

TISHA BARZYK

DNP, RN, APN, AGACNP-BC, CWS, CWCN-AP, PLNC
Adult Gerontology Acute Care Nurse Practitioner



LinkedIn

Advanced Wound Care Expert

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PROFESSIONAL SUMMARY

Board-certified Adult-Gerontology Acute Care Nurse Practitioner and nationally recognized advanced wound care expert with over two decades of experience in acute and post-acute care, litigation consulting, and clinical education. Founder of Integumetrix and Nexus Legal, with expertise spanning clinical leadership, wound care innovation, regulatory compliance, and expert witness services. Known for transforming skin and wound care delivery across hospital systems and providing high-impact legal nurse consulting grounded in clinical precision and aligned with state and federal regulatory standards.

ACADEMIC HISTORY

<u>Institution and Location</u>	<u>Degree</u>	<u>Graduation</u>
Vanderbilt University School of Nursing Nashville, Tennessee	Doctor of Nursing Practice	May 2012
Vanderbilt University School of Nursing Nashville, Tennessee	Master of Science in Nursing	August 2007
Middle Tennessee State University Murfreesboro, Tennessee	Bachelor of Science in Nursing	May 2005
Tennessee State University Nashville, Tennessee	Associate of Science in Nursing	August 1998

Nurse Practitioner Preceptorships

2007	Emergency General Surgery Service. Preceptor: Dr. Jose Diaz. Vanderbilt University Medical Center, Nashville, Tennessee. 230 clinical hours.
2007	Riven Internal Medicine Service. Preceptor: Lea Anne Smith, APRN. Vanderbilt University Medical Center, Nashville, Tennessee. 330 clinical hours.

LICENSURE

2007 - 2027 Advanced Practice Registered Nurse, State of Tennessee, Active

1998 - 2027 Registered Nurse, State of Tennessee, Active

2007 - 2028 Drug Enforcement Administration Controlled Substance License, State of Tennessee, Active

2019 - 2026 Advanced Practice Registered Nurse, State of Florida, Active

2020 - 2023 Drug Enforcement Administration Controlled Substance License, State of Florida, Inactive

2019 - 2027 Registered Professional Nurse – Advanced Practice-NP, State of Georgia, Active

2019 - 2027 Registered Professional Nurse, State of Georgia, Active

BOARD CERTIFICATION

2018 - 2028 Certified Wound Care Nurse – Advanced Practice (CWCN-AP) – certified through Wound, Ostomy and Continence Nurses Society (WOCNCB)

2011 - 2031 Certified Wound Specialist (CWS) through the American Board of Wound Management

2013 - 2026 Professional Legal Nurse Consultant – certified through Jurex Center for Legal Nurse Consultants

2013 - 2028 Adult Gerontology Acute Care Nurse Practitioner – certified through the American Nurses Credentialing Center

2007 - 2017 Acute Care Nurse Practitioner – certified through the American Nurses Credentialing Center (*certification retired*)

1999 - 2026 Advanced Cardiovascular Life Support provider


1996 - 2026 Basic Life Support provider

2014 Hyperbaric Medicine Team Training – one-time certification through International ATMO

2014 Sclerotherapy Clinician – one-time certification through Empire Medical Training

2014 Botox Clinician – one-time certification through Empire Medical Training

PROFESSIONAL EXPERIENCE

<u>Institution and Location</u>	<u>Title</u>	<u>Dates</u>
 www.integumetrix.com	Founder CEO CCO <i>Advanced Wound Care Expert</i> <i>Clinical Educator</i>	2016 - Current

Founded Integumetrix in 2016 to expand access to advanced wound care services through a collaborative consultation model utilizing nurse practitioners and physician assistants. Integumetrix performs over 45,000 patient visits annually across acute and post-acute facilities in Tennessee, Georgia, and Florida. Our team evaluates complex acute and chronic skin and wound conditions through a referral based consultation and provide evidence-based evaluation and management services that focus on accurate etiology identification through appropriate testing, targeted evidence-based treatment, and wound resolution with advanced care expertise.

