

Floral City Yoga Center – April 2019 Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7:30 am Transformational - Sarah 4:30 pm Gentle - Rebecca 6:00 pm Ashtanga – Sarah	2 7:30 am Slow Flow - Taylor 4:30 pm Flow - Rebecca 6:00 pm Transformational – Sarah	3 7:30 am Slow Flow - Taylor 4:30 pm Gentle Vin-Yin - Amber 6:00 pm Slow Vin-Yin – Amber	4 7:30 am Slow Flow - Taylor 4:30 pm Flow - Rebecca 6:00 pm Gentle - Rebecca	5 7:30 am Slow Flow- Taylor 6:00 pm Gentle - Rebecca	6 11:00 am Gentle - Rebecca
7	8 7:30 am Transformational - Sarah 6:00 pm Ashtanga – Sarah	9 7:30 am Slow Flow- Taylor 6:00 pm Transformational - Sarah	10 7:30 am Slow Flow- Taylor 4:30 pm Gentle Vin Yin - Amber 6:00 pm Slow Vin Yin – Amber	11 7:30 am Slow Flow - Taylor 6:00 pm Warm Slow Flow Detox - Stephanie	12 7:30 am Slow Flow- Taylor 6:00 pm Gentle - Taylor	13 11:00 am Gentle – Rebecca Women’s Circle 5:00 pm Farewell Party 7:30 – 8:15

Thank you, Floral City!