



ANAHEIM CROWN PLAZA

SENIOR LIVING COMMUNITY

641 S Beach Blvd. • Anaheim, CA 92804 • (714) 827-7007
www.anaheimcrownplaza.com

Staff Directory

Gerry Perez Rodriguez Administrator
Michelle CATERON Asst Administrator
Pinky Quintana Operations Management
Jemily Tamayo Resident Care Manager
Laura Huitron Lead Med Tech
Mary Rebollar Med Tech
Laura Hernandez Med Tech
Kenneth Francisco Med Tech
Alex Galan Med Tech
Angelica Torres Med Tech
Marcelo Parra Lead Chef
Marcella Aguilar-Barba Activity Director
Danny Martinez Maintenance Director
Nelly Rodriguez Housekeeping Supervisor
Juana "Vianey" Aguirre Lead Caregiver AM
Araceli "Hilda" Guzman Lead Caregiver PM
Susan Mortozie Transportation Coordinator
Sherri Korn Resident Council President
Vacant Resident Council Vice President
Vacant Resident Council Secretary



December 2025



But the Fire Is so Delightful

"A lot of people like snow. I find it to be an unnecessary freezing of water." —Carl Reiner

Write Your Own Wrap-Up

Social media platforms and music streaming services generate yearly wrap-ups to allow users to reminisce on the year at its close. Write your own wrap-up and share with friends, family and neighbors. Here are a few prompts to get you started:

What was your favorite song you heard for the first time in 2025?

What was the best book you read this year?

What was the most memorable meal of 2025?

What historical event happened this year that you think will be most remembered?

What personal event happened this year that most impacted you and your loved ones?

Taking on Aging

These captains of industry in their 80s and 90s are still going strong and celebrating the “work” that makes life fun—at any age!

Carol Burnett. The comedy queen, most famous for her Emmy-winning “The Carol Burnett Show,” has worked well into her 90s. True to form, her take on aging is playful and full of perspective. At a red-carpet event for a television show premiere, Burnett told reporters asking for her “secret” to aging, “I’m just happy to be working and that I’ve got all my parts.”

Martha Stewart. Media mogul Martha Stewart has spent her 84 years building an entertainment and lifestyle empire, and she has no intention of slowing down. Stewart says she lives by her mother’s example. Her mom raised six kids and lived into her 90s. Stewart wakes up before dawn, exercises, enjoys the news, works a few puzzles and thrives on a creative challenge.

Willie Nelson. The 92-year-old country music star released his 77th solo studio album in 2025, and is still “on the road again,” touring and performing with fellow icons like Bob Dylan. He refuses to use a set list on stage, preferring to play to the crowd, but he often performs Tom Waits’ “Last Leaf” from his 2024 album, as he loves the lyrics: “I’m the last leaf on the tree. The autumn took the rest, but it won’t take me.”



Welcome to Anaheim Crown Plaza

We are a senior community specializing in providing care and services in a home-like environment. Our personal care assistants are here to assist with activities of daily living, such as medication management, laundry, bathing/grooming, ambulation assistance and much more.

We offer a full array of transportation services, including shopping, medical appointments, banking and social outings. In addition, we have a licensed nurse and home health aides on the premises to provide the required medical care. Our chef designs our menus and offers a wide variety of gourmet meals. Our Activities Director develops our monthly calendar to ensure our residents stay active and engaged.

Thank you to our residents for choosing Anaheim Crown Plaza as your home! For more information, please contact us at (714) 827-7007.

Sincerely,
Gerardo “Gerry” Perez
Rodriguez, LVN
Administrator

Bingo

Bingo is played at 2:00 PM on scheduled days in the dining room. Please refer to the Activity Calendar for the exact days Bingo is scheduled.

Shopping & Church

Mondays Bank Run
Tuesdays Lunch Outings
Wednesdays Walmart/Target
Fridays Dollar Tree
Sundays 8:30AM . Catholic Com.
Sundays 10:00AM ... Cornerstone



Please submit your requests to the front office. Our maintenance director and assistant will follow up on them as quickly as they can. Please understand that they are busy & have other things to attend to. Please do not expect them to stop what they are doing when you call us for a maintenance request. Thank you for your understanding & consideration!

Our Rate Is One of the Lowest in Town

Shared room starts @
\$2,250.00

Private room starts @
\$2,750.00

plus: Additional Care Services
(please ask the Administrator)

Community Fee: \$1,500.00

License # 306005316



Cool Ways to Chill Indoors

When the weather outside turns frightful, try some of these indoor activities to make winter more delightful.

Research your roots. Map your family tree by launching a genealogy research project. Heritage hunters can use both free and paid online resources to search military records, newspaper clippings, court

documents and more. Make sure to keep your research for future generations.

