



Competition Cheer October Newsletter

Tuition

- October's tuition has been posted to your account.
- **Please Note:** Tuition does not draft automatically. You must log in and submit it.
- **If tuition is not paid by the 15th, the student will be dropped from their class.**

Practice

Practicing at home during the week is needed to improve skills. Below are some techniques & skills they can work on.

- Stretching
- Jumps (double toe touch & herkie)
- Arm motions with tight arms
- Assigned tumbling

Upcoming Dates

- **Oct 31st** – No Class
- **Nov 21st** – Picture Day
- **Nov 23rd – 25th** – No Class
- **Dec 10th** – Competition
- **Dec 16th** – End of Session Recital & Awards

