



GIVE TO GAIN: TURNING GENEROSITY INTO CAREER GROWTH & COLLECTIVE IMPACT

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A practical, research-informed program empowering employees to stop giving until they are depleted and start giving with intention, so their contributions build trust, visibility, opportunity, and shared success.

Recently delivered to Daimler Trucking NA & GHD.

WHY EVENT PLANNERS BOOK IT

- Tackles challenges organizations are facing now—burnout, retention, career growth, collaboration, and constant change.
- Turns personal growth into business impact by connecting individual contribution to trust, engagement, and performance.
- Sends attendees back to work ready to act with a personal Give to Gain action plan they can put into practice immediately.

IDEAL FOR

Corporate career-development programs, leadership conferences, employee resource groups, emerging leader programs, professional associations, universities, and organizations supporting employees through growth or transition.

AVAILABLE FORMATS

- Keynote
- Breakouts
- Workshop

WHY THIS SESSION MATTERS

No one achieves success alone. We all benefit from someone who shared knowledge, opened a door, advocated for us, or trusted us with an opportunity. But when giving becomes the constant yes, invisible work, or self-sacrifice, generosity can lead to exhaustion instead of growth.

Give to Gain moves professionals from over giving to intentional contribution. Using the G.I.V.E. Framework, participants learn what to give, what they need to gain, how to make their contributions visible, and how to align their efforts with career goals and shared priorities.

THE RESULT

Stronger relationships, greater visibility and opportunity, and a more sustainable way to contribute and grow.

AUDIENCE TAKEAWAYS

- 01** Use the G.I.V.E. Framework to turn generosity into sustainable career growth, without over giving or burnout.
- 02** Identify what to give and what you need to gain, visibility, support, access, growth, or opportunity, to create mutual value.
- 03** Make your contributions visible by connecting what you give to career goals, shared priorities, and meaningful outcomes.



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