

Clarity, Courage, and Love

Cardamom (Elettaria cardamomum) Essential Oil is a rich, feminine scent associated with awakening, courage, and wisdom. It helps blend the spiritual with the physical, bringing insight and clarity to your soul.

#### Spiritual Properties:

- **Clarity**: Clears your mind and helps you see things with a new perspective.
- **Courage**: Strengthens your spirit, helping you tackle difficult situations.
- **Direction**: Guides you on your spiritual path, helping you move forward.
- Enthusiasm: Lifts your spirits and brings excitement for life.

#### Magical Properties:

- **Aphrodisiac**: Adds a touch of passion and romance to love spells.
- Love: Draws love into your life, whether it's self-love or romantic love.

Cardamom is also one of the Angelic Fragrances, making it ideal for times of spiritual growth. It helps you connect with the physical and spiritual, giving insight and wisdom when you need it most.

## **Ritual Usage**

• Love: Add Cardamom to a love sachet or bath for an extra boost of romance, or wear it as a body perfume to attract love into your life.



# **Carnation Essential Oil:** *Creativity and Inner Strength*

Carnation (Dianthus caryophyllus) Essential Oil offers a soothing, floral aroma that opens your soul to creativity and communication. It helps you reconnect with your inner self, unlocking deep emotions and allowing for a flow of communication between the spiritual and physical realms.

#### **Spiritual Properties:**

- **Communication**: Helps express buried feelings and connect with others.
- **Creativity**: Unlocks your inner artist and opens the door to new ideas.
- **Openness**: Encourages you to embrace the unknown and be vulnerable.

#### Magical Properties:

- **Healing**: Boosts physical and emotional strength, especially in times of need.
- **Protection**: Wards off negativity and protects your emotional wellbeing.
- **Strength**: Gives you the courage to move forward with resilience.

Carnation is a fragrance of the angels, bringing their comfort and clarity to your life. Use it when you need strength or are seeking spiritual insight.

## **Ritual Usage**

- Healing & Strength: Use in an aroma lamp or diffuser to boost the energy in a sick room, or wear it as a body perfume for strength and protection.
- **Creativity**: Add a few drops to your bath to spark creativity, or burn it in your space to open yourself to new ideas

# **Carrot Seed Essential Oil:** *Visions and Fertility*

Carrot Seed (Daucus carota) Essential Oil is deeply connected to vision quests and fertility. It helps you tap into your spiritual side, encouraging introspection and personal growth.

#### <u>Spiritual Properties:</u>

• Visions: Opens the door to inner visions and higher understanding.

#### Magical Properties:

• **Fertility**: Supports fertility, helping with conception and creative endeavors.

This oil is one of the Angelic Fragrances, making it a wonderful tool for inner journeys and spiritual enlightenment.

# <u>Ritual Usage</u>

• **Fertility**: Use Carrot Seed in a lower stomach massage or add it to your bath to promote fertility.



# Cedarwood Essential Oil:

Balance and Rebirth

Cedarwood (Cedrus atlantica) Essential Oil is an ancient essence, used by cultures throughout history for purification and spiritual connection. It's known for bringing balance and stability, while connecting you with the wisdom of the ancients.

#### **Spiritual Properties:**

- **Balance**: Grounds and stabilizes your energy, helping you stay centered.
- **Rebirth & Regeneration**: Encourages spiritual growth and renewal.

#### Magical Properties:

- Healing: Assists in emotional and physical healing.
- **Protection**: Guards against negativity and harmful energy.
- **Purification**: Cleanses your space and your spirit, creating a sacred environment.

Cedarwood connects you with the spirits of the ancients, teaching you to hold steady and pursue your dreams with determination. It also invites the angels of wisdom closer, offering their guidance and protection.

# <u>Ritual Usage</u>

• Healing & Protection: Use Cedarwood in a sachet for protection or healing, or burn it in an aroma lamp to purify your space and invite the angels into your home.

# **Celery Essential Oil:**

Cheerfulness and Focus

Celery (Apium graveolens) Essential Oil brings light-hearted energy and helps you focus when your mind feels scattered. It's the perfect pick-me-up when you're feeling down.

#### Spiritual Properties:

• **Cheerfulness**: Lifts your mood and encourages optimism.

#### Magical Properties:

- Love: Attracts love and enhances romantic dreams.
- Mental Control: Sharpens your focus and improves concentration.

Celery Essential Oil is all about brightening your spirit and helping you stay focused on your goals. Its light, earthy fragrance is perfect for centering the mind and heart.

# Ritual Usage

• **Concentration & Love**: Wear as a body perfume to boost focus, or sprinkle a couple of drops on your pillow to dream of your true love.



# **Chamomile Essential Oil:**

Inner Peace and Harmony

Chamomile (Matricaria chamomilla, Ormenis multicaulis, Anthemis nobilis) Essential Oil has long been known for its calming, peaceful energy. It's like a warm embrace from the universe, helping you connect with your inner child and find tranquility.

#### Spiritual Properties:

- **Calming**: Soothes the mind, body, and spirit.
- **Cooperation**: Encourages harmonious interactions with others.
- Inner Peace: Helps you find peace within yourself and the world around you.

#### Magical Properties:

- Love: Attracts romantic love and strengthens relationships.
- **Money**: Brings financial abundance and prosperity.
- **Purification**: Cleanses negative energy from your space.
- Sleep: Encourages restful sleep and peaceful dreams.

Chamomile Essential Oil is gentle but powerful, offering a gateway to spiritual wisdom and peace. It's a wonderful companion for those seeking to connect with the angelic realms.

## Ritual Usage

- Love & Purification: Add 10-15 drops to your bath to attract love, or 8-10 drops to your hand wash to bring in money.
- **Sleep**: Use 2-3 drops on your pillow for a restful night's sleep, or burn it in an aroma lamp for purification and peace.

# <u>Cinnamon Essential Oil:</u>

*Love and Prosperity* 

Cinnamon (Cinnamomum zeylanicum) Essential Oil is a warm, spicy fragrance that brings energy, joy, and love. It's known for transforming sadness into happiness and helping you find the inner love that resides within.

#### Spiritual Properties:

• Love: Awakens your heart and brings joy.

#### Magical Properties:

- **Prosperity**: Draws financial abundance and success.
- **Protection**: Shields you from negative energy.

Cinnamon is one of the Angelic Fragrances, known for its joyful and uplifting properties. It's a perfect oil to use when you need to feel uplifted and protected.

# Ritual Usage

• **Prosperity & Protection**: Use Cinnamon in a diffuser or aroma lamp to attract wealth and protect your home, or wear it as a body perfume for love and joy.



# Citronella Essential Oil:

Uplifting and Healing

Citronella (Cymbopogon nardus) Essential Oil is refreshing and energizing, helping you clear your mind and rise above dark feelings. Known for its connection to the sun, it brings light and healing to those who need a boost of positivity.

#### Spiritual Properties:

- Clearing: Clears mental fog and lifts your spirits.
- Uplifting: Helps bring you out of emotional lows.

#### Magical Properties:

• Healing: Encourages physical and emotional healing.

Citronella is all about light and positivity, guiding you out of depression and into a place of joy and healing.

# <u>Ritual Usage</u>

• **Healing**: Burn Citronella in an aroma lamp or use it as incense to begin the healing process, or wear it as a body perfume blended with Geranium and Clary Sage for a calming, restorative effect.

# Clary Sage Essential Oil: Calm and Tranquility

Clary Sage (Salvia sclarea) Essential Oil is your go-to for inner peace. Its earthy, musky scent creates a tranquil space, promoting calm and balance both physically and emotionally. If you're feeling overwhelmed, Clary Sage gently brings you back to center.