Executive Leadership:

- Oversee all aspects of strategic growth, business development, operations, and revenue cycle management.
- Direct billing and coding strategy with a focus on compliance, optimization, and audit defense.
- Guide payor contracting and regulatory navigation across multiple states.

Clinical Leadership:

- Serve as Chief Clinical Officer to lead a multi-state team of advanced-level providers, overseeing clinical quality, education, mentorship, and professional development.
- Develop and deliver advanced skin and wound care training programs tailored to both new and experienced providers.
- Maintain an active clinical role performing hands-on patient care, including advanced wound care procedures in both acute and post-acute care settings.

Consulting & Program Development:

- Provide facility-level consultation services including wound program development, regulatory compliance review, legal risk mitigation, and staff education.
- Evaluate and optimize clinical workflows, documentation practices, order sets, and protocols to align with best practices and state and federal standards.
- Offer expertise in advanced practice provider credentialing, ICD-10/CPT billing and coding, and interdisciplinary collaboration to support the launch and evolution of wound care service lines.



Owner | Founder
Professional Legal Nurse Consultant
Advanced Wound Care Expert Witness

2012 - Current

www.nexus-legalconsulting.com

As the founder and sole expert of Nexus Legal, I provide highly specialized legal nurse consulting and expert witness services for litigation involving pressure injuries, skin failure, and other various complex wound care issues. My practice spans acute, long-term acute, inpatient rehabilitation, skilled nursing, long-term nursing, home health, and hospice settings.

I possess a comprehensive understanding of the applicable standards of nursing care, state and federal regulations, and common facility policies related to wound prevention, assessment, documentation, and treatment. My testimony and written reports consistently reflect a clinically sound and legally defensible interpretation of the medical record within the context of the standard of care.

Key Services and Expertise:

- Certified Professional Legal Nurse Consultant (PLNC) through Jurex Center for Legal Nurse Consulting
- Expert review and analysis of medical records to determine standard of care compliance, breach, and causation
- Development of wound evolution timelines and identification of delayed recognition, inadequate assessment, or inappropriate treatment
- Preparation of detailed written reports outlining findings to a reasonable degree of medical and nursing certainty
- Extensive knowledge of CMS guidelines, F-Tags, hospital and long-term care facility regulations, and wound care billing and coding practices
- Testimony provided at deposition and trial as both a consulting and testifying expert witness

Experience Highlights:

- Retained in more than 160 wound care-related cases since 2012, representing both plaintiff and defense
- Rendered expert testimony in over 35 depositions and 5 trials
- Collaborate closely with legal teams to clarify clinical issues, inform litigation strategy, and provide education on wound care standards
- Reports consistently include objective case summaries, breach and causation analysis, and opinion statements grounded in evidence-based practice

Healogics, Inc.

(Formerly Accelecare Wound Professionals, LLC)
Nashville, Tennessee

Wound Care Specialist

2014 - 2016

Contract position providing hands-on advanced wound care consultations at acute and post-acute facilities in the Nashville area.



Partner
OSHA Compliance Officer

2000 - 2024
2013 - 2015

www.chateauindustries.com

Nashville, Tennessee

Served as co-owner and Occupational Safety and Health Administration (OSHA) Compliance Officer for a commercial millwork and casework manufacturing company. Oversaw workplace safety operations and regulatory compliance in alignment with federal and state OSHA standards specific to the manufacturing industry.

Key Responsibilities and Achievements:

- Ensured full compliance with OSHA regulations and workplace safety standards across all operational departments
- Led quarterly on-site safety inspections and hazard assessments; implemented corrective actions and process improvements
- Maintained OSHA documentation and employee health/safety records, including injury logs, training certifications, and compliance files
- Proactively monitored updates to OSHA guidelines to ensure the company remained in full compliance or exceeded regulatory expectations

Nashville Vascular & Vein Institute **Medical Practice Development** 2013 - 2014
Vascular/Endovascular/General Surgery
Nashville, Tennessee

Collaborated directly with Dr. Patrick Ryan, a vascular and general surgeon, to establish an independent private practice. This immersive experience provided a unique combination of clinical insight and business leadership that continues to inform my multidisciplinary approach to wound care and practice management.