Volunteer ... virtually. Explore opportunities to share your talents in service of others. Virtual volunteers can write letters of encouragement for first responders, transcribe historical records for the Smithsonian, tutor students and much more.

Catch up over crafts. Invite a friend to try a new hobby with you, like jewelry making, calligraphy or origami. If you and your friend can't make crafts shoulder to shoulder, try crafting over video chat. You can even mail your creations to each other—both the successes and the funny failures.

Laundry Etiquette

Please be considerate to the other residents who use the washers and dryers, please do not leave your clothes unattended for hours. Effective immediately, we will remove any clothes that are in the washers and dryers that are unattended for an hour.

Yellow Cab, Taxi, Lyft and Uber Rides Pick Up

If you go to your program on a daily or weekly basis, please be at the front lobby and wait for your ride there. These drivers are impatient and are not willing to wait more than 5 minutes for you.

Grievance, Missing Items, Recommendations & Suggestions

If you have any issues and concerns, please fill out the form (that can be found right next to the elevator on the first floor).

Please let us know the dates, people involved and details of your concerns and issues. You can also fill out this form for missing items, suggestions and recommendations.

We will get back to you as soon as we can.

Ice Cream Social

Mondays @ 3:30 PM
Thursdays @ 3:30 PM
Sundays @ 3:30 PM

Wit & Wisdom

"The glow of one warm thought is to me worth more than money."

—Thomas Jefferson

"Yet, taught by time, my heart has learned to glow for other's good, and melt at other's woe."

—Homer

"From the glow of enthusiasm I let the melody escape."

—Ludwig van Beethoven

"Believing in your own worth radiates enough inner light to make you glow."

—Richelle E. Goodrich

"When we recall the past, we usually find that it is the simplest things—not the great occasions—that in retrospect give off the greatest glow of happiness."

—Bob Hope

"Together we glow brighter than the sun and moon. Combined, we are love."

—Sanjo Jendayi

"Music brings a warm glow to my vision, thawing mind and muscle from their endless wintering."

—Haruki Murakami

"We are all worms, but I do believe that I am a glow-worm."

—Winston Churchill

Ancient Libraries

A pair of Italian well-diggers and a Chinese monk each became accidental archaeologists when they unearthed ancient libraries while working their everyday chores.

The Villa of the Papyri. Nearly 300 years ago, a couple of farmers were digging a well a few miles from Mount Vesuvius, the notorious and still active volcano, when they hit marble. They had discovered an ancient Roman library filled with scrolls preserved in volcanic ash from the eruption that destroyed Pompeii and Herculaneum in 79 C.E.

Mogao Grottoes' Library Cave. The Mogao Grottoes is a mile-long web of nearly 500 caves that was built into a mountain on the Silk Road. From the fourth to the 14th centuries, dynasties and Buddhist monks filled the cave temples with art, until the grottoes were sealed and largely forgotten about seven centuries ago. Some pilgrims did frequent the grottoes, and in 1900, a Taoist priest cleaning sand out of one of the abandoned caves found a secret door. Beyond the door, the priest found a small room less than 10 feet high containing about 50,000 artifacts from centuries past. The texts covered medicine, politics, military strategy, geography, astronomy and more.



Bingo Tips and Tricks

A favorite pastime, bingo is largely a game of chance. But there are a few ways to increase your odds of winning and ensure a fun time for all.

Arrive early. Aim to arrive at a bingo game 10 minutes before it's set to start. This gives you time to choose your seat, get your cards and a beverage or snack, and chat with friends.

Pick a prime spot. Sitting near the caller can help you clearly hear the numbers the first time, allowing you to mark your cards faster.

Play multiple cards. Playing more than one card is the best way to improve your chances of winning a game of bingo. However, avoid dividing your attention among too many cards, which can cause you to miss marking the correct squares.

Bring tape. A roll of masking tape or painter's tape comes in handy to stick your cards to the table, preventing them from sliding around.

Have fun! This is the most important rule of a bingo game! Use breaks to socialize with other players. Be a good sport and cheer on others when they win.

Poor Richard's Almanac

In 1733, a hot new writer named Richard Saunders penned the first Poor Richard's Almanack, admitting to readers in the American colonies that he published not for public good, but to pacify his wife.

Poor Richard, heckled husband, was actually the alias for a young Benjamin Franklin, inventor, Founding Father and eventual face of the \$100 bill. In the 1700s, almanacs were popular reading material, and Franklin brought a fresh spin to the genre by making the facts funny. Poor Richard's Almanack was a compilation of proverbs, recipes, weather predictions and more, the vast majority of which were written by others and collected by Franklin.

The almanac also featured jokes and hoaxes, penned by the young Founding Father. His most famous prank was predicting the exact date and time of the death of a popular competing publisher. In his next edition, Franklin published a fake obituary for his rival.