#### <u>Spiritual Properties:</u>

- **Balance**: Harmonizes your mind and spirit, bringing everything into alignment.
- **Calm**: Soothes anxiety and stress, allowing you to relax.
- **Tranquility**: Creates a peaceful environment, both within and around you.

#### Magical Properties:

• **Wisdom**: Offers deep insight, helping you find clarity in times of confusion.

Clary Sage opens the door to your inner wisdom, helping you see things from a higher perspective. It's perfect for those moments when you need spiritual guidance and a sense of calm.

# <u>Ritual Usage</u>

• **Balance & Calm**: Use Clary Sage in a diffuser to create a peaceful atmosphere, or add 8-10 drops to your bath for a soothing, stress-relieving soak.



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# Cistus Essential Oil: Reconnection to Spirit

Cistus (Cistus ladanifer) Essential Oil brings a sense of reconnection when you feel spiritually lost. Its strong, overpowering aroma acts as a link between the spiritual and physical worlds, helping you regain balance.

#### Spiritual Properties:

• Angelic Fragrance: Brings a closer connection to the angelic realms.

Though its magical properties are unknown, Cistus is deeply spiritual and helps bring clarity during moments of disconnection.

## **Ritual Usage**

• **Spiritual Reconnection**: Use Cistus during meditation to realign your energy with the angelic realms and help release fear.

# **<u>Clove Bud Essential Oil:</u>** *Inner Warmth and Inspiration*

Clove Bud (Eugenia caryophyllata) Essential Oil brings warmth to your soul. It's a fiery, stimulating oil that moves you to action and helps reignite your inner passions. If you're feeling stuck, Clove Bud is here to give you that extra push.

#### Spiritual Properties:

- Inner Warmth: Comforts and energizes your spirit.
- **Inspiration**: Sparks creativity and action, helping you move forward.
- **Regeneration**: Revitalizes your energy, bringing you back to life.

#### Magical Properties:

- Love: Attracts love and strengthens relationships.
- Money: Draws financial abundance.
- Protection: Wards off negativity and protects your space.

Clove Bud is one of those oils that reminds you to keep going, no matter what. It brings with it a sense of resilience and hope, connecting you to the spiritual realms when you need guidance.

# <u>Ritual Usage</u>

 Protection & Love: Wear Clove Bud as a body perfume to attract love and shield yourself from negativity. Burn it in an aroma lamp to purify your space and energize your surroundings.



# Coriander Essential Oil:

Enthusiasm and Optimism

Coriander (Coriandrum sativum) Essential Oil is like a fresh breath of air for your spirit. Its warm, gentle fragrance encourages you to seek out new horizons, bringing with it a sense of optimism and excitement.

#### Spiritual Properties:

- Creativity: Opens your mind to new ideas and possibilities.
- Enthusiasm: Fills you with energy and a sense of adventure.
- **Imagination**: Helps you visualize and create your ideal future.
- **Optimism**: Brings joy and a positive outlook on life.

#### Magical Properties:

- Healing: Supports both physical and emotional healing.
- Love: Draws love into your life and strengthens existing relationships.

Coriander is all about slow, gentle growth. It helps you move forward in life, one step at a time, with joy and enthusiasm.

# **Ritual Usage**

• Love & Healing: Rub Coriander on a red or pink candle and burn it while focusing on your intention to draw love. For healing, gently massage the oil into your temples or use it in a bath for emotional release.

# Cypress Essential Oil:

Trust and Inner Peace

Cypress (Cupressus sempervirens) Essential Oil has a warm, woodsy scent that connects you to the wisdom of the universe. It's especially comforting during times of grief or sorrow, offering energy and strength to get through the tough moments.

#### Spiritual Properties:

- **Balance**: Keeps you grounded and centered, no matter what's going on around you.
- **Inner Peace**: Calms the soul and brings deep emotional healing.
- **Trust**: Strengthens your trust in the universe, allowing you to surrender.

#### Magical Properties:

- **Comfort**: Provides emotional support during tough times.
- Healing: Promotes physical and spiritual healing.
- **Protection**: Shields you from negative energy.

Cypress is a comforting presence in times of sorrow, helping you connect with the spiritual realm and offering reassurance that everything will be okay.

# Ritual Usage

• Healing & Comfort: Use in an aroma lamp to bring comfort and protection to your home. Add 8-10 drops to a sachet for healing energy, or wear as a body perfume for inner peace.



# **<u>Dill Essential Oil:</u>** *Harmony and Calm*

Dill (Anethum graveolens) Essential Oil offers a sweet, gentle aroma that brings harmony to your spirit. It's a reminder to take care of yourself, especially when emotions feel heavy and overwhelming.

#### **Spiritual Properties:**

- **Calm**: Brings tranquility and stillness to the mind.
- Harmony: Balances your emotional and spiritual energy.
- Tenderness: Reminds you to treat yourself with kindness.

#### Magical Properties:

- Love: Attracts love into your life.
- Money: Helps draw financial abundance.
- **Protection**: Wards off negativity and provides a safe space for healing.

Dill is a gentle, nurturing oil that encourages self-care and emotional healing. It helps you balance your inner and outer worlds, allowing for deeper emotional growth.

# **Ritual Usage**

• Love & Protection: Add Dill to your bath or love sachets to draw love and protection into your life. Use it in an aroma lamp to fill your home with calming, protective energy.

# Eucalyptus Essential Oil: Balance and Healing

Eucalyptus (Eucalyptus radiata) Essential Oil is a natural healer, offering clarity and balance. Its fresh, woody scent clears mental fog and helps you connect with your own healing powers.

#### <u>Spiritual Properties:</u>

- **Balance**: Centers and grounds your energy, helping you stay focused.
- Centering: Brings you back to your true self, aligning your mind and spirit.
- Concentration: Sharpens your focus and mental clarity.

#### Magical Properties:

- **Healing**: Encourages physical, emotional, and spiritual healing.
- Visions: Helps you connect with your higher self and receive divine messages.

Eucalyptus is an age-old healer, helping you tap into your own innate power to heal and grow. It brings a sense of clarity, lifting the fog and allowing you to see the path ahead.

# **Ritual Usage**

• Healing & Visions: Use Eucalyptus in an aroma lamp to promote healing and clarity, or add 8-10 drops to your bath for physical rejuvenation and spiritual insight.



# **Fennel Essential Oil:** *Clarity and Perseverance*

Fennel (Foeniculum vulgare) Essential Oil is a powerful cleanser of both body and spirit. It encourages perseverance, helping you push through obstacles with clarity and determination.

#### Spiritual Properties:

- **Clarity**: Clears mental fog and brings focus to your goals.
- Enlivenment: Fills your spirit with energy and enthusiasm.
- **Perseverance**: Encourages strength and resilience, especially during difficult times.

#### Magical Properties:

- **Healing**: Supports physical and spiritual healing.
- Protection: Shields your energy and protects your space.
- **Purification**: Cleanses negative energy from your aura and surroundings.

Fennel is a rejuvenating force, purifying your energy and bringing clarity when you feel stuck. It's perfect for those moments when you need to power through challenges with renewed strength.

# <u>Ritual Usage</u>

• **Protection & Healing**: Use Fennel in an aroma lamp to ward off negativity, or place it in a purification sachet to cleanse your space. Add to your bath for healing and clarity.