Key Contributions and Experience:

- Played a lead role in launching the new practice, including branding, logo and website design, and digital marketing strategy
- Gained deep insight into the intersection of clinical medicine and healthcare business operations, forming a foundation for future entrepreneurial ventures and expert consulting roles

The Surgical Clinic **Vascular Nurse Practitioner** 2012 - 2013
Vascular/Endovascular/General Surgery
Nashville, Tennessee

Worked in close collaboration with Dr. Patrick Ryan, a board-certified vascular and general surgeon, to deliver comprehensive care to patients undergoing vascular, endovascular, and general surgical procedures for a wide range of complex conditions. This role provided hands-on clinical exposure that enhanced my understanding of the vascular system and its direct relationship to wound pathology and healing.

Clinical Responsibilities:

- Developed foundational knowledge of vascular pathology, vascular surgery, vascular insufficiency, and limb preservation—skills that directly inform my advanced wound care practice
- Conducted detailed preoperative history and physical examinations, and delivered individualized patient education on surgical expectations and recovery

- Provided perioperative and same-day surgical care, including hospital-based rounding, post-op management, and discharge planning
- Oversaw comprehensive postoperative care, including wound assessment, pain management, patient education, and follow-up care in both inpatient and outpatient settings
- Participated in collaborative clinic visits to support continuity of care and optimize patient outcomes, particularly in cases involving vascular insufficiency and wound healing

Practice Development & Support:

- Supported strategic marketing and outreach initiatives to strengthen referral networks and elevate the practice's presence within the medical community.
- Created and delivered educational presentations on vascular and general surgical topics to enhance clinical knowledge among nursing and administrative staff.
- Designed patient-facing educational materials to improve understanding of surgical conditions, procedures, and recovery expectations.
- Captured and edited surgical footage to develop instructional videos for both staff training and patient education regarding vascular procedures.
- Contributed to quality improvement initiatives focused on optimizing clinical outcomes, streamlining workflow processes, and enhancing overall patient satisfaction.

This role provided critical clinical exposure to vascular pathology, surgical wound management, and multidisciplinary post-surgical care—experience that continues to inform my wound care expertise and expert witness work.

[Nexus Practitioners, LLC](#)
Nashville, Tennessee

Founder | Principal Consultant

2010 - Current

Established Nexus Practitioners as a platform for independent consulting, education, and speaking engagements rooted in my clinical expertise as a nurse practitioner and advanced wound care specialist. Through this entity, I provide strategic guidance to healthcare organizations, clinicians, and legal professionals seeking expert insight into skin and wound care, regulatory compliance, legal risk mitigation, and clinical best practices.

Services and Areas of Focus:

- Clinical consulting for wound care program development, provider education, and workflow optimization
- Speaking engagements and educational presentations for conferences, healthcare systems, and interdisciplinary clinical teams
- Custom training content for advanced wound care, documentation compliance, scope of practice, nurse practitioner regulatory compliance, wound care billing and coding compliance, and regulatory audit readiness
- Advisory services for startups and healthcare businesses focused on wound-related technologies and service lines

Nexus Practitioners also serves as the parent company for Nexus Legal, under which I deliver specialized legal nurse consulting and expert witness services.

[Vanderbilt Orthopaedic Institute](#)

Associate in Orthopaedics

2007 - 2012

Orthopaedic Trauma Division
Nashville, Tennessee

Provided comprehensive inpatient and outpatient care for patients undergoing surgical repair of traumatic orthopaedic injuries. This role offered foundational experience in skeletal and muscular pathology, post-surgical healing and high-risk wound management, laying the groundwork for my specialization in advanced wound care.

