



ANAHEIM CROWN PLAZA

SENIOR LIVING COMMUNITY

641 S Beach Blvd. • Anaheim, CA 92804 • (714) 827-7007
www.anaheimcrownplaza.com

Staff Directory

Gerry Perez Rodriguez	Administrator
Michelle CATERON	Asst Administrator
Pinky Quintana	Operations Management
Jemily Tamayo	Resident Care Manager
Beda Zavala	Office Assistant
Marcelo Parra	Lead Chef
Araceli "Hilda" Guzman	Activity Director
Danny Martinez	Maintenance Director
Nelly Rodriguez	Housekeeping Supervisor
Laura Huitron	Lead Med Aide
Mary Rebollar	Med Aide
Laura Hernandez	Med Aide
Kenneth Francisco	Med Aide
Alex Galan	Med Aide
Angelica Torres	Med Aide
Elka Hernandez	Med Aide
Juana "Vianey" Aguirre	Lead Caregiver AM
Laura Elena Ulloa	Lead Caregiver PM
Susan Mortozie	Transportation Coordinator
Sherri Korn	Resident Council President



June 2026



Father's Day Is June 21

The third Sunday in June is Father's Day. Show your gratitude for the dads in your life with a card, gift, visit or phone call.

Playgrounds Made for Seniors

Playgrounds aren't just for kids anymore. Multigenerational play spaces are becoming more common, giving older adults a place to work out, walk, swing and simply have fun. Already popular in Asia and Europe, the trend is spreading across the U.S. with several companies building the outdoor facilities, which are designed with low-impact exercise equipment that promotes flexibility, balance and coordination. The fitness parks also serve as social hubs for seniors.

Summer Solstice

Sunday, June 21, is the summer solstice, the longest day of the year.

Wit & Wisdom

"One father is more than a hundred schoolmasters."

—George Herbert

"It doesn't matter who my father was; it matters who I remember he was."

—Anne Sexton

"I decided in my life that I would do nothing that did not reflect positively on my father's life."

—Sidney Poitier

"She got her looks from her father. He's a plastic surgeon."

—Groucho Marx

"I know that I will never find my father in any other man who comes into my life, because it is a void in my life that can only be filled by him."

—Halle Berry

"When one has not had a good father, one must create one."

—Friedrich Nietzsche

"By the time a man realizes that maybe his father was right, he usually has a son who thinks he's wrong."

—Charles Wadsworth

"It no longer bothers me that I may be constantly searching for father figures; by this time, I have found several and dearly enjoyed knowing them all."

—Alice Walker



Welcome to Anaheim Crown Plaza

We are a senior community specializing in providing care and services in a home-like environment. Our personal care assistants are here to assist with activities of daily living, such as medication management, laundry, bathing/grooming, ambulation assistance and much more.

We offer a full array of transportation services, including shopping, medical appointments, banking and social outings. In addition, we have a licensed nurse and home health aides on the premises to provide the required medical care. Our chef designs our menus and offers a wide variety of gourmet meals. Our Activities Director develops our monthly calendar to ensure our residents stay active and engaged.

Thank you to our residents for choosing Anaheim Crown Plaza as your home! For more information, please contact us at (714) 827-7007.

Sincerely,
Gerardo "Gerry" Perez
Rodriguez, LVN
Administrator

Bingo

Bingo is played at 2:30 PM on scheduled days in the dining room. Please refer to the Activity Calendar for the exact days Bingo is scheduled.

Shopping & Church

Mondays Bank Run
Tuesdays Lunch Outings
Wednesdays Walmart/Target
Fridays Dollar Tree
Sundays 8:30AM . Catholic Com.
Sundays 10:00AM ... Cornerstone



Please submit your requests to the front office. Our maintenance director and assistant will follow up on them as quickly as they can. Please understand that they are busy & have other things to attend to. Please do not expect them to stop what they are doing when you call us for a maintenance request. Thank you for your understanding & consideration!

Our Rate Is One of the Lowest in Town

Shared room starts @
\$2,400.00

Private room starts @
\$2,900.00

plus: Additional Care Services
(please ask the Administrator)

Community Fee: \$1,500.00

License # 306005316



Thank a Nursing Assistant

They lend a helping hand all day, every day to men and women across the nation. In June, we get the opportunity to recognize the nursing assistants and certified nursing assistants who provide hands-on, direct care on a daily basis.

Supervised by a licensed or registered nurse, nursing assistants interact with patients or residents, assisting them with tasks such as feeding, bathing, dressing and grooming.

Because they spend the majority of their time providing hands-on care, nursing assistants often form a close relationship with the people they serve. Their role requires compassion, patience and dedication, qualities that enable them to be a source of emotional support, as well as a vital advocate for quality health care.