# **Frankincense Essential Oil:** Enlightenment and Spiritual Protection

Frankincense (Boswellia carterii) Essential Oil is a sacred scent, deeply rooted in spiritual traditions. Its earthy, resinous aroma has long been used for meditation and connecting to the divine. It's your go-to oil when you're seeking enlightenment and spiritual protection.

#### Spiritual Properties:

- **Enlightenment**: Opens you up to higher realms of consciousness.
- **Inspiration**: Sparks creative visions and spiritual insight.
- **Introspection**: Helps you dive deep into self-reflection and inner wisdom.

#### Magical Properties:

- Luck: Attracts good fortune and positive energy.
- **Protection**: Shields your spiritual energy from negative influences.
- Spirituality: Strengthens your connection to the divine.

Frankincense is one of the most revered oils for spiritual practices, helping you align with the divine order and tap into the wisdom of the ages. It's a powerful protector, keeping malevolent energies at bay while guiding you on your spiritual journey.

## **Ritual Usage**

- Meditation & Visions: Add 3-5 drops to an aroma lamp during meditation to deepen your spiritual connection. Burn it to invite higher wisdom and drive away negativity.
- Luck: Sprinkle a few drops into a sachet to bring luck and positive energy into your life.



# **Geranium Essential Oil:**

Comfort and Balance

Geranium (Pelargonium graveolens) Essential Oil is like a warm hug from Mother Earth. Its sweet, floral aroma brings comfort, balance, and healing to both body and soul. It's perfect for those moments when you need emotional reassurance and a sense of inner peace.

#### Spiritual Properties:

- Assurance: Brings a sense of safety and comfort to your spirit.
- **Balance**: Harmonizes emotions and energy, keeping you grounded.
- **Tranquility**: Creates a peaceful, calm environment for healing.

#### Magical Properties:

- Fertility: Encourages growth and new beginnings.
- Health: Promotes physical and emotional well-being.
- Love: Draws love and strengthens relationships.
- **Protection**: Safeguards your home and personal energy.

Geranium is a nurturing oil that resonates with feminine energy and Goddess culture. It helps heal emotional wounds, bringing your inner child the comfort it needs to feel safe and loved.

## **Ritual Usage**

• Fertility & Love: Add 8-10 drops to your bath to invite fertility and love into your life. Use it in a sachet or aroma lamp to bring balance and protection to your home.

# **Ginger Essential Oil:**

Courage and Optimism

Ginger (Zingiber officinale) Essential Oil is fiery and bold, like a burst of warmth on a cold day. It encourages courage, helping you break free from fear and hesitation. If you're feeling stuck or in need of a confidence boost, Ginger is the oil to light your way.

#### **Spiritual Properties**:

- **Courage**: Gives you the bravery to step out of your comfort zone.
- **Empathy**: Encourages understanding and compassion for others.
- Liberation: Frees you from fears and insecurities.
- **Optimism**: Lifts your spirits and brings a positive outlook.

#### Magical Properties:

- Abundance: Draws prosperity and success into your life.
- Healing: Supports emotional and physical healing.
- Love: Attracts love and strengthens romantic connections.
- **Success**: Brings good fortune and achievement in your endeavors.

Ginger is like a trusted friend, giving you the strength to move forward with confidence and optimism. It stirs up your inner fire, making it a great oil for manifesting success and abundance.

## Ritual Usage

• Abundance & Love: Use Ginger in a sachet to attract love or place a couple of drops in your wallet to draw abundance. Add to your bath or wear as a body perfume to ignite passion and courage.



# **Grapefruit Essential Oil:**

Joy and Upliftment

Grapefruit (Citrus paradisi) Essential Oil is like a splash of sunshine, instantly lifting your spirits and bringing a burst of joy. Its vibrant citrus aroma encourages spontaneity, playfulness, and a sense of freedom.

#### Spiritual Properties:

- Generosity: Opens your heart to give and receive freely.
- Joy: Fills your spirit with happiness and positivity.
- **Spontaneity**: Encourages you to embrace life's surprises.
- **Upliftment**: Lifts your mood and brightens your outlook on life.

#### Magical Properties:

- Attunement: Helps you tune into higher frequencies and spiritual guidance.
- **Cooperation**: Encourages harmony in relationships and group settings.

Grapefruit is a joyful, energizing oil that helps you reconnect with the simple pleasures of life. It's perfect for when you need a quick pick-me-up or want to bring more positivity into your day.

## <u>Ritual Usage</u>

• Upliftment & Attunement: Diffuse Grapefruit Essential Oil in your home to invite joy and spiritual clarity. Add 8-10 drops to your bath for an instant mood boost.

# Helichrysum Essential Oil: Awareness and Patience

Helichrysum (Helichrysum italicum) Essential Oil opens your heart and mind to the energies around you. It brings a sense of calm, helping you cultivate patience and understanding during difficult times.

#### Spiritual Properties:

- Awareness: Heightens your spiritual senses, making you more attuned to your surroundings.
- **Calm**: Soothes emotional pain and brings peace to a troubled heart.
- **Patience**: Encourages acceptance of life's challenges, helping you move through them with grace.

#### Magical Properties:

- **Creativity**: Sparks your imagination and helps you tap into your creative potential.
- **Intuition**: Strengthens your connection to your inner wisdom and spiritual guidance.

Helichrysum offers gentle healing for the heart and spirit. It reminds you that with patience, love, and awareness, you can overcome any obstacle.

## Ritual Usage

• **Creativity & Intuition**: Use Helichrysum in an aroma lamp near your workspace to enhance creativity. Add it to your bath for a calming, intuitive boost.



# Hyacinth Essential Oil:

Love and Protection

Hyacinth (Hyacinthus orientalis) Essential Oil is a sweet, delicate fragrance that offers protection and comfort to the soul. It's especially helpful when you're feeling vulnerable or overwhelmed by life's challenges.

#### **Spiritual Properties:**

- Happiness: Uplifts your spirit and brings joy to your heart.
- Love: Attracts love and enhances self-love.
- **Protection**: Shields you from negativity and emotional harm.

#### **Magical Properties:**

- Love: Strengthens romantic relationships and draws new love into your life.
- **Protection**: Wards off nightmares and negative influences.

Hyacinth is like a guardian angel, offering protection and love when you need it most. It's a comforting fragrance that encourages emotional healing and spiritual safety.

## <u>Ritual Usage</u>

• **Protection & Love**: Sprinkle a few drops on your pillow to protect against nightmares or add it to a love sachet to attract romantic energy. Use in an aroma lamp to fill your home with joy and protection.

# **Hyssop Essential Oil:**

Purification and Spiritual Awakening

Hyssop (Hyssopus officinalis) Essential Oil is a holy herb known for its purifying and cleansing properties. It helps clear away emotional baggage, encouraging spiritual awakening and unconditional love. When you need to release guilt or fear, Hyssop can guide you to clarity and balance.

#### **Spiritual Properties:**

- Awakening: Opens your heart and mind to spiritual truths.
- **Balance**: Harmonizes your energy, helping you align with the universe.
- **Encouragement**: Provides a sense of support and love from the spiritual realm.

#### Magical Properties:

- Cleansing: Removes emotional and spiritual impurities.
- Protection: Shields you from negative energy.
- **Purification**: Cleanses the body, mind, and spirit of lingering negativity.

Hyssop is often used in spiritual rituals to cleanse the soul and space of unclean energy. Its purifying properties make it perfect for starting fresh, both emotionally and spiritually.