Clinical Responsibilities:

- Performed preoperative history and physical examinations with individualized surgical education for elective orthopaedic patients
- Managed postoperative care including pain control, wound surveillance, radiographic interpretation, and discharge planning
- Conducted independent and collaborative outpatient clinic visits, providing follow-up care and patient counseling on rehabilitation and recovery, and advanced wound care
- Maintained continuity of care through secure messaging and direct patient communication

Wound Care & Educational Leadership:

- Served as the division's primary clinical resource for advanced wound care management, consulted by surgeons and advanced practice providers for guidance on complex wounds
- Delivered formal and informal wound care education to residents, fellows, providers, and clinic staff through in-services and case-based teaching
- Advised on wound dressing protocols, surgical site management, and early identification of healing complications in high-risk orthopaedic patients

This position provided critical exposure to surgical wound management and trauma-related wound pathology—experience that directly informs my expertise in advanced wound care and litigation consulting.

Vanderbilt University Medical Center
Level 1 Trauma Center
Nashville, Tennessee

Charge Nurse
Registered Nurse 3

1998 – 2007

Served as both a staff nurse and charge nurse in a high-acuity Level 1 Trauma ICU for nine years, caring for critically ill patients with complex multisystem injuries. Gained extensive experience in trauma, surgical, and critical care nursing—foundational to my clinical judgment and later specialization in advanced wound care.

Staff Nurse Responsibilities:

- Provided comprehensive care to critically ill trauma patients, managing complex hemodynamics, surgical recovery, and multi-organ support
- Coordinated closely with trauma surgeons, consulting specialists, case managers, and ancillary services to ensure timely, efficient care delivery
- Delivered direct patient and family education in high stress, emotionally charged situations

Charge Nurse & Leadership Responsibilities:

- Oversaw daily operations of the 31-bed unit, including unit-wide bed management and coordination of patient flow
- Acted as a liaison between nursing staff, surgical teams, and patient families, for dispute resolution, education, and ensuring communication consistency and continuity of care
- Served as a resource and mentor to new and experienced nursing staff, consistently supporting clinical development and best practices
- Led multiple unit-based initiatives, including serving as the project lead of a three-year effort to implement an electronic nursing documentation system

This role provided extensive deep clinical and leadership experience in a high-pressure and high-stress environment and instilled a systems-based perspective that continues to influence my work as a provider, educator, and consultant.

Summit Medical Center

Emergency Department
Hermitage, Tennessee

Registered Nurse

2001 - 2002

2003 - 2005

Served as a PRN staff nurse in a high-volume emergency department, providing care for patients presenting with a wide range of acute injuries and medical emergencies. Demonstrated rapid clinical decision-making, prioritization under pressure, and multidisciplinary coordination in a fast-paced, unpredictable environment.

Key Responsibilities:

- Delivered triage and hands-on care for trauma, medical, and surgical emergencies across all acuity levels
- Collaborated closely with emergency physicians, trauma teams, and specialists to initiate timely interventions
- Maintained readiness to manage high-acuity patients, including those requiring advanced airway, resuscitation, and stabilization
- Applied critical thinking and adaptability to provide efficient, compassionate care during unpredictable clinical scenarios

Mortgage Industry

Nashville, Tennessee

1991 - 1998

Worked in the home mortgage industry for seven years, gaining a strong foundation in finance, regulatory compliance, and customer relations. Progressed through roles as loan processor, auditor, and ultimately branch manager, where I led day-to-day operations, team management, and client engagement.

Key Responsibilities & Achievements:

- Managed full-scope branch operations, including loan pipeline oversight, staff supervision, and client account management
- Conducted audits to ensure compliance with lending regulations and quality standards
- Guided clients through the mortgage process with clarity and professionalism, building trust and delivering timely results
- Gained proficiency in financial documentation, credit analysis, and underwriting principles
- Completed college coursework in accounting and finance, complementing hands-on operational experience

- Developed leadership, organization, and interpersonal communication skills that translated directly into healthcare team leadership and administrative strategy

This experience provided a valuable foundation in business and financial operations and ultimately influenced my decision to pursue a more stable and impact-driven career in nursing and healthcare leadership due to consistent volatile changes in lending rates.

