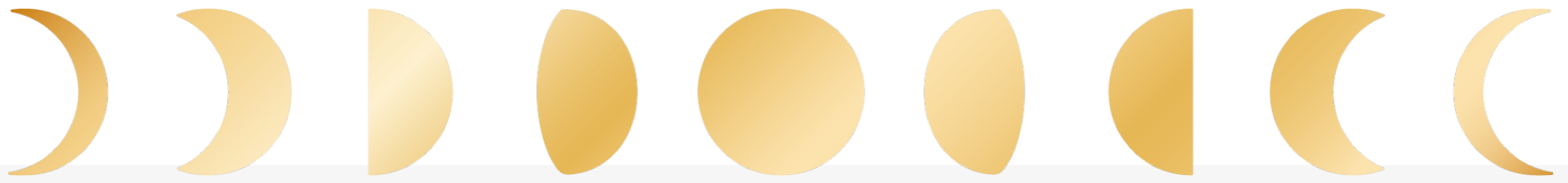


SAGITTARIUS WAXING



TRY YOUR BEST TO BE 'POSITIVE ON PURPOSE'	SEEK OUT A NEW SKILL OR TALENT TO LEARN 🧠	DO SOME HIP OPENING STRETCHES	DON'T JUST TALK ABOUT IT 🔥 - DO IT - 🔥	REFLECT ON JOURNAL PROMPTS ✓
OPEN YOUR SACRAL CHAKRA WITH MUSIC AT 417 HZ 🧡	EAT SOME FIGS FOR STRONG BONES & MUSCLES 💪	GET INVOLVED IN A CAUSE CLOSE TO YOUR HEART ❤️	STAY CALM & RELAXED WITH A JASMINE PLANT	FEEL LIKE ROYALTY 👑 IN VELVET
PRACTICE THE ART OF PILATES	READ & REFLECT ON A CLASSIC NOVEL 📖		TAKE A STAY-CATION 🧳	SET A FIERY LONG TERM FITNESS GOAL
REVITALIZE AN UNFINISHED PROJECT	CREATE A VISION / DREAM BOARD 😍	BURN OR DIFFUSE MYRRH & CLOVE 🖐️	STAY FOCUSED ✓ WITH ✓ AMETHYST	GO OUT FOR A NIGHT ON THE TOWN 🎉
PLAN AN AMAZING ADVENTURE	SPICE THINGS UP WITH NUTMEG OR CINNAMON	WATCH AN EDUCATIONAL DOCUMENTARY	SUBSCRIBE TO A NEW PODCAST 👂	SHOW YOUR LIVER LOVE WITH BERRIES 🍓

MINI CHALLENGE: TAKE RISKS & TRY NEW THINGS

A FEW WAYS TO USE THIS SELF CARE CHALLENGE BOARD:

1. PICK & PERFORM ANY SQUARES THAT INTUITIVELY FEEL RIGHT TO YOU
2. MAKE A BINGO IN ANY DIRECTION
3. COMPLETE A RANDOM NUMBER OF SQUARES TO CREATE A SIGIL
4. TRY TO COMPLETE A COVER-ALL