THE POWER TO DEFY YOUR AGE
HOW DO YOU LIVE YOUNG?
INTRODUCING ageLOC Youth, a revolutionary supplement that helps revitalize your aging defense mechanisms (ADMs), the body’s natural shield against aging.

Nu Skin’s most advanced anti-aging supplement ever, ageLOC Youth, is designed to promote your youth span—the years you can enjoy life being more active, energetic, and healthy.*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
At Nu Skin, we have a unique understanding of how gene expression affects ADMs. With our superior nutritional and anti-aging knowledge, and our proprietary gene expression research, we are at the forefront of scientific innovation, creating products that target the sources of aging.

By understanding the way genes react to specific ingredients, we have created our MOST ADVANCED YOUTH PRESERVING SUPPLEMENT EVER—ageLOC Youth.

ageLOC Youth promotes positive expression of key groups of genes and delivers enhanced nutritional benefits.*

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LifeGen Technologies is focused on genomics as it relates to the aging process. With over half a billion genetic data points collected and analyzed and more being added everyday, experts study the link between aging and genes. It is LifeGen’s mission to discover genetic triggers that slow the aging process.

LifeGen’s pioneering research has resulted in several patents and pending patents, and ongoing research is expected to yield further important intellectual property. Additionally, LifeGen has a patent for the use of such “gene expression profiling” as a method to measure the progression of the aging process at the molecular level in individual organs.
All kinds of external and internal influences can accelerate aging. These aging aggressors disrupt the natural youthful activity of our aging defense mechanisms—the body’s mechanisms that resist aging.
Aging defense mechanisms (ADMs) are the body’s natural way of fighting off and maintaining resistance to aging aggressors. We are all born with internal ADMs. These mechanisms promote healthy regulation of damage and repair processes. Over time, however, external and internal influences can disrupt the natural youthful activity of these ADMs and accelerate aging effects in the body.
We selected ageLOC Youth’s ingredients based on their unique health benefits and ability to positively impact gene expression related to our ADMs.

The result is a powerful blend of ingredients that strengthen and support the body’s natural ADMs.

Unlike multivitamins and mineral supplements that are focused primarily on filling nutritional gaps, ageLOC Youth provides targeted nutrients that support critical, natural ADMs. The result is an advanced product that delivers systemic youth preservation benefits. Gathered from diets around the world, the ingredient blend in ageLOC Youth is so unique, it is not readily available, even from a healthy diet.
### SUPPLEMENT FACTS

<table>
<thead>
<tr>
<th>Serving Size 2 Capsules</th>
<th>Servings Per Container 60</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount Per Serving</strong></td>
<td><strong>% DV</strong></td>
</tr>
<tr>
<td>Vitamin D₃ (as cholecalciferol)</td>
<td>500 IU 125%</td>
</tr>
<tr>
<td>Vitamin K₂ (as menaquinone-7)</td>
<td>20 mcg 25%</td>
</tr>
<tr>
<td>Ultra-pure fish oil concentrate:</td>
<td>1055 mg *</td>
</tr>
<tr>
<td>EPA (Eicosapentaenoic acid)</td>
<td>300 mg *</td>
</tr>
<tr>
<td>DHA (Docosahexaenoic acid)</td>
<td>200 mg *</td>
</tr>
<tr>
<td>Citrus Bioflavonoids</td>
<td>100 mg *</td>
</tr>
<tr>
<td>(including hesperidin and naringin)</td>
<td></td>
</tr>
<tr>
<td>Purple corn (<em>Zea mays L.</em>) cob extract including anthocyanins</td>
<td>66.67 mg *</td>
</tr>
<tr>
<td>Alpha Lipoic Acid</td>
<td>50 mg *</td>
</tr>
<tr>
<td>Quercetin (from <em>Dimorphandra mollis</em> fruit extract)</td>
<td>37.5 mg *</td>
</tr>
<tr>
<td>D-Limonene (from <em>Citrus sinensis</em> peel)</td>
<td>25 mg *</td>
</tr>
<tr>
<td>Rosemary (<em>Rosmarinus officinalis</em> L.) leaf extract including carnosic acid</td>
<td>18.75 mg *</td>
</tr>
<tr>
<td>Resveratrol (from <em>Polygonum cuspidatum</em> root)</td>
<td>15 mg *</td>
</tr>
<tr>
<td>Coenzyme Q₀</td>
<td>15 mg *</td>
</tr>
<tr>
<td>Lycopene</td>
<td>2.5 mg *</td>
</tr>
<tr>
<td>Lutein (from marigold flower (<em>Tagetes erecta</em>))</td>
<td>2 mg *</td>
</tr>
<tr>
<td>Astaxanthin (from <em>Haematococcus pluvialis</em> algae)</td>
<td>0.5 mg *</td>
</tr>
</tbody>
</table>

* Daily Value (DV) not established.

Other Ingredients: Capsule (Gelatin, Water), Silicon Dioxide, Sunflower Oil.
The anti-aging ingredients in ageLOC Youth were selected based on exclusive gene expression research for their ability to support our aging defense mechanisms. These ingredients are found in diets from all over the world—many of which promote well-known health benefits.