HEALTHCARE INSTITUTION PRIVILEGING

<u>Institution and Location</u>	<u>Supervising Physician</u>	<u>Dates</u>
TriStar Summit Medical Center <i>Hermitage, Tennessee</i>	Adejoke Aina-Babalola, MD Gregory Neal, MD	2025 - Current 2022 - 2025
HCA Florida North Florida Hospital <i>Gainesville, Florida</i>	Sanil Thomas, MD	2020 - Current
TriStar Horizon Medical Center <i>Dickson, Tennessee</i>	Adejoke Aina-Babalola, MD Gregory Neal, MD James Ettien, MD	2025 - Current 2019 - 2025 2016 - 2019
Parkridge Medical Center <i>Chattanooga, Tennessee</i>	David Redd, MD	2017 - Current
TriStar Skyline Medical Center <i>Nashville, Tennessee</i>	Adejoke Aina-Babalola, MD Gregory Neal, MD	2025 - Current 2016 - 2025
TriStar Hendersonville Medical <i>Hendersonville, Tennessee</i>	Adam Richter, MD Gregory Neal, MD James Ettien, MD	2018 - Current 2017 - 2018 2014 - 2017
TriStar Southern Hills Medical Center <i>Nashville, Tennessee</i>	Adejoke Aina-Babalola, MD James Ettien, MD James Ettien, MD	2021 - Current 2019 - 2021 2016 - 2019
TriStar Centennial Medical Center <i>Nashville, Tennessee</i>	Adejoke Aina-Babalola, MD Gregory Neal, MD James Ettien, MD Patrick Ryan, MD	2025 - Current 2019 - 2025 2016 - 2019 2012 - 2014
TriStar Stonecrest Medical Center <i>Smyrna, Tennessee</i>	Adejoke Aina-Babalola, MD Gregory Neal, MD James Ettien, MD	2025 - Current 2019 - 2025 2016 - 2019
Vanderbilt University Medical Center <i>Nashville, Tennessee</i>	Philip Kregor, MD	2007 - 2012

PROFESSIONAL ACTIVITIES

<u>Organization</u>	<u>Designation</u>	<u>Dates</u>
Vanderbilt University School of Nursing	Honorary Alumna	2024
Invited as Honorary Alumna to address the 2024 graduating class at the School of Nursing's pinning ceremony. Delivered a keynote focused on leadership, innovation, and expanding beyond traditional nursing roles.		
Smith + Nephew (formerly <i>Osiris Therapeutics, Inc.</i>)	Bio Tissue Faculty Bureau Speaker Educator	2019 - Current
Provide education to healthcare professionals—including physicians, podiatrists, surgeons, nurse practitioners, physician assistants and nursing wound care staff—on the clinical application of placental and umbilical biologic grafts used in advanced wound healing.		
HCA HealthTrust	Delegated Healthcare Professional	2018 - Current
Approved clinical educator with national access to HCA hospitals to deliver advanced wound care education and training to interdisciplinary teams.		
Independent Advanced Wound Care Educator		2016 - Current
Deliver basic to advanced wound care education via lectures and hands-on training sessions ranging from 30 minutes to 8 hours. Audiences include medical product development teams, attorneys, licensed providers, administrative staff, and allied health professionals across acute and post-acute settings.		
HCA TriStar Division	Advanced Wound Product Committee	2016 - Current
Participate in clinical and product evaluation for advanced wound care therapies and devices across HCA hospitals. Responsibilities include safety and efficacy reviews, evidence analysis, and clinical testing to support adoption decisions.		
Advanced Wound Industry Consultant	Clinical Advisor & Product Development	2016 - Current
Provide expert consultation key opinion leader advice to vendors developing innovative wound care products, devices, and adjunctive therapies. Offer guidance on clinical application, regulatory positioning, and market alignment.		
American Nurses Credentialing Center	Content Expert	2016 - Current
Contribute wound care-related expertise for ANCC educational materials, publications, and certification resources as requested.		
PESI Healthcare	Professional Speaker Educator	2014 - Current

Lead accredited full-day seminars on skin and wound care. Topics include skin integrity, wound assessment, evidence-based dressing selection, debridement techniques, and prevention strategies for diverse clinical populations.

