

Minted Peas



Stove Top

Medium stove top temperature. Put mash potatoes into a pan, heat slowly stirring intermittently, bring to a gentle simmer.

Microwave (200g)

Set on medium. Remove lid. Place in the middle of the microwave and heat for 1 minute, gently stir and heat for a further 1-2 minutes.

(350g)

Set on medium. Remove lid. Place in the middle of the microwave and heat for 3 minutes, gently stir and heat for a further 1-2 minutes.

Frozen (200g)

Set on medium. Remove lid. Place in the middle of the microwave and heat for 4 minutes, gently stir and heat for a further 1-2 minutes.

(350g)

Set on medium. Remove lid. Place in the middle of the microwave and heat for 5 minutes, gently stir and heat for a further 2-3 minutes.

Please Note

These cooking instructions are just a guideline. Since your appliance may vary in personality or power rating, please adjust as needed.

Portion size is a guideline, as it depends on one's appetite and if any accompaniments are being served.