

# ALLERGY & ASTHMA SPECIALISTS

WILLIAM R. LUMRY, M.D. J. BRETT WEST, M.D.  
BOARD CERTIFIED: AMERICAN BOARD OF ALLERGY AND IMMUNOLOGY

10100 NORTH CENTRAL EXPRESSWAY SUITE 100  
DALLAS, TEXAS 75231

PHONE: (214) 373-7374 FAX (214) 373-7003

INFO@ALLERGY SPECIALISTS.US WWW.ALLERGY SPECIALISTS.US

**Welcome to our practice!** To make your first appointment as efficient and as useful to you as possible please complete the enclosed New Patient Registration Forms and Allergy Questionnaire prior to arriving. Please bring these forms along with any medical records pertinent to your medical condition with you to your appointment.

Please arrive 15 minutes prior to your scheduled appointment so that we may review this information and set up your chart. If you are seeing us for an asthma or a nasal allergy/sinus problem, please **stop any antihistamine containing allergy medications and other antihistamine containing medications** such as over the counter sleeping aids (Tylenol PM, Sominex, Unisom) and antidepressants (Elavil, Sinequan, Seroquel, Remeron) **three (3) full days before** your appointment so we can test your allergies if this is necessary. Please call if you have a question about your medications.

Please bring your insurance card and information and referral authorization from your regular physician if required by your health plan to your visit. If you are not sure if you need a preauthorization from your health plan, please check with your employee benefits manager, your insurance company or your regular doctor's office. We will need all of this information at the time of your appointment so that your insurance carrier can be properly billed and you can get maximum benefit from your medical insurance.

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The office is located at 10100 North Central Expressway in Suite 100. It is in a six story white stone and green/gray glass building located the northeast corner of La Sierra Drive and the North Central Expressway (Highway 75) northbound frontage road. The office entrances are on the east or west side of the building. Suite 100 is to the left as you enter the building from the front (west side). Parking is available along the front and back of the building as well as on adjacent streets.

La Sierra Drive is two blocks north of Walnut Hill Lane to the right off the North Central Expressway northbound frontage road. We are one long block west and one block north of the Walnut Hill and Manderville DART station and on Bus Route 502 at: US 75 - at - Blair stop.

Please refer to the map attached or the Google map link in the email. Call us if you have any questions.

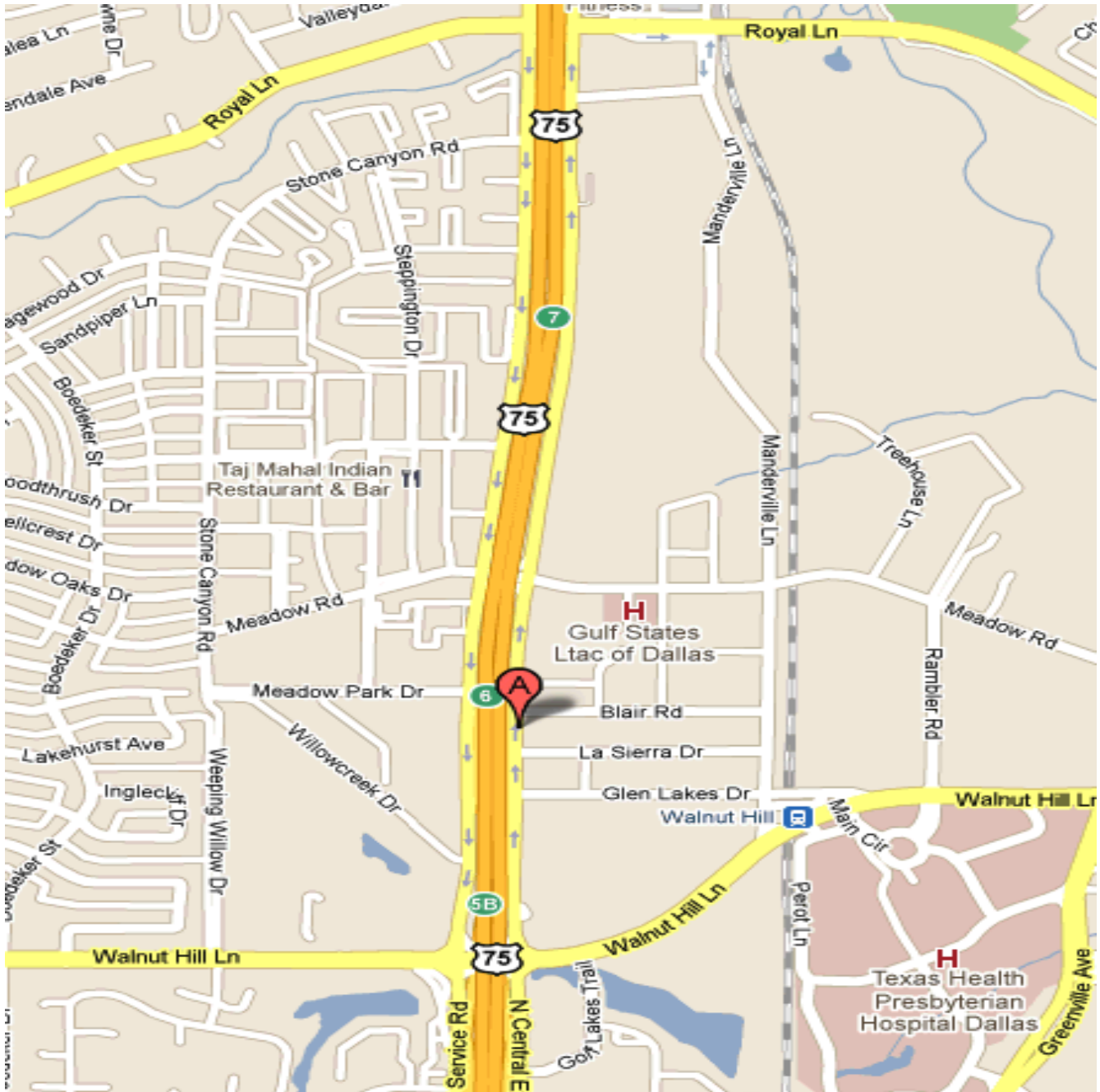
If you have questions about directions or appointments, please call (214) 373-7374 for assistance. You do not need to mail, email or fax this information back to us, please bring it with you to your appointment with any pertinent medical records and xrays.

