

Bolognese



Stove Top

Medium stove top temperature. Remove lid, place food into a pan, heat slowly with a lid on, stirring intermittently, bring to a gentle simmer.

Microwave Defrosted (400g)

Remove lid. Place in the middle of the microwave and heat for 3 minutes, gently stir and heat for a further 2-3 minutes.

(900g)

Set on medium (700w). Remove lid. . Place in the middle of the microwave and heat for 5 minutes, gently stir and heat for a further 5-7 minutes.

Frozen (400g)

Set on medium (700w). Remove lid. Place in the middle of the microwave and heat for 5 minutes, gently stir and heat for a further 5-7 minutes.

(900g)

Set on medium (700w). Remove lid . Place in the middle of the microwave and heat for 10 minutes, gently stir and heat for a further 8-10 minutes

Serving Suggestion

Serve with our spaghetti topped with a sprinkle of parmesan and fresh parsley.

Please Note

These cooking instructions are just a guideline. Since your appliance may vary in personality or power rating, please adjust as needed.

Portion size is a guideline, as it depends on one's appetite and if any accompaniments are being served.