Poor Richard's Almanack sold up to 10,000 copies a year for a quarter of a century, helping to make "poor Richard Saunders" a very rich Benjamin Franklin.





A Long Shot

Fifty years ago this month, winter winds whipped around Cowboys quarterback Roger Staubach. The ball was at midfield, the play clock was down to the last few seconds, and they were down four points in the last regular season game. Vikings fans were already celebrating their surely imminent win.

Then, Staubach launched the famous 50-yarder through the icy Minnesota air.

Hall of Famer Drew Pearson made the catch, running the last handful of yards into the end zone, and football fans everywhere (except Minnesota) went wild for the thrilling play. Quarterback Staubach described the play as a "Hail Mary pass," a favorite sports talk term.

It wasn't the first time Staubach had used the phrase—he'd described a touchdown play as a "Hail Mary" during his time playing at the U.S. Naval Academy in the 1960s, and Notre Dame players had been using it since the 1920s. But Staubach's reference as he spoke to reporters in 1975 after the last-minute win cemented it as gridiron terminology.



Welcome

Marcella Aguilar-Barba, Our New Activity Director

Citrus Greetings

Dried orange slices are fun to use in holiday decorating. Moreover, they're easy to make! You'll need to have several hours available for this project, but you won't mind a bit, as your home will fill with a festive fragrance! First, cut two navel oranges into 1/8-inch slices. Place them on a baking sheet lined with parchment paper and bake them at 200° F for 5 to 6 hours. Once they're cooled, you can string the slices on a garland, arrange them in a bowl or attach them to wrapped gifts.

\$350.00 Referral Bonus

We offer a \$350.00 referral bonus for any of your friends or relatives who move into and live in Anaheim Crown Plaza because of your referral. The referral bonus will be given to you as a rent credit after 90 days of move-in.

We thank you for your continued support and for making Anaheim Crown Plaza your home.

Quiet Strength

Rosa Louise McCauley Parks was born Feb. 4, 1913, in Tuskegee, Ala. From a young age, she was involved in activist efforts to ensure equal rights for all people, regardless of race or gender, including working to free the "Scottsboro Boys" in the 1930s and in her membership with the National Association for the Advancement of Colored People (NAACP).

Perhaps her most famous protest, and the one which earned her the title of "mother of the modern-day civil rights movement," occurred 70 years ago this month. On Dec. 1, 1955, Parks—an African American—refused to give up her seat to a white man and was arrested. The arrest sparked the Montgomery Bus Boycott, which lasted 381 days, encouraged peaceful, nonviolent protest and was led by the then-unknown Baptist minister Martin Luther King Jr.

Later in life, Parks established The Rosa and Raymond Parks Institute for Self Development. This institution encourages youths to reach their full potential through education and research while working to eradicate discrimination.

Parks passed away Oct. 24, 2005. For more information about Parks, visit www.RosaParks.org.



Arts & Crafts



Merry and Bright

Light up your home with this festive faux candle.

Materials:

- Scissors
- Empty paper towel tube
- White, yellow, orange and red construction paper
- Glue stick
- Black marker
- Faux greenery

Directions:

Cut the paper towel tube in half. Each half makes one candle.

Trim a piece of white paper to completely cover the outside of the tube. Glue the paper to the tube.

Next, cut a circle, about 5 inches in diameter, from the remaining white paper. Cut a slightly smaller yellow circle, then a smaller orange circle, then a smaller red circle. Create the glow of candlelight by gluing the yellow circle to the white circle, then the orange circle, and lastly, the red circle. For the candle's flame, cut out a small yellow teardrop shape, and glue it to the red circle. With the marker, draw the candle's wick in the center of the flame.

Stand the white tube on end. At the top, cut a half-inch slit on both sides of the tube. Slide the glued stack of circles into the slits. Wrap some faux greenery around the bottom of the paper candle and put it on display.



Memories of Wintertime

There's something about freshly fallen snow that turns many adults into kids again. Cozy up to a discussion about winter memories.

- What were winters like where you grew up? Was snow common or rare?

- Do you remember the first time you saw snow? Where were you? How old were you?
- Have you ever built a snowman? What did you use to decorate it? Did you make snow forts or have snowball fights?
- Did you go sledding as a kid? Was there a favorite spot where you and your friends went? What kind of sled did you have?
- Did you ever have a snow day from school or work? How did you spend the day?
- Nowadays, what do you like to do on a wintry day?



Brain Games



Brain Bender: Mixed-Up Movies

For many people, watching favorite festive films is a holiday tradition. Can you unscramble each of the following funny phrases to reveal a popular movie title?