# **Ritual Usage**

- **Purification**: Add 10-15 drops to your bath for a spiritual cleanse or use 3-5 drops in an aroma lamp to purify your space.
- **Cleansing Crystals**: Use 3-5 drops in a bowl of water to cleanse crystals, gems, and other sacred objects.
- **Protection**: Burn Hyssop Essential Oil in aroma lamps throughout your home to protect your space from negativity.



# Jasmine Essential Oil:

Love and Spiritual Insight

Jasmine (Jasminum officinale) Essential Oil is often associated with divine love and spiritual insight. Its sweet, floral fragrance invites the angelic realms close and stirs the emotions, helping you tap into your deepest desires. It's perfect for times when you need guidance or to open your heart to love.

#### **Spiritual Properties:**

- Anti-depressant: Lifts your mood and brings a sense of joy.
- Sedative: Calms your mind and body, promoting relaxation.
- Spiritual Insight: Connects you to higher realms of consciousness and understanding.

#### Magical Properties:

- **Dreams**: Enhances dream work and prophetic visions.
- Love: Attracts love, both spiritual and physical.
- Money: Draws wealth and prosperity.

Jasmine is a favorite among the angelic realms, often signaling their presence with its scent. It's the oil to use when you're looking for divine guidance or when you want to invite love into your life.

## **Ritual Usage**

- Love & Wealth: Wear Jasmine as a body perfume to attract love or rub a few drops on your hands to draw money and success.
- **Dream Work**: Add Jasmine to your bath before bed for prophetic dreams.

# Juniper Essential Oil:

Protection and Inner Vision

Juniper (Juniperus communis) Essential Oil clears the path between the physical and spiritual worlds, allowing for enlightenment and inner vision. Its clean, woody scent offers protection and purification, making it a great choice for those seeking clarity and healing.

#### **Spiritual Properties:**

- **Enlightenment**: Opens your spirit to divine wisdom and knowledge.
- **Inner Vision**: Clears mental fog and enhances spiritual insight.
- **Sincerity**: Promotes honesty and authenticity in thoughts and actions.

#### **Magical Properties:**

- **Health**: Supports healing and well-being.
- Love: Attracts love and strengthens relationships.
- **Protection**: Guards against negative energies.

Juniper is a powerful protector, especially when you're feeling vulnerable or under spiritual attack. Its purifying action clears away obstacles, leaving your spirit open to receive divine guidance.

# **Ritual Usage**

- **Protection & Cleansing**: Cleanse doorways and windows with Juniper Essential Oil or burn it in an aroma lamp to protect your home. Wear it as a body perfume to shield yourself from harm.
- Love & Healing: Add Juniper to a love sachet or bath to draw love or support healing.



# Lavender Essential Oil: Peace and Purification

Lavender (Lavandula angustifolia) Essential Oil is a classic scent known for its calming and nurturing effects. It brings a deep sense of peace, lifting you out of depression and anxiety while harmonizing the spirit. If you need emotional balance and spiritual clarity, Lavender is the perfect companion.

#### **Spiritual Properties:**

- **Restorative**: Helps heal emotional wounds and restore balance to the spirit.
- **Calming**: Eases stress and tension, promoting inner peace.

#### **Magical Properties:**

- Happiness: Invites joy and positive energy into your life.
- Love: Attracts love and deepens emotional connections.
- **Peace**: Brings a sense of calm to your space and soul.
- **Protection**: Shields your energy and space from negativity.
- **Purification**: Cleanses the body, mind, and spirit.

Lavender is often considered a "universal healer," capable of addressing a wide range of emotional and spiritual needs. It brings a soft, comforting energy that soothes the soul and creates harmony.

## <u>Ritual Usage</u>

- Sleep & Love: Place a few drops on your pillow for a restful night's sleep or wear as a body perfume to attract love.
- **Purification**: Use Lavender in an aroma lamp to cleanse and protect your home.

# <u>Lemon Essential Oil:</u> Clarity and Spiritual Cleansing

Lemon (Citrus limonum) Essential Oil is like a burst of sunshine, bringing clarity, rejuvenation, and positivity to your spiritual practice. It's a natural cleanser, clearing away negative energies and opening your mind to new opportunities and insights.

#### **Spiritual Properties:**

- Awareness: Sharpens your mental focus and spiritual awareness.
- **Clarity**: Helps you see situations clearly, without emotional fog.
- **Rejuvenation**: Refreshes your spirit and fills you with positive energy.

#### **Magical Properties:**

• **Purification**: Cleanses spaces, objects, and your aura of negativity.

Lemon is often used for spiritual cleansing, making it ideal for rituals involving purification and renewal. Its vibrant energy brings freshness and positivity to your environment, helping you start anew.

## **Ritual Usage**

• Cleansing & Purification: Mix 6-8 drops with water and use to cleanse amulets, crystals, or any sacred object. Add a few drops to an oil burner to clear negative energy from your home.



## **Lemongrass Essential Oil:**

Balance and Psychic Protection

Lemongrass (Cymbopogon citratus) Essential Oil helps bring balance and calm, teaching us the power of forgiveness and helping us let go of emotional baggage. It's an uplifting scent that promotes harmony and psychic protection.

#### Spiritual Properties:

- **Balance**: Helps you stay grounded and centered.
- Calm: Promotes inner peace and emotional stability.
- Uplifting: Elevates your mood and lifts your spirit.

#### Magical Properties:

- Love: Attracts love and strengthens emotional bonds.
- **Psychic**: Enhances intuition and psychic abilities.
- **Repels Negativity**: Protects against negative energy and influences.

Lemongrass is great for clearing your space of negativity and making way for love and positive energy. It also strengthens your psychic abilities, making it a perfect oil for those working on their intuition or spiritual growth.

#### <u>Ritual Usage</u>

• Love & Psychic Power: Use in an aroma lamp or sprinkle throughout your home to attract love and repel negativity. Add to your bath to develop your psychic powers.

# Lime Essential Oil:

Invigorating and Uplifting

Lime (Citrus aurantiifolia) Essential Oil is all about vibrancy and energy. Its bright, zesty scent will jolt you into action when you're feeling sluggish or uninspired. Lime is all about cutting through the noise and getting you back on track with its intense and invigorating aroma.

#### **Spiritual Properties**:

- **Clarity**: Sharpens the mind, clearing away confusion.
- Vitality: Brings a burst of energy to both body and spirit.
- **Positivity**: Encourages an optimistic and enthusiastic outlook.

#### Feminine Energies:

- **Bold**: It's intense, confident, and never subtle. Lime gets things moving quickly.
- **Energetic**: Gets you out of a rut, pushing you to embrace life's challenges with vigor.

Lime is a no-nonsense oil—it's loud, proud, and demands attention. Use it when you need to shake off lethargy and get things done!

## **Ritual Usage**

• Action and Focus: Add a few drops to your bath or diffuser when you need to supercharge your energy and sharpen your mind.



# Linden Blossom Essential Oil:

A Soothing Balm for the Soul

Linden Blossom (Tilia cordata) Essential Oil brings peace and comfort, especially when life feels overwhelming. Its soft, sweet scent helps open the heart to love and inner happiness, encouraging deep relaxation and harmony.

#### **Spiritual Properties:**

- **Peace**: Brings tranquility and helps release emotional blocks.
- Love: Opens the heart to self-love and universal love.
- Happiness: Encourages a sense of inner contentment and joy.

#### Magical Properties:

- Love: Boosts love spells and love energy.
- Luck: Attracts good fortune when worn or used in rituals.
- **Protection:** Shields your energy and space from negativity.

Linden Blossom Essential Oil is connected with angelic energies, bringing peace and contentment that only the divine realms can offer. It's perfect for when you're feeling lost or disconnected from your spiritual path.

