

# Fix That \$h!t

## The M.O.M Way\*

\*Works for DADs too

Method-to-Our-Madness

# The-Got No Time-Guide to Pain Relief

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for  
Upcoming Events





Ease your PAIN with the  
M-O-M Technique

“Method-to-Our-Madness”  
The -Got No Time- Guide  
to Pain Relief  
By Jacqueline Hand  
Massage Specialist

This Guide will teach you a  
systematic approach to telling that  
nagging pain to Eff Off!  
We ALL experience pain, so come  
learn the Method to “Fix That \$h!t”

# Method to Our Madness

There IS a Method to relieve that Nagging Pain!

Live Your Life to the Fullest without the burdens of everyday aches and pains!

Using my personal strategies backed by 25+ years of research and experience,  
REMOVE the Sleepless Nights and Grumpy Days by learning the M.O.M Technique

“Method to Our Madness”

-The -Got No Time- Guide  
to Pain Relief

By Jacqueline Hand  
Massage Specialist

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When you finish this program you will have the ability to  
-Disrupt your Pain- and -Empower your Movement-

Empower Yourself to be the B@d@\$ you Know You ARE!



# Want to Feel Better?



If you want Fast Pain Relief using a Simple, Proven Approach, Give Yourself  
the Gift of Fixing That \$h!t the M.O.M. Way!  
You will learn how to get rid of the issues in the tissues in minutes-even with  
the busiest of schedules!

## What Do You Need?

You will want to wear Comfortable Clothing  
You can bring water, snacks, mat, or pillows  
You will be provided a Take Home set of Tools to “Fix That \$h!t”.

***[Click here to register!](#)***