

Step 1: 
DISCOVERY

Discovery conversations around personal legacy and purpose

Why am I here? What difference do I hope to make?

Step 2: 
DEVELOPMENT

Growth-oriented conversations and reflections around priorities, goals, initiatives, and guardrails

What activities will promote your seasonal priorities? What guardrails will protect your seasonal priorities?

Step 3: 
STRATEGY

Develop a strategy and action plan to activate the "why" + implement the desired priorities and guardrails

Where am I now (current state)? Where do I want to be (future state)? How will I get there?

Step 4: 
EXECUTION + ACTIVATION

Execute the action plan

What progress is being made? What needs to be refined/adjusted?

Step 5: 
RESULTS + ACCOUNTABILITY

Analyze the results

What have we accomplished? What worked well? What didn't? What did I learn about myself? What was most challenging?

Step 6: 
CELEBRATION

Celebrate accomplished "wins" and consider additional areas for refinement and sharpening

What needs to be celebrated? How will we celebrate? What should I prioritize next?