# **Ritual Usage**

• Love & Luck: Sprinkle a drop on a lucky charm or wear as a body perfume to invite love and good fortune into your life. Add 3-5 drops to a diffuser for protection and peace.

# Mandarin Essential Oil: Awakening the Inner Child

Mandarin (Citrus reticulata) Essential Oil gently awakens your spirit with its fresh, sweet scent. It's uplifting, playful, and helps you connect to your inner child, bringing joy and vitality back into your life.

#### **Spiritual Properties**:

- **Calming**: Soothes the soul, especially when you're feeling anxious.
- **Uplifting**: Brings joy and lightness to the heart.
- **Innocence**: Helps reconnect you to the pure, childlike aspects of yourself.

#### Magical Properties:

- Awakening: Gently stirs the soul to awaken to new possibilities.
- Inspiration: Sparks creativity and enthusiasm.

Mandarin Essential Oil is perfect for times when you need to find your light again. It reconnects you with the simplicity and joy of life, encouraging a playful, spontaneous energy.

# **Ritual Usage**

• Awakening & Inspiration: Wear as a body perfume or diffuse in your space when you need to tap into your creative energy or lighten your mood.



# Melissa (Lemon Balm) Essential Oil:

A Gentle Gift from the Heavens

Melissa (Melissa officinalis), also known as Lemon Balm, is a precious and gentle essential oil that vibrates with a high spiritual frequency. It brings peace, calm, and a sense of progress on your spiritual journey. Melissa guides you gently through life's lessons, helping you connect with divine wisdom.

#### **Spiritual Properties:**

- Gentleness: Encourages a calm, peaceful demeanor.
- **Peace:** Brings tranquility and contentment to your spirit.
- **Progress:** Assists in spiritual growth and understanding past life lessons.

#### **Magical Properties:**

- Love: Attracts love and helps foster deep connections.
- Healing: Supports emotional and physical healing.
- Success: Helps manifest success in your endeavors.

Melissa Essential Oil is known for its ability to calm a troubled soul, helping you find peace even in difficult times. It's a powerful healer, both spiritually and emotionally, guiding you through life's challenges with grace.

# <u>Ritual Usage</u>

• Love & Healing: Use in your bath, an aroma lamp, or wear as a body perfume to draw love and promote healing. It's also perfect for setting intentions around success.

# Mimosa Essential Oil:

Calm and Dreamy Protection

Mimosa (Acacia dealbata) Essential Oil brings deep relaxation, calming your mind and body. Its soft, soothing scent is ideal for bedtime rituals and helps you enter a dream state where you can connect with angelic realms. If stress is keeping you up at night, Mimosa is the perfect oil to invite restful sleep.

#### Spiritual Properties:

- **Calm**: Relaxes the mind and body, relieving stress.
- Anti-Stress: Eases tension, making it easier to let go of worries.
- **Dreamy**: Encourages peaceful sleep and dream work.

#### Magical Properties:

- Love: Attracts love and deepens self-love.
- **Protection**: Protects your home and personal energy.
- **Purification**: Cleanses your space and spirit.

Mimosa is the go-to essential oil for relaxation and protection. It helps you unwind at the end of the day and invites the angels to watch over you while you sleep.

# Ritual Usage

• Love & Relaxation: Add to your bath or wear as a body perfume to attract love and calm your spirit. Use in aroma lamps around your home for protection and peaceful dreams.



# **Myrrh Essential Oil:**

# Healing and Spiritual Acceptance

Myrrh (Commiphora myrrha) Essential Oil has a long history as a sacred oil used for healing and spiritual work. Its grounding, earthy scent helps with acceptance, forgiveness, and moving forward in life. When emotional wounds need to be healed, Myrrh is the oil to reach for.

#### Spiritual Properties:

- Acceptance: Helps you let go of the past and embrace forgiveness.
- Calm: Brings peace to the body, mind, and spirit.
- **Spiritual Growth**: Assists in spiritual understanding and healing.

#### Magical Properties:

- Healing: Supports emotional and physical healing.
- **Protection**: Guards your energy and space from negative influences.
- **Spirituality**: Connects you to higher spiritual realms and guides.

Myrrh's deeply healing energy makes it ideal for times when you're struggling to let go of emotional pain or grief. Its nurturing properties help soothe the spirit, bringing calm and peace.

# <u>Ritual Usage</u>

• Healing & Protection: Use in an aroma lamp, diffuser, or oil burner for protection and healing. Add 3-5 drops around doors and windows to protect your home.

# Myrtle Essential Oil:

# Forgiveness and Upliftment

Myrtle (Myrtus communis) Essential Oil is all about forgiveness and embracing the bigger picture of our spiritual journey. It helps us accept that life is a preparation for something much greater. Myrtle brings the peace and upliftment that comes from knowing we are all part of a divine plan.

#### Spiritual Properties:

- Acceptance: Helps you come to terms with your path in life.
- **Forgiveness**: Encourages self-forgiveness and helps release guilt.
- Upliftment: Brings a sense of peace and divine love.

#### Magical Properties:

- **Fertility**: Helps attract fertility energy.
- Love: Encourages self-love and helps draw love into your life.
- **Peace**: Promotes harmony in your surroundings.

Myrtle Essential Oil's gentle, soothing energy is perfect for when you need to heal emotional wounds and find peace in your soul. It brings a comforting vibration that wraps you in love and understanding.

# <u>Ritual Usage</u>

• Fertility & Love: Wear as a body perfume or add to sachets to bring fertility and love into your life. Use in an aroma lamp to invite peace and harmony into your home.



# Narcissus Essential Oil:

A Gateway to Inspiration

Narcissus (Narcissus poeticus) Essential Oil is a fragrant key to creativity and inner vision. Its intoxicating scent allows you to explore the realms of inspiration, sparking creativity that goes beyond the ordinary. If you're feeling blocked, Narcissus can help bring a wave of fresh ideas and spiritual insight.

#### **Spiritual Properties:**

- Creativity: Unlocks the imagination and invites new ideas.
- Inner Vision: Encourages deep introspection and spiritual connection.
- **Inspiration**: Sparks new ideas and spiritual breakthroughs.

Narcissus is a true guide for anyone seeking a deeper connection with their creative self. It helps to dissolve creative blocks, opening the way to new insights and profound spiritual experiences.

## **Ritual Usage**

• **Creativity & Inspiration**: Use Narcissus in an aroma lamp or as a body perfume to boost creativity. It's perfect for meditative practices when you're looking for fresh inspiration.

# Neroli Essential Oil:

### Pure Joy and Peace

Neroli (Citrus vulgaris) Essential Oil is like a fragrant hug from the angels. Its sweet and uplifting scent brings joy to the soul and peace to the heart. It's the oil to use when you need to heal emotional wounds or find calm amidst chaos.

#### Spiritual Properties:

- Calm: Soothes the soul and relieves stress.
- Joy: Brings light and happiness into dark times.
- **Peace**: Helps heal emotional rifts and fosters a sense of inner tranquility.

#### Magical Properties:

- Money: Attracts wealth and abundance.
- Success: Boosts success in your endeavors.

Neroli is perfect for times when you feel lost or disconnected. It gently lifts your spirits and reconnects you with your higher self. It also carries strong vibrations of success and abundance, helping to draw good fortune into your life.

# <u>Ritual Usage</u>

• Attract Money & Success: Add a few drops to your wallet, purse, or hands to bring wealth and success. Use in an aroma lamp for peace and calm.