From June 11-17, we're given the opportunity to thank these dedicated professionals for their hard work and care. The first day of the commemorative week is always observed as Career Nursing Assistants Day, a nod to nursing assistants who have worked in the field long-term.

Fathers of the Fields

In addition to celebrating your own dad this Father's Day, take a moment to recognize a few founding fathers of various fields of study.

James Madison. The fourth president of the United States is known as the father of the Constitution, thanks to his strong influence during the development and ratification of the famous document. In response to the nickname, Madison made clear that the Constitution was "the work of many heads and many hands."

W.C. Handy. Composer and musician William Christopher Handy earned the nickname "Father of the Blues" by playing a significant role in bringing the genre to a wide audience.

Portrayed by singer Nat King Cole in the 1958 film "St. Louis Blues," Handy also has an annual music festival named after him.

Alan Turing. British mathematician Alan Turing designed a precursor to the computer and published influential research, becoming known as the father of modern computer science. In 1950, he proposed a test to determine whether a computer could communicate like a human. The "Turing test" is now a cornerstone of today's field of artificial intelligence.

Laundry Etiquette

Please be considerate to the other residents who use the washers and dryers, please do not leave your clothes unattended for hours. Effective immediately, we will remove any clothes that are in the washers and dryers that are unattended for an hour.

Yellow Cab, Taxi, Lyft and Uber Rides Pick Up

If you go to your program on a daily or weekly basis, please be at the front lobby and wait for your ride there. These drivers are impatient and are not willing to wait more than 5 minutes for you.

Grievance, Missing Items, Recommendations & Suggestions

If you have any issues and concerns, please fill out the form (that can be found right next to the elevator on the first floor).

Please let us know the dates, people involved and details of your concerns and issues. You can also fill out this form for missing items, suggestions and recommendations.

We will get back to you as soon as we can.

Ice Cream Social

Mondays @ 3:15 PM
Thursdays @ 3:15 PM
Sundays @ 3:15 PM

AARP Origins

Anyone over the age of 50 who takes advantage of AARP membership benefits has one woman to thank: Ethel Percy Andrus.

Andrus, who was the first female high school principal in California, founded the National Retired Teachers Association in 1947 as a way to assist retired educators living on small pensions. This was before the days of Medicare, when private health insurance was largely unavailable to older people. Andrus worked with insurance companies to provide benefits and programs such as a discount mail order pharmacy.

In 1958, the program was opened up to all Americans over 50 and called the American Association of Retired Persons. Since 1999, the organization has been known as AARP, with the NRTA remaining a division. Today, more than 37 million people are members.

A nonprofit association, AARP serves as an advocacy group for older people, promoting independence, dignity and quality of life. The group offers various types of insurance coverage and provides member discounts.

"Our vision is a society in which all people live with dignity and purpose, and fulfill their goals and dreams."

-AARP's Vision Statement



A Star Is Made

Marilyn Monroe was born Norma Jeane Mortensen on June 1, 1926, in Los Angeles. She was later baptized Norma Jeane Baker by her grandmother.

Monroe's rise to stardom began while she was working at an airplane parts factory. She was chosen to model in "Yank" magazine by photographer David Conover, who was scouting the area for women who were contributing to the war effort. She was soon signed by Blue Book modeling agency.

She was so successful as a model that she eventually caught the attention of a talent scout who signed her to a contract with 20th Century Fox. At 20, she changed her name to Marilyn Monroe and went on to star in films such as "Gentlemen Prefer Blondes" and "The Seven Year Itch."

In August 1962, Monroe died at the age of 36. Although the circumstances surrounding her death have been considered mysterious, she is seen by many to be a legendary icon and one of the most-loved movie stars of all time.

Remembering Andy Griffith

Whether you love him for Mayberry or Matlock, actor Andy Griffith has been a household name for decades.

Griffith was born on June 1, 1926, in North Carolina. He started college to be a minister but switched majors after becoming interested in the performing arts.

In 1955, Griffith starred in the Broadway play "No Time for Sergeants," where he first met costar Don Knotts. In 1960, Griffith and Knotts teamed up again for "The Andy Griffith Show" as sheriff and deputy for the small town of Mayberry. Following the show's eight-season run, Griffith started his own production company and continued acting, earning an Emmy.

After a period of sudden, serious illness, Griffith sprung back to show business in 1986 with "Matlock," producing and starring in the courtroom drama as clever attorney Ben Matlock. Griffith continued to act into his 80s, and he passed away at the age of 86 in 2012.





Treasured Sea Turtles

Graceful swimmers with wise-looking faces, sea turtles are admired ocean creatures.