If for some reason you are not able to keep your appointment, please call 48 hours in advance so we can reschedule your visit and use your appointment time for another patient.

**Thank you for your confidence in our practice. We look forward to helping you with your allergy or asthma-related problems.**

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**William R. Lumry, M.D.  
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Kimberly Poarch, PA-C**

**ALLERGY & ASTHMA SPECIALISTS**

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Fax: (214) 373-7003

**Please print and fill in completely. If you need help, please ask the receptionist.**

Date: \_\_\_\_\_ Patient ID Number: \_\_\_\_\_ (office use only)

Patient Last Name: \_\_\_\_\_ Patient First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Sex: \_\_\_\_\_ Birth date: \_\_\_\_\_ Age: \_\_\_\_\_

Mobile Phone: (\_\_\_\_) \_\_\_\_\_ Email Address: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Drivers License #: \_\_\_\_\_ State: \_\_\_\_\_

Marital Status: \_\_\_ Single \_\_\_ Married \_\_\_ Legally Separated \_\_\_ Divorced \_\_\_ Widowed \_\_\_ Other

Employer: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ Ext: \_\_\_\_\_

Name of Primary Insured, if other than Patient: \_\_\_\_\_ Primary Insured's Birth date: \_\_\_\_\_

Primary Insured's Employer: \_\_\_\_\_

Address of Primary Insured: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ Relationship of Primary Insured to Patient: \_\_\_\_\_

Nearest Relative Not Living with you: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Please list other members of your family who are patients here and their relationships to you:

\_\_\_\_\_

Who may we thank for referring you to our office? (Please specify by name) Doctor: \_\_\_\_\_

Family: \_\_\_\_\_ Friend: \_\_\_\_\_ Insurance Co.: \_\_\_\_\_

Phone Book/Internet: \_\_\_\_\_ Do you have Medicare or Medicaid medical insurance coverage? \_\_\_ yes \_\_\_ no

Is your medical insurance coverage with an HMO, PPO or other "managed health plan" option? \_\_\_ yes \_\_\_ no

\*\*\*\*\*

**FINANCIAL AGREEMENT AND AUTHORIZATION FOR TREATMENT:**

I authorize treatment of the person named above and agree to pay all fees and charges for such treatment. It is agreed that payments will not be delayed or withheld because of any insurance coverage or the pendency of such claims and that all proceeds of insurance will be assigned to this office. I authorize the release of any medical information necessary to process an insurance claim and also request payment of government benefits either to myself or to the party who accepts assignment below.