# Niaouli Essential Oil: Invigorating Spiritual Protection

Niaouli (Melaleuca viridiflora) Essential Oil is an invigorating and stimulating fragrance that helps you clear away negative energy and connect with the divine consciousness. It's an excellent oil for meditation and spiritual protection.

#### Spiritual Properties:

- Invigoration: Stimulates the mind, body, and spirit.
- **Connection**: Bridges the gap between the self and higher consciousness.

#### Magical Properties:

• **Protection**: Shields you from psychic attacks and negative energy.

Niaouli Essential Oil is a powerful ally for those who need to cleanse their space and protect themselves from negative influences. Its invigorating scent brings clarity and focus, making it perfect for spiritual work.

# **Ritual Usage**

• Spiritual Protection: Use in an aroma lamp or wear as a body perfume during meditation to protect your energy and keep negative forces at bay.

# Nutmeg Essential Oil: Comfort and Peace

Nutmeg (Myristica fragrans) offers a warm, comforting scent that brings peace to a weary soul. It's perfect for when life feels overwhelming, and you need to reconnect with your spiritual core.

#### **Spiritual Properties:**

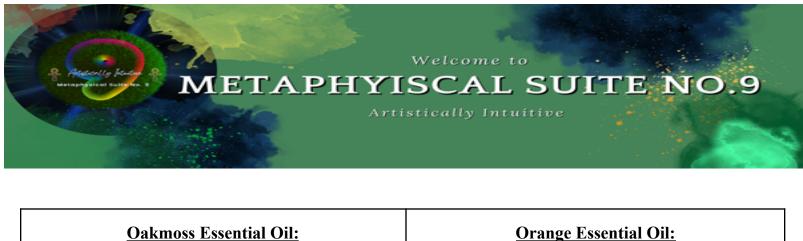
- **Calm:** Brings a sense of inner peace and relaxation.
- **Comfort:** Helps you feel grounded and safe during difficult times.
- **Peace:** Assists in calming emotional storms and finding balance.

#### **Magical Properties:**

- **Health:** Used in healing rituals to ward off illness and promote well-being.
- Luck: Attracts positive energy and fortune.
- Money: Boosts prosperity spells and rituals.

Nutmeg Essential Oil helps reconnect you with higher realms when you're feeling down. It's also a protective oil that wards off negativity and assists in clearing emotional debris from the past.

**Ritual Usage:** Wear Nutmeg Essential Oil as a body perfume to draw luck, or anoint green candles with it to bring in money. You can also add a few drops to your bath or a massage oil blend to promote healing and ward off illness.



# Grounded and Uplifting

Oakmoss (Evernia prunastri) is a grounding oil that helps you stay connected to the earth while uplifting your spirit. It's the perfect oil to use when you're seeking a deeper connection with nature and the physical world.

#### **Spiritual Properties:**

- Calming: Brings a sense of inner peace and serenity.
- Cooling: Eases heated emotions and soothes the spirit.
- Uplifting: Helps lift your mood and energy when you're feeling low.

Although Oakmoss Essential Oil has no widely known magical properties, its spiritual energy is one of calm and balance. It reminds us to stay grounded while also embracing the beauty of life around us.

Ritual Usage: Use Oakmoss Essential Oil in meditation to help ground yourself and reconnect with nature. Its soothing energy is perfect for moments of introspection and balance.

# **Orange Essential Oil:**

### Creativity and Joy

Orange (Citrus sinensis) is a bright, joyful oil that brings happiness and light into your life. Its sweet, citrus scent is perfect for boosting creativity and bringing a playful, lighthearted energy to your day.

#### **Spiritual Properties:**

- Creativity: Inspires creative thinking and artistic expression.
- Lightheartedness: Encourages a playful, carefree spirit.
- Positivity: Uplifts the mood and brings in positive energy.

#### **Magical Properties:**

- Divination: Enhances intuition and spiritual insight.
- Love: Attracts loving energy into your life.
- Luck: Draws positive opportunities and good fortune.
- Money: Used in prosperity spells to attract wealth and abundance.

Orange Essential Oil is like a burst of sunshine in a bottle. It lifts the spirits, clears away negative energy, and helps open your heart to joy and creativity.

**Ritual Usage:** Use Orange Essential Oil in an aroma lamp to bring love and luck into your home, or add a few drops to your bath to draw love into your life. Wearing it as a body perfume will also attract luck and wealth.

# METAPHYISCAL SUITE NO.9

Artistically Intuitive

# Palmarosa Essential Oil:

Gentle Enthusiasm and Healing

Palmarosa (Cymbopogan martinii) is a sweet, floral oil that awakens a gentle enthusiasm for life. It helps you find direction and purpose while encouraging self-love and healing.

# **Spiritual Properties:**

- Enthusiasm: Awakens a gentle passion for life and its beauty.
- Loyalty: Promotes self-love and loyalty to one's own values and desires.

# **Magical Properties:**

- **Healing:** Encourages emotional and physical healing.
- Love: Helps open the heart to love and compassion.

Palmarosa Essential Oil brings a warm, comforting energy, reminding you to be kind to yourself and create space for love and growth.

**<u>Ritual Usage</u>**: Use Palmarosa Essential Oil in a diffuser or aroma lamp to heal emotional wounds, or blend it with a carrier oil to wear as a body perfume for love. You can also use it in love sachets to draw compassion and affection into your life.

# **Parsley Essential Oil:**

Purification and Protection

Parsley (Petroselinum sativum) may seem humble, but its essential oil has powerful purifying and protective properties. It's perfect for clearing out negative energy and creating a safe, sacred space.

# **Spiritual Properties:**

• **Purification:** Cleanses the body, mind, and spirit of negative energy.

# **Magical Properties:**

• **Protection:** Shields you from harm and negativity.

Parsley Essential Oil is a great choice for purification baths and protective rituals, helping to create a safe and positive environment.

**<u>Ritual Usage:</u>** Add 10-15 drops of Parsley Essential Oil to your bath for a deep purification ritual. Wear it as a body perfume for protection throughout the day, or use it in an aroma lamp to protect your home from negativity.



# Patchouli Essential Oil:

Earthy and Sensual

Patchouli (Pogostemon cablin) is an earthy, grounding oil that connects you to the sacredness of life. Its deep, rich scent encourages action and helps you stay present in the moment.

#### **Spiritual Properties:**

- Astuteness: Brings clarity and sharpens your perception of life.
- **Reasonableness:** Helps you see situations with wisdom and insight.
- Stimulation: Energizes and motivates you to take action.

#### **Magical Properties:**

- **Fertility:** Promotes growth and abundance, both spiritually and physically.
- Lust: Enhances passion and sensuality.
- Money: Attracts financial prosperity.

Patchouli Essential Oil is a favorite for love and fertility spells, as well as drawing money and abundance. It's an oil of action, reminding you that growth and success come when you put in the effort.

**<u>Ritual Usage</u>:** Sprinkle Patchouli Essential Oil on your money or wallet to attract wealth, or anoint green candles to draw prosperity. Use it in love sachets or baths to enhance fertility and passion.

# **Peppermint Essential Oil:**

Vibrant and Refreshing

Peppermint (Mentha piperita) is a powerful, refreshing oil that brings clarity and vibrancy to your spirit. It's energizing and cooling, making it perfect for clearing the mind and sharpening your focus.