From largest to smallest, the seven sea turtle species are the leatherback, green, loggerhead, flatback, hawksbill, olive ridley and Kemp's ridley. Leatherbacks can reach 6 feet in length and weigh over 1,000 pounds, while Kemp's ridleys measure about 2 feet long and weigh 70 to 100 pounds.

Sea turtles are known for migrating hundreds of miles through warm ocean waters, and returning to the beaches where they were born to lay eggs. Only females come ashore to bury a clutch of 80 to 120 eggs under the sand. Weeks later, the baby turtles hatch underground and emerge all together, making a beeline for the open water.

Currently, all seven species are considered endangered or threatened due to pollution, habitat loss, climate change and other factors. Conservation efforts work to protect the reptiles because they maintain a balanced ecosystem. Turtle-watching programs also boost the economy by promoting tourism in coastal communities.

\$350.00 Referral Bonus

We offer a \$350.00 referral bonus for any of your friends or relatives who move into and live in Anaheim Crown Plaza. The referral bonus will be given to you as a rent credit after 90 days from move-in.

We thank you for making Anaheim Crown Plaza your home.

Brain Bender: Looking for Lucky Clovers

Five friends, Eric, Faye, Liam, Millie and Raj, went searching for four-leaf clovers and found a patch full of them. They all collected different amounts of lucky clovers: 1, 2, 4, 6 and 9. Can you use the clues to determine how many they each discovered?

- Raj found two fewer four-leaf clovers than Millie.
- Faye found more than Raj, but fewer than Liam.
- Raj found twice as many clovers as Eric.

(Answer: Eric found one four-leaf clover, Faye found six, Liam found nine, Millie found four, and Raj found two.)

Q: How many gold coins can a leprechaun put in an empty pot?

A: One. Then the pot isn't empty anymore!

Summer Snail

Recycled materials and simple craft supplies are all you need to make this cute summertime friend.

Materials:

- Scissors
- Yarn
- Craft glue
- Bottle cap
- Pipe cleaner
- Pompom
- Wiggle eyes

Directions:

Cut a piece of yarn several inches long. Wind the yarn into a spiral shape and glue it to the top of the bottle cap. This will be the snail's shell.

Wrap the pipe cleaner around the bottle cap. Take the two long ends and twist them together, then curl each end slightly so together they resemble antennae.

Use glue to attach the pompom to the bottle cap and pipe cleaner just below the antennae. Glue one wiggle eye to the pompom to complete your snail.

Now that your critter companion is complete, check out these three fun facts about snails:

1. A common garden snail has more than 20,000 teeth but no jaws.
2. Snails can sleep for up to three years, depending on the dryness of their environment.
3. Snails are born with their shells.

Harlem Hellfighter Hero

In 1917, Sgt. Henry Johnson joined the Army just months after the U.S. entered World War I and was assigned to the segregated 369th Infantry Regiment, later nicknamed the Harlem Hellfighters.

Nearly a year after enlisting, while on a night patrol in France, Johnson and Pvt. Needham Roberts found German soldiers preparing a surprise attack. The enemy wounded them both and tried to take Roberts hostage, but Johnson fought an estimated two dozen soldiers until the Germans fled in retreat, leaving Johnson with 21 injuries.

France awarded Johnson and Roberts the Croix de Guerre, the country's highest award for valor, and President Theodore Roosevelt named Johnson as one of the five bravest Americans to serve in World War I. However, he was discharged without mention of his bravery. After returning home, Johnson struggled to find and keep work, in part because of his injuries. He died about a decade later, at the age of 32, of tuberculosis.

Johnson's family, like him, refused to give up, and they fought for his legacy to be properly honored. In 1996, Johnson was posthumously awarded a Purple Heart, and in 2015, he was awarded the Medal of Honor.



Diamond Dreams

Each summer, youngsters across the U.S. and the world take the field as Little League ballplayers.

In 1938, Carl Stotz of Williamsport, Pa., wanted to give his young nephews and other neighborhood boys the opportunity to play baseball on a field instead of a sandlot and

wear uniforms in an organized league. The first Little League game swung into action in Williamsport in 1939.

The program was a hit, and leagues popped up across the country, and then around the globe. The first National Little League Tournament — now known as the annual Little League Baseball World Series — was played in 1947.

Girls' softball teams were added in 1974, and a Challenger Division was created in 1989 so that children with disabilities could play.

Today, teams in more than 80 countries participate in Little League each summer.

