# **Mashed Potatoes**



#### **Stove Top**

Medium stove top temperature. Put mash potatoes into a pan, heat slowly stirring intermittently, bring to a gentle simmer.

#### Microwave **Defrosted** (200g)

Remove lid. Place in the middle of the microwave and heat for 2 minutes, gently stir and heat for a further 2-3 minutes if needed.

# (400g)

Remove lid. Place in the middle of the microwave and heat for 5 minutes, gently stir and heat for a further 2-3 minutes.

### Frozen (200g)

Remove lid. Place in the middle of the microwave and heat for 8 minutes, gently stir and heat for a further 2-5 minutes if needed.

# (400g)

Remove lid. Place in the middle of the microwave and heat for 10 minutes, gently stir and heat for a further 2-4 minutes.

#### **Please Note**

These cooking instructions are just a guideline. Since your appliance may vary in personality or power rating, please adjust as needed.

Potion size is a guideline, as it depends on one's appetite and if any accompaniments are being served.