Signature on File: \_\_\_\_\_ Date: \_\_\_\_\_

IF PATIENT UNDER AGE 18: Drs. Lumry and staff have my permission to exam and treat \_\_\_\_\_

Signature of Parent or Guardian: \_\_\_\_\_ Witness: \_\_\_\_\_

**Thank you for choosing our office for your health care needs. We look forward to serving you.**

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## New Patient Medical Information Survey

To aid us in assessing your problem, please complete all 4 pages of this questionnaire as accurately as possible.  
**If a section is not applicable to your problem, please move to the next section.**

NAME \_\_\_\_\_ Date of Birth \_\_\_\_\_ DATE \_\_\_\_\_

Please describe in your own words which problems led you to seek this allergy evaluation?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long have you had this/these problem(s)? \_\_\_\_\_

Do you have any special goals other than "to get better"? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Do you have any specific questions you want answered?

\_\_\_\_\_  
\_\_\_\_\_

**NOSE:** Do you have problems with nasal drainage? ..... no yes  
Do you have problems with nasal congestion?..... no yes  
If yes, is it:  
thick thin clear yellow  
Do you sneeze? ..... no yes  
If yes, do you sneeze:  
rarely often continuously in attacks  
Have you had sinus infections? ..... no yes

**EYES:** Do your eyes:  
Itch? ..... no yes  
Tear? ..... no yes  
Swell? ..... no yes  
Become red?..... no yes  
Does your eyesight ever blur? ..... no yes  
Have you ever had problems with double vision? ..... no yes  
Do you ever have pain in or around your eyes?..... no yes  
If yes, does this occur in the:.....  
morning afternoon evening night

**EARS:** Do you have problems with your ears? ..... no yes  
Do you have frequent ear infections? ..... no yes  
If yes, do they:  
pop ring itch hurt

**MOUTH  
AND  
THROAT:**

Do you have itching of the roof of your mouth?..... no    yes

Do you have itching in the back of your throat?..... no    yes

Do you ever feel as if you have mucus at the back of your throat? ..... no    yes

Do you have frequent sore throats? ..... no    yes

If yes, do these occur in the:  
morning    afternoon    evening    night

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**HEAD:**

Do you have frequent headaches? ..... no    yes

If yes, are they:

    behind your eyes? ..... no    yes

    under your eyes? ..... no    yes

    back of the neck? ..... no    yes

    side of your head? ..... no    yes

    associated with sinus blockage? ..... no    yes

Are your headaches worse in the:  
morning    afternoon    evening    night

Do you have congestion in your head? ..... no    yes

---

**CHEST:**

Do you experience:

    Tightness? ..... no    yes

    Shortness of breath? ..... no    yes

    Pressure on chest?..... no    yes

Do you wheeze with colds or bronchitis?..... no    yes

If yes, is your wheezes ..... seasonal?..... no    yes

If yes, which season(s)?.....  
Spring    Summer    Fall    Winter

Is your wheeze ever triggered by:

    Physical exertion?..... no    yes

    Emotional upset?..... no    yes

    Laughter? ..... no    yes

    Aspirin?..... no    yes

Have you ever been told that you have asthma? ..... no    yes

Do you cough a lot? ..... no    yes

If yes, do you cough up mucus?..... no    yes  
Color: \_\_\_\_\_

Is your cough associated with:

    Exertion? ..... no    yes

    Wheezing?..... no    yes

    Loss of sleep?..... no    yes

    Shortness of breath? ..... no    yes

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**SKIN:**

Have you ever had:

    Eczema? ..... no    yes

    Hives? ..... no    yes

    Rash? ..... no    yes

If yes to any of the above, what parts of the body were affected?:  
all over    face    neck    scalp  
front of elbows    behind elbows  
wrists    legs    behind    knees

Have you ever had problems with:

    Swelling of your skin?..... no    yes

    Itching of your skin? ..... no    yes

    Burning of your skin? ..... no    yes

**ENVIRONMENTAL :**

Are your symptoms seasonal? ..... no  
If yes, which season(s)? (circle)  
spring summer fall winter

Are your symptoms worse:

Indoors?.....	no	yes
Outdoors?.....	no	yes
At work/school?.....	no	yes
In Dallas?.....	no	yes
Away from Dallas? .....	no	yes
Around aerosol spray? .....	no	yes
Around strong odors? .....	no	yes
If yes, around: .....		
paints?.....	no	yes
perfumes? .....	no	yes
household cleaners? .....	no	yes
In smoke-filled rooms? .....	no	yes
Around animals?.....	no	yes
Around mowed grass? .....	no	yes
Around dust? .....	no	yes
Around flowers? .....	no	yes
Around trees? .....	no	yes
Around bodies of water? .....	no	yes
Around exhaust?.....	no	yes