American Nurses Credentialing Center Panel Member | Content Expert 2012

Selected as one of nine national nurse practitioner experts to serve on the Adult-Gerontology Acute Care Nurse Practitioner Standard Setting Panel. Helped establish the national minimum passing score for the AGACNP certification exam.

Academic Affiliations - Various Institutions Clinical Instructor | Educator 2008 - Current

Provide clinical instruction and mentorship to nurse practitioner students. Guide learners in advanced wound care, professional role development, regulatory compliance, and successful transition to practice in acute and post-acute settings.

5-YEAR PROFESSIONAL PRESENTATIONS

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| 2025 | An overview of placental tissue use in wound management and surgery. Smith + Nephew at various locations across the United States and through national webcasts throughout the year. |
| 2024 | An overview of placental tissue use in wound management and surgery. Smith + Nephew at various locations across the United States and through national webcasts throughout the year. |
| 2023 | Mitigating Legal Risk in Wound Care. National presentation for PESI sponsored Legal Summit. |
| 2023 | Biologic Skin Substitutes: Types available and how to use them. Integumentrix – HCA TriStar Division. |
| 2023 | Outpatient Clinic Wound Care and Skin Grafting. Integumentrix presentation given to HCA TriStar outpatient advanced wound and hyperbaric clinical staff. |
| 2023 | Wound Care in the Post-Acute Setting. Integumentrix presentation given to Middle Tennessee post-acute facility leaders. |
| 2023 | An overview of placental tissue use in wound management and surgery. Smith + Nephew at various locations across the United States and through national webcasts throughout the year. |
| 2022 | Biologic Skin Substitutes in the Advanced Wound Care Space. Integumentrix – Florida Division. |
| 2022 | Mitigating Legal Risk in Wound Care. Integumentrix presentation given to Middle Tennessee post-acute facility leaders. |

- 2022 Voice-over PowerPoint Presentations via HealthStream to HCA Florida Nursing staff on Wound Care Orders, Inpatient Skin and Wound Care, Pressure Injury Prevention, and Support Surfaces.
- 2022 An overview of placental tissue use in wound management and surgery. Smith + Nephew at various locations across the United States and through national webcasts throughout the year.
- 2021 "Grafix®, GrafixPL®, & Stravix®: Incorporating Placental Tissue Grafting into your Practice, Clinical indication and utilization" for Smith+Nephew at various locations across the United States as requested throughout the year.
- 2021 Webcast on Grafix®, GrafixPL®, & Stravix® - "Placental Tissues for Wound Care & Surgical Applications: Scientific and Clinical Overview" for Smith+Nephew as requested throughout the year.
- 2020 "Inpatient Wound Care" to physicians and staff during a Graduate Medical Education series at North Florida Regional Medical Center in Gainesville, FL.
- 2020 HealthStream Voice-over PowerPoint presentations for all facility employed and registry nursing staff at North Florida Regional Medical Center in Gainesville, Florida, on pressure injury prevention, support surfaces, basic wound care, and dressings.
- 2020 Live on site presentation along with a streaming webcast on "Wound Care Essentials" to all facility employed nursing, physician and ancillary staff at Unity Medical Center in Manchester, TN.
- 2020 National Webcast on Grafix®, GrafixPL®, & Stravix® - "Placental Tissues for Wound Care & Surgical Applications: Scientific and Clinical Overview" for Smith+Nephew as requested throughout the year.
- 2020 "Grafix®, GrafixPL®, & Stravix®: Incorporating Placental Tissue Grafting into your Practice, Clinical indication and utilization" for Smith+Nephew at various locations across the United States as requested throughout the year.

