



# St. Clair Skin Care



## The Latest in Skin Care News

### In This Newsletter

# MARCH 2026

A Message From Marla

Product Spotlight

Le Mieux Cryo Peptide Eye Masks

Treatment Spotlight

Gua Sha ThermoLift

Google Review Contest

Google Review Winner and Announcement

### A Message From Marla

Hello, lovely ladies! As we navigate the beautiful journey of aging, I find that our skincare rituals should shift from "fixing" to truly restoring and honoring the skin we're in. Lately, I've been focusing on how we can work with our bodies to reclaim that natural vitality and lift that sometimes feels like it has shifted over the years. Two of my absolute favorite ways to achieve this are through the ancient, rhythmic art of Gua Sha and the targeted, cooling support of a high-quality eye mask. These aren't just extra steps in a routine; they are the essential tools that help us look as vibrant and energized as we feel on the inside.

If you aren't already practicing Gua Sha, you are missing out on what I like to call a "natural facelift." For my mature clients, this practice is vital because it focuses on lymphatic drainage and muscle toning. By using intentional, sweeping strokes, we manually move stagnant fluid that causes puffiness and help "lift" the contours of the jawline and cheeks. We also hold so much tension in our brows and jaw, and Gua Sha helps release that tightness, which can significantly soften the appearance of deep-set expression lines. Beyond the lifting, it increases circulation to bring fresh, oxygenated blood to the surface, waking up your complexion with a gorgeous, healthy glow.

When it comes to our eyes, we have to remember that this skin is the thinnest on the entire body, making it the first place to show fatigue or a loss of elasticity. While a daily eye cream is a great foundation, a professional-grade eye mask is the real heavy lifter. A high-quality mask creates a specialized seal that deeply hydrates the skin, forcing nutrients in rather than letting them evaporate. It provides an instant refresh that soothes and depuffs, which is the perfect remedy for those mornings when you want to look bright-eyed and polished. By focusing on both the under-eye and the upper lid contours, a good mask helps keep that delicate area firm and energized, maintaining a more youthful and open-eyed appearance. Taking just a few minutes for these rituals isn't just about vanity—it's about the confidence that comes from a refreshed, sculpted, and glowing reflection.

**Book Now!**





## Product Spotlight

### Le Mieux Cryo Peptide Eye Masks

Cryotherapy-inspired, cooling eye masks with peptide-enriched hydro-gel instantly refresh and de-puff delicate eye areas while helping smooth the appearance of fine lines and signs of aging. The unique cat-eye shape covers upper and lower eye contours while soothing, revitalizing, and visibly firming the look of skin in minutes. What does it do? Instantly calms, refreshes & de-puffs delicate eye areas, smooths the look of lines & other signs of aging, the peptide-enriched formula helps visibly firm & energize skin, and soothes post-treatment sensitivity. **RECEIVE 10% OFF THIS MONTH ONLY — regularly \$20 for 4 pairs of eye masks.**

## Treatment Spotlight

### Gua Sha ThermoLift

Gua Sha ThermoLift - Four targeted modes make lifting, contouring, detoxing, and infusing effortless. Elevate your sculpting treatments.

**LIFT:** Micro-vibrations & gua sha strokes help tighten & firm

**CONTOUR:** Micro-vibrations, thermal warmth & gua sha strokes help sculpt & tone

**DETOX:** Blue light, micro-vibrations & thermal warmth address breakouts, impurities & inflammation.

**INFUSE:** Red light, micro-vibrations & thermal warmth enhance product absorption.

This luxurious facial features the Gua Sha ThermoLift, an advanced Lymphatic Drainage technique to help me sculpt, contour, de-puff, and enhance nutrient absorption on your skin. This is a multi-functional facial tool that redefines skincare treatments. It has a sleek, curved design combines traditional gua sha massage with microvibrations, red and blue LED light, and gentle warmth. **ADD THIS TREATMENT TO ANY FACIAL FOR ONLY \$35!**



## Google Spotlight

Congratulations to **Tina Boyton!** Thank you for taking the time to share your experience at St. Clair Skin Care by leaving a Google review. If your name wasn't selected this time, don't worry—you'll automatically be entered into our next drawing! Our new contest began March 1st. Returning clients can earn an additional entry by referring a new guest to St. Clair Skin Care. Once your referral completes their first appointment and leaves a Google review, you'll receive a bonus entry into that month's drawing. If you haven't already, please consider leaving a review on our Google page for a chance to win a 1-hour Vitamin C facial. The winner will be announced in April. Good luck!



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**Book Now!**