How long have you lived in the Dallas area?  
\_\_\_\_\_

Where did you live before moving to the Dallas area?  
\_\_\_\_\_

How long have you lived in your present home?  
\_\_\_\_\_

How old is your present home? \_\_\_\_\_

Is your air conditioning:

Central unit?.....	no	yes
Window unit?.....	no	yes

How often are the filters changed? \_\_\_\_\_

Do you use fans in your home?  
(Include ceiling fans) ..... no yes

Do you have a humidifier?..... no yes  
If yes:  
Is it connected to the  
heating unit? ..... no yes

List any workplace exposures that bother you:  
\_\_\_\_\_

List your hobbies/sports/leisure activities:  
\_\_\_\_\_  
\_\_\_\_\_

Is your pillow filled with:

Foam? .....	no	yes
Feathers? .....	no	yes
Dacron? .....	no	yes

How old is your pillow? \_\_\_\_\_

How many pillows do you sleep on? \_\_\_\_\_

Is your mattress:

Innerspring? .....	no	yes
Foam?.....	no	yes
Other:.....		

How old is your mattress? \_\_\_\_\_

Is your pillow and/or mattress  
covered in plastic? ..... no yes

Is your bedroom carpeted? .. no yes

How often do you vacuum? \_\_\_\_\_

Do you have plants in the house? ..... no yes  
If yes:  
How many? \_\_\_\_\_

Do you have any pets?..... no yes  
If yes:  
What kind? \_\_\_\_\_  
How many? \_\_\_\_\_

Are they:

Inside?.....	no	yes
Outside? .....	no	yes
Both?.....	no	yes

Do or did you smoke?..... no yes  
If yes:  
Cigarettes?..... no yes  
Pipe?..... no yes  
Cigar? .....

How much do/did you smoke? \_\_\_\_\_

How many years have/did you smoked? \_\_\_\_\_

If you stopped, When? \_\_\_\_\_

Are there smokers in your home? ..... no yes

Do you have hobbies which cause or .....  
aggravate your condition? ..... no yes

Do you exercise regularly?..... no yes  
(3-4 times per week)

**PREVIOUS EVALUATION/TREATMENT:**

Have you had sinus x-rays?..... no      yes  
 If yes, date: \_\_\_\_\_

Have you ever been skin tested? ..... no      yes  
 If yes, date: \_\_\_\_\_

Have you ever taken allergy shots?..... no      yes  
 If yes:  
 Date started: \_\_\_\_\_  
 Date stopped: \_\_\_\_\_

Have you been told that you have:  
 Sinusitis? ..... no      yes  
 Polyps? ..... no      yes  
 Deviated septum? ..... no      yes

Have you ever been treated for:  
 Allergies? ..... no      yes  
 Hayfever?..... no      yes  
 Asthma?..... no      yes

Have you ever had a chest x-ray? ..... no      yes  
 If yes:  
 When: \_\_\_\_\_  
 Where: \_\_\_\_\_

**MEDICAL HISTORY:**

Do your symptoms keep you from performing:  
 At work at school? ..... no      yes  
 Daily activities?..... no      yes

Are there any foods which you are sensitive to? ..... no      yes  
 \_\_\_\_\_  
 \_\_\_\_\_

Are you sensitive/allergic to any drugs?  
 If yes, please list:  

Medicine	Reaction
_____	_____
_____	_____
_____	_____

Have you had a reaction to an insect sting?..... no      yes  
 If yes, what insect?  
 \_\_\_\_\_

Circle type of reaction:  

Swelling	Pain
Weakness	Shortness of breath
Sweating	Stuffy nose
Wheezing	Throat closing
Redness	

Have you ever been hospitalized or had surgery? ..... no      yes  
 If yes, please list:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Have you ever had an injury or surgery of the nose? ..... no      yes  
 If yes, when, what, by whom?  
 \_\_\_\_\_

Please circle any of the following health problems you have had in the past and/or do have at the present time:  
 Stiff or painful joints..... no      yes  
 High blood pressure ..... no      yes  
 Ulcers ..... no      yes  
 Tuberculosis ..... no      yes  
 Tonsillitis ..... no      yes  
 Nose bleeds..... no      yes  
 Frequent influenza ("flu") ..... no      yes  
 Pneumonia ..... no      yes  
 Colic ..... no      yes  
 Serum reactions ..... no      yes  
 Difficulty urinating (men) ..... no      yes