Esports Explained

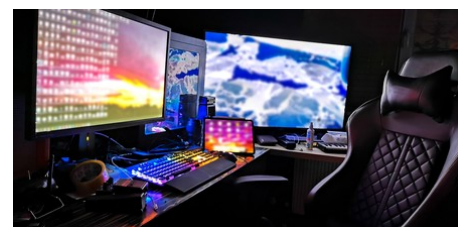
Short for electronic sports, esports describes the world of organized video game competitions. Individual players or teams of players face off in the same video games that are popular with at-home gamers.

Fans can watch their favorite players via TV or video streaming or attend live competitions in sold-out arenas. In 2015, the Esports Arena in Santa Ana, Calif., became the first dedicated esports facility in the U.S.

The esports audience has grown to more than 600 million viewers worldwide and global revenues are valued at nearly \$3 billion.

Player earnings vary based on the event and if competitors play solo or as a team. Many professional gamers make tens of thousands of dollars a year, while the best in the world have won millions from a single competition.

Some high schools now have esports teams, and a growing number of colleges offer esports at the varsity level, providing players scholarships.





Hanging Out in Hammocks

A hammock hanging between two trees is an inviting sight. This swinging bed has provided safety and rest in the centuries since its invention.

Anthropologists say the native people of Central and South America hung the first hammocks about 1,000 years ago, weaving bark and leaves into lightweight nets they called *hamacas*. While some were used for fishing, others were strung between trees and used as a bed, providing a clean, dry place to sleep, plus protection from animals on the jungle floor.

When Christopher Columbus arrived in the Caribbean in the 1400s, he was fascinated by the sleeping nets and wrote about them in his journal. The explorer took *hamacas* back to Europe, where they became known as hammocks.

Sailors quickly adopted the suspended beds because they were more portable and hygienic and also helped prevent seasickness.

In some cultures, hammocks are still the bed of choice. Scientists have discovered that a hammock's gentle rocking helps people doze off faster and get a deeper sleep.

A Look Back at Jacks

Cherries in a basket, pigs in the pen and over the fence ... Those are some of the names you may have heard when playing jacks, a classic children's game with ancient roots.

Evidence left behind in caves suggests that prehistoric people played a form of jacks as a way to improve the hand-eye coordination needed for hunting. In the early days, the ankle bones of sheep served as the game pieces, and the activity came to be known as "knucklebones." Rocks, beans and other small objects were later used, until the invention of six-pronged jacks, usually made of metal or plastic.

The basic concept of modern jacks is simple: A player scatters a set of jacks onto a flat surface, tosses a small rubber ball into the air, then with one hand, tries to scoop up a set number of jacks and catch the ball. In the classic version, the first round is called "onesies," meaning the player scoops up one jack; then "twosies," trying for two at a time, and so on, becoming more difficult. Variations of the game alter the number of ball bounces allowed and the hand motions used. The winner is the one with the most jacks.



Just For Fun

Laugh Lines: Let's Get Growing

It's a-pun-dantly clear that it's time to turnip the page on another month and celery-brate the summer gardening season.

Some people have really bean looking forward to this time of year. It's been mushrooming in their minds all winter.

For some, it's so mulch fun that it's hard to herb their enthusiasm. To them, there's no shrub-stitute for tending a vegetable garden. That's where they're in their ele-mint. It's what they seed in their day and provides a sense of peas. It's kind of a big dill.

Instead of produce, some make thyme to grow flowers floral the world to enjoy. They put the petal to the metal, and the blooms they cultivate are mum-believable and absolutely radishing.

Whatever you enjoy, don't let anything squash your dreams. Stay up-beet, romaine open to new things and put your best root forward. It can be good for your lawn-gevity to live on the hedge sometimes. It's never too late to fern something new, especially when you're among fronds. You grow it to yourself.

Some food for thought and sage advice for all: Lettuce enjoy the season ahead!



“This Month In History” JUNE

1917: U.S. Army troops arrive in France to fight in World War I.

1937: Pennsylvania is the first state to celebrate Flag Day as a state holiday. Today, it is the only state to recognize June 14 as a legal holiday.

1949: Hank Williams Sr. makes his Grand Ole Opry debut, singing his first No. 1 hit, “Lovesick Blues.” Williams was called back to the stage for six encores.

1963: Soviet cosmonaut Valentina Tereshkova becomes the first woman to travel into space. Her solo mission lasted just under three days.

1973: A U.S. patent is granted for the automated teller machine, or ATM.

1990: Comedian and popular late-night talk show host Arsenio Hall is named “TV Person of the Year” by TV Guide magazine.

2002: Brazil sets a soccer record when it wins its fifth World Cup title. The team defeated Germany 2–0 at the tournament finals in Japan.

2019: Ali Stroker makes history as the first performer in a wheelchair to win a Tony Award. She earned the best featured actress prize for her role in the musical “Oklahoma!”