ACADEMIC APPOINTMENTS

Adjunct Faculty – Vanderbilt University School of Nursing 2012 - 2018

Associate in Orthopaedics – Vanderbilt University School of Medicine 2007 - 2012

RESEARCH & PUBLICATIONS

Health Literacy in an Orthopaedic Trauma Patient Population: Improving Patient Comprehension with Informational Intervention

Published in The Journal of Orthopaedic Trauma, 2013

Presented at the American Orthopaedic Association Annual Meeting, 2014
Presented at the Canadian Orthopaedic Association Annual Meeting, 2014

Conducted in collaboration with Dr. Hassan Mir, this research evaluated the impact of written educational materials on patient comprehension following orthopaedic trauma surgery. I developed a patient handout detailing the specific injury, type of fixation, and postoperative care instructions. A pre- and post-intervention survey methodology was used to compare comprehension in patients who received only verbal education versus those who also received the written material. Results demonstrated a statistically significant improvement in patient understanding when written educational tools were incorporated, supporting the value of health literacy interventions in surgical care settings.



Creator & Developer – WoundNP Mobile Application

Published in the Apple App Store | 2012 – 2019

Developed WoundNP, a clinical decision-support smartphone application designed to provide foundational wound care education and treatment guidance to physician residents and other healthcare providers managing complex wounds. Based on evidence-based content from my doctoral scholarly project, the application was available for retail purchase and download from 2012 to 2019.

Key Features:

- Covered essential wound care principles including terminology, wound assessment, dressing selection, and comorbidity considerations
- Included treatment algorithms for closed surgical wounds, wounds with soft tissue loss or necrosis, and superficially infected wounds
- Designed for ease of use in bedside or field clinical environments, supporting quick access to evidence-based guidance

The application is currently inactive while undergoing renovation for future redevelopment.

Doctor of Nursing Practice Scholarly Project: Wound Management Guidelines for the Orthopaedic Patient Population

Published by Vanderbilt University School of Nursing, 2012

Scholarly Project presentation highlighting the development of evidence-based wound management guidelines tailored to the orthopaedic patient population. The project addressed gaps in surgical wound care knowledge among providers—often due to limited formal training—and aimed to reduce complications and improve outcomes.

Key Objectives & Outcomes:

- Identified clinical gaps in provider knowledge related to wound assessment and management in post-operative orthopaedic patients
- Developed extensive guideline-based protocols for the care of:
 - Closed postoperative surgical incisions
 - Wounds with soft tissue loss
 - Superficially infected wounds

- Emphasized cost reduction, prevention of delayed healing, and alignment of clinical practice with current evidence-based standards

This work was part of my doctoral scholarly project and laid the foundation for future clinical education, consulting, and development of digital decision-support tools such as the *WoundNP* application.

HONORS & AWARDS

2012	Sigma Theta Tau, DNP Scholarly Project Poster Presentation, "Wound Management Guidelines for the Orthopaedic Trauma Patient Population" – 2nd place
2008	Distinguished Service Award for 10 years of dedicated service to Vanderbilt University Medical Center
2005	Vanderbilt Magnet Certificate of Appreciation
2002	Rosamond Gabrielson Staff Nurse of the Year award
2002	Vanderbilt Professional Nurse Practice Program Advancement to Registered Nurse 3

COMMITTEE APPOINTMENTS

2019 - 2025	HCA Florida North Florida Advanced Wound Care Key Opinion Leader
2016 - 2025	HCA TriStar Division Advanced Wound Care Key Opinion Leader
2016 - 2025	HCA TriStar Division Advanced Wound Care Product Committee
2014 - 2016	TriStar Southern Hills Advanced Wound Care
2007 - 2012	Vanderbilt Advanced Practice Nurse Advisory Board
2005 - 2006	ICU nurse representative, Horizon Expert Documentation Advisory Committee
2003 - 2005	Trauma ICU staff nurse representative, E5 Initiative for EMR at Vanderbilt

PROFESSIONAL MEMBERSHIPS

Wound, Ostomy and Continence Nurses Society since 2018

Tennessee Doctor of Nursing Practice Association since 2012

American Academy of Orthopaedic Surgeons since 2012

American Professional Wound Care Association (*credentialed as DAPWCA*) since 2011