Are you being treated for any other medical problems?..... no      yes  
 If yes, please list:  
 \_\_\_\_\_  
 \_\_\_\_\_

Have you ever received medical treatment in an emergency room? ..... no      yes  
 If yes, please list why:  
 \_\_\_\_\_  
 \_\_\_\_\_

Do any family members suffer from:  
 Allergies? ..... no      yes  
 Hayfever?..... no      yes  
 Asthma?..... no      yes

List all medications you are presently taking. Include nose drops, eye, drops, inhalers, antihistamines, decongestants, aspirin/tylenol  

Medicine:	Last Taken:
_____	_____
_____	_____
_____	_____



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## Authorization for Release of Medical Records

To: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Mail or **Fax** records to:

**ALLERGY & ASTHMA SPECIALISTS**  
10100 N. Central Expressway  
Suite 100  
Dallas, TX 75231  
**Fax: (214) 373-7003**

I, the undersigned, hereby authorize the above named individual or entity to release the following protected information for the purpose of review, evaluation and continuity of care from my medical record to Allergy & Asthma Specialists. This authorization includes the release of information concerning HIV testing or the treatment of AIDS, AIDS-related conditions, drug or alcohol abuse, drug-related conditions, alcoholism, and/or psychiatric/psychological conditions.

The following information may be released/reviewed: **Note: Our office will select what is needed.**

- |   |   |
|---|---|
| <input type="checkbox"/> INITIAL HISTORY AND PHYSICAL | <input type="checkbox"/> PULMONARY FUNCTION STUDIES                 |
| <input type="checkbox"/> OUTPATIENT CLINIC NOTES      | <input type="checkbox"/> RADIOLOGY STUDIES                          |
| <input type="checkbox"/> CONSULTATION REPORTS         | <input type="checkbox"/> _____                                      |
| <input type="checkbox"/> LABORATORY TEST RESULTS      | <input type="checkbox"/> IMMUNIZATION RECORDS                       |
| <input type="checkbox"/> OPERATIVE REPORTS            | <input type="checkbox"/> GROWTH CHARTS                              |
| <input type="checkbox"/> PATHOLOGY REPORTS            | <input type="checkbox"/> ALL SKIN TEST/IN-VITRO ALLERGY STUDIES     |
| <input type="checkbox"/> CULTURE RESULTS              | <input type="checkbox"/> (RAST, IMMUNO CAP, ETC.)                   |
| <input type="checkbox"/> ANESTHESIA RECORDS           | <input type="checkbox"/> EXACT COMPOSITION OF                       |
| <input type="checkbox"/> EMERGENCY MEDICAL DEPARTMENT | <input type="checkbox"/> CURRENT ALLERGEN EXTRACT ( <b>PLEASE</b>   |
| <input type="checkbox"/> RECORD                       | <input type="checkbox"/> <b>INCLUDE SPECIFIC ANTIGENS,</b>          |
| <input type="checkbox"/> DISCHARGE SUMMARY            | <input type="checkbox"/> <b>CONCENTRATION, VOLUME AND SUPPLIER)</b> |

PATIENT INFORMATION IS NEEDED FOR: \_\_\_\_\_ Continuing Medical Care \_\_\_\_\_ Personal Use  
\_\_\_\_\_ Social Security/Disability Insurance \_\_\_\_\_ Military \_\_\_\_\_ Other: \_\_\_\_\_

Approximate period of care: \_\_\_\_\_ to \_\_\_\_\_.

Please restrict the above release to the following particular illness: \_\_\_\_\_. No Restriction:

This statement must be signed and dated, and may be revoked at any time except to the extent action has been taken prior to the revocation. This consent will expire one hundred-eighty days (180) after the date below, or sooner by my choice, in which case this consent will expire on \_\_\_\_\_.  
If I wish to revoke this consent prior to the period above, a request must be submitted in writing with a date of effect after the date of signature on this form.

Patient's Name: \_\_\_\_\_ Signature: \_\_\_\_\_  
Address: \_\_\_\_\_ Relationship (if legal guardian): \_\_\_\_\_  
\_\_\_\_\_ Birthdate (MM/DD/YYYY): \_\_\_\_/\_\_\_\_/\_\_\_\_\_  
\_\_\_\_\_ Date: \_\_\_\_\_