#### **Spiritual Properties:**

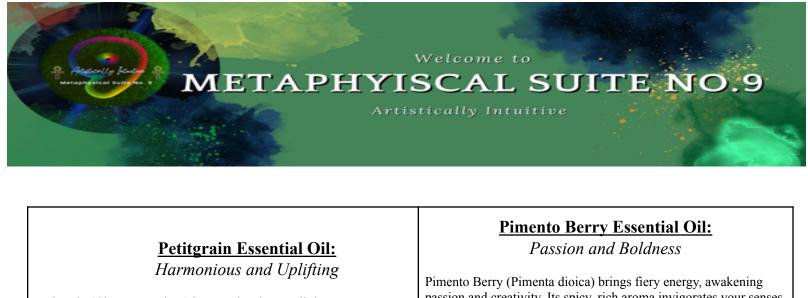
- Concentration: Increases mental clarity and focus.
- Regeneration: Refreshes and renews your spirit.
- Vibrancy: Invigorates your energy and brings life back to your day.

#### Magical Properties:

- Healing: Used in healing spells and rituals.
- Love: Excites loving energy and passion.
- **Purification:** Cleanses negative energy from your space.

Peppermint Essential Oil is a great way to clear stagnant energy and bring a fresh, vibrant feeling to your life. It's strong, purifying, and uplifting.

**<u>Ritual Usage:</u>** Add Peppermint Essential Oil to your bath or wear it as a body perfume to draw love and excitement into your life. Use it in dream sachets under your pillow for vivid, insightful dreams, or as a house cleanser to clear away negativity.



Petitgrain (Citrus aurantium) is a gentle, citrusy oil that encourages harmony and joy. It's perfect for restoring inner peace and boosting vour self-confidence.

#### **Spiritual Properties:**

- Harmony: Balances the spirit and the mind.
- Joy: Uplifts the mood and brings happiness.
- Self-Confidence: Helps you embrace your personal truth and feel empowered.

#### **Magical Properties:**

- Protection: Shields you from dark thoughts and negativity.
- Refreshment: Revitalizes your energy when you're feeling drained.

Petitgrain Essential Oil brings a delicate, refreshing energy that renews your optimism and helps you reconnect with your higher self.

Ritual Usage: Wear Petitgrain Essential Oil as a body perfume to restore your confidence, or use it in an aroma lamp to refresh your energy and protect your home from negativity.

passion and creativity. Its spicy, rich aroma invigorates your senses and adds a bold spark to your energy.

#### **Feminine Energies:**

- Spicy Passion: Unleashes physical energy and creative potential.
- Vivid Boldness: Encourages wild expression and vivid experiences.

Pimento Berry Essential Oil is all about stirring up excitement and adventure, making it perfect for times when you want to fully embrace life's colorful moments.

**<u>Ritual Usage</u>**: Use this oil in moments of celebration or during any creative pursuits. Add a few drops to your bath for an energizing boost, or wear it as a body perfume when you need a bold, confidence-boosting push.



# METAPHYISCAL SUITE NO.9

Artistically Intuitive

# **<u>Pine Essential Oil:</u>** Simplicity and Direction

Pine (Pinus sylvestris) is a clean, fresh oil that brings clarity, direction, and mindfulness. It connects you with the natural world and helps you embrace a simpler, more grounded existence.

#### **Spiritual Properties:**

- Direction: Guides you toward clarity and purpose.
- **Humbleness:** Encourages gratitude and appreciation for the simple things.
- Mindfulness: Helps you stay present and focused.
- Simplicity: Clears away the mental clutter and fosters balance.

#### **Magical Properties:**

- Fertility: Enhances growth and abundance.
- Healing: Supports physical and emotional healing.
- Money: Attracts prosperity and financial stability.
- **Protection:** Guards against negative influences.

Pine Essential Oil brings in the angels of nature, helping you stay connected to the Earth's wisdom while inviting healing and protection into your space.

**<u>Ritual Usage:</u>** Use Pine Essential Oil in an oil burner to purify your space or add it to a fertility sachet to promote growth. Its fresh energy is perfect for healing rituals, grounding exercises, or even money-drawing spells.

# **Rosemary Essential Oil:** *Clarity and Upliftment*

Rosemary (Rosmarinus officinalis) is a strong, herbaceous scent that clears the mind and brings a sense of clarity and upliftment. It connects the spiritual and physical realms, helping you access higher knowledge and understanding.

#### **Spiritual Properties:**

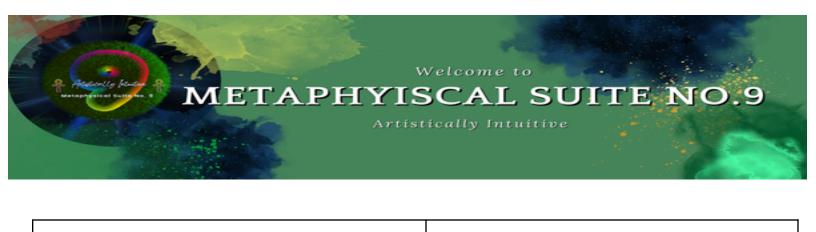
- **Clarity:** Sharpens your mind and spirit, helping you see clearly.
- **Energy:** Uplifts the soul, giving you a renewed sense of vitality.
- **Upliftment:** Elevates your spirit and brings joy and optimism.

#### **Magical Properties:**

- **Healing:** Used in spells and rituals for physical and spiritual healing.
- Love: Attracts loving energy and enhances relationships.
- **Protection:** Guards against negative influences.
- **Purification:** Cleanses and clears both the physical and spiritual space.

Rosemary Essential Oil is known for its powerful protective qualities. It not only shields you from negativity but also helps you reconnect with your spiritual self, enhancing both your physical and mental well-being.

**<u>Ritual Usage</u>:** Use Rosemary Essential Oil in an oil burner to raise the vibrations in your space or add it to your bath for healing. Wear it as a body perfume to attract love and protection, or place a sachet with a few drops under your pillow for clarity and restful sleep.



<b>Rose Otto Essential Oil:</b>	<u>Sage Essential Oil:</u>
Unconditional Love and Balance	Courage and Wisdom
Rose Otto (Rosa damascena) is the ultimate symbol of unconditional love, bringing harmony, balance, and healing to the soul. Its soft, floral scent wraps you in a blanket of comfort and understanding.	Sage (Salvia officinalis) is a sacred oil known for its purifying and protective qualities. It brings courage and wisdom to those who seek it, helping to clear away confusion and negativity.
Spiritual Properties:	Spiritual Properties:
<ul> <li>Contentment: Fills your heart with peace and joy.</li> <li>Happiness: Brings emotional harmony and bliss.</li> <li>Patience: Helps you cultivate kindness and patience toward yourself and others.</li> </ul>	<ul> <li>Courage: Strengthens the spirit in times of difficulty.</li> <li>Grounding: Helps you stay connected to your purpose.</li> <li>Perseverance: Gives you the resilience to keep going.</li> </ul> Magical Properties:
<ul> <li>Magical Properties:</li> <li>Healing: Heals emotional wounds and supports deep spiritual growth.</li> </ul>	<ul> <li>Longevity: Promotes health and long life.</li> <li>Protection: Shields against negative forces.</li> <li>Wisdom: Encourages the flow of spiritual knowledge and understanding.</li> </ul>
<ul> <li>Love: Draws love into your life and strengthens relationships.</li> <li>Protection: Shields the heart and spirit from negativity.</li> </ul>	Sage Essential Oil has long been used in sacred rituals for purification, bringing the energy of celestial beings closer to aid in spiritual growth.
<ul> <li>Rose Otto Essential Oil is considered one of the most sacred oils, often associated with angels and divine love. It helps open the heart to forgiveness, healing, and understanding.</li> <li><u>Ritual Usage</u>: Add Rose Otto to a bath to nurture your heart or use it as a perfume to attract love. Mix it with lavender or frankincense for a powerful blend of spiritual protection and healing energy.</li> </ul>	<b><u>Ritual Usage</u></b> : Use Sage Essential Oil in a diffuser to cleanse your space or wear it as a body perfume for protection and wisdom. Add it to your bath to clear away negative energies or burn it in an oil burner to promote healing and longevity.