1. Oh Ale Omen
2. File Is at Underflow
3. She Pat Explorers
4. Fat Jr. Sock
5. Yodel Hi Hat
6. Sore Cog
7. Two Stony Freshman
8. Ye Local Vault
9. Giant Jelly Whale
10. I Handy Lion

(Answers: 1. "Home Alone"; 2. "It's a Wonderful Life"; 3. "The Polar Express"; 4. "Jack Frost"; 5. "The Holiday"; 6. "Scrooge"; 7. "Frosty the Snowman"; 8. "Love Actually"; 9. "Jingle All the Way"; 10. "Holiday Inn")





Winter Solstice Around the World

Winter officially arrives on Dec. 21, when the Northern Hemisphere will experience the shortest period of daylight of the year. The long, dark night that follows holds significance for many cultures. Warm up with this peek at some winter solstice traditions around the world.

Dongzhi Festival. In China, families gather to welcome the return of longer days by eating warm, comforting foods. Dumplings with various fillings are the custom, as are *tangyuan*, brightly colored rice balls that are said to represent the family unit because of their round shape.

Soyal Ceremony. The Hopi people of Arizona spend 16 days celebrating the winter solstice, with several rituals performed in underground chambers called *kivas*. Kachina dancers, who represent spiritual messengers, lead the festivities, which culminate in an all-night ceremony.

Toji. Observed in Japan, this celebration involves a bath with *yuzu*, a citrus fruit that resembles a lemon, to prevent colds.

Over the Road Snacking

Forget about roadside attractions—these must-see spectacles are on the actual road. Check your blind spot for these fan favorite foodmobiles.

The Big Idaho Potato Truck. Travelers should keep their eyes peeled for this 4-ton potato replica. If the towering tater were real, it would have taken more than 7,000 years to grow and would make almost 1 million french fries. The gigantic spud travels in style on a red tractor trailer with the Tater Team. One Tater Team driver even met his now-wife while hauling the giant spud around the country.

The NUTmobile. Americans have been snacking on Planters nuts for more than 100 years. In 1935, an ambitious Planters salesman built a peanut car. Since then, the nutty vehicle has been reinvented as a NASCAR hot rod, a biodiesel vehicle and a camper. Today's NUTmobile weighs 13,000 pounds.

The Oscar Mayer Wienermobile. The iconic hot dog on wheels has been hitting the pavement since the 1930s. The Wienermobile has lived through many retirements and rebirths, including being reinvented as a mini Wienermobile, an off-road vehicle and a Wienie-Bago, where a few lucky fans found lodging at the 50th Super Bowl.



Laugh Lines: Signed, Sealed and Delivered

What starts with a P, ends with an E, and has thousands of letters in it? Post office!

The U.S. Postal Service processes about 16 billion letters, cards and packages from Thanksgiving to New Year's Eve.

While you wait for the day's mail, see if these jokes deliver some laughs.

Did you hear the one about the unstamped letter? Never mind. You wouldn't get it.

A teenager bought a stamp at the post office and asked the clerk, "Should I stick it on myself?" The clerk replied, "It'll get there faster if you stick it on the envelope."

How did the mail carrier know the package was meant for the Jell-O enthusiast? The package was signed, congealed and delivered.

Why did the doctor call the post office? He needed help delivering a baby.

A woman had a dream that a package she was expecting never arrived. You could say it was a logistical nightmare.

Max received a message about the package of spices he had ordered: The thyme had come.

What's a mail carrier's favorite herb? Parcel-y.

I got a letter that was just addressed to "You nitwit." What bothers me is that the post office knew where to deliver it.



“This Month In History” DECEMBER

1907: On New Year’s Eve, a ball decorated with 100 lightbulbs is lowered down a flagpole over New York City’s Times Square. The ball drop has been featured in the annual celebration ever since.

1918: In the first official visit by a U.S. president to Europe, Woodrow Wilson travels to France for World War I peace negotiations.

1924: Astronomer Edwin Hubble announces his discovery of the existence of galaxies outside the Milky Way. The Hubble Space Telescope was named in his honor.

1941: America enters World War II after the Japanese attack on Pearl Harbor, Hawaii.

1966: The first observance of Kwanzaa takes place in Los Angeles. The seven-day holiday celebrates African heritage.

1970: Congress authorizes the creation of a new dollar coin depicting President Dwight D. Eisenhower.

1982: Gabriel Garcia Marquez is awarded the Nobel Prize in

literature. The Colombian writer is best known for his 1967 novel “One Hundred Years of Solitude.”

1990: British computer scientist Tim Berners-Lee demonstrates his information-sharing system that would become the World Wide Web.

2001: Italy’s Leaning Tower of Pisa reopens to the public after 11 years and \$27 million in work to fortify its famous lean.

2017: “Star Wars: The Last Jedi,” the eighth installment in the space fantasy series, premieres. The film’s \$1 billion in ticket sales made it the year’s highest-grossing film.