American Academy of Nurse Practitioners since 2009

American Association of Critical Care Nurses since 2007

American Nurses Association since 2007

Association of Professional Legal Nurse Consultants since 2013

5-YEAR CONTINUING EDUCATION ACTIVITIES

2025	Optimizing the Use of Wound Antiseptics in Practice – An International Perspective
2025	NP Role in Substance Use Disorder
2025	Elevating Wound Care – Empowering Bedside Nurses to Deliver Wound Care
2025	Diving into Diverse Applications of Fish Skin Grafts
2025	Complex Wounds – Optimizing Human Allografts
2025	Advanced Cardiovascular Life Support
2025	A Deep Dive into Diabetic Foot Ulcers with Exposed Structures
2025	DEA 8-hour Mandatory Training on the Opioid Crisis
2024	The Wound Infection Hour
2024	Leg Ulcers and Compression
2024	Florida Advanced Practice Registered Nurse 26-hour Bundle
2024	An algorithmic Approach to Negative Pressure Wound Therapy
2024	Palmetto Surgical Debridement Webinar
2023	SAWC Fall Conference, Las Vegas, NV
2023	Reducing the Burden of Stalled Wounds.
2023	Prevention and Treatment of Pressure Injuries Across the Spectrum
2023	Preventing Medical Device Related Pressure Injuries
2023	Patient-Pathway to Wound Management

2023	Patient-Centered Management of Chronic Wounds in the Post-Acute Setting
2023	PAD Disease State Awareness, Diagnosis, and Referral
2023	Guide to Lymphedema, Lipedema, and Swelling Management
2023	Guide to Chronic Wound Care
2023	Integrated Approach to Biofilm Removal
2023	Chronic Wounds – Cellular Biology and Management
2023	Advances in Wound Healing
2023	Addressing Use of Silicone Foam Dressings in Pressure Injury Prevention
2023	Balancing the Wound Environment
2023	Addressing Wound Infection, Inflammation and Biofilm
2023	Advances in Wound Healing: Exploring Treatment Modalities. NACCME
2022	Anatomy and Physiology of Skin and Underlying Tissues. NACCME, 1 contact hour.
2022	Balancing the Wound Environment: ORC/Collagen/Silver-ORC Dressings. NACCME, 1 contact hour.
2022	Chronic Wounds: Cellular Biology and Management. NACCME, 1.25 contact hours.
2022	Common Skin Conditions: Updates in Pharmacology. AANP, 1.05 contact hours.
2022	Medical Errors. CE Broker, 2 contact hours.
2022	Safe and Effective Prescription of Controlled Substances. CE Broker, 3 contact hours.
2022	To treat or not to treat? Antibiotic Stewardship across the lifespan. AANP, 0.83 contact hours.
2022	Patient-Centered Wound Care Symposium: Addressing Wound Infection, Inflammation and Biofilm. HMP Education, 1 contact hour.
2022	Addressing Use of Silicone Foam Dressings in Pressure Injury Prevention. NACCME, 1 contact hour.
2022	A Wound Care Clinician's Guide to Lymphedema, Lipedema, and Swelling Management. HMP Education. 1 contact hour.
2022	Integrated Approach to Biofilm Removal. NACCME, 1 contact hour.
2022	Guide to Chronic Wound Care. NACCME, 0.75 contact hours.

- 2021 Professional Webcast and Virtual Speaking Workshop. Smith+Nephew/PharMethod, 1.5 contact hours.
- 2021 Advanced Cardiovascular Life Support. Postgraduate Institute for Medicine, 4 contact hours.
- 2020 Safe and Effective Prescription of Controlled Substances 2020-2022. RenewNow CE, 3 contact hours.
- 2020 Human Trafficking 2020-2022. RenewNow CE, 2 contact hours.
- 2020 CDC Training on Antibiotic Stewardship. The Centers for Disease Control and Prevention, 11.7 contact hours.
- 2020 Virtual Speaker Training. Smith+Nephew/PharMethod, 1.5 hours.