# Welcome to METAPHYISCAL SUITE NO.9

Artistically Intuitive

Sandalwood Essential Oil:	<b>Tea Tree Essential Oil:</b>
Harmony and Serenity	Strength and Protection
Sandalwood (Santalum album) is a deeply spiritual oil that brings	Tea Tree (Melaleuca alternifolia) is a powerful medicinal oil that
serenity and unity to the spirit. It's perfect for meditation, grounding,	strengthens both the body and spirit. It's often used for its healing
and connecting with higher realms.	properties, making it a go-to for spiritual resilience and protection.
<ul> <li>Spiritual Properties:</li> <li>Harmony: Balances the spirit, mind, and body.</li> <li>Peace: Promotes deep inner peace and tranquility.</li> <li>Serenity: Encourages a calm, meditative state.</li> <li>Unity: Helps you feel connected to the universe and all living things.</li> </ul> Magical Properties: <ul> <li>Healing: Supports physical, emotional, and spiritual healing.</li> <li>Protection: Shields against negative energies and harmful influences.</li> <li>Spirituality: Assists in connecting with higher realms during rituals and meditation.</li> </ul> Sandalwood Essential Oil is ideal for deepening your spiritual practice, offering peace, balance, and protection along your journey. Ritual Usage: Mix Sandalwood with lavender for healing and protection, or combine it with frankincense for spiritual growth. Use it in your full moon rituals or during meditation to connect with higher consciousness and experience deep serenity.	<ul> <li>Spiritual Properties:</li> <li>Medicinal: Provides healing energy for body, mind, and spirit.</li> <li>Strength: Builds inner and outer strength, helping you overcome challenges.</li> <li>Magical Properties: <ul> <li>Strength: Enhances resilience and endurance in difficult times.</li> </ul> </li> <li>Tea Tree Essential Oil is known for its ability to protect and heal, especially when used during times of physical or emotional illness.</li> <li>Ritual Usage: Add Tea Tree Essential Oil to any talisman or amulet for added strength and protection. You can also use it in healing baths or massage oils to promote physical recovery and spiritual resilience.</li> </ul>



# METAPHYISCAL SUITE NO.9

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# Thyme Essential Oil: Support and Balance

Thyme (Thymus vulgaris) brings the fire of courage and strength to your spiritual journey. It helps reveal truths and balance your energy, offering support when you're feeling lost or overwhelmed.

#### **Spiritual Properties:**

- Balance: Brings harmony between mind, body, and spirit.
- **Courage:** Provides the strength needed to face difficult truths.
- **Support:** Offers spiritual support when you need it most.

#### **Magical Properties:**

- Healing: Promotes both physical and emotional healing.
- Love: Attracts love and deepens emotional connections.
- **Purification:** Cleanses negative energy from your space and self.

Thyme Essential Oil is a grounding, protective force that can help you overcome fears and connect with divine wisdom.

**Ritual Usage:** Add Thyme Essential Oil to your bath for cleansing and purification or wear it as a body perfume to attract love and healing. It's also perfect for dream work—place a sachet with thyme under your pillow to receive insights and messages from the spirit world.

# **Tuberose Essential Oil:** *Motivation and Sensitivity*

Tuberose (Polianthes tuberosa) embodies forgiveness and self-love. It reconnects you with your spirit, helping you rediscover your passions and hopes after life's hardships.

#### **Spiritual Properties:**

- Enthusiasm: Awakens motivation and the drive to move forward.
- Sensitivity: Encourages emotional healing and empathy.

Tuberose Essential Oil helps you reconnect with your inner self, offering gentle support during times of depression or loss of direction.

**<u>Ritual Usage:</u>** Wear Tuberose Essential Oil as a body perfume to reignite your passion and motivation. Its energy helps lift your spirit, guiding you toward healing and self-love.



# METAPHYISCAL SUITE NO.9

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# Verbena Essential Oil:

Harmony and Balance

Verbena (Lippia citriodora) is all about bringing your mind and spirit into harmony. It gently opens the door to higher spiritual realms, allowing you to connect more deeply with your inner self.

#### Spiritual Properties:

- Harmony: Brings a sense of peace and balance.
- Spiritual Connection: Helps attune you to your higher self.

Verbena Essential Oil is a subtle but powerful ally when it comes to finding harmony in your life. Its energy is calming, helping you focus and align with your spiritual purpose.

**Ritual Usage:** Use Verbena in an oil burner or diffuser to create a peaceful atmosphere during meditation. It's also great for balancing rituals where you need to reconnect with your inner peace and purpose.

# <u>Vetivert Essential Oil:</u> Grounding and Protection

Vetivert (Vetiveria zizanioides) is deeply calming and grounding. Its earthy scent helps you stay centered and protected, especially during challenging times.

#### Spiritual Properties:

- Honor: Encourages respect for yourself and others.
- Self-Esteem: Boosts confidence and self-worth.
- Wisdom: Guides you toward thoughtful, wise decisions.

#### **Magical Properties:**

- **Grounding:** Keeps you stable and rooted in times of uncertainty.
- **Protection:** Shields against negative energies and influences.

Vetivert Essential Oil is a fantastic tool for grounding, particularly when you need to feel safe and centered. It's perfect for moments when you need to take a step back, reflect, and stay focused.

**Ritual Usage:** Use Vetivert in a diffuser to create a protective atmosphere in your home, or add a few drops to your bath to feel grounded and connected. It's also great for money-drawing spells or protection rituals—just a little dab on your wallet or around your home can make a big difference.



# Welcome to METAPHYISCAL SUITE NO.9

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# **Violet Leaf Essential Oil:** *Mystery and Realization*

Violet Leaf Essential Oil is all about going deep—diving into the unknown and discovering your true potential. It brings out the mystery and subtlety in life, helping you uncover your hidden strengths.

#### Feminine Energies:

- **Mysterious:** Connects you with the unknown and unseen forces.
- **Realization:** Helps you realize your full potential and inner wisdom.

Violet Leaf Essential Oil is seductive and introspective, making it perfect for moments when you need to connect with your inner self or explore hidden aspects of your personality.

**<u>Ritual Usage:</u>** Wear Violet Leaf Essential Oil as a body perfume to enhance your aura of mystery and allure. It's also great for meditative practices, helping you delve into the deeper layers of your consciousness.

# White Thyme Essential Oil: Alertness and Strength

White Thyme (Thymus zygis) is a powerful oil that brings balance and clarity to your mind and spirit. It's known for its strength-giving properties, helping you stay focused and alert when you need it most.

#### **Spiritual Properties:**

- Alertness: Sharpens your mind and enhances mental clarity.
- **Balance:** Brings harmony and stability to your life.
- Tolerance: Encourages understanding and patience.

#### **Magical Properties:**

- Healing: Promotes health and well-being.
- Purification: Cleanses and purifies your space and spirit.

White Thyme Essential Oil is perfect for clearing out negative energy and inviting in fresh, positive vibes. It's a great companion for healing work, helping you find clarity and balance in your daily life.

**Ritual Usage:** Add White Thyme to your bath for a cleansing, healing ritual, or use it in a diffuser to purify your space. It's especially effective in spring cleaning rituals, where you're ready to sweep away the old and invite in the new.