**FRANCE**
This diet is known for low rates of cardiovascular disease.

**ALASKA**
Among natives, this diet is known for promoting low rates of cardiovascular disease.

**PERU**
This ancient diet is known for nutrient dense “super foods.”
SCANDINAVIA
This diet is known for promoting low rates of cardiovascular disease.

JAPAN
This diet is known for low rates of cardiovascular disease and osteoporosis.

OKINAWA JAPAN
This diet is known for promoting impressive longevity.

MEDITERRANEAN
This diet is known for promoting incredible longevity and low rates of cardiovascular disease.
ageLOC Youth delivers all-encompassing, anti-aging protection. It promotes a wide range of functions from your heart to your brain—your bones to your metabolism.*

A variety of aging aggressors cause us to age, but our ADMs help keep us young.

Now you can hold onto your youth so you can keep doing what you love throughout your life. The innovation of ageLOC Youth combines over 30 years of anti-aging research with the latest knowledge of the world’s best ingredients. These ingredients target the source of aging throughout the body. ageLOC Youth gives you the power to defy your age.*

AGELOC YOUTH IS DESIGNED WITH INGREDIENTS SELECTED FOR THEIR ABILITY TO MAINTAIN AND SUPPORT THE BODY’S AGING DEFENSE MECHANISMS, SO YOU CAN ENJOY A WIDE RANGE OF BENEFITS TO HELP YOU LIVE YOUTHFULLY.*
AGELOC YOUTH BENEFITS

CELLULAR HEALTH
- Reinforces the body’s protection and repair mechanisms
- Helps balance healthy cellular response
- Positively modulates systemic cytokine responses
- Supports DNA damage protection/repair
- Provides antioxidant protection

BRAIN HEALTH
- Supports healthy brain structure and function
- Promotes youthful cognition and memory
- Promotes a sense of wellbeing and healthy mood

HEART HEALTH
- Sustains overall cardiovascular health
- Promotes blood vessel integrity/elasticity, essential for healthy blood circulation
- Supports normal blood glucose control
- Supports healthy blood pressure regulation

METABOLIC HEALTH
- Supports healthy lipid metabolism
- Supports normal glucose metabolism

SKIN HEALTH
- Promotes optimal skin barrier function and protection
- Maintains optimal skin health

BONE HEALTH
- Boosts bone health and supports bone structure and integrity

JOINT HEALTH
- Supports healthy joints and promotes healthy joint fluidity

EYE HEALTH
- Provides ingredients important for healthy eye composition
- Promotes eye health and supports healthy vision

PHYSICAL PERFORMANCE
- Enables optimal physical performance

IMMUNE HEALTH
- Promotes healthy immune function and response

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WHAT MAKES THIS OUR MOST ADVANCED ANTI-AGING FORMULA?

• Promotes the body’s natural ability to fight aging by boosting our internal ADMs, resulting in systemic youth preservation benefits
• Developed from proprietary gene expression insights into healthy aging
• Contains a unique blend of natural ingredients very difficult to obtain through diet alone

ageLOC Youth is SCS Scanner certified. In addition to identifying natural substances that target ADMs, we also identified ingredients that will positively impact your antioxidant protection status. ageLOC Youth is guaranteed to increase your Skin Carotenoid Score (SCS), providing improved antioxidant protection.

ageLOC Youth is also certified by NSF International, an independent global organization that developed the only accredited American National Standard for Dietary Supplements (NSF/ANSI 173). This strict standard establishes requirements for the quality and purity of ingredients in dietary and nutritional supplements.
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SKIN
- CELLULAR HEALTH
- IMMUNE FUNCTION
- SYSTEMIC CYTOKINE RESPONSE

BRAIN
- MOOD AND COGNITION

EYES
- DNA REPAIR
- DNA PROTECTION

HEART
- METABOLISM

JOINTS
- PHYSICAL PERFORMANCE

BONES
- DNA REPAIR
- DNA PROTECTION

MUSCLES
- METABOLISM

EYES
- MOOD AND COGNITION

SKIN
- ANTI-OXIDANT PROTECTION
- DNA PROTECTION

BRAIN
- DNA REPAIR
- DNA PROTECTION

EYES
- MOOD AND COGNITION

HEART
- METABOLISM

JOINTS
- PHYSICAL PERFORMANCE

BONES
- DNA REPAIR
- DNA PROTECTION

MUSCLES
- METABOLISM
Not limiting our ingredient choices to only those that are in solid or powder form, the Licap technology allows us to maintain our high scientific ingredient selection process and deliver a unique blend of ingredients. It also allows us to put more ingredients in fewer capsules.

LICAP TECHNOLOGY
• Delivers liquids and solids in single capsules
• Reduces number and size of capsules
• Improves bioavailability of fat-soluble ingredients
The human body is a miracle. It naturally learns, evolves, and repairs itself. It is designed to live young. No one wants to look or feel old. Even as we age, we all want our bodies and minds to continue feeling youthful and healthy. The key is to give the body what it needs so it can continue to do what it is